



Lake Regional Cancer Center & Community Resources Guide

LAKE
REGIONAL®
CANCER CENTER

LAKE REGIONAL CANCER CENTER AND COMMUNITY RESOURCES

SUPPORT GROUP OFFERINGS

See all Lake Regional Health System classes, support groups and health talks at lakeregional.com/events.

HOPE FOR WOMEN Group leader: Laura Maloney	11:30 a.m.–12:30 p.m. the last Wednesday of each month in the Lake Regional Cancer Center’s Resource Room	Lunch and share meeting with \$5 cafeteria vouchers are provided to participants. Open to women with a cancer diagnosis currently undergoing treatment or in recovery.
CANCER SUPPORT GROUP FOR MEN Group leader: Volunteer Charlie Frankie	11:15 a.m.–12:30 p.m. the third Wednesday of each month in the Lake Regional Cancer Center’s Resource Room	Lunch and share meeting with \$5 cafeteria vouchers are provided to participants. Open to men with a cancer diagnosis currently undergoing treatment or in recovery.
LOOK GOOD...FEEL BETTER Group leaders: Donna Comelli and Karen Kennedy	9:30 a.m. the last Wednesday of each month in the Lake Regional Cancer Center’s Resource Room. Reservations required, preferably 24 hours in advance. Call 573-302-2772.	Free workshop provided by the American Cancer Society for all women who currently are undergoing cancer treatment. Women learn beauty techniques for skin care, makeup application and coping with hair loss. Participants receive a complimentary bag of makeup to use in the session and at home. Participants are able to attend this session once during their cancer treatment.
LYMPHEDEMA 101 Group leaders: Katie Kelley and Danielle Baumgartner	11:30 a.m. the second Tuesday of every other month in the Lake Regional Cancer Center’s Resource Room. Reservations required. Call 573-302-2772.	Open to patients at risk for lymphedema related to surgery or cancer treatment.
ThyCa CENTRAL MISSOURI SUPPORT GROUP Contacts: Sandy Triplett 573-345-0103 and Marie Payne-Bowman 660-438- 5497 email: Central-MO@thyca.org	12:00 p.m.–1:00 p.m. the second Friday or January, April, July and October at the Lake Regional Hospital in conference room E	Support group is for anyone with a thyroid cancer diagnosis currently undergoing treatment or in recovery. Meetings provide opportunities to share, learn and know you are not alone. Between meetings, support is available by phone and email.
GRIEF SUPPORT GROUP Group leader: Billye Bennett, R.N.	6 p.m., usually the second Tuesday of the month in Lake Regional Hospital’s third floor conference rooms. Call 573-348-8222.	Support group is for people dealing with grief caused by various losses, including illness, death, divorce, loss of a home and other difficult life events. Participants receive education, support and companionship.
MANY ONLINE SUPPORT OPTIONS AVAILABLE FOR MANY DIAGNOSES	www.google.com	Enter in the diagnosis and then support group in the search bar. You can click on resulting links to proceed.

EDUCATION AND SUPPORT

AMERICAN CANCER SOCIETY	1-800-227-2345 www.cancer.org	Assists with financial, insurance and prescription questions. Helps to find lodging and transportation if available. Assists with finding local supports groups, online community for patients and their families, and also cancer education classes.
CANCER CARE	1-800-813-4673 www.cancercare.org	Support, educational materials and possible financial assistance.
CANCER SURVIVAL TOOLBOX	1-877-622-7937 www.canceradvocacy.org/resources/cancer-survival-toolbox	
LIVESTRONG	1-866-235-7205 www.livestrong.org	Information regarding diagnosis, coping and support.
NATIONAL BREAST CANCER ORGANIZATION	1-972-248-9200 www.nationalbreastcancer.org	Provides help and hope to those affected by breast cancer through early detection, education and support.
NATIONAL CANCER INSTITUTE	1-800-442-6237 www.cancer.gov	Provides information and connection to educational and supportive services.
UNIVERSITY OF MISSOURI, KANSAS CITY-BLOCH CANCER CENTER	1-800-433-0464 www.blochcancer.org	Newsletter, support groups, telephone support and educational programs.

FINANCIAL ASSISTANCE

There are several foundations and drug manufacturer companies that offer assistance with co-pays, deductibles and prescriptions. Patients have to qualify both financially and medically for these programs. If you are interested in learning more, talk to our Cancer Resource Navigator at 573-302-2752.

If you need assistance with medical bills accrued through Lake Regional Health System, a financial assistance program may be available to you. The Cancer Resource Navigator can provide additional information, or you may contact the Patient Financial Service Department at 573-348-8798.

INSURANCE INFORMATION

Following are helpful websites and contact information if you have questions regarding Medicare, HealthNet or Social Security.

MEDICARE	1-800-MEDICARE (633-4277) www.medicare.gov
MO HealthNet (formerly known as Medicaid)	1-855-373-4636 www.dss.mo.gov
SOCIAL SECURITY	1-800-772-1213 www.ssa.gov

FREE AND/OR SLIDING-SCALE FEE CLINICS

MEDICAL MISSIONS FOR CHRIST	573-346-7777	Free medical clinic
PRAIRIE HILLS KATY TRAIL COMMUNITY HEALTH	1-877-733-5824 Versailles, Warsaw, Sedalia, Marshall	Sliding-scale fee
CENTRAL OZARKS MEDICAL CENTER	573-765-5141 (Richland) 573-302-7490 (Osage Beach) 573-346-4446 (Camdenton) 573-765-2510 (Dental)	Offers a sliding-fee discount program for medical, dental and behavioral health.

TRANSPORTATION RESOURCES

MEDICAID TRANSPORTATION (Logisticare)	1-866-269-5927	Requires at least a 5-day notice. Contracts with several companies to provide the rides (OATS, SKT and Show-Me Medical)
Health Care USA	1-800-688-3752	Requires 4-business day notice.
Missouri Care	1-800-695-5791	Requires 3-day notice.
Camden With A Heart	573-346-5098 573-346-6329	This service is for patients who are residents of Camden County and 60 years or older.
OATS Mid-MO	573-449-3789	Provides rides for patients with Medicaid coverage. Also private pay patients. Requires at least a whole week notice, sometimes up to 10 days. If Medicaid isn't covering, costs patient \$7-\$10 per roundtrip.
SKT	573-793-2980	Provides rides for patients with Medicaid coverage arranged through Logisticare.
Show Me Medical	573-372-5544	Provides rides for patients with Medicaid coverage. Also private pay arrangements. Medicare patients sometimes can obtain funding to assist with rides.

ASSISTANCE IN THE HOME

Medicare and insurance do not cover all services provided in the patient's home. The most common coverage includes Home Health (nursing, physical therapy, occupational therapy and speech therapy) and Hospice.

If you need assistance at home with homemaker duties, personal care or respite/companionship, please refer to the list below for agencies in the area. There is an out-of-pocket charge for these services.

AMERICAN HOME CARE	573-302-7467
CARE PARTNERS	573-893-2273
FOUR SEASONS	877-890-2130
HOME HELPERS	1-800-216-4396 or 573-636-2273
INTEGRITY	1-888-793-1795 or 417-991-2882
OXFORD HEALTHCARE	1-800-749-6555
PHOENIX HOME CARE	573-346-9879
PREMIER HEALTHCARE	1-877-444-7424
PYRAMID	1-800-568-6646

ASSISTANCE WITH FOOD, CLOTHING, EMERGENCY ASSISTANCE, SHELTER, MEDICAL EQUIPMENT AND/OR MEDICATION

LAMB HOUSE	573-346-2168, Camdenon	Assistance with food, medication and emergency assistance.
HOPE HOUSE	573-365-0099, Lake Ozark	Assistance with food, medication and emergency assistance.
COMMUNITY OF CHRIST	573-374-4425, Sunrise Beach	Assistance with medication, food, clothing and utilities.
ELDON COMMUNITY FOOD PANTRY	573-392-8380, Eldon	Assistance with food
VISIONS UNLIMITED FOOD PANTRY	573-392-5844, Rocky Mount	Assistance with food
LIGHTHOUSE MISSION	573-286-1835, Camdenon	Assistance with food
SHARE THE HARVEST	573-873-5855, Greenview	Assistance with food
IVY BEND COMMUNITY FOOD PANTRY	573-372-2581, Stover	Assistance with food
FOOD FOR MORGAN COUNTY	573-378-4693, Versailles	Assistance with food
THE END OF TIME JOSEPH	573-374-6323, Laurie	Assistance with food

PROGRAM		
WEST CENTRAL MISSOURI COMMUNITY ACTION	573-378-4432	Assistance with utilities, emergency funds, weatherization, life skills
GOOD SAMARITAN RESOURCE CENTER	573-765-4477, Richland 573-774-5011, Waynesville	Assistance with emergency assistance, food, clothing, financial relief, medical equipment loan program, thrift store, domestic violence center, counseling services
MOCA	573-765-3269	Assistance with weatherization, energy assistance, HUD housing.
CROSSLINES	417-588-3559, Lebanon	Assistance with food.
FIRST BAPTIST CHURCH	417-532-7168, Lebanon	Wednesday night only–hot meal served to anyone.
L-LIFE LEBANON	417-991-3663, www.l-life.org/home	Assistance with food
RAISING HOPE FREE STORE	573-722-4673, Camdenton	Provides help with free clothing and household items.
THE FREE STORE MINISTRY	417-532-3023, Lebanon	
NATIONAL HUNGER HOTLINE	1-866-358-6479	Help to find food where you live.
HELPING HANDS	573-346-4968, Camdenton	Provides shelter.
NEEDY MEDS	Needymeds.org	Medication assistance
BEAR MARKET	573-346-3608	May have pre-owned medical equipment available at a reasonable price.
UNITED WAY 2-1-1	Dial 211, www.211helps.org	24/7 connection for resources and agencies near you.

COMMUNITY BASED MENTAL HEALTH SERVICES

ADELMAN AND ASSOCIATES	573-378-68333, Versailles
BURRELL BEHAVIORAL HEALTH	573-378-6222, Versailles (and several other locations)
CENTRAL OZARKS MEDICAL CENTER	573-302-7490, Osage Beach
LAKE BEHAVIORAL HEALTH	573-348-3010, Osage Beach
MENTAL WELLNESS	573-302-7241 or 573-480-7910, Osage Beach
PATHWAYS	1-888-403-1071, Camdenton, Osage Beach, Eldon, Lebanon and other locations
NATIONAL SUICIDE HOTLINE	1-800-784-2433
PATHWAYS BEHAVIORAL HEALTH HOTLINE	1-800-494-7355, Southwest MO 1-800-395-2132, Central MO
CITIZENS AGAINST DOMESTIC VIOLENCE Crisis services & resources 24/7	573-346-9630 or 1-888-809-7233
HEARING and SPEECH IMPAIRED	1-800-799-4889

* Should you begin having thoughts of harming yourself or others, go to the nearest emergency room or contact 911. *

Information provided is not all inclusive; other listings may be found in the phone directory or via the internet.