

# Lake Regional Health System Externship Program



## What's in it for me?

Participation in Lake Regional's nurse extern program provides many benefits, including:

- More bedside experience with patients
- Increased critical knowledge and critical thinking skills
- Exposure to critical care and medical/surgical concepts
- Higher starting wage if employed by Lake Regional as a Clinical Level I nurse
- Decreased reality shock when transitioning from graduate nurse to registered nurse
- Development of professional relationships with preceptors, nurse managers, nurse educators, physicians and more

## Program Structure

Lake Regional's nurse externship program includes clinical and classroom segments designed to develop your nursing knowledge. The program is much more comprehensive than an observation or job shadowing experience.

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## Extern Application Checklist

- Resume
- Verification of 3.2 GPA or higher
- Successful completion of Med/Surg I
- Two reference letters, one from a nursing instructor
- Completed application form
- Copy of Basic Life Support Card (CPR)

## Clinical Experience

During the clinical segment, nurse externs will provide and manage direct patient care under the supervision of an assigned, licensed nurse preceptor.

The nurse extern will perform most nursing skills and procedures with some exceptions. Exceptions include:

- Administering IVP medications
- Witnessing blood products
- Giving verbal orders
- Pulling cardiac sheaths

## Classroom Learning

Classroom activities will incorporate adult learning principles, skills labs and discussion time to learn topics central to critical care and medical/surgical nursing.

Course instructors are employed by Lake Regional and are nursing experts. They will function as facilitators to promote critical thinking and valuable discussions, and will provide evaluation of the externs.

Classes will promote professional development and are essential for providing quality patient care. Attendance is required.



54 Hospital Drive, Osage Beach, MO 65065  
573-348-8000 • [www.lakeregional.com](http://www.lakeregional.com)

**Lake Regional Nursing  
Externship Program**

# Application

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Name (Formal name and nickname, if applicable)

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Mailing address

City

State

ZIP

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Phone #

Alternate phone #

Email address

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Vehicle make and model

Vehicle license plate #

Previous health care experience:

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What are your future nursing goals?:

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Why do you want to participate in the nurse externship program and what do you hope to gain from the experience?:

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Return completed application, including items on the checklist, to [sstewart@lakeregional.com](mailto:ssewart@lakeregional.com) or mail it to:  
Lake Regional Emergency Department  
Attn: Sarah Stewart  
54 Hospital Drive, Osage Beach, MO 65065

Application deadline: \_\_\_\_\_





**Lake Regional Health System**  
**54 Hospital Drive**  
**Osage Beach, MO 65065**  
573.348.8000

**CONSENT FOR PHOTOGRAPHY AND/OR TESTIMONIAL**

I, undersigned, hereby consent that the photograph(s) and/or testimonial(s) may be used by members of the staff and appropriate personnel of Lake Regional Health System for the following purpose:

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I expect no compensation or other remuneration, and I specifically release Lake Regional Health System and all others from any liability or other obligations from the use of such photograph(s) and/or testimonial(s) for the above stated purpose.

I understand that I have the right to request cessation of recording or filming and that individuals involved in photographing or filming me have signed agreements to protect my confidential information.

\_\_\_\_\_  
Print name

\_\_\_\_\_  
Signed

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of nearest relative or guardian if abovesigned is a minor

\_\_\_\_\_  
Relationship

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Patient Number, if applicable

\_\_\_\_\_  
Complete Address: Street/PO Box

\_\_\_\_\_  
City, State, Zip

Day: \_\_\_\_\_ Evening: \_\_\_\_\_  
Phone number

\_\_\_\_\_  
E-mail Address