



# Prairie Ridge Hospital and Health Services Implementation Strategy

## 1) Preventative Care (Addressing issues such as obesity, Physical inactivity and diabetes)

- Current activities
  - Conducted by hospital
    - Prairie Ridge has currently hired a new practitioner with an interest in diabetes
    - Prairie Ridge currently work with Lake Region Healthcare dieticians on addressing dietary issues in the community
    - Prairie Ridge operates a wellness center that is open to the community
      - ◆ Currently utilized significantly by the elderly
      - ◆ Discounts are provided to certain groups (e.g. students, diabetics) to encourage usage
- Proposed activities
  - Wellness Center
    - Program Description
      - Develop a strategy to address the ongoing operation of the wellness center as hospital does not have space in the new building for the wellness center
      - Collaborate with the county, county health department and city to ensure it is maintained in the community
    - Resources committed
      - ◆ Management time to work with others to determine best structure for fitness center in the future
      - ◆ Potentially employee time to manage the fitness center
    - Anticipated impact of the program
      - ◆ Members of the community will have a place to exercise on a year-round basis
    - Plan to evaluate the impact
      - ◆ Monitor the use by community members
    - Collaboration with others (if applicable)
      - ◆ County
      - ◆ County health
      - ◆ City
  - Educational sessions regarding diabetes and other preventative issues
    - Program Description
      - ◆ Home health nurse/practitioner to provide monthly meetings regarding preventative health issues
    - Resources committed
      - ◆ Employee time
    - Anticipated impact of the program
      - ◆ Increase the awareness of the issues surrounding obesity, diabetes and physical activity
    - Plan to evaluate the impact
      - ◆



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- Collaboration with others (if applicable)
  - ◆ School nurses
  - ◆ County health department
  - ◆ City

## 2) Access to Care (Increased specialty services, physicians, women’s health and care coordination)

- Proposed activities
  - Opening of a new hospital facility and expansion of specialists
    - Program description
      - ◆ Prairie Ridge will move to a new facility that has increased exam and surgical space which will result in ability to provide access to more specialists
      - ◆ Explore opportunity to have specialists come to Prairie Ridge
        - Specifically address cardiology, urology, orthopedics, interventional medicine
    - Resources committed
      - ◆ New facility will cost Prairie Ridge \$\_\_\_\_\_.
      - ◆ Financial impact of specialists
    - Anticipated impact of the program
      - ◆ Additional specialists will be added as space will be available
      - ◆ Reduction in people leaving the community for surgeries and to see specialists
    - Plan to evaluate the impact
  - Hiring of additional practitioners
    - Program description
      - ◆ Prairie Ridge will add a new family practice physician and new midlevel to address the need for more access to practitioners
        - Both have interest in women’s health and Ob
    - Resources committed
      - ◆ Compensation and benefits for new practitioners
    - Anticipated impact of the program
      - ◆ Increased access to care
      - ◆ Reduction in people leaving the community for women’s health and OB services
    - Plan to evaluate the impact
    - Collaboration with others (if applicable)



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## 3) Elderly Health Services (Assisted living and home health)

- Current activities
  - Conducted by others
    - Home health agency provides services in the area
    - City operates an elderly independent living facility
    - Nursing homes in Barret and Ashby provide assisted living
- Proposed activities
  - Prairie Ridge does not plan to engage in any specific programs related to elderly care during the current period as it is not currently in a financial position to address this issue. In addition, as noted above others in the community currently are addressing it.
  - Prairie Ridge will continue to provide swing bed services and will provide discharge planning for home health services.
  - Prairie Ridge will explore assisted living option in its long range master plan.

## 4) Mental Health Services

- Current activities
  - The school district has providers who come in to meet with students.
  - Prairie Ridge currently has a contract with Bridgeway Behavioral Health at Lake Region Healthcare.
- Proposed activities
  - Prairie Ridge will not develop any specific actions related to this need as services are provided in the community
  - Prairie Ridge will continue to contract with Bridgeway Behavioral Health to provide services for patients with mental/behavioral health issues
  - Prairie Ridge will continue to ensure providers are aware of the signs of mental health issues and encourage them to refer to specialists
  - Prairie Ridge will make sure patients are aware of services in the service area

## 5) Transportation

- Current activities
  - Rainbow Rider provides transportation services in the community, however hours of service are limited
  - Veteran's Association provides transportation services to its members
  - Volunteer program exists to drive people to appointments



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- Proposed activities
  - Education and Awareness
    - Program description
      - ◆ Prairie Ridge will research options available for transportation and develop a plan to communicate these options in the community
    - Resources committed
      - ◆ Employee time to research and communicate options
    - Anticipated impact of the program
      - ◆ Community will have a better understanding of options available
    - Plan to evaluate the impact
      - ◆ Reassess the need in the future
    - Collaboration with others (if applicable)
      - ◆ Work with current service providers to assess the demand/need and the availability of resources