



Get Screened

The following preventive services are covered by insurance, as required by the Affordable Care Act. Please review your benefits and consider which screenings are appropriate for you.

Screening/Service	Guidelines	Next Steps
Colorectal cancer screening	Begin screening at age 50	Call Lake Regional Gastroenterology at 573-302-7138.
Cervical cancer screening	Pap smear, women age 21-65, every 3 years	Call Lake Regional Obstetrics and Gynecology at 573-302-2764.
Lung cancer screening	Screen annually for adults age 55 to 80 with 30 pack-year smoking history, and currently smoke, or have quit within the past 15 years	Discuss the testing with your doctor. A physician's order is required for the service. Low-dose CT is available at Lake Regional Imaging Center, 573-348-6161.
Prostate cancer screening	Men age 50 and older or age 40 with risk factors	Call Lake Regional Urology at 573-302-3111.
Breast cancer screening	Women age 40 and older, with or without clinical breast exam, every 1-2 years	A physician's order is required. Talk to your doctor, then call Lake Regional Imaging Center at 573-348-6161. Ask about 3-D Mammography!
Insertion/removal of intrauterine devices	Women needing fitting for diaphragm or cervical cap - Intrauterine devices (ParaGard®, Skyla®, Liletta™ Mirena®, Kyleena™)	Call Lake Regional Obstetrics and Gynecology at 573-302-2764.
Wellness visit	Annual check-up	Visit your primary care provider. Schedule online at lakeregional.com.

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