Currents

A Report to the Community May 2021 - April 2022



Mission Provide exceptional health care

Vision

To be the first choice for health care

Values

Commit to each other. Encourage excellence. Care more than expected.

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Message from the CEO

My top priority as CEO is ensuring that all of us at Lake Regional always put the patient at the center of every decision.

As Lake Regional Health System continues to grow and expand, we always ask, "Will changing this service or purchasing this technology result in better patient care and better patient experiences?"

This patient focus has guided the progress captured in this annual report. One big step we took in fiscal year 2022 was breaking ground on a new Lebanon campus. This expansion, which serves Laclede and Pulaski counties, doubles the population we serve from 90,000 people to 180,000 people. We're excited to be caring for more of our neighbors, and we're grateful that this expansion also makes it possible for us to bring in more specialists, strengthening care for all of our patients.

Lake Regional welcomed 25 new providers in FY 2022, including specialists in cardiovascular-thoracic surgery, obstetrics and gynecology and orthopedics. This improved access is crucial to building a healthy community.

Many of us know people who have vacationed and retired in our community, but when they began having health concerns, they returned to a metro area. At Lake Regional, we're determined to give them a better option. What you read in this report and see at Lake Regional today, we have built to meet our community's needs. We want people to call our community home.

On behalf of Lake Regional's board of directors, physicians, employees and volunteers, I am pleased to present the FY 2022 "Currents: A Report to the Community."

Sincerely, Herrin MPRiberts

Kevin McRoberts, FACHE Chief Executive Officer

Fiscal Year 2022 Accomplishments



A New Hub for Health Care

Lebanon celebrated the groundbreaking for its new Lake Regional campus on June 24, 2021. The 12.5-acre site, located at 755 Cowan Drive, will include a two-story, 30,000-square-foot facility, opening in early 2023.

Pictured are Lake Regional Lebanon providers Laura Seaman, FNP-C; Jeffrey Fears, M.D.; Laura Thompson, FNP-C; Neil Schwartzman, M.D.; Ryan Rogers, MPAS, PA-C; and Dan Johnson, MSN, APRN-BC.

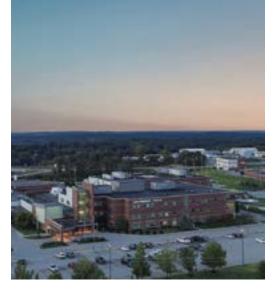
Services at the new location will include primary care and pediatrics; an Express Care walk-in clinic; Occupational Medicine; imaging services; and expanded specialty care, including heart care and orthopedics. The patient-centered design includes ample parking and accessible entrances.

"We give a special thanks to Bill and Janet C. Williams, who helped make this new facility possible," said Trish Creach, executive director of Philanthropy. "A portion of the 12.5-acre tract was donated by the Williams Family Trust." Lake Regional achieved significant milestones in caring for our community during fiscal year 2022.

- Broke ground for new Lebanon campus
- Lake Regional Home
 Health expanded to
 Laclede, Pulaski counties
- Missouri Hospital Association awarded Lake Regional the Alliance for Innovation on Maternal Health Star
- Lake Regional Skilled Nursing Facility upheld its five-star overall rating from the CMS
- Lake Regional Hospice earned Award of Distinction
- Wound Healing Center earned Center of Distinction honor
- Stroke program earned Get With The Guidelines[®]-Stroke Gold Plus Quality Achievement Award with Target: StrokeSM Honor Roll Elite recognition
- HERO Club surpassed \$100,000 raised for Commitment to Caring

Contributions to the Community

As a nonprofit corporation, Lake Regional Health System is committed to benefitting the community we serve. This chart highlights some of Lake Regional's contributions to the community in fiscal year 2022.



Uncompensated Care - Charity (at cost) charity care for individuals who qualified	\$	8,208,294
Uncompensated Care - Bad Debt (at cost) the uncollectible amount patients were personally responsible for after all third-party payers paid		6,813,740
Free Medical Services services include health screenings and education, support groups, nutrition education and medical forums		230,367
Health Professions Education scholarships awarded to individuals pursuing health care careers		15,514
Financial Contributions community organizations supported by LRHS in FY 2022, such as such as the Camden County Health Department, Citizens Against Domestic Violence and Kids' Harbor		239,658
Taxes Social Security and Medicare payroll taxes, unemployment taxes and real estate taxes paid by LRHS		15,530,990
TOTAL	\$:	31,038,563

Consolidated Information

Revenue and expenses (five years of data)

	FY 2022	FY 2021	FY 2020	FY 2019	FY 2018
Gross Revenue:					
Inpatients	\$204,139,097	\$179,648,452	\$159,465,236	\$161,451,449	\$169,881,694
Outpatients	577,065,114	515,830,515	458,629,934	449,589,098	400,258,792
We did not receive payment:					
Uncompensated Care - Charity (at charges)	(29,990,270)	(28,131,001)	(36,718,456)	(27,768,394)	(10,965,387)
Uncompensated Care - Bad Debt (at charges)	(24,895,052)	(23,089,673)	(14,222,134)	(21,934,964)	(25,486,008)
From third parties (Medicare, Medicaid, insurance companies)	(473,036,349)	(409,431,909)	(374,686,199)	(357,150,299)	(350,953,541)
In addition, we received:					
From cafeteria, purchase discounts and other sources	5,322,615	2,943,548	3,077,674	2,385,973	2,037,950
From CARES Act funding	7,143,055	10,812,523	3,983,675		
From gifts and interest income on temporary investments	462,435	15,126,211	71,117	6,740,311	6,239,663
Total Funds Available:	266,210,645	\$263,708,666	\$199,600,847	\$213,313,174	\$191,013,163
We applied funds to:					
Salaries and wages	104,692,185	93,421,202	88,847,775	82,875,504	78,145,691
Employee benefits	22,262,060	19,074,606	19,356,386	16,639,552	15,279,045
Supplies, interest and other expenses	113,659,556	111,345,759	97,432,330	90,695,591	87,034,304
Debt service, capital investment, current and future*	25,596,844	39,867,099	-	23,102,527	10,554,123
Total Funds Applied:	266,210,645	\$263,708,666	\$205,636,491	\$213,313,174	\$191,013,163

*In fiscal year 2020, the health system used cash reserves to fund debt service, capital investment and its operating deficit (the difference between funds available and funds applied), a significant portion of which was a result of the COVID-19 pandemic.

Statistical Information

Lake Regional Health System (five years of data)

	FY 2022	FY 2021	FY 2020	FY 2019	FY 2018
Full-time equivalent employees* (consolidated)	1,219	1,155	1,241	1,143	1,130
Patient days (all services)	22,937	20,150	18,149	19,080	21,043
Acute care patient discharges	5,106	4,692	4,629	4,705	4,771
Observation discharges	1,870	1,945	2,230	2,075	1,721
Skilled Nursing Facility discharges	262	259	270	356	374
Babies delivered	586	579	657	599	625
Emergency Department visits	36,022	30,906	33,432	34,271	36,549
Express Care clinic visits	53,314	38,302	29,712	26,939	23,987
Outpatient visits	355,210	306,448	313,086	331,647	310,973
Surgical visits	5,291	5,271	4,352	4,509	4,492
Endoscopy visits	5,418	4,745	4,496	4,383	3,992
Cardiopulmonary Rehabilitation visits	22,369	12,285	35,039	43,212	42,835
Cardiac and vascular catheterization visits	1,755	1,626	1,316	1,676	1,789
CT scans (consolidated)	25,299	23,227	21,190	20,115	18,840
MRI scans (consolidated)	6,302	6,033	5,583	5,849	5,400
Mammograms (consolidated)	5,724	5,386	5,153	5,510	5,332
Laboratory procedures	590,429	578,387	506,110	479,037	447,259
Clinic visits	241,302	221,904	214,217	212,556	194,268
Home Health visits	13,953	13,397	9,023	7,771	6,207
Radiation Onocology visits	8,196	6,573	7,087	6,846	6,805
Medical Oncology visits	10,631	7,777	7,028	6,800	6,161

* Full-time equivalent employees are computed by dividing the total hours by 2,080.

Volunteer Contributions



Lake Regional extends a special thank you to our Lake Regional Hospital Auxiliary and Volunteers. Although their members could not be on site most of the year because of the pandemic, they continued to support our employees and contributed more than 5,000 hours of service during fiscal year 2022. And the Auxiliary's Ethel Rayburn Nursing Scholarship program awarded \$5,000 in scholarships to deserving employees pursuing nursing careers.

In December 2021, the Auxiliary donated \$200,167 to Lake Regional's Commitment to Caring initiative, representing funds raised during 2020-21.

Lake Regional Hospital Auxiliary Board Members

Susan Barfield Jane Brown Georgia Cantwell Betty Coleman Sherri Dye Rita Ernest Barbara Gallina Jeanne Harshman Gary Hecktor Judy Henley Mary Ann Hodgson Linda Landrum Ray Landrum Bill Ricker Jan Seladis Carolyn Solomon Alyce Vitor

Philanthrophy

As a nonprofit, Lake Regional Health System connects with the community we serve through philanthropy.

Together with generous donors, we seek to transform health care for the region through community giving. In fiscal year 2022, donations to Lake Regional Health System totaled \$462,435. These contributions will play a vital role in the organization's future through capital improvements and service enhancements.

Highlighted below are some of the donations received during FY 2022. For a complete listing, please visit **lakeregional.com/Philanthropy.**

- In its 42nd year, the 2021 HK's Hospital Benefit Golf Tournament supported the Commitment to Caring initiative to advance heart and cancer care by raising \$92,036.
- Camdenton School District students and staff rallied together through various events to collectively contribute \$2,675.53 to Lake Regional Health System.
- The Mental Health First Aid educational series was advanced through a generous gift made in memory of Dr. Rusty Spieler.





(above) CEO Kevin McRoberts, FACHE, joined Susan and Peter Brown in rededicating the Robert B. Koplar Memorial Garden, near the hospital's main lobby. The Browns donated \$35,500 to renew the garden, named in memory of Susan's brother, and to install a sculpture, "Birds in Flight," by Joey Los.

(left) In September 2021, members of the HERO Club (Health System Employees Reaching Out) gathered to celebrate a significant milestone – surpassing \$100,000 in donations to Lake Regional's Commitment to Caring initiative. Through HERO Club giving, employees demonstrate they are proud of the exceptional work of Lake Regional and that they are invested in the health system's future. In addition, the HERO Club helped 36 hospital employees through the Employee Assistance Fund.

Dedicated Service

In June 2021, **Robert Schwendinger** retired from the Lake Regional Health System Board of Directors. Schwendinger served on the board since June 1976, before the hospital's foundation was even poured. During his board service, what began as a small community hospital with only a few physicians and employees grew into a regional health system with more than 100 providers and more than 1,500 employees. Schwendinger served as secretary of the board from 1976 to 2019, as well as on numerous committees. His experience and leadership have been critical to Lake Regional's success, and we thank him for his 45 years of service.





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