



Bitterroot Health Dermatology

OFFICE USE ONLY:

HT: _____ WT: _____

BP: _____/_____

Repeat BP: _____/_____

Flu Vaccine: Y/N _____

Name: _____

DOB: _____

Symptom Review – Please mark if you are experiencing any of the following:

- | | | | |
|---|---|---------------------------------------|---|
| <input type="checkbox"/> Fevers/Chills | <input type="checkbox"/> New, bleeding, or changing moles | <input type="checkbox"/> Itching | <input type="checkbox"/> Easy bleeding/ bruising tendency |
| <input type="checkbox"/> Swollen glands | <input type="checkbox"/> Unintentional weight loss | <input type="checkbox"/> Nose bleeds | <input type="checkbox"/> Vision changes |
| <input type="checkbox"/> Headache | <input type="checkbox"/> Abdominal pain | <input type="checkbox"/> Constipation | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Muscle pain | <input type="checkbox"/> Muscle weakness | <input type="checkbox"/> Joint pain | <input type="checkbox"/> Thick scarring |

History Review:

Please check any of the following that apply:

Grew up in: _____

History of sun exposure:

- ☐ Moderate ☐ Significant

- | | |
|---|---|
| <input type="checkbox"/> Current tanning bed usage | <input type="checkbox"/> Past tanning bed usage |
| <input type="checkbox"/> History of sunburns | <input type="checkbox"/> History of skin cancer |
| <input type="checkbox"/> History of blistering sunburns | <input type="checkbox"/> History of abnormal moles |
| <input type="checkbox"/> Family history of melanoma | <input type="checkbox"/> History of mole removal or treatment |

Rash/ Acne History

- ☐ N/A – No current rash or acne

- ☐ - Current rash or acne present

Location: _____ *Onset:* ____ ☐ Weeks ☐ Months ☐ Years Ago

Medications/therapies tried: _____

Improved by: _____ *Worsened by:* _____

OB/GYN

Are you currently pregnant or trying to become pregnant?

☐ Yes ☐ No

Are you currently breastfeeding?

☐ Yes ☐ No

Infection Risk

Any recent travel in the last 2 months?

☐ Yes ☐ No

Any family member or household contact travel in the last 6 months?

☐ Yes ☐ No

Any known exposure to COVID-19 in the last 14 days?

☐ Yes ☐ No

Any COVID-19 symptoms present? (Cough, fever, shortness of breath, muscle pain, sore throat, loss of taste/smell)

☐ Yes ☐ No

Tobacco

Do you currently use tobacco?

☐ Yes ☐ No

If not, have you used tobacco in the past?

☐ Yes ☐ No

If yes to either question:

☐ Cigarettes ____/day ☐ Chew ____/day ☐ Pipe ____/day ☐ Cigars ____/day

Fall Risk

Have you fallen at all in the last year?

☐ Yes ☐ No

If so, how many times? ____

Were you injured?

☐ Yes ☐ No

Do you worry about falling?

☐ Yes ☐ No

Do you feel unsteady at home?

☐ Yes ☐ No

Depression

In the last two weeks, have you felt down, depressed or hopeless?

- ☐ Not at all ☐ Several Days ☐ More than half the days ☐ Nearly every day

In the last two weeks, have you had little interest or pleasure in activities?

- ☐ Not at all ☐ Several Days ☐ More than half the days ☐ Nearly every day