

What is a Health Care Home?

Do you sometimes feel that your health care visits can be confusing? Many people visit a lot of doctors and feel lost in the system. Your Health Care Home Team will listen to your questions and help you find your way.

A Health Care Home is an approach to health care in which primary care providers, families and patients work in partnership to improve health outcomes and quality of life for individuals with chronic health conditions and disabilities.

Health Care Home is a way of delivering care. It is not a building, house, hospital or nursing home. Rather, it is a team approach to care that gives you access to all the services and support you need.

EVERYONE BENEFITS FROM COORDINATED, PATIENT-CENTERED CARE. However a Health Care Home is especially important for people with chronic diseases and special needs.

Lake Region Healthcare Clinic Services

Main Clinic

615 Mill St. S. Fergus Falls, MN
Monday - Friday 8am to 5pm

To Make an Appointment:
218.739.2221
800.247.1066

Walk-In Clinic

2311 W Lincoln Ave. Fergus Falls, MN
Monday - Friday 11am to 8pm
Weekends 9am to 5pm

No appointments necessary.

How Do I Access Care After Hours or on the Weekend?

Call Lake Region Hospital at:
218-736-8000 or 800.439.2464

Inform the operator that you are receiving care coordination through the Health Care Home. Your call will be directed to the hospital house supervisor who will have access to your chart and care plan to help guide you in the correct direction. Your insurance will be billed for these services. If you have any questions, please call the Business office at 218.736.8000.

Make LRH Your Health Care Home

Simplified, patient-centered care



www.lrhc.org

218.739.2221 or 800.247.1066
615 Mill St. S. • Fergus Falls, MN 56537



Lake Region
HEALTHCARE

Vision. Integrity. Award winning care.

www.lrhc.org

DEDICATED TO IMPROVING THE HEALTH OF OUR COMMUNITY

In a Health Care Home

- Care is based on a patient-centered care model.
- You have a relationship with your primary care provider.
- You and your family (if you wish) are included in decision making and setting goals for your health care.
- Patient centered care team encourages patient participation with follow-up support to provide the right care at the right time.

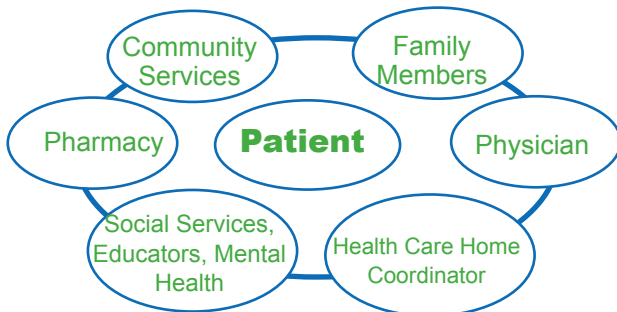
What are the Benefits?

- You are valued and treated as the central member of your health care team.
- Your Health Care Team or Care Coordinator will help you find specialty care or community services when needed and will make or update your care plan with you.
- You receive coordinated care that is tailored to fit your needs.

How can I get the best care?

Remember, **YOU** are the most important member of your care team. Become more involved with your health care by:

- Being open and honest about your health habits. Your primary care provider is here to help you, not judge you.
- Bringing a list of your top three questions or concerns to discuss at every visit.
- Bringing a current list of medications to every appointment.
- Keeping your care team informed of any changes in your needs or health care received from other professionals, recent hospitalizations or emergency room visits.



DID YOU KNOW?

People who participate in a Health Care Home have fewer hospitalizations and miss fewer days of work or school (especially for people with special health care needs).

Chronic unmanaged diseases and unnecessary emergency room visits or hospitalizations account for more than 70% of the nation's health care expenses. Health Care Homes can reduce the total cost of care.

