



Prairie Ridge Hospital and Health Services Implementation Strategy

1) Preventative Care (Addressing issues such as obesity, Physical inactivity and diabetes)

- Current activities
 - Conducted by hospital
 - Prairie Ridge has currently hired a new practitioner with an interest in diabetes
 - Prairie Ridge currently work with Lake Region Healthcare dieticians on addressing dietary issues in the community
 - Prairie Ridge operates a wellness center that is open to the community
 - ◆ Currently utilized significantly by the elderly
 - ◆ Discounts are provided to certain groups (e.g. students, diabetics) to encourage usage
- Proposed activities
 - Wellness Center
 - Program Description
 - Develop a strategy to address the ongoing operation of the wellness center as hospital does not have space in the new building for the wellness center
 - Collaborate with the county, county health department and city to ensure it is maintained in the community
 - Resources committed
 - ◆ Management time to work with others to determine best structure for fitness center in the future
 - ◆ Potentially employee time to manage the fitness center
 - Anticipated impact of the program
 - ◆ Members of the community will have a place to exercise on a year-round basis
 - Plan to evaluate the impact
 - ◆ Monitor the use by community members
 - Collaboration with others (if applicable)
 - ◆ County
 - ◆ County health
 - ◆ City
 - Educational sessions regarding diabetes and other preventative issues
 - Program Description
 - ◆ Home health nurse/practitioner to provide monthly meetings regarding preventative health issues
 - Resources committed
 - ◆ Employee time
 - Anticipated impact of the program
 - ◆ Increase the awareness of the issues surrounding obesity, diabetes and physical activity
 - Plan to evaluate the impact
 - ◆



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- Collaboration with others (if applicable)
 - ◆ School nurses
 - ◆ County health department
 - ◆ City

2) Access to Care (Increased specialty services, physicians, women's health and care coordination)

- Proposed activities
 - Opening of a new hospital facility and expansion of specialists
 - Program description
 - ◆ Prairie Ridge will move to a new facility that has increased exam and surgical space which will result in ability to provide access to more specialists
 - ◆ Explore opportunity to have specialists come to Prairie Ridge
 - Specifically address cardiology, urology, orthopedics, interventional medicine
 - Resources committed
 - ◆ New facility will cost Prairie Ridge \$_____.
 - ◆ Financial impact of specialists
 - Anticipated impact of the program
 - ◆ Additional specialists will be added as space will be available
 - ◆ Reduction in people leaving the community for surgeries and to see specialists
 - Plan to evaluate the impact
 - Hiring of additional practitioners
 - Program description
 - ◆ Prairie Ridge will add a new family practice physician and new midlevel to address the need for more access to practitioners
 - Both have interest in women's health and Ob
 - Resources committed
 - ◆ Compensation and benefits for new practitioners
 - Anticipated impact of the program
 - ◆ Increased access to care
 - ◆ Reduction in people leaving the community for women's health and OB services
 - Plan to evaluate the impact
 - Collaboration with others (if applicable)



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3) Elderly Health Services (Assisted living and home health)

- Current activities
 - Conducted by others
 - Home health agency provides services in the area
 - City operates an elderly independent living facility
 - Nursing homes in Barret and Ashby provide assisted living
- Proposed activities
 - Prairie Ridge does not plan to engage in any specific programs related to elderly care during the current period as it is not currently in a financial position to address this issue. In addition, as noted above others in the community currently are addressing it.
 - Prairie Ridge will continue to provide swing bed services and will provide discharge planning for home health services.
 - Prairie Ridge will explore assisted living option in its long range master plan.

4) Mental Health Services

- Current activities
 - The school district has providers who come in to meet with students.
 - Prairie Ridge currently has a contract with Bridgeway Behavioral Health at Lake Region Healthcare.
- Proposed activities
 - Prairie Ridge will not develop any specific actions related to this need as services are provided in the community
 - Prairie Ridge will continue to contract with Bridgeway Behavioral Health to provide services for patients with mental/behavioral health issues
 - Prairie Ridge will continue to ensure providers are aware of the signs of mental health issues and encourage them to refer to specialists
 - Prairie Ridge will make sure patients are aware of services in the service area

5) Transportation

- Current activities
 - Rainbow Rider provides transportation services in the community, however hours of service are limited
 - Veteran's Association provides transportation services to its members
 - Volunteer program exists to drive people to appointments



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- Proposed activities
 - Education and Awareness
 - Program description
 - ◆ Prairie Ridge will research options available for transportation and develop a plan to communicate these options in the community
 - Resources committed
 - ◆ Employee time to research and communicate options
 - Anticipated impact of the program
 - ◆ Community will have a better understanding of options available
 - Plan to evaluate the impact
 - ◆ Reassess the need in the future
 - Collaboration with others (if applicable)
 - ◆ Work with current service providers to assess the demand/need and the availability of resources