



Community Health Implementation Plan

2023-2025

October 20, 2022

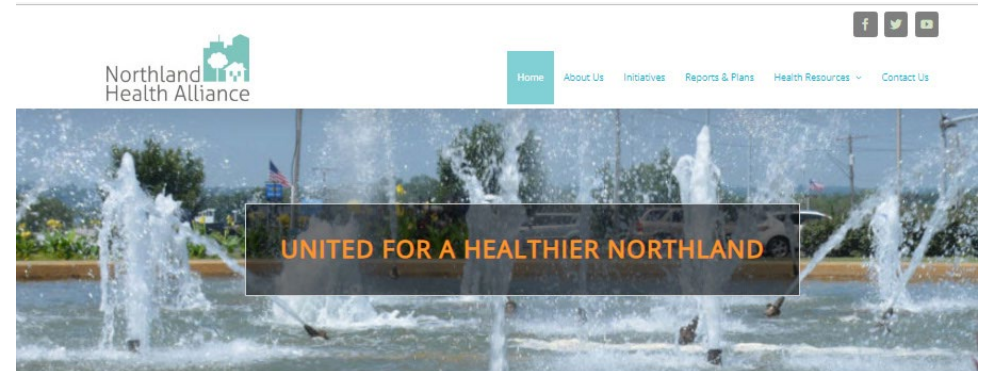


Northland Health Alliance

Liberty Hospital completed a collaborative Community Health Assessment (CHA) as a member of the Northland Health Alliance (NHA). The NHA was created in 2014 by local health organizations interested in working together to improve the health and quality of life of residents in the Northland.

Members also include:

- Clay County Public Health Center
- North Kansas City Hospital
- Northland Health Care Access
- Platte County Health Department
- Saint Luke's North Hospital
- Samuel U. Rodgers Health Center
- Tri-County Mental Health
- Children's Mercy
- Excelsior Springs Hospital
- Signature Psychiatric Hospital



Northland Health Alliance

Community Health Assessment 2021
Visit the new, interactive dashboard that reveals important information about health in Clay & Platte counties.

About Us
Learn more about the Northland Health Alliance and see the most recent Community Health Needs Assessment information. We're dedicated to improving the health of the Northland and beyond.

Health Resources
Find the local resources you need to keep your family healthy – from health care providers to food assistance.

Priority 1 — Mental and Behavioral Health

Feedback from the 2022 NHA Community Insight Survey:

- Mental and emotional problems were the number one health problem identified by 52% of survey respondents.
- Drug abuse was listed among the Northland's top five most important health problems.
- Alcohol abuse/alcoholism, suicide and opioid abuse were included among the top 10 health problems identified.
- Drug misuse was noted among the top five health behaviors having the greatest negative impact on the health of the Northland.

Liberty Hospital Initiative 1

Mental and Behavioral Health

Recommendations:

1. Increase Mental/Behavioral Health Resources

- **Mental Health First Aid (MHFA) training**
 - Expand training to include staff beyond current identified areas (ED, ICU, Nursing Resource Office, Security)
 - Designate Liberty Hospital Medical Center facilities as a designated training site for community members
- **Increase number and variety of internal resources available** to address the needs of primary care patients identified with behavioral/mental health issues
- **Promote resources (First Source) currently available** in the community for under/uninsured to use for benefits enrollment.

Mental and Behavioral Health

Recommendations:

2. Reduce Substance Abuse

- Continue to support National Drug Take Back program
- Work in collaboration with Liberty Alliance for Youth, the Liberty Public School System, Signature Psychiatric Hospital, and Tri-County Mental Health to develop programs that are focused on the needs of the school-age/adolescent population dealing with mental disorders, stress, and substance abuse
- Consider having Security staff carry Narcan

Mental and Behavioral Health

Recommendations:

3. Reduce Suicide Attempts

- Continue to support the 988 System
- Continue depression screening of patients in outpatient clinics/settings
- Perform safety risk assessment for patient populations identified at risk
- Promote providing gun locks, free of charge, at community events sponsored by Liberty Hospital
- Continue to strengthen relationships with community partners on available resources to address behavioral health issues

Priority 2 — Access to Care

Feedback from the 2022 NHA Community Insight Survey:

- 27% of respondents said they believe access to health care is one of the greatest challenges to being healthy in the Northland.
- 30% said medical debt was a top challenge to being healthy.
- 19% reported they had not seen a doctor due to cost.
- 22% reported not filling a prescription due to cost.
- 17% said they were dissatisfied with healthcare available in the community to meet the needs of themselves/their family.
- 21% paid for healthcare with cash.
- 4.3% paid for care with Medicaid.

Liberty Hospital Initiative 2: Access to Care

Recommendations:

Increase available resources for under/uninsured population

- Continue Patient Assistance Program(s)
- Explore grants/scholarships available to expand programs to outpatient clinics and throughout healthcare facilities
- Renew conversations with community stakeholders regarding implementation of bus transportation route(s) to include official stops throughout Liberty Hospital system facilities
- Continue providing third-party transportation, as needed
- Work with Northland Health Alliance to post Transportation Information Hub on Liberty Hospital websites

Priority 3 — Chronic Disease

Feedback from the 2022 NHA Community Insight Survey:

- 46% of respondents said chronic disease was identified as the second most significant issue impacting health in the Northland.
- Obesity was among the top five health issues identified.
- Lack of exercise (45.6%) and poor eating habits (43.5%) were identified among the top three health behaviors negatively impacting health in the Northland.
- Just under 20% of respondents disagreed that the community has enough health and wellness activities to meet their needs.

Liberty Hospital Initiative 3:Chronic Disease

Recommendations:

Increase access to healthy food and physical activities

- Continue participation with Liberty Community Health Action Team (LCHAT) to promote healthy eating and exercise
- Develop Community Outreach Specialist position to centralize coordination of CHA, CHIP and ongoing activities, internally and externally, associated with community health needs
- Continue participation with Meals on Wheels
- Consider sponsoring a mobile food pantry supplying healthy food options throughout the community