

Hot Topics

Promotion of Mammograms is Crucial to Quality Improvement

Since 1985, the month of October has been designated as Breast Cancer Awareness Month. During this awareness month, front-line healthcare providers hold a unique position in educating patients on how mammograms are one of the most effective screening tools available.

This is a great opportunity to ease their anxieties regarding the safety of mammograms, what to expect throughout their care, and how to support their health at home, regardless of whether cancer is present. There is also an opportunity to teach patients about the importance of a healthy lifestyle. The benefits of organic whole foods, regular exercise, rest, social support, and stress management are vital to everyone's health, but they are even more crucial when the body is in need of healing.

In addition to checking at each visit for gaps in care, special outreach can be done for patients who are due for this service. A one-time \$25 gift card is available to our members aged 50 to 74 who receive a mammogram. We encourage you to connect with your KFHC Provider Relations Representative and MCAS Team to learn more about member rewards and provider Pay-for-Performance (P4P).



Providing Care to Patients with Asthma Beyond the Office



Asthma affects nearly 18% of our population in Kern County, according to the latest data from California Department of Public Health. This disease affects over 100,000 people in our community, and the consequences of not controlling asthma are severe. As part of our

efforts to help our members control their asthma holistically, we offer our Breathe Better Asthma Program.

This is an asthma education program that offers several services and support at no cost to our members. By participating in our program, KFHC members will receive:

- 1) Monthly in-person and Zoom classes.
- 2) One-on-one check-ins with an asthma educator.
- 3) A \$15 gift card for each class they attend and a \$10 gift card for each check-in.
- 4) Asthma-friendly cleaning kits and allergy and dust-proof pillowcases when attending classes.
- 5) Referrals to asthma remediation services. This includes a home assessment for asthma triggers as well as supplies, repairs, or upgrades that improve asthma control at home.

These services are important to ensure that members have the best chance of managing their asthma and reducing their risk of asthma-related complications. As you create a comprehensive asthma plan for your patients, please consider referring them to our program through the Provider Portal.



You can also encourage patients to visit our website or call **(800) 391-2000** and ask for the Health Education Department to enroll in the program. To view the class calendar, scan the QR code above.

Follow Us on Social Media!



**BULLETINS**

- [Medi-Cal RX Reinstatement of Labeler Code Restriction for Suboxone Film](#)
- [2023 DHCS virtual auditor conference](#)
- [APL 23-018 Managed Care Health Plan Transition Policy Guide](#)
- [APL 23-019 Prop 56 Directed Payments for Physician Services](#)
- [Medi-Cal RX Commercialization of COVID-19 Vaccines](#)
- [Medi-Cal RX How to Resolve Claim Reject Code 78 - Cost Exceeds Maximum](#)
- [Medi-Cal RX Reinstatement of Claim Reject Code 76 - Cost Exceeds Maximum](#)

New October Vendors**ABA PROVIDERS & SERVICES:**

- Rizo Psychological Health Services
- Positive Behavior Supports Corp.
- Center for Autism and Related Disorders

ANESTHESIA (HOSPITAL BASED):

- Coachella Valley Anesthesia

COMMUNITY BASED ADULT SERVICES:

- Tehachapi ADHC Inc.

COMMUNITY SUPPORT SERVICES:

- Bakersfield Community Health Center

ECM CARE:

- Bakersfield American Indian Health Project
- EA Family Services

MARRIAGE/FAMILY THERAPY:

- Awakening Consulting, Inc.

MENTAL HEALTH:

- Arise Psychiatric Medical Group

TRANSPORTATION:

- Joy Services – Transportation

URGENT CARE:

- Cal City Urgent Care

*welcome***Save the Date!**

- **WEDNESDAY, OCTOBER 18, 2023**
KHS Provider Claims Forum
Seven Oaks Country Club
2000 Grand Lakes Ave., Bakersfield, CA 93311
5:30 pm - 8:30 pm

- **WEDNESDAY, NOVEMBER 15, 2023**
KHS Provider Partnership Meeting
Topic: Blood Lead Screening
Meeting will be held on Microsoft Teams
12:00 pm - 1:00 pm