



MILL STREET DINING SERVICES  
MENU SELECTIONS



**Mill Street**  
RESIDENCE

A LAKE REGION HEALTHCARE  
ASSISTED LIVING COMMUNITY

# SANDWICH MENU



## GRILLED CHICKEN SANDWICH

A four-ounce chicken breast grilled to perfection, with melted Swiss cheese and sliced tomato. Served a la carte or on a bun.



## TUNA SALAD SANDWICH

Albacore white tuna salad mixture served with lettuce on wheat bread.



## EGG SALAD SANDWICH

A tasteful combination of chopped eggs, mayo, mustard and onion served on wheat bread.



## BACON LETTUCE TOMATO

Crisp bacon, lettuce, tomato and mayonnaise served on wheat toast with pickle.

## DELI SANDWICH

Choice of ham or turkey, Cheddar or Swiss cheese, lettuce and tomato.

## GRILLED CHEESE SANDWICH

Two slices of American cheese melted between grilled wheat bread. Served with a pickle.

## PORK BURGER

Pork burger on a bun with a pineapple slice.

## HAMBURGER

A juicy grilled hamburger patty on a bun. Add cheese or bacon to your burger. Served with lettuce, tomato and a pickle.



# FULL ENTRÉES



## GRILLED CHICKEN SALAD

Lightly seasoned grilled chicken breast, served over a bed of cucumbers, tomatoes, carrots, red onion and greens.



## COTTAGE CHEESE & FRUIT PLATE

Refreshing seasonal fruit served with cottage cheese on a lettuce leaf.



## GRILLED SALMON

A four-ounce salmon fillet grilled to perfection. Served with a lemon wedge.



## GRILLED TILAPIA

Grilled tilapia served with a lemon wedge.



## SALAD OF THE DAY & CUP OF SOUP

Featuring a different salad each day. Pair it up with a cup or a bowl of homemade soup for a tasty light lunch.



## CHICKEN STRIPS

Three deep-fried, lightly breaded strips of chicken. Served with Ranch or BBQ sauce for dipping.



*The “Eat Well” symbol indicates a menu choice that is rich in fruits and vegetables, whole grains, lean proteins, or low fat dairy, but limited in sodium, sugar and saturated fats.*

# BREAKFAST - SERVED ALL DAY

## BUTTERMILK PANCAKES

Two buttermilk pancakes served with syrup.

## OMELETS

Delicious cheese or ham and cheese omelet served with wheat toast.

## EGGS TO ORDER

Your choice of one or two eggs prepared over easy, over medium, over hard, sunny side up, poached or scrambled. Served with wheat toast.



*Add two slices of bacon or a sausage patty to your order*

## SIDE DISHES

Included with each entrée is a choice of the following dishes. All side dishes are available daily.



### FRUIT



### SALAD OF THE DAY

Our freshly made salad of the day



### FRESH CUT VEGGIES

Cucumbers, carrots or seasonal fresh veggies with a side of ranch



### YOGURT PARFAIT

Yogurt with seasonal fresh fruit and granola



### SWEET POTATO

### BAKED POTATO

### FRENCH FRIES

### HASHBROWNS

### CUP OF SOUP

### ONION RINGS