MyChart
Adult Proxy Form

Fill out this form to give someone else access to your MyChart record. This person is called your Proxy. This form may be completed at any Lake Region Healthcare Clinic when you are able to sign in the presence of a Lake Region Healthcare employee. You may also mail us a notarized copy of this form. A notary is a person with a special license to witness your signature. Mail your notarized form to: LRH Business Services Center –126 E Alcott Ave, Fergus Falls, MN 56537

About the Patient/Member: (All sections required-please print clearly)

Name (last, first, middle initial)_____Date of Birth_____

Last 4 digits of Social Security Number:_____Email:_____

Phone Number:_____Member ID Number (if applicable):_____

About the Proxy: (All sections required - please print clearly.)

Complete for the person getting access to the Patient/Member's MyChart record.

Name (last, first, middle initial)_____Date of Birth_____

Last 4 digits of Social Security Number:_____Email:_____

Street Address:_____City:_____State:_____Zip:_____

Phone Number:_____Member ID Number (if applicable):_____

I ask that my Proxy (whose name is above) have access to my complete medical and/or health insurance record including MyChart and any medical record sharing platforms linked to MyChart. I understand the data in MyChart may include medical, billing and insurance information.

I also give consent for my Proxy to do these things for me:

- See and send messages to my healthcare team or insurance.
- Update my name, other personal data, and payment or insurance details.
- See who has accessed my medical or health insurance record through MyChart.
- Get copies of any part of my medical or health insurance record. I understand and agree:
- My Proxy may have access to behavioral health and alcohol or drug treatment records and/or claims.
- Records given to my Proxy may be given to others and no longer protected.
- My Proxy may have access to non-LRH medical records incorporated into MyChart through my use of linked medical record sharing platforms, exchanges, and third-party applications.

Naming a Proxy is my choice and not required. I do not have to give this consent. I will receive care even if I do not sign this consent. I understand that if I do not sign this, access will not be given to my Proxy. If I am over 18, this consent expires 5 years from the date of my signing. If I am a minor, it will expire when I turn 18.

I may take away consent through MyChart or by mail to the address above. I understand that if I take away consent, my Proxy's access to my health record will end. I understand this will not prevent the release of data already given. I have read and understand this form.

_____/_____/_____

Signature of Patient (or authorized person) (Required) **Relationship to Patient** **Date/Time**

_____/_____

Notary (if mailed or patient not present) (Required) **Date/Time**