

# Earning National Recognition. Expanding Local Health Care.

## A BIG YEAR IN RECRUITMENT

2014 COMMUNITY REPORT



**Mary Rutan  
HOSPITAL**

- New Services Offered
- National Recognition Achieved
- Donors Making A Difference
- Effective Community Outreach

**Dr. Nicholas Morton**  
OBGYN

**Dr. Funmi Kasali**  
OBGYN

**Dr. Amanda McAleer**  
OBGYN

**Dr. Phillip Edwards**  
ORTHOPEDIC SURGEON

**Dr. Brennen Smith**  
ORTHOPEDIC SURGEON

**Dr. Xiaomei Gao-Hickman**  
NEUROLOGIST

**Dr. Clifton Hood**  
EAR, NOSE & THROAT

**Dr. Rafael Ruggieri**  
GENERAL SURGEON





Amanda C. Goble  
PRESIDENT & CEO

MARY RUTAN HOSPITAL  
SENIOR LEADERSHIP

Tammy Allison, VP  
COMMUNITY RELATIONS

Steve Brown, VP  
FISCAL SERVICES

Vicky Crumley, VP  
HUMAN RESOURCES

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PATIENT SERVICES

Tom Denbow, VP  
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LOGAN VIEW LLC

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MARKETING & COMMUNICATIONS

Chad Ross, VP  
OPERATIONS

Grant Varian, MD  
MEDICAL DIRECTOR

Dear Friends,

In 2014, Mary Rutan Hospital's 95th year of service, we achieved national recognition for patient care, and we focused on further expanding the breadth and depth of our local health care services.

The year brimmed with good news, including record demand for our services. I'll briefly share the highlights, and I invite you to read on for the details.

And we ventured into new areas of service. In the case of our new Regional Center for Feeding, Swallowing and Voice we have reached beyond our regional health care market, drawing patients from several states. This new center is the only one of its kind in our seven-county area and has two of the only 25 therapists in Ohio who have met the rigorous requirements to become Board-Certified Specialists in Swallowing and Swallowing Disorders.

LETTER FROM THE PRESIDENT

For the third year in a row HealthGrades recognized MRH with the Outstanding Patient Experience Award, a testament to the dedication of our staff to provide patients the best care possible, every day. MRH is one of only two central Ohio hospitals to earn this distinction.

Not resting on our laurels, we've pushed forward with renewed commitment to improve our community's access to high quality, locally based health care. We have enhanced existing services, created new programs, renovated and expanded facilities, and recruited *eight* physicians to set up practice here.

Yes, eight new physicians—three in OB/GYN, two in orthopedics, and one each in neurology, ENT and general surgery. We also recruited a new orthopedics physician assistant.

In recent years we have expanded pediatric care and in 2014 remodeled and doubled the clinic space of Mary Rutan Hospital Pediatrics. We also opened newly remodeled birthing suites at the Mary Rutan Hospital Family Birth Center.

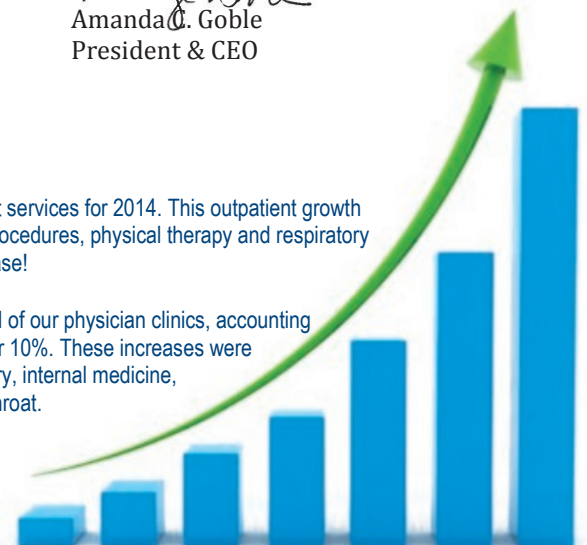
As we continue to expand our range of services, we take extraordinary measures to control the cost of health care. One example of this: Mary Rutan's new Direct Access Laboratory Testing, a cost-saving alternative for common laboratory tests. This program provides patients greater control in managing their health and wellness.

To enhance the health of our community, MRH contributed a record \$15.3 million of community benefit services in 2014. These services include charity care, subsidized health services and community health improvement and education.

All of these achievements resulted from the shared vision and commitment of Mary Rutan Hospital's board, leadership team, employees, medical staff and volunteers. Together we work daily to improve the health and well-being of our community.

*Amanda C. Goble*  
Amanda C. Goble  
President & CEO

- Mary Rutan Hospital experienced growth in outpatient services for 2014. This outpatient growth occurred in surgeries, imaging services, cardiology procedures, physical therapy and respiratory therapy, some experiencing as much as a 20% increase!
- Additionally, we experienced tremendous growth in all of our physician clinics, accounting for an overall average increase in patient visits of over 10%. These increases were experienced in pediatrics, orthopedics, general surgery, internal medicine, obstetrics & gynecology, urology and ear, nose and throat.





"This is an incredible tribute to our team of experts who exceed expectations..."  
- Mandy Goble, president and CEO

# THREE YEARS in a row

## MRH EARNS NATIONAL PATIENT CARE AWARD

For the third straight year, Mary Rutan Hospital was among an elite group of hospitals to earn Healthgrades' Outstanding Patient Experience Award. MRH is one of only two central Ohio hospitals to make the grade, based on an analysis of patient surveys from 3,575 U.S. hospitals.

The award reflects 10 patient care measures such as patient room cleanliness, noise levels, pain management, responsiveness to patients' needs and the likeliness a patient will recommend the hospital to friends and family.

"This is an incredible tribute to our team of experts who work tirelessly to exceed the expectations of our patients and their families through unparalleled service in every interaction," said MRH President and CEO Mandy Goble. "Our goal at MRH is to provide the best care to every patient, every day."

In addition to being recognized for positive patient experiences, she added, MRH met or exceeded all clinical quality indicators.

The Healthgrades award is especially significant as consumers are taking a more direct role in health care decisions, said Evan Marks, executive vice president of informatics and strategy for Healthgrades. "Consumers can rest assured those hospitals that have achieved the Healthgrades 2015 Patient Experience Award demonstrate a commitment to exceptional focus on the needs of the patient."

-Rankings were based on information obtained from Medicare and Medicaid Services (CMS), covering hospital visits from January through December 2013.

## 2014 BOARD OF DIRECTORS

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Thomas Simon  
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**Mary Rutan  
HOSPITAL**

# First in the AREA

## DIRECT ACCESS LABORATORY TESTING

Basic Metabolic Panel (BMP) .....	\$20	<b>Men's Health Panel .....</b>	<b>\$110</b>
Blood Type and Rh (ABO/RH) .....	\$20	<i>Includes: Lipid Panel, Prostate Screen (PSA), Testosterone, complete Cell Count (CBC), Basic Metabolic Panel (BMP).</i>	
Calcium.....	\$10	<b>Women's Health Panel .....</b>	<b>\$110</b>
Cholesterol.....	\$10	<i>Includes: Lipid Panel, Vitamin D, Thyroid Stimulating Hormone (TSH), Complete Cell Count (CBC), Basic Metabolic Panel (BMP)</i>	
Complete Blood Count (CBC) .....	\$15		
Electrolyte Panel.....	\$10		
HDL Cholesterol .....	\$12		
Hemoglobin A1c .....	\$20		
Glucose .....	\$10		
Lipid Panel .....	\$20		
Pregnancy .....	\$15		
Prostate Screen (PSA) .....	\$35		
Testosterone .....	\$35		
Thyroid Stimulating Hormone (TSH) ..	\$30		
Vitamin D.....	\$40		

Direct Access Laboratory Testing introduced at Mary Rutan Hospital helps patients take greater control of their health, while reducing the cost of common lab tests.

The program allows patients to order certain laboratory tests without an order from a physician or other health care provider. Direct Access reduces administrative costs. Patients pay for tests at time of service, eliminating billing of insurance, including Medicare and Medicaid. And results are sent directly to patients, not their health care provider.

"Affordable health care continues to be one of the most important needs of our community," says MRH President and CEO Mandy Goble. "Direct Access Laboratory Testing, which provides patients access to very affordable and convenient lab tests, is just one more

way that Mary Rutan Hospital focuses on improving the consumer experience." Direct Access is available for these commonly requested medical lab tests, starting at \$10: Basic Metabolic Panel (BMP), Blood Type and Rh (ABO/Rh), Calcium, Cholesterol, Complete Cell Count (CBC), Electrolyte Panel, HDL Cholesterol, Hemoglobin A1c, Glucose, Lipid Panel, Pregnancy, Prostate Screen (PSA), Testosterone, Thyroid Stimulating Hormone (TSH) and Vitamin D.

Direct Access also offers gender-specific groupings, or panels, of common lab tests:

- Men's Health Panel – Lipid Panel, Prostate Screen, Testosterone, Complete Cell Count and Basic Metabolic Panel
- Women's Health Panel – Vitamin D, Lipid Panel, Thyroid Stimulating Hormone, Complete Cell Count and Basic Metabolic Panel

Blood draws for Direct Access are conducted at any one of Mary Rutan Hospital's three laboratory locations.

Test results, which are accompanied by reference ranges, are not intended to take the place of further medical advice. Patients are responsible for contacting their physician or medical provider for follow-up care.

Mary Rutan Hospital Laboratory Services contacts patients by phone when a test reveals a critical value that could have an immediate health impact.

"At Mary Rutan Hospital, we empower consumers with the tools they need to make informed health care choices," Andy Burton, director of Laboratory Services, said. "Our goal is to be the most cost-effective, convenient, and consumer-friendly laboratory service in our area."



With a continued commitment to meeting our region's medical needs, Mary Rutan Hospital is proud to welcome neurologist Xiaomei Gao-Hickman, M.D., to join the medical staff.

the first year of a microbiology and immunology Ph.D. program at West Virginia University Medical Center.

"Coming back to central Ohio, where my husband grew up,

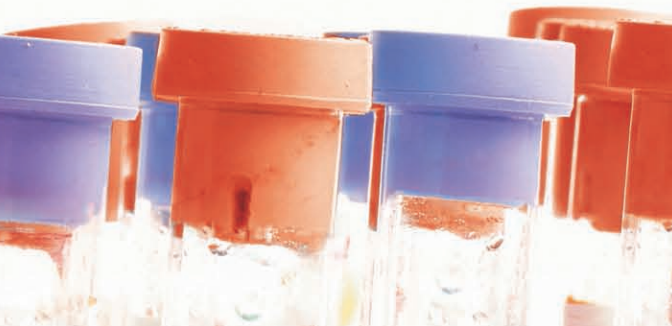
## NEUROLOGY SERVICES RETURN TO OUR COMMUNITY

As a general neurologist, Dr. Gao-Hickman diagnoses and treats conditions such as stroke, traumatic brain injury, neuromuscular disorders, epilepsy, dementia, Parkinson's disease, multiple sclerosis and migraine headaches. She interprets electroencephalography (EEG) tests to diagnose epilepsy and performs electromyography (EMG) to diagnose neuropathy, muscular disorders and cervical or lumbar pinched nerves.

has been a great opportunity for our family and I am thrilled to be able to bring my professional skills to the people of Logan County," said Dr. Gao-Hickman.

She offers same-week appointments at the Mary Rutan Hospital Ambulatory Care Center, 2160 Ewing Crawfis Circle.

**Please call 937-651-6962 for more information or to schedule an appointment.**



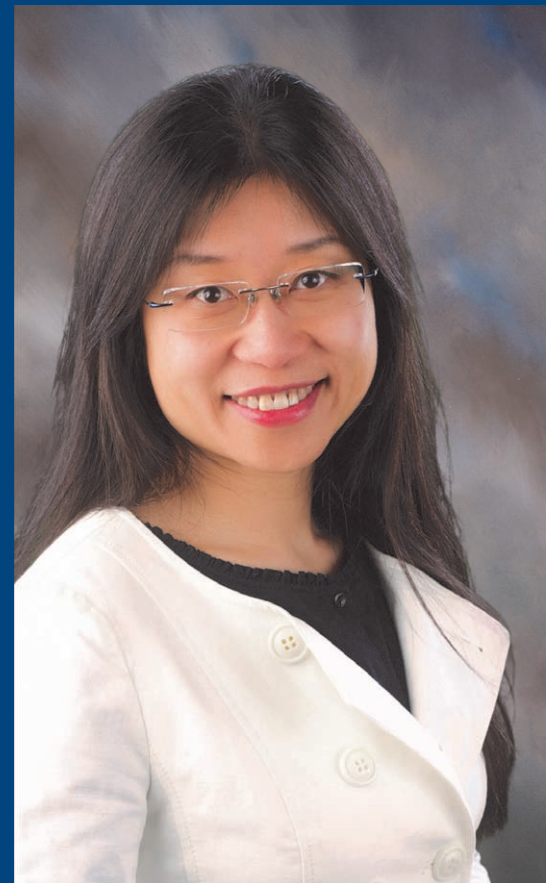
Lab tests identify or confirm the diagnosis of about 70 percent of all illnesses, and early diagnosis improves opportunities to treat disease, he said. Burton added that direct purchase of lab tests can help consumers determine their baseline health status, motivating them to take steps toward wellness and working with their trusted health providers to achieve better health.

MRH is the first hospital in the area to offer direct laboratory testing services. And along with the launch of Direct Access, MRH recently reduced physician-ordered laboratory pricing across the board.

**For more information about Mary Rutan Hospital Direct Access Laboratory Testing, please visit [maryrutan.org/services-lab.aspx](http://maryrutan.org/services-lab.aspx) or call 937-599-7010.**

"Dr. Gao-Hickman is eager to bring her knowledge in neurology to the community," said Grant Varian, M.D., chief medical officer. "Having Dr. Gao-Hickman practice in our community will further enhance the medical care and services we provide to our patients and the region."

With more than 12 years of medical practice, Dr. Gao-Hickman has served as medical director of the Epilepsy Monitoring Unit at Riverside Methodist Hospital in Columbus as well as medical director of stroke centers in Florida and neurological services in Nebraska. She completed her internship and residency in neurology at The Ohio State University Medical Center and the University of Mississippi Medical Center and finished



## MRH ORTHOPEDICS EXPANDS CARE WITH NEW PROVIDERS

### Orthopedic Specialty Care & Treatment of:

Arthroscopic Surgery  
Cartilage & Meniscus Injury  
Carpal Tunnel Syndrome  
Cervical Laminoplasty  
Fractures & Dislocations  
Herniated Lumbar & Cervical Disk  
Joint Lubricant Injection  
Joint Pain & Arthritis  
Lumbar Laminectomy & Fusion  
Microscopic Discectomy  
Sports Injuries  
Spinal Deformities  
Tendon & Ligament Injury  
Total & Partial Joint Replacement  
Vertebral Compression Fracture

**For appointments,  
call 937-599-1280.**



Expanding local access to comprehensive orthopedic care, Mary Rutan Hospital Orthopedics has recruited two new orthopedic surgeons—Drs. Brennen Smith and Phillip Edwards—and a physician assistant—James Robinson—to join Dr. Robert Anderson in practice at 2221 Timber Trail in Bellefontaine.

“In a very competitive marketplace, we continue to enjoy success recruiting outstanding surgeons to join our team and add to the depth and breadth of orthopedics expertise available locally,” says Dr. Grant Varian, medical director of Mary Rutan Hospital.

MRH Orthopedics provides general and arthroscopic surgery and medical treatment for: cartilage and meniscus injury, carpal tunnel syndrome, cervical laminoplasty, fractures and dislocations, herniated lumbar and cervical disk, joint pain and arthritis, lumbar laminectomy and fusion, microscopic discectomy, neck and spine surgery, spinal deformities, sports injuries, tendon or ligament injury, total and partial joint replacement and vertebral compression fracture.



Dr. Smith

**Dr. Smith** provides general and spine orthopedic care, from the latest arthroscopic surgery techniques to full joint replacements, and he completed a fellowship in spinal surgery at New Albany Surgical Hospital in Ohio. He received his Doctor of Osteopathic Medicine from Des Moines University College of Osteopathic Medicine and completed his internship and residency in orthopedic surgery at Doctors Hospital in Columbus.

**Dr. Edwards** covers a broad range of orthopedic care including sports injuries and total replacement of hips, knees and shoulders. He received his Doctor of Osteopathic Medicine from Ohio University College of Osteopathic Medicine and completed his internship and residency in orthopedic surgery at Grandview Hospital and Medical Center in Dayton.



Dr. Edwards





## MRH OBGYN ADDS THREE NEW PROVIDERS & EXPANDS TO URBANA

Mary Rutan Hospital OBGYN, at 1125 Rush Avenue in Bellefontaine, has grown to meet the growing needs of our community with three new physicians, and is scheduling appointments at a second location, in Urbana.

The following three physicians have joined longtime Logan County OB-GYN providers Dr. Jay Meyer, Dr. Janet Zurovchak and Kelley Dyer, Certified Nurse Midwife:

- **Dr. Amanda McAleer**, who earned her MD at Northeastern Ohio Universities College of Medicine and completed residency at Riverside Methodist Hospital. She comes to

Mary Rutan Hospital OBGYN from a practice near Myrtle Beach, S.C.

- **Dr. Nicholas Morton**, who earned his MD at the University of Missouri School of Medicine and completed his residency at The Ohio State University.
- **Dr. Funmi Kasali**, who earned her MD from Michigan State University College of Human Medicine and completed her residency at Albany Medical Center in New York before practicing OB-GYN in New York.

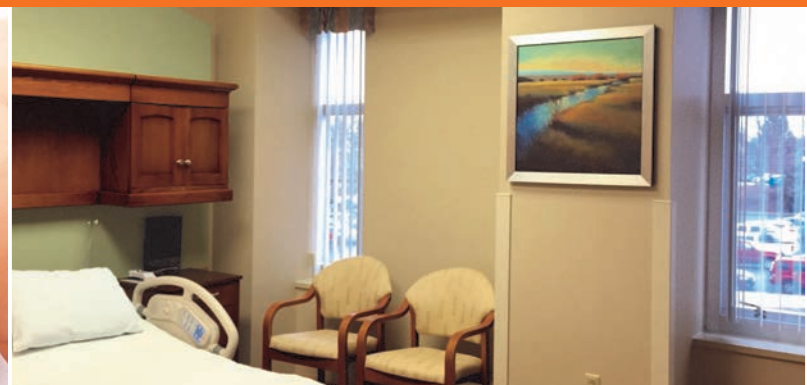
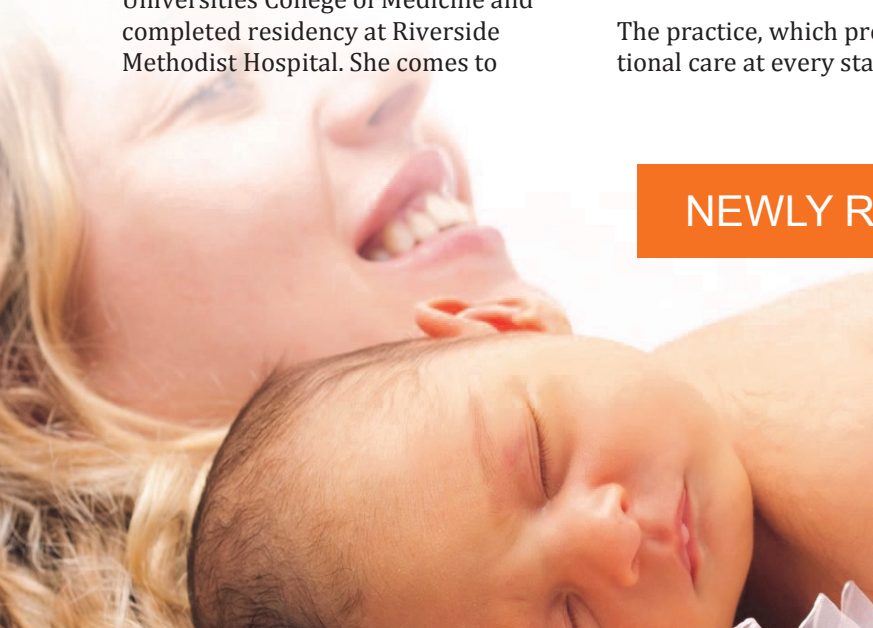
The practice, which provides exceptional care at every stage of women's

lives, is accepting new patients. Drs. McAleer, Morton and Kasali are scheduling free 15-minute "meet and greet" appointments for expectant mothers and other women who are interested in becoming patients of the practice.

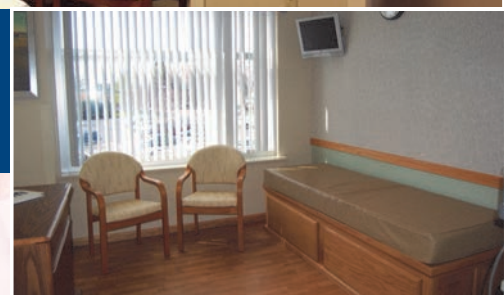
**Call 937-599-3538 for information or to schedule an appointment.**

**Women in the Urbana area may schedule appointments at the practice's new location at 848 Scioto Street, Urbana, by calling 937-887-0165.**

## NEWLY REMODELED BIRTHING SUITES



Babies are born every day, but at the Family Birth Center at Mary Rutan Hospital, we don't treat childbirth like an everyday event. From expert care teams to our newly remodeled birthing suites, we deliver an exceptional experience for mom and baby.



## MARY RUTAN HOSPITAL WELCOMES THIRD GENERAL SURGEON



Dr. Ruggieri

Dr. Rafael Ruggieri joins Drs. Larry Morris and Anthony Beisler to become the third general surgeon in our community.

Dr. Ruggieri graduated summa cum laude from the University of Illinois and earned his MD from the University of Illinois College of Medicine, Chicago/Urbana. He completed surgical training at Michigan State University, Sparrow Health System and McLaren Regional Medical Center in Lansing, Michigan, where he served as an assistant professor of surgery. He has extensive training in laparoscopic procedures.

During his residency he was honored with the Nurses Physician Excellence Award for enhancing patient care through patient, family and staff interactions. A dedicated teacher, he was honored by medical students with the Outstanding Teaching Award.

Dr. Ruggieri recently moved to Bellefontaine with his wife, Elizabeth, and their five children.



# All NEW

## MARY RUTAN HOSPITAL PEDIATRICS



To better serve our community, Mary Rutan Hospital Pediatrics (formerly Logan View Pediatrics) has **remodeled and doubled clinic space**, recruited **additional providers**, **added early morning and evening hours** and introduced **walk-in care throughout the day**.

We have assembled an outstanding and diverse team of health care professionals, including four physicians and four certified nurse practitioners. We provide the highest quality of care, from routine well-child checkups to acute care visits.

We take the time to listen, address your child's needs, keep you informed and help promote healthy lifestyles.

**Visit our new facility at 118 Dowell Avenue in Bellefontaine or call us at 937-593-5437 to schedule an appointment. New patients are welcome.**



# Now OPEN!

Drawing patients from a multi-state area, the Regional Center for Feeding, Swallowing and Voice recently opened inside the Mary Rutan Hospital Physical Rehabilitation Center.

For adults with swallowing problems the center offers active oral and pharyngeal exercises, swallowing strategies, diet modifications and neuromuscular electric stimulation. For pediatric patients,



Hannah Hawke



Kristen Lang

## THE REGIONAL CENTER FOR FEEDING, SWALLOWING & VOICE

The center's therapists, Hannah Hawke and Kristen Lang, are two of only 25 therapists in Ohio who have completed the rigorous professional competency and assessment process required to gain the Board-Certified Specialists in Swallowing and Swallowing Disorders (BCS-S) designation. Fewer than one-half percent of speech-language pathologists nationwide have earned this special certification in the treatment of adult and pediatric patients with swallowing disorders.

The Regional Center for Feeding, Swallowing and Voice is the only center in our seven-county region to offer treatment for a variety of voice and swallowing problems in a multidisciplinary environment. And the center is one of the only in Ohio to employ more than one BCS-S therapist.

The center offers modified barium swallow studies, fiberoptic endoscopic evaluation of the swallow (FEES), videolaryngostroboscopy (VLS), and acoustic voice assessments.

specialized treatment plans are developed to address feeding and swallowing disorders related to developmental or medical conditions.

For those with voice disorders, specialized treatment plans may include vocal exercises, identifying and eliminating behaviors that could contribute to vocal disorders and retraining proper breathing and voice techniques.

Ear, nose and throat specialist Clifton Hood, D.O., collaborates with the center as needed for surgical and medical management of voice and swallowing disorders.

**For more information, call the Mary Rutan Hospital Physical Rehabilitation Center at 937-593-0822.**





# MRH invests over \$15.3 million to strengthen the health and well-being of local communities

## CREATING HEALTHIER COMMUNITIES, TOGETHER

As a community not-for-profit hospital, we invest our resources and energies into better understanding and meeting the diverse health care needs of the communities we serve. And we ensure that everyone, regardless of their ability to pay, receives the care they need.

Inside and outside our walls, we strive to strengthen the health and well-being of local communities and provide high-quality health care and preventive health services to our neighbors, friends and families.

To ensure that we use our resources responsibly—where they can help those most in need—we partner with other local organizations and agencies to help improve health and quality of life. We target our giving, services and educational programs to areas of greatest need, as identified in the Logan County Health Risk and Community Needs Assessment. Among these areas of focus: improving access to health care and preventing obesity and drug abuse.

### **Charity Care and Financial Assistance**

Mary Rutan Hospital is committed to providing the highest quality health care services to all members of the community. We provide these services consistently and compassionately, without regard to financial circumstances.

Mary Rutan Hospital assists patients and families who have limited financial means. Our care coordinators identify community resources that can help patients with low-cost or reduced fee medical care. And the hospital's financial counselors help patients work out payment terms and connect them with local, state and federal programs that can assist.

Charity care and financial assistance in 2014 totaled over \$1.5 million. This amount does not include the \$12.9 million in unpaid costs of Medicaid and Medicare, deficits created when Mary Rutan Hospital receives government payments that are less than the cost of care provided.

### **Access to Health Care**

To improve access to health care, Mary Rutan Hospital has recruited new providers over the past two years in Internal Medicine, OB/GYN, Orthopedics, ENT, Pediatrics and Neurology. All clinics are accepting new patients, and Mary Rutan Hospital's Internal Medicine and Pediatrics clinics have expanded hours and walk-in appointments.

Mary Rutan Hospital continues its support and partnership with the area's Federal Qualified Health Center, Community Health and Wellness Partners of Logan County (CHWPLC). We invested more than \$180,000 in financial and in-kind support during 2014. Through this partnership we work together to link individuals without primary care providers to CHWPLC or MRH Internal Medicine or Pediatrics clinics. To date, more than 700 individuals have been referred from the hospital's Emergency Department to one of these providers, helping them better manage their health and well-being.

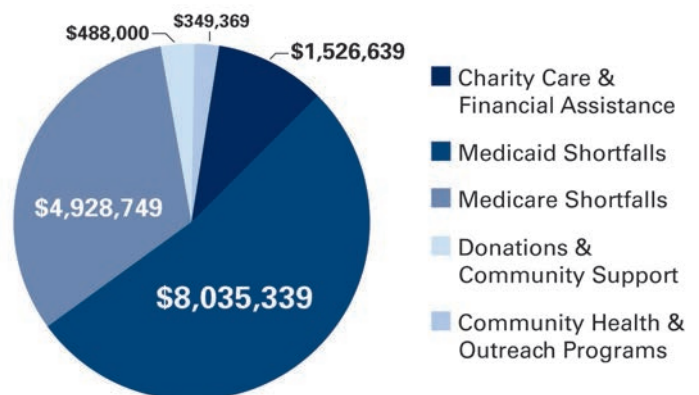
In addition, Mary Rutan Foundation continues to fund the Call-A-Nurse Program for Logan County residents, assisting over 1,500 individuals and families with illness- and health-related questions.

### **Targeting Drug Abuse**

Mary Rutan Hospital's senior leadership and staff are active partners and leaders in community efforts to address prescription drug and heroin abuse in Logan County. Over the past year, the Community Coalition for Opiate Relief Efforts (C.O.R.E.) was formed. This group, consisting of medical and social service professionals, pharmacists, law enforcement, judicial personnel and community members, is mounting a community-wide effort to reduce the problem.

And in a continued effort to reduce the amount of unwanted and unused medications in Logan County households, Mary Rutan Foundation partnered with area law enforcement to place its second medication drop box in the community, at the Russells Point Police Department, in the Indian Lake area.

## Over \$15.3 Million Community Investment





## COMMUNITY OUTREACH



We believe that our mission to strengthen the health and well-being of Logan and surrounding counties cannot be achieved solely through the care we provide in our facilities. That's why we partner with community organizations in programs such as these:

**Healthy Habits, Healthy YOU** brings together Mary Rutan Hospital and dozens of community partners to promote healthy living through good nutrition and physical activity. In 2014, Nancy Harmon, MRH community health nurse, led hundreds of programs and educational sessions in the community, and Mary Rutan Foundation awarded nearly \$50,000 in grants to community partners focused on obesity, nutrition, healthier food and beverage choices, physical activity and drug abuse prevention. These partnerships have enabled us to combine resources and strengths to positively impact more people than we could alone. Our partners include community leaders, who have helped build a greater sense of community and shared commitment to enhance the health of our community.

**Power Up 4 Fitness** is one of many programs focused on improving the health and wellness of youth in our community—and building a foundation for a lifetime of healthy living. In 2014, more than 800 Logan County fourth graders participated in fun, interactive activities that educate them on heart and lung health, nutrition and the importance of physical activity, thus laying the foundation for our youth to make healthy lifestyle choices now and for years to come.

**Community Health and Wellness Initiatives** reach beyond the hospital's walls to community members who may be unable to attend sessions at the hospital. These programs alleviate transportation and access barriers. In 2014, our health care team traveled to more than 100 locations—such as schools, senior housing, businesses, clubs, farmers markets, churches and senior centers—providing more than 66,000 touchpoints to Logan County residents. In these encounters we provided resources and encouraged healthier behaviors and lifestyle choices, addressing issues identified in the Logan County Health Risk and Community Needs Assessment. In many cases we provided free blood pressure, cholesterol and blood sugar screenings, as well as nutritional counseling.

**Education** helps prepare the next generation of health care professionals. To ensure that we have the quality workforce to care for you in the future, we are committed to the education of current and future caregivers. We partner with our local career center and area colleges to provide instructors, classroom space and practical training. In 2014, we assisted more than 90 students through training, medical scholarships and loans for a total investment exceeding \$177,000.

**Community Building and Support** are a core value of our organization. To improve the health and quality of life of our neighbors, we provide financial and in-kind contributions to area schools and nonprofit organizations that serve the community. In addition, we encourage our employees and leadership team to volunteer in the community and provide professional support to area agencies and organizations. These contributions added up to nearly \$488,000 in 2014.

*In 2014, Mary Rutan Hospital and Mary Rutan Foundation invested over \$15.3 million in community programs, services and donations. We're proud of our investment, but more important, the partnerships we've formed and the positive differences made for thousands of people in our community.*

*For more information about our health and wellness initiatives please contact the community relations department at (937) 599-7003 or visit our website, maryrutan.org.*



Grant Recipient	Award
Bellefontaine City Schools .....	\$ 1,000
Bellefontaine Police Department.....	\$10,000
Benjamin Logan Elementary .....	\$ 4,500
Catholic Social Services & .....	\$ 1,500
Green Hills Community	
Consolidated Care .....	\$ 9,500
Hilliiker YMCA .....	\$ 7,990
Family & Youth Initiatives.....	\$ 5,314
Logan County Farmers' Market .....	\$ 5,400
Recovery Zone .....	\$ 1,200
Union Station.....	\$ 3,000



## COMMUNITY EVENTS & CLASSES

### SUPPORT GROUP OFFERINGS

#### Brain Injury Support Group

- Fourth Monday of each month.....6:30 PM

Held in the North/South Conference room at Mary Rutan Hospital  
205 Palmer Avenue, Bellefontaine  
For information call 593-1236.

#### Celiac Disease Support Group

- Second Monday of each month.....6:30 PM

Held in the North/South Conference room at Mary Rutan Hospital  
205 Palmer Avenue, Bellefontaine  
For information call 651-6428.

#### Diabetic Support Group

- First Thursday of each month.....7:00 PM

Held at Crossroads Business Center  
21 Hunter Place, Bellefontaine  
For information call 651-6355.

#### Mended Hearts Support Group

- Fourth Thursday of each month.....6:00 PM

Held in the North/South Conference room at Mary Rutan Hospital  
205 Palmer Avenue, Bellefontaine  
For information call 935-1746.

Mary Rutan Hospital and several community partners join efforts to provide an excellent array of educational classes, support groups and events. Visit our website at [www.maryrutan.org](http://www.maryrutan.org) for a full list of offerings and specific event dates and times.

#### Look Good Feel Better Program

No Cost

Mary Rutan Hospital teams up with the American Cancer Society to offer this free program designed for women dealing with hair loss and skin changes from chemotherapy and radiation. You will learn specific techniques to help make the most of your appearance while undergoing treatment. You will also take home a makeup package valued at \$200.

Held at the Crawfis Imaging Center,  
120 Dowell Avenue, Bellefontaine.

May 19, July 21, September 15 or  
November 17 ..... 1:00 PM

To register call 800-227-2345.

#### Friends and Family CPR

No cost.

Learn the basic skills of CPR for adults, children and infants in your private setting. Topics include CPR, choking, and making the emergency call. This class is for anyone wanting to learn the skills of CPR but is not required to have a course completion card.

Call 599-7005 to schedule your small group session.

#### Childbirth Education

No cost.

Support for new mothers.

May 13 and 20 ..... 6:00 PM

June 20 ..... 9:00 AM

Held at Mary Rutan Hospital  
Call 592-9943 to register.

#### Solid Ground

No cost.

A Matter of Balance program, this professionally administered class is offered to anyone in the community with a fear of falling. Learn how to view falls as controllable, set realistic goals to increase activity levels, make changes to reduce fall risks at home and learn exercises to increase strength and improve balance. Call 599-7005 for class location and times.

### UPCOMING EVENTS

#### Bike Safety Rodeo

May 16 - 9AM to Noon

Bellefontaine Elementary School

Fun for the whole family.

#### Farmers' Market

Wednesdays, June to Sept. - 12 to 3PM

Mary Rutan Hospital under the canopy

Fresh produce from local vendors.

#### Blood Drive

June 24 - 7AM to 2PM

Mary Rutan Hospital

Walk-in or call 599-7021 to schedule.

#### Logan County Fair

Daily, July 13 - 18.

Logan County Fairgrounds

Education, screenings and activities.



# Richard H. ABRAHAM

## 2015 MERITORIOUS SERVICE AWARD

For over twenty years, Mary Rutan Foundation has recognized deserving individuals or organizations that place service to humanity ahead of personal gain or recognition by making substantial contributions to the community, health care and Mary Rutan Hospital. This year's recipient, Richard H. Abraham, exemplifies the definition of this award.

A second generation board member, Mr. Abraham's father also served on the hospital board for many years. As a child Mr. Abraham grew up living across the street from the Hospital and he and his father would frequently come over to visit patients, serve meals and even help out with the laundry.

A tireless advocate for Mary Rutan Hospital, Mr. Abraham served for over 30 years on numerous boards and committees of Mary Rutan Hospital. His service to Mary Rutan Hospital includes active participation including an accumulative total of 24 years of service on the Mary Rutan Health Association Board beginning in 1985, Logan View Board from 1991 through 2014, Mary Rutan Hospital Board from 1990 through 1996 and Mary Rutan Foundation Board from 1989 through 2014, where he served on the finance committee and as Chairman of the Foundation Board until May 2012.

Mr. Abraham's knowledge of the community, family background, experiences in real estate, business and banking made him an excellent board member. He was a true advocate for local health care and Mary Rutan Hospital. Mr. Abraham will always be remembered as a caring, compassionate individual who knew the true meaning of "community."



## GRATITUDE FOR VOLUNTEERS

### Mary Rutan Hospital Auxiliary Guild

It is with great appreciation we recognize nearly 100 volunteers who dedicate their time and service to Mary Rutan Hospital. Each day their friendly smiles greet and direct visitors. Their willing hands provide patient care. And their generous hearts raise support for annual contributions.

Volunteers graciously provide services within the hospital, at offsite locations and during special community events. If you'd like to become a volunteer **call 599-7005 for information.**

In 2014, Mary Rutan Hospital volunteers recorded more than 13,000 hours.

The following individuals reached an accumulative 2,500 or more hours this past year:

- Susan Corwin
- Celia Hooley
- Elise Lucas
- Barbara Rees
- Wilma Skelly
- Betty Hunt

Celebrated annually in April at an appreciation dinner, the Guild recognizes the commitment of those reaching milestone years of active service to the organization. This year we applauded several members including:

- Mary Lou Carr - 10 years
- Margie Dunlap - 10 years
- Janet Forster - 10 years
- Lynda Wilkerson - 10years
- Jean Fullerton - 15 years
- Marge Hine - 15 years
- Patricia Ortli - 15 years
- Barbara Lee - 20 years
- Helen Cook - 40 years





## WE'RE THANKFUL FOR YOUR SUPPORT

We have made every effort to recognize each of our valued donors. We apologize if we have omitted anyone.

If you would like to learn more about how you can contribute to our community through the Mary Rutan Foundation, visit our website at [www.maryrutan.org](http://www.maryrutan.org) or contact the **Foundation Office at (937) 599-7003.**



As a not-for-profit hospital, Mary Rutan relies on philanthropy to sustain core medical services. We are extremely grateful for the generous support of our donors and the countless ways they impact the delivery of health care in our community.

Every day their support provides new equipment, programs and services. And that translates into positive patient experiences and outcomes, as well as improved health and well-being for the families and communities that we serve.

### **CARDIOVASCULAR SERVICES**

Ohio State Eagles Charity Fund, Inc. – Bellefontaine Eagles #2166

#### ***In Memory of Charlotte Hall***

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Roger & Nada Brown  
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Marilyn Elliott

#### ***In Memory of Lou Zook***

Sheryl Morris

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Tom & Tammy Allison  
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Ron Carmin  
Rob & Amanda Goble  
Tammy & David Gump  
Nancy Harmon  
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Mental Health, Drug & Alcohol Services Board of Logan & Champaign Counties

Tom & Laura Miller  
The Bequest of Hazel G. Moore  
Riverside Volley for the Cure  
Jeff & Kim Sanford

#### ***In Memory of Dick Abraham***

Scott, Julie, Emily & Andrew Abraham  
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Joe & Kelly Steggeman  
Nate & Becky Weber  
Richard & Joyce Weeks  
Zimmerman Realty

#### ***In Memory of Joanna Dodge***

Sue Crawfis

#### ***In Memory of James E. Duff***

Sue Crawfis

#### ***In Memory of Janice Moore***

Vicki Rapp

#### ***In Memory of Kenneth "Jock" Yoder***

Sue Crawfis

### **CELEBRATE WOMEN/ GIRLS NIGHT OUT**

Citizens Federal Savings & Loan Association  
Dodds Wealth Advisors  
Kemba Financial Credit Union  
Liberty National Bank  
Logan Acres  
Michael Eller Jewelers, Inc.  
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### **EMPLOYEE ASSISTANCE FUND**

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Becky Nicholl  
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Lynn & John Reynolds  
Angie Rutan  
Anita Salyer  
Ellen Stevenson  
Winfred Stoltzfus, M.D.  
Pamela Taylor  
Dorothy Turner  
Trayce Wilcoxon  
Kelli Zimmerman



*In Memory of  
Charlotte Hall*  
Tammy & David Gump

*In Memory of  
Fred Penrod*  
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Jayne Shields  
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*In Memory of  
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Sue Crawfis

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Trayce Wilcoxon  
Kelli Zimmerman

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K. Edward Wagner*  
Tara Wagner

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*In Honor of Dedicated  
Mary Rutan Hospital Staff*  
Patrick & Deborah Ellis

*In Honor of Dr. Fulmer,  
Dr. Houser and Staff That  
Cared for Me*  
Melba L. Breidenbach

*In Memory of Beulah Davie*  
Dorothy & David Kelsey

*In Memory of  
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Kitty Robinson*  
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*In Memory of Lois Sickles*  
John & Laurie Littlejohn  
Stan & Deana Oakley

*In Memory of Kayo Wirick*  
Joyce & Steve McCullough  
Dennis & Marian Nolan

**IN-KIND DONATIONS**  
Dr. David Ryu

## Leaving a Legacy

### A LASTING EXPRESSION OF GRATITUDE

Legacy gifts, bequests from supporters' estates, are perhaps the most profound expressions of philanthropy and gratitude. They reflect people's thoughtful consideration of what happens to their earthly belongings when they are no longer here to use and enjoy them.

And there's usually a meaningful story of passion and purpose behind such gifts. Such is the case of Hazel G. Moore's legacy gift which recognizes the generosity of Hazel and her late husband, Dennis (Herb) Moore.

Mrs. Moore valued health and wellness. She prided herself on eating properly and living a healthy lifestyle. Mrs. Moore educated herself on wellness and shared her learning with family.

Through generous gifts to Mary Rutan Foundation and the Logan County Cancer Society, Mrs. Moore's passion for health and wellness will live on for the residents of Logan County. These gifts support health and wellness services today and will touch lives well into the future.

Hazel G. Moore



Mary Rutan Hospital  
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