

GATHER & GROW IN HARMONY Mill Street Residence Chapel Campaign "Not giving up meeting together ... but encouraging one another." Heb. 10:25

A MISSION DRIVEN PROJECT

Every day, the people of Lake Region Healthcare's enterprise (Lake Region Healthcare, Prairie Ridge Healthcare and Mill Street Residence), carry out our Mission: we partner to enrich life through health. It happens in small moments of extending a caring touch, a kind word or a helping hand to those we serve. It also happens in the bigger picture, as we partner to strategically meet the healthcare needs of the communities we serve.

Enriching life through health requires attention to every dimension of health. The opportunity to enhance spiritual health through dedicated space at Mill Street Residence for residents, families and community members is our next major project to build on this principle. We invite you to join us in furthering our Mission by partnering to create this space for community gathering and spiritual growth on our campus.



As we embark on this project, Mill Street Residence is filled with hope. Hope that the community feels the ripple of transformation that will support our residents, walking with them on their journey to enrich life through health.

Hope that we can unite to meet not only the needs of our residents but also those of our wider community with uplifting gathering spaces designed to promote spiritual health.

The Gather and Grow in Harmony Campaign gives us an avenue to pursue these hopes and to brighten the future of the residents as we gather and grow with a new on-site chapel.



ABOUT MILL STREET RESIDENCE



Mill Street Residence provides a combination of inviting housing and trusted health care assistance designed for those who can no longer safely live alone, yet who do not require the assistance and oversight typically found in a nursing home setting. We are a warm, caring community offering assisted living services at their very best.

At Mill Street, we strive to help make our resident's lives just a little bit easier. Breakfast, lunch and dinner are served daily in our dining room offering a menu of choices and sit-down service. Housekeeping assistance and scheduled transportation for shopping and medical appointments can make life even more carefree. We offer a daily calendar of activities plus many excursions for shopping, cultural events, entertainment and education. In addition, services are available 24 hours a day to meet our residents' health and personal care needs. This means peace of mind for those who live here and for those who love knowing their care needs will be met on a routine and/or emergent basis.

MEET CHAPLAIN DEB FORSTNER



It is important to the team at Mill Street that the spiritual needs of our residents are met. As a Lake Region Healthcare Chaplain, I am blessed with the opportunity to minister to the people of Mill Street. At Mill Street, we offer weekly Bible Studies led by staff and community clergy, and nondenominational worship/communion services twice per month. Catholic Mass and Catholic Communion are also alternately offered every month by local clergy.

As Mill Street's chaplain, I visit individually with residents. I benefit greatly from these conversations, and I strive in turn to help support residents through grief/loss and other challenges of life. I am an Advance Care Planning Facilitator, so I can help residents and their families with

education about and completion of Health Care Directives. I can also serve as a bridge by contacting community clergy/congregations as requested. I was born in Fargo, and spent most of my adult life in St. Cloud. I am certified through the National Association of Catholic Chaplains and am a graduate of St. John's School of Theology in Collegeville, MN. I am happy to call Fergus Falls home now, as there truly is so much to do here! I am single, but kept busy by two very energetic rescue dogs.

INTRODUCTION

"As we gather and grow, we will enhance services that provide care, comfort, and hope."



where we've Been, where we're Going

Today we have an average of 25 residents who attend bible study and worship on a regular basis which is over half of the residents who live here. Their faith is important to them. The current space to worship is next to the pool table and the exercise equipment. There is both the need and the space to create this inviting new chapel space. With updated technology for sound and lightning this space will enrich the experience for our seniors. It is our mission to promote and enrich all aspects of their lives.

A WORD FROM OUR RESIDENTS AND STAFF

Roland Viger, Mill Street Resident



"I can pray and worship anywhere, but I support this idea of a designated chapel space within our building. It would be so nice to have an opportunity for a small memorial service for residents and staff to be able to participate right here in our building. I truly believe this would be a nice addition to our home and for others looking for a new home."

Elaine Anderson, Mill Street Resident

"When I first moved here, I missed my church and having that weekly connection. I really enjoy attending bible studies here and the worship services that are currently offered. I look forward to having a designated chapel space where we can gather as a community and also a space I can go on my own to pray or with my family. My hope is that this new space will be large enough for our church services and yet feel small enough for a private and intimate prayer time. This will be a great addition to our home and I'm excited to see it happen."



Russell Anderson, Mill Street Resident



"The idea of having a worship space that we could call our church would be a blessing. I believe in the mission of Mill Street Residence and the way we are treated here is top notch."

Tara Wagner, Mill Street Activities and Community Relations Coordinator

"In my first week of working at Mill Street Residence as the Activities & Community Relations Coordinator, I went home and told my family that there is no worship space. I couldn't believe it. It has been my mission to see that our facility will have a designated space for those who call this place home to worship. We make things work the way they are now, but we can do so much better. We move tables, chairs, podiums, pianos, and other equipment to make our worship space each week. The folks that live here are active, but it is difficult for them to get out to their home church in the community. We need to create that space here for them. This continues to be an amenity that future residents look for as they shop



around for their next move. We offer the best care in town and this addition will help ensure we have the best facility to offer as well. I always say that life doesn't end when you move into Mill Street Residence. It's a new beginning."

LeAnn Nord, Mill Street Employee



"I have found over the years that many of the residents are bible believing Christians who have a faith in God, as I find them reading the bible, praying, or reading a daily bible verse. We have high attendance at our weekly bible study and monthly worship service. To have a private place to go to for a spiritual rest would be super. I also believe the staff would use it for a quiet place for respite and this area would be nice.

Mick Siems, Mill Street Director

"What started out as a dream for one will soon turn into a reality for all – a Mill Street chapel! Spiritual care has always been an important part of the services we provide and I'm excited to share that we will soon have our own dedicated space for bible study, private time and worship. Thanks in no small part to the donated time and efforts of our architectural and design team (Steve, Roz & Tyler Johnson, family members of past and current residents Ralph, Joyce & Mike Johnson) the vision and foot print for this space is really starting to take shape. I look forward to sharing more about this project in the coming months as we spread the word about this very welcomed addition. Thank you to all in advance for helping make this special project happen!'



GATHER & GROW IN HARMONY OUTLOOK

By supporting this campaign, you play an essential role in the history of this hospital and Mill Street Residence. Gifts and donations contribute to the quality of care for the people of this area by building a new chapel on-site with state-of-the-art equipment.

REMODELING PLAN

Materials	Est. Cost
Windows (3), Doors with sidelights & trim (2)	\$12,000
Stone back wall	\$6,000
New drop ceiling	\$5,000
Base/additional trim	\$2,500
Flooring (2,700 sq ft - hallway, chapel)	\$15,500
Electrical allowance (wall sconses, ceiling lights)	\$5,500
Prayer wall	\$3,000
Wall art	\$2,000
Amenities	
Pulpit/lectern	\$3,000
Cross	\$3,000
Digital baby grand piano	\$3,000
Chairs (35)	\$3,500
Sound system	\$2,500
Projector/screen	\$1,500
Labor	
Demo/disposal	\$2,000
Install new doors	\$850
Install new windows	\$1,200
Frame/install stone wall feature	\$6,000
Move walls/doors/sheetrock/tape/mud	\$3,800
Install new drop ceiling	\$2,850
	\$84,700
Contingency	\$15,300
	\$100,000





Mill Street Residence - Lower Level Chapel Concept 3d Plan View





Mill Street Residence - Lower Level Chapel Concept View from Elevator





Mill Street Residence - Lower Level Chapel Concept View of West entry door



Mill Street Residence - Lower Level Chapel Concept View from West back of Chapel - [Stone Wall]





Mill Street Residence - Lower Level Chapel Concept View of Prayer Wall





Mill Street Residence - Lower Level Chapel Concept View from East back of Chapel







Mill Street Residence - Lower Level Chapel Concept View from East entry door



How to partner with us in the GATHER & GROW IN HARMONY

Mill Street Residence Chapel Campaign



whether you can give \$50 or \$50,000, whatever you feel called to give will help us make a difference and change lives.

Gifts are fully tax-deductible under present tax laws. Tax ID: 41-1677288

Donations can be made securely and easily on online at <u>https://lrhc.networkforgood.com/projects/131139-make-a-donation</u>. Gifts for the Mill Street Chapel can be designated with the drop down feature and selecting Mill Street Chapel.

> Or you can write a check to the LRH Foundation, Memo: Mill Street Chapel and mail to: LRH Foundation Office 712 S Cascade Fergus Falls MN 56537

Please contact the Foundation office at Lake Region Healthcare at 218.736.8498 or email <u>foundation@lrhc.org</u> for any additional information you may require.

LAKE REGION HEALTHCARE FOUNDATION



With the work of over a century gone by, Lake Region Healthcare continues its rich legacy of caring and planning for the future, focusing on providing the best possible access and scope of services for patients, clinical and service excellence, and maintaining a highly qualified and dedicated workforce.

The communities surrounding Lake Region Healthcare have been supporting the Fergus Falls Hospital since its inception in 1903. The reasons that attract donors and volunteers to the hospital are varied, but not wavering. The overriding theme is a desire to make a difference in our small corner of the world—Fergus Falls and the surrounding communities. If healthcare is crucial to our community, donating to the work of the hospital strengthens the community.

Your gift to the Foundation can take many forms. The Foundation accepts gifts, including money, real estate, securities, or other property. Other ways you may give to the Foundation include bequests, life insurance policies, life income instruments, trusts and annuities, and other deferred giving plans. We will be happy to work with you in accomplishing your giving objectives.

LRH Foundation Office 712 S Cascade Fergus Falls MN 56537 218.736.8498 foundation@lrhc.org