



Vital Updates

Empower Your Patients Through Breast Cancer Screening Discussions

Breast cancer screenings plays a vital role in reducing cancer-related deaths — yet, deciding when and how often to screen can be a challenge.

Our Population Health Management Department at KFHC encourages our providers to assist our members with such challenges by utilizing the *Shared Decision-Making* (SDM) tool — developed by the Washington State Health Care Authority. This evidence-based approach empowers patients to make well-informed, personalized decisions about their breast cancer screenings.

The following *Patient Decision Aids* (PDAs) outline the importance of screening for different age groups:

- Should I Get a Mammogram: Ages 40-49
- How Often Should I Get a Mammogram: Ages 50-74
- Should I Get a Mammogram: Ages 75+

Given the varying guidelines and individual patient preferences, the PDA is a valuable tool to guide patients through complex decisions. By engaging in meaningful, open discussions with your patients, we can help them weigh the benefits and risks of screenings. This collaborative process not only empowers patients, but also strengthens the trust they place in their care.



Kern Family Health Care is here to support our provider network with resources and tools to integrate PDAs seamlessly into practice. These tools and resources can help build trust, improve outcomes, and provide patients with the empowerment they need to make the best decisions for their health.

To access these PDAs, [click here](#). For any questions or further details, reach our PHM Team at **1 (661) 426-7760 or 711 TTY/TDD**, Monday through Friday, **8:00 a.m. to 5:00 p.m.**

Together, let's ensure every patient has the knowledge and guidance they need to make informed, confident choices about their care.



BULLETINS

- [KHS Clinical Network Oversight](#)
- [Medi-Cal 30-Day Countdown – Completion of Pediatric Integration of Members 21 Years of Age and Younger](#)

Follow Us on Social Media!



Inform Patients with Asthma about KFHC's new CHW and APS Services

Kern Family Health Care is thrilled to offer two new services to our members. Our members can now better their health with Community Health Worker (CHW) services and Asthma Preventative Services (APS)!

Our Community Health Worker (CHW) services are services to help our members control chronic conditions, prolong living, and promote well-being within our community. CHW services encompass a wide range of preventive health measures, including health education, health navigation, non-clinical screening/assessments, and individual support/advocacy. Our goal is to empower individuals with the knowledge and resources they need to take charge of their

health. Eligibility criteria for CHW services include having a chronic disease, being at risk of developing a chronic disease, or having an unmet health-related social need.

We also offer Asthma Preventive Services (APS), which provide our members with educational information on asthma and equip them with the skills to effectively manage their condition.



Members with poorly controlled asthma—defined by specific criteria such as having an Asthma Control Test score of 19 or lower or recent emergency department visits—can benefit from an in-home trigger assessment to identify and mitigate asthma triggers.

If you're interested in joining our CHW or APS network, please contact your Provider Relations Representative. Together, let's transform healthcare and improve the well-being of Kern's community!



New April Vendors

ABA PROVIDER

- EduCare ABA Solutions LLC
(DBA: EduCare ABA Solutions)

ECM CASE MANAGEMENT

- ChildNet Youth and Family Services

MENTAL HEALTH

- Stephanie Prince LCSW (DBA: Stephanie Prince MSW LCSW Counseling and Therapy Services)

TRANSPORTATION

- Gabriel Arevalo Carranza
(DBA: G and A Non-Medical Transportation)
- Purposeful Mobility LLC

Welcome



YOUR VOICE MATTERS



If multiple providers in your office are selected, complete each survey for multiple raffle entries!



The survey can be completed by providers or office staff.

Win Lunch for Your Office!

Starting Q2 2025, KHS is partnering with PressGaney for the annual Provider Satisfaction Survey. A random sample of providers will be selected to participate.

Providers who complete the survey will enter a raffle for an office prize and a feature in our newsletter!

FIRST PLACE

Office
Lunch

SECOND PLACE

Office
Breakfast

THIRD PLACE

Office
Treats

Your feedback helps us enhance care and improve community health!



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