

Sleep Apnea FAQ

Are you changing your disposable filters on a regular basis?

You can bill two disposable filters to insurance per month.

Does your CPAP use a reusable filter?

A reusable filter can be billed to insurance at 6 months

Have you replaced your tubing recently?

You can bill insurance for replacement tubing at 3 months

Is your mask sealing properly?

Large leaks can be a significant problem with your OSA therapy. Contact your clinician for different mask styles/sizes.

Is your pillow causing your CPAP mask to leak?

A CPAP pillow may be beneficial

Are you using the correct style CPAP mask?

The wrong mask can significantly impact your OSA therapy.

- Nasal Pillow Mask – must be a nasal breather, less invasive, simple to put on and take off.
- Nasal Cushion Mask – must be a nasal breather, cushion around the nose only.
- Full Face Mask – allows you to mouth breathe also, cushion around your nose and mouth

Are you replacing your cushion, mask and headgear regularly?

You can bill insurance for a new cushion monthly, mask every 3 months and headgear every 6 months.

Are you having problems with rain out (water) in your tubing and mask?

A heated climate line can help eliminate the problem.

Have you had your CPAP pressure checked recently?

Your clinician can verify the accuracy of your CPAP pressure with a manometer

Did you know the life expectancy for your CPAP device is 5 years?

Insurance will pay for a replacement CPAP device after 5 years