

Katie Johnson: Good morning and welcome to Apple a Day, Lake Region Health Care's Health and Wellness show where we feature news and information you can use to live a healthier life. I am Katie Johnson your host and my guest today is Dr. Baharak Bagheri. She is the new radiologist at Lake Region Health Care and I have asked her to join our show to introduce her to our community and welcome her to the team of radiologists and care givers at Lake Region Health Care. Good morning Dr. Bagheri.

Dr. Bagheri: Good morning, thank you for having me.

Katie Johnson: Thank you for joining me. As we often do on this program, we take this opportunity to introduce our listeners to our new medical staff, and to do that I'd like to start by asking you just a little bit about your background. What inspired you to enter the field of medicine? And then we'll talk some more about your background, your education, where you have practiced before and what brought you to Lake Region Health Care. But let's start with, how did you get into this field in the first place?

Dr. Bagheri: My father who was my mentor, and a patient for many years, I was fascinated by imaging technology and advanced diagnosis, so I finished my medicine and entered to radiology field.

Katie Johnson: And so that's why you decided to pursue that as a career. Where did you go to school then? How did you gain that education that you needed to become a radiologist?

Dr. Bagheri: I was trained in radiology in Philadelphia, Temple University Hospital, and I entered to few fellowships in body imaging and interventional, as well as nuclear medicine, also after graduation I participated in multiple mini fellowships in different sections of radiology.

Katie Johnson: Yeah I noticed in your biography you have several fellowships and you have a lot of experience. You've been working in the radiology field for quite some time. Tell us a little bit about where you've worked through the years up until most recently.

Dr. Bagheri: I have been working in Iran, in Tehran, Tehran University as assistant professor. Then I retrained in USA, in Philadelphia in radiology again, and I practiced in Bemidji Minnesota for a while, in the State of Maine, as well as Arizona, and I am returning to Minnesota again.

Katie Johnson: And what is it that brought you to Lake Region Health Care and back to Minnesota?

Dr. Bagheri: I love Minnesota because of the beauty of the nature and the possibility to bike all year around.

Katie Johnson: So you're a year-round biker, not just a fair weather biker?

Dr. Bagheri: Oh yes. Fat bike.

Katie Johnson: Excellent, excellent. When we think about being a radiologist and providing care to patients, what is it that's important to you in providing excellent care?

Dr. Bagheri: Well I think I love to do my best in anything that I want to do, as well as my professional and my job, and sometimes other people are the patients and we will be a patient, so I try to do my best.

Katie Johnson: And when you looked at the radiology team here at choosing Lake Region, I heard you say before we started our program today that you really felt that this team here was a professional team that you could contribute to.

Dr. Bagheri: Yes I found this group of radiologists in Lake Region Health Care very professional and very pleasant to work with, and I am trying to be a part of this group of radiologists and enjoy my daily job as a member of this family.

Katie Johnson: It will bring the team of radiologists to four in our imaging and interventional radiology department, and I know they're extremely pleased to have you joining the team. What about when you're not working? What else do you like to do?

Dr. Bagheri: In this area I think there is opportunity to learn about local arts and I love to participate in some of them, also I love gardening and this is great land to do that.

Katie Johnson: Definitely, so I hear that you're already making plans for your summer garden next year.

Dr. Bagheri: Exactly. A lot of cucumber, tomato, and many other veggies that I love to plant this year.

Katie Johnson: Well we are certainly looking forward to welcoming you into the Lake Region Health Care family, into our community, into the biking community, the arts community, the gardening community, all of those things. I'm glad that our patients get to learn those things about you, and I know they'll all be looking forward to meeting you, both here at Lake Region Health Care as patients, and out in our community as we welcome you back to Minnesota and to Fergus Falls and Lake Region Health Care. Anything else you'd like our listeners to know about you or to say to them before we part this morning?

Dr. Bagheri: I just want to say Happy and Merry Christmas.

Katie Johnson: And a Merry Christmas to you as well Dr. Baharak Bagheri, new radiologist at Lake Region Health Care, my guest today on Apple a Day. New radiologist that we welcome to Lake Region Health Care and we hope you get a chance to meet soon. Thanks for joining us.

Dr. Bagheri: Thank you very much. Pleasure is mine.

Katie Johnson: Dr. Baharak Bagheri and Katie Johnson on Apple a Day reminding you there is so much to do here. Stay healthy for it. Have a great day.