



TO: Mill Street Tenants & Family Members
From: Mick Siems, Director
DATE: April 9, 2021
RE: Visitation & Outing Reminders

Dear Mill Street Tenants & Family Members,

As we've opened up again for visits in tenant apartments here at Mill Street, we've been glad to see many in our community reunited with their loved ones—often for the first time in months! However, there are still regulations that need to be followed in order to continue having safe visits, especially in light of the relatively high number of COVID cases in the area. Here are some things to keep in mind when seeing your loved one:

- If you take a tenant out of the building, **both parties should be masked at all times, except when eating**. This includes while you are in the car when driving. Although there are no restrictions on where tenants can go at this time, please keep the risk level of your destination in mind. Smaller, more intimate settings are better than attending large group activities or events.
- **Tenants will need to be quarantined if they spend 15 minutes or more in a 24-hour period within 6 feet of someone who has COVID-19**. Unfortunately, in the short time that we have been re-opened we have already had to quarantine a tenant whose family member developed symptoms shortly after visiting. According to department of health guidance, this does apply to vaccinated tenants as well.
- **Visitors and tenants** must be masked at all times while visiting inside the apartments. The only exception is for essential caregivers performing care duties where the tenant may need to be unmasked.
- Please call and let us know if you develop any symptoms or test positive for COVID-19 within 48 hours of a visit.
- Remember to sanitize your hands when you enter the building, and **please sanitize the thermometer and pen when you finish screening as well**.
- Please write the time that you leave on the screening sheet.

Our staff have also noticed that the thermometer is not as intuitive to use as we had assumed. To get an accurate temperature, **the thermometer here needs to be within about an inch of your skin**, although you should not touch it to your skin. The temple, hairline, neck, and inside of wrist/elbow are the areas that are easiest to get a temperature from. It's probably easiest to think of the device like a "temperature gun;" the trigger is the button to activate it and its easiest to press with your index finger. You don't need to hold the trigger down, and it displays the temperature for several seconds after the beep, which indicates that it has finished reading.



Finally, tenants under quarantine will not be able to have visitors. **All visitation, except for essential caregiver visits, will be suspended if we end up having a positive case among tenants or staff.** Please keep this in mind when planning a visit or taking your loved one out of the building. If you are feeling a little ill/under the weather or are experiencing any symptoms please hold off from visiting. The same thought process holds true when taking your loved one out of the building. Will people be wearing masks where you are going? Can you trust that all in attendance have been taking the same safety precautions as you? Not only could your loved one be negatively impacted (by being quarantined due to exposure or, even worse, contracting COVID) it also puts everyone at Mill Street at risk. Please keep this in mind when planning your next visit or going on an outing as your decision-making can (and does) have an impact on others.

As always, the health and well-being of both our staff and our tenants continues to be our highest priority. If you have any questions or concerns, you are invited to contact me at 218-736-8590. Thank you!