

Lake Regional Health System

Externship Program



What's in it for me?

Participation in Lake Regional's nurse extern program provides many benefits, including:

- More bedside experience with patients
- Increased critical knowledge and critical thinking skills
- Exposure to critical care and medical/surgical concepts
- Higher starting wage if employed by Lake Regional as a Clinical Level I nurse
- Decreased reality shock when transitioning from graduate nurse to registered nurse
- Development of professional relationships with preceptors, nurse managers, nurse educators, physicians and more

Program Structure

Lake Regional's nurse externship program includes clinical and classroom segments designed to develop your nursing knowledge. The program is much more comprehensive than an observation or job shadowing experience.



Extern Application Checklist

- Resume
- Verification of 3.2 GPA or higher
- Successful completion of Med/Surg I
- Two reference letters, one from a nursing instructor
- Completed application form
- Copy of Basic Life Support Card (CPR)

Clinical Experience

During the clinical segment, nurse externs will provide and manage direct patient care under the supervision of an assigned, licensed nurse preceptor.

The nurse extern will perform most nursing skills and procedures with some exceptions, including administering IVP medications, witnessing blood products, giving verbal orders and pulling cardiac sheaths.

Classroom Learning

Classroom activities will incorporate adult learning principles, skills labs and discussion time to learn topics central to critical care and medical/surgical nursing.

Course instructors are nursing experts employed by Lake Regional. They function as facilitators to promote critical thinking and valuable discussions. They also provide evaluation of the externs.

Classes will promote professional development and are essential for providing quality patient care. Attendance is required.

Questions?

Contact Kim McPherson, R.N., at 573-302-3006 or kmcpherson@lakeregional.com.



54 Hospital Drive, Osage Beach, MO 65065
573-348-8000 • lakeregional.com

**Lake Regional Nursing
Externship Program**

Application

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Name (Formal name and nickname, if applicable)

Mailing address

City

State

ZIP

Phone #

Alternate phone #

Email address

Vehicle make and model

Vehicle license plate #

School Attending

Program Enrolled in (CNA, LPN, etc.)

Previous health care experience: _____

What areas interest you? _____

Where do you see yourself in five years? _____

Why do you want to participate in the nurse externship program, and what do you hope to gain from the experience? _____

Social Security Number: _____

Signature: _____

Return completed application, including items on the checklist, to kmcpherson@lakeregional.com or mail it to:
Lake Regional Learning and Development
Attn: Kim McPherson
54 Hospital Drive, Osage Beach, MO 65065

Application deadline: _____





Lake Regional Health System
54 Hospital Drive
Osage Beach, MO 65065
573.348.8000

CONSENT FOR PHOTOGRAPHY AND/OR TESTIMONIAL

I, undersigned, hereby consent that the photograph(s) and/or testimonial(s) may be used by members of the staff and appropriate personnel of Lake Regional Health System for the following purpose:

I expect no compensation or other remuneration, and I specifically release Lake Regional Health System and all others from any liability or other obligations from the use of such photograph(s) and/or testimonial(s) for the above stated purpose.

I understand that I have the right to request cessation of recording or filming and that individuals involved in photographing or filming me have signed agreements to protect my confidential information.

Print name

Signed

Date

Signature of nearest relative or guardian if abovesigned is a minor

Relationship

Witness

Patient Number, if applicable

Complete Address: Street/PO Box

City, State, Zip

Day: _____ Evening: _____
Phone number

E-mail Address