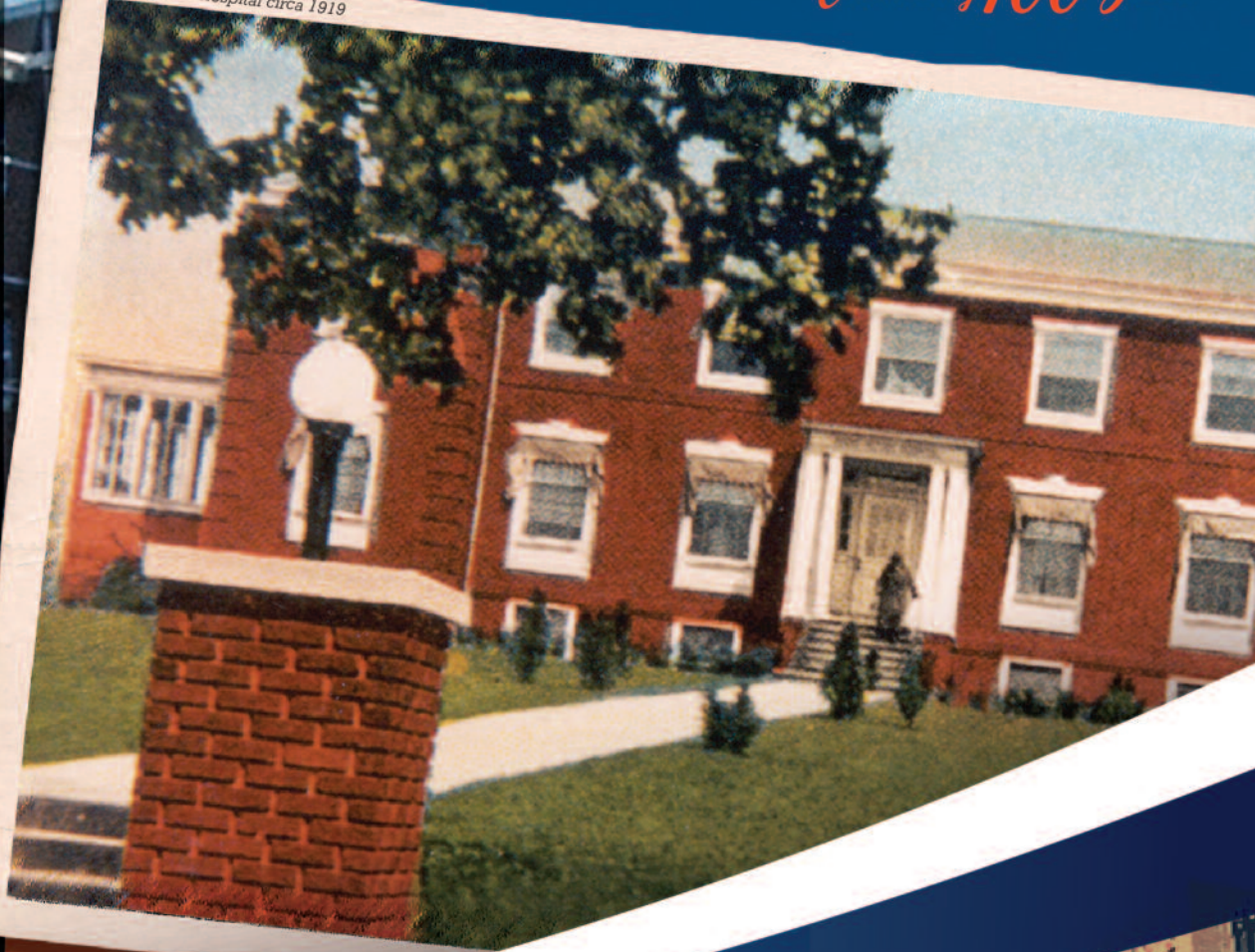


A Century of Caring

1919-2019

THIS IS **MARY RUTAN**
MY
HOSPITAL
Celebrating 100 Years

Mary Rutan Hospital circa 1919



Mary Rutan
HOSPITAL

2018
COMMUNITY REPORT

LETTER FROM OUR PRESIDENT

CELEBRATING 100 YEARS OF CARING FOR OUR COMMUNITY



Amanda C. Goble

President & CEO

Over the past 100 years, Mary Rutan Hospital has seen many changes – and 2018 was no different.

Most notable for 2018 is the Mary Rutan Health Center, which opened early in the year, providing our community's first full-service, seven-day-a-week urgent care center. The Health Center also is home to our region's most complete and advanced selection of therapy services, our state-of-the-art sports medicine facility, comprehensive occupational health services, and on-site laboratory, x-ray and pharmacy.

And already in 2019 – Mary Rutan's 100th anniversary year – we have opened our newest regional clinic, the Mary Rutan Hospital Indian Lake Clinic (see Page 12). Plus, we launched the innovative MRH Disease Management Clinic, which helps people manage chronic conditions, improve their health and quality of life, and reduce their use of health care services and the associated expenses (Page 12).

Among all the changes that Mary Rutan Hospital has seen since 1919 (read a review of MRH history beginning on Page 3), one constant remains. That is the enduring commitment of generations of our physicians, nurses, staff, volunteers and directors to the health care and wellness of our community.

My fellow MRH team members and I are humbled by the trust that generations of families have placed in Mary Rutan Hospital. While we have been honored to receive numerous awards from national health care organizations for the quality of the care we provide, we consider our community's trust to be our greatest mark of success.

We also cherish the collaborative partnerships we have established and maintained over the years with organizations that share our concern for the health of our community. These alliances have enabled us to better understand and provide for the needs of local residents.

Thanks to our dedicated physicians, staff, volunteers, Board of Directors, patients and community partners, we are positioned to begin our next century of caring stronger than ever – committed to remaining an independent, community-minded health care provider.

Amanda C. Goble





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Mary Rutan
HOSPITAL

**SENIOR
LEADERSHIP**

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PRESIDENT & CEO

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VICKIE CRUMLEY
VP HUMAN RESOURCES

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CHAD ROSS
VP OPERATIONS

GRANT VARIAN, MD
MEDICAL DIRECTOR

**OUR
MISSION AND VISION**



• **MISSION STATEMENT:**

To provide progressive quality health care with a personal touch.

• **VISION STATEMENT:**

Mary Rutan Hospital's team members are committed to providing progressive quality health care with a personal touch. Using our mission as a foundation, we strive to:

- Meet the health and wellness needs of our community through expansion, enhancement and innovation of services.
- Maintain a position of financial strength and efficiency, utilizing sound management practices with a focus on providing health care value.
- Maximize the patient experience by providing quality health care and excellent service.
- Promote a culture of teamwork, engagement, professionalism and respect.

A CENTURY OF CARING



Celebrating the History of Mary Rutan Hospital

2019 marks an incredible milestone for Mary Rutan Hospital – our 100-year anniversary!

We have a history to be proud of – as one of a select few Ohio health care providers to maintain our status as an independent, stand-alone community hospital. And after all

these years, Mary Rutan Hospital continues to provide our community access to a growing network of top-level health care facilities, services and specialists.

Mary Rutan Hospital opened in 1919 as a 25-bed, two-floor hospital, thanks to the generosity of Mrs. Rebecca R. Rutan Williams. Mrs. Williams, the only child of William and Mary Magruder Rutan, was a prominent Bellefontaine citizen and land owner.

She deeded an 880-acre Ridgeway area farm to the City of Bellefontaine – and proceeds from the sale of that farm were used to build the hospital.

Mrs. Williams' only request: that the hospital be named in memory of her mother, Mary Rutan.

Since then, Mary Rutan Hospital has completed numerous expansions, each time adding to the health care services offered to the community.

"We are fortunate that many individuals and organizations have followed Mrs. Williams' example, partnering with us to help expand the range of health care services that Mary Rutan Hospital provides," says President & CEO Mandy Goble. "Logan County is an exceptionally generous and caring community."

She adds, "The partnerships and collaborative efforts of many throughout the community have strengthened our organization and helped us gain a clear understanding of the health care and wellness needs of local residents – so that we can better provide for them."

Today, Mary Rutan Hospital is a leading not-for-profit health care organization that provides an integrated system of inpatient, outpatient and community services to meet the health and wellness needs of all members of the community.

The recent opening of the Mary Rutan Hospital Indian Lake Clinic brings our total off-site locations to 15 in our four-county region – Logan, Champaign, Hardin and Shelby. Mary Rutan Hospital team members deliver award-winning services that are recognized by patients and their families, as well as independent organizations that rank the hospital among the best.



**Mary Rutan
HOSPITAL**

OUR SERVICES HAVE GROWN OVER THE YEARS TO INCLUDE:

- Allergy
- Audiology and Hearing Aids
- Cardiopulmonary Rehabilitation
- Cardiovascular Services
- Care Coordination
- Corporate Health Services
- Coumadin Clinic
- Dermatology
- Disease Management
- Ear, Nose and Throat
- Emergency Department
- Family Birth Center
- Feeding, Swallowing and Voice Therapy
- Home Medical Equipment
- Internal Medicine
- Laboratory Services
- Neurology
- Nutritional Counseling
- Obstetrics and Gynecology
- Occupational Therapy
- Orthopedics and Sports Medicine
- Outpatient Services
- Pediatrics
- Physical Therapy
- Radiology/Imaging Center
- Respiratory Care
- Sleep Disorders Center
- Speech Therapy
- Sports Medicine
- Surgical Services
- Urgent Care
- Urology
- Weight Management



**PROUDLY SERVING
OUR COMMUNITY
FOR A CENTURY**



MARY RUTAN HOSPITAL HISTORY AT A GLANCE



MARY ANN MAGRUDER RUTAN

The wife of William Rutan, she is the namesake of Mary Rutan Hospital and Rutan Park. She was born in the early 1800s in Georgetown.

1915

DONATION ARRANGED

Rebecca Rutan Williams, donated monies in memory of her mother, to build a community hospital.

1917

SELECTION AND PURCHASE OF LAND

In June 1917, the trustees announced that land had been purchased for the new hospital on North Maddriver Street at the intersection of Palmer Avenue – two lots facing Maddriver Street and three lots facing Palmer Avenue, at a total cost of \$2,000.



1919

FIRST ANNUAL REPORT

The hospital's first annual report reported 549 admitted patients, 469 surgeries and 19 births. The most common occupations of patients included housewife, farmer, clerk, laborer, telephone operator, teacher, cigar maker and electrician.

THE HOSPITAL BEGINS OPERATION

The two-story, colonial-style hospital opened in March 1919, with 22 beds and 2 floors. The hospital's first three patients were admitted March 30. And the first baby was born at Mary Rutan Hospital on April 29, 1919, to Mr. and Mrs. Jesse Ehrhart of Bellefontaine. In honor of the occasion, they named their new daughter Mary Rutan Ehrhart.

1920

1930

THIRD FLOOR ADDED

A third floor was added to the hospital due to increasing maternity cases and a state requirement that all maternity care be segregated on one floor.

1936

OXYGEN TENT AVAILABLE

The "oxygenaire" oxygen tent was introduced at the hospital to help patients recover from respiratory diseases, at a cost of 50 cents an hour.



1944

FIRST SUPPLY OF PENICILLIN

Penicillin, one of the first forms of antibiotics, was first used at Mary Rutan Hospital, significantly aiding in the treatment of bacterial infections.



1948

HOSPITAL EXPANSION

A much-needed expansion was completed with the assistance of a \$93,386.66 federal grant – adding 36 beds and 13 bassinets.



VOLUNTEER GUILD FORMED

A meeting was held November 20, 1950, to explore the possibility of founding the Mary Rutan Hospital Guild, at the suggestion of Melvin Arnold, Mary Rutan Hospital Administrator. Wives of board members and other interested women formed a nucleus group.

Since then, the Guild has been an integral part of hospital operations, raising funds for needed equipment and providing volunteer services to help ensure that all patients and visitors are as comfortable as possible.

1950



1962

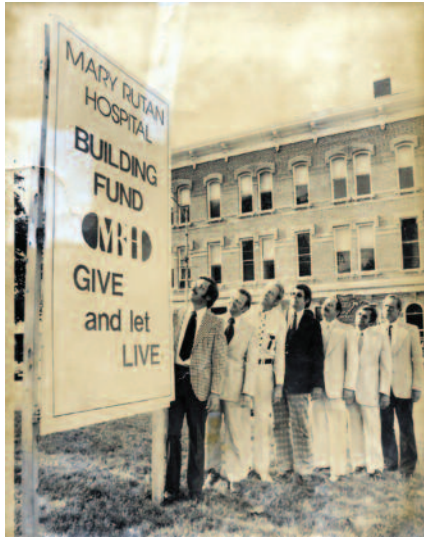
NEW WEST WING AND ENTRANCE

This expansion helped modernize the hospital and provide room for more beds and a gift shop for the Guild. The new entrance faced Palmer Avenue.



CARDIOLOGY SERVICES INTRODUCED

After passing away from heart failure, the daughter of a former physician left a sizable donation to the hospital for development of the cardiology department. The department was created primarily by Dr. Harry Graber, Mary Rutan's first cardiologist, followed by Dr. Evan Dixon. Both doctors also helped expand the hospital's nuclear and peripheral vascular programs.



1975



1978

ESTABLISHED AS A NOT-FOR-PROFIT CORPORATION

Mary Rutan Hospital became a not-for-profit corporation after being a municipal hospital since its origin. With this change, the hospital officially became Mary Rutan Hospital of Logan County, serving as the county's only total acute health care facility.



1979

ADDITION OF OBSTETRICS WING

The community helped financially support this \$6.5 million endeavor, which expanded the hospital to 113 beds. The addition was dedicated to those who had given so much of their time and service to Mary Rutan Hospital.



SECOND PHASE OF CORPORATE RESTRUCTURING

The hospital implemented a second phase of corporate restructuring, forming the Mary Rutan Health Association, a holding corporation for Mary Rutan Hospital, the Mary Rutan Foundation and Logan View LLC.

1984

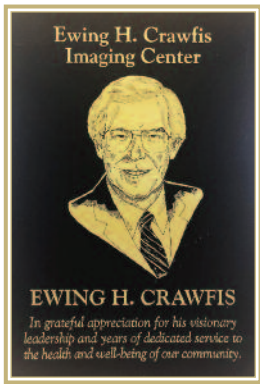




1993

MAJOR EXPANSION AND RENOVATION

Mary Rutan Hospital kicked off a capital funds campaign, Operation Next Step, a \$12.5 million building program to set the stage for the 21st century. The campaign funded 56,800 square feet in new construction for specialty care services and major renovations of 22,000 square feet of existing space.



IMAGING CENTER

Named in honor of past hospital president Ewing H. Crawfis, who led the hospital for more than 25 years, the 11,000-square foot Ewing H. Crawfis Imaging Center was built for services such as mammography, bone densitometry, open MRI, ultrasound, diagnostic X-ray and pre-admissions testing.

2001



2002

PHYSICAL THERAPY CENTER

The need for an off-site outpatient therapy facility became clear when the hospital had more than 40,000 therapy visits in 2001. So, in 2002, with the help of \$500,000 in federal funding, Mary Rutan Hospital built a new physical therapy center to support physical, occupational, speech and audiology therapies.

EMERGENCY DEPARTMENT EXPANSION

Emergency room visits increased from 15,000 to 22,000, from 1996-2006, stretching the Mary Rutan Hospital Emergency Department beyond capacity. In June 2006, a community campaign was kicked off to raise funds to expand the Emergency Department. The new Emergency Department opened in 2007, with five times the space of the original department.

2007





"A" HOSPITAL SAFETY SCORE

Mary Rutan Hospital receives the first of many "A" hospital safety scores. This "A" rating went to only a select few U.S. hospitals that excel in patient safety. At the time of this award, we were the only hospital in our six-county region to do so.



2013

2014

EXPANSION OF SERVICES OUTSIDE LOGAN COUNTY

Mary Rutan Hospital recognized the need for specialized health care close to home for Champaign County residents. In 2014, the Mary Rutan Hospital Urbana Clinic was opened, offering a variety of specialty care providers at the new location.

2016

NATIONAL RECOGNITION

Mary Rutan Hospital earned national recognition as one of the Top 100 Rural & Community hospitals in the United States. One of only seven Ohio hospitals to receive this distinction.



2018

HEALTH CENTER

The new Mary Rutan Health Center provides the area's first full-service urgent care. The Health Center also is home to Corporate Health Services, Mary Rutan Hospital Therapy and Sports Medicine, and Sports Enhancement Training, which includes a therapy pool, advanced training equipment, and turf and court-simulated training space.



MARY RUTAN HOSPITAL CELEBRATES 100 YEARS

2019



100 YEAR CELEBRATION

1919-2019



SPECIAL DELIVERY

A Surrogate Mother Took Friendship to the Next Level by Delivering Twins at Mary Rutan Hospital

This spring, two special five-year-olds are registering for kindergarten at Benjamin Logan Elementary School. Here's the story of how they came to be. And how friendship conquered heartache, bringing new life and a strong bond between two families. And how Mary Rutan Hospital is honored to have had a role.

Chris and Kristy Daniels of Bellefontaine had two children – son, Carter and daughter, Georgia. But they felt their family was not yet complete.

Repeated miscarriages left them wracked with disappointment. Emotionally spent, they began exploring alternative options. This included surrogate pregnancy – having a surrogate mother carry their baby.

In February 2013, the Daniels' story took an unexpected turn when Kristy's friend Colleen Bodin casually mentioned: "I'm thinking about becoming a surrogate."

"This came from out of the blue," Kristy remembers. Kristy hadn't talked with Colleen much about the couple's private desperation. And Colleen hadn't previously shared her plans with Kristy. Colleen first considered serving as a surrogate after the birth of her and husband John's third child, Brooks, now 7.

After talking with John, she approached her OB/GYN, Jay Meyer, M.D., about the possibility.

The Start of Something Special

Kristy and Colleen had become fast friends not long after Kristy and Chris, who own Briarwood Sporting Club, moved to Bellefontaine in 2008. They got to know one another while their kids (Colleen's Winnie and Lottie and Kristy's Carter and Georgia) took swim lessons at the Hilliker YMCA and participated in gymnastics.

Their friendship grew as they began co-teaching Zumba at the Y. Colleen, a high school guidance counselor at Indian Lake Schools at the time and now principal at Benjamin Logan Elementary School, and John, an attorney with Thompson, Dunlap and Heydinger, joined Briarwood.

After Colleen's revelation, their relationship began developing on a deeper level. They started exploring the possibility of Colleen serving as the Daniels' surrogate.

Chris was initially wary of the idea of surrogacy – primarily with the thought of entering an agreement with someone they might meet for the first time through an agency.

"No way would I allow someone I don't know and trust to deliver my baby," she recalls him saying. But the wariness subsided when they began putting a familiar and trusted face to their deliberations for and against surrogacy.

Besides being a good friend, Colleen was "the perfect candidate," Kristy said. "She exercises, she takes great care of herself. She was on the treadmill three miles a day right up to all of her deliveries."

And Kristy's OB/GYN gave her a vote of confidence as being a good candidate for in vitro fertilization and surrogacy.

Colleen was in it from the start. She says, "It was difficult to see Kristy and Chris go through this. They're such a great couple and fantastic parents." She adds, "It just feels this was very much what was meant to be. We're so close, and our kids are so close. This just seemed so easy and natural."

When they decided to move forward with the plan, the two couples worked as a team. Kristy said that she and Colleen "went totally medical," attending to all the health-related issues. With John's legal expertise, their husbands took care of the business side of the arrangement, going "totally legal."

When they consulted with a lawyer to make the arrangements, Colleen recalls, "The attorney said this was the easiest thing ever, that we had it all figured out."

Shared Expectations

Two of Kristy's eggs, which had been fertilized through in vitro fertilization (IVF), were implanted in Colleen. As a gestational surrogate, Colleen would have no genetic ties to any baby resulting from the pregnancy. The baby - or - babies would carry Chris and Kristy's genes.



Kristy Daniels, left, with her twins, daughter Chandler and son Chase, and friend Colleen Bodin, who took their friendship to the next level. Colleen carried and delivered the twins five years ago at Mary Rutan Hospital and will be their principal when they enter school in August at Benjamin Logan Elementary.

Dr. Meyer had also delivered the Bodins' two other children at Mary Rutan Hospital – Winifred (Winnie), now 11, and Charlotte (Lottie), now 9.

She explains why she was interested in becoming a surrogate: "I loved being pregnant, and I never had problems. I carried full-term."

In addition, Colleen had a relative who was having difficulty getting pregnant. Watching others struggle with pregnancy, when carrying a baby was relatively easy for her, convinced Colleen to apply with a surrogacy agency.

Kristy mentioned Colleen's intentions to her mother, who said, "God is telling you to ask her (to serve as her surrogate). There are not many people you could trust to do this. You just have to ask her to do this for you."

At the same time, Kristy was also implanted with two of her own fertilized eggs. To help promote pregnancy, Kristy and Colleen each gave the other shots of progesterone. They continued to exercise together at the local Y and pray together that one, some, or all of the implanted eggs would result in growing the Daniels' family.

One morning while at the dentist office Kristy got a disappointing phone call, that she was not pregnant. However, her dismay was followed by excitement when Colleen called with news that she was pregnant. The excitement doubled later when they all learned Colleen was carrying twins! This pregnancy was a shared experience for many. "Our friends, our families were all very supportive," Kristy said.

Throughout the pregnancy, Kristy brought food to the Bodins and provided Colleen maternity clothing – and ice cream. Colleen's own children enjoyed feeling the babies kick and even read to them as they grew in utero.

The Delivery

Because of Colleen's favorable experiences delivering her three children at Mary Rutan Hospital, Kristy supported her desire to have the twins delivered there, too.

Colleen said, "Dr. Meyer is a hero. He and the nurses at Mary Rutan Hospital made this all go so well."

And that included how he helped her and the twins survive a scare 20 weeks into the pregnancy. Colleen's son, Brooks, then 2 years old, jumped off the back of a couch and took an accidental spill onto Colleen's abdomen. The impact hurt, and Colleen began bleeding.

Dr. Meyer met them at the MRH Emergency Department, where she was diagnosed with placental abruption, a partial separation of the placenta from the uterine lining. Dr. Meyer prescribed bed rest and kept a close watch on Colleen and the babies through the rest of her pregnancy.

Dr. Meyer maintained his hero status right through the delivery, at a little more than 36 weeks into



Colleen's pregnancy, on May 19, 2014.

Prior to the delivery, Colleen shared her concerns with Dr. Meyer: "I wouldn't be coming home with babies, but I already had three kids at home. I didn't want a C-section. I think he heard me – he understood my greatest fear."

Yet, one of the twins was positioned breach, complicating the delivery. Dr. Meyer, however, was able to reposition the baby for a normal delivery.

Kristy and Chris's new daughter, Chandler, was the first to arrive. Their son, Chase, true to his name, followed.

But his breathing concerned the delivery team. Arrangements were made to take him to Nationwide Children's Hospital. His condition quickly improved, though, and he stayed at Mary Rutan, until he and Chandler went home with Kristy and Chris.

Chris's mother, from Tampa, Florida, was there to witness the joyous occasion and said of the experience at Mary Rutan: "This is the best, most attentive staff."

And There's More...

"When the twins were six months old and crawling around," says Kristy, she and Chris had a surprise announcement to make: She was pregnant. On September 24, 2015, Gracyn was born, bringing the total of Daniels children to five.

"We really wanted one more child and ended up with three. God definitely has a sense of humor. It's almost like having triplets, they're so close," Kristy jokes.

Next fall the twins start kindergarten at Benjamin Logan Elementary, where Colleen is principal.

"I'm just so tickled they'll be in your school," Kristy tells Colleen. And Colleen is happy to be helping them grow once again.

Dr. Meyer has grandchildren who attend Benjamin Logan Elementary. Colleen says, "He still gets a Christmas card every year from our family. We just think the world of him. He's one amazing doctor." ■

After the special delivery of Chris and Kristy Daniels' twins, Chandler and Chase, Kristy watches over her newborns as they're cared for by Mary Rutan Hospital nurses Karen Aldo and Sally Harshbarger.



**Mary Rutan Hospital
FAMILY BIRTH CENTER**



Mary Rutan Hospital Auxiliary Guild

THE GIFT OF A SMILE

Others recognized for their volunteer service to the organization in 2018 include:

STAR AWARD

Outstanding first-year member
Lynda Arehart

50 CLUB

Members who served at least 50 hours in one month
Marlene Ashbaugh
Susan Corwin
Sherri Engle
Mary Yoder

ENDURING AWARD

Members who have worked an average of 5 hours per week
Marlene Ashbaugh
Susan Corwin
Sherri Engle
Susan Holycross
Barbara Kerrigan
Elsie Lucas
Mary Yoder

YEARS OF SERVICE

55 Years
Nina McPherson
50 Years
Judy Verbsky
20 Years
Katie Amidon
Martha Bayliss
15 Years
Mike Kreglow
Connie Regula
Janet VanHoose
5 Years
Wilma Ferguson
Betty Hennessy
Susie Holycross
Thomas Mangette
Beverly Shroyer
Christina Watkins
Maureen Yoder

For more information on becoming a **Mary Rutan Hospital volunteer**, stop by the information desk in the main lobby of the hospital, or call volunteer coordinator, Christie Barns, at **(937) 599-7005**.

In 1964, Nina McPherson was eager to join the workforce. However, this notion was unfavorable with her husband, so she chose to volunteer and became a member of the Mary Rutan Hospital Auxiliary Guild. In her early days, Nina was the Greeting Card Chairperson and responsible for making weights, by hand, for physical therapy patients. Today, Nina is an integral part of the Patient Care Service area and is responsible for reviewing required documents and talking with all new patients admitted to the hospital.

Taking time with patients is what Nina enjoys most. Regardless the length of visit, Nina is never in a hurry to cut her time short, if a patient is eager to talk. She told a story of an older woman who had all but given up. As with all patients, Nina listened and offered words of encouragement. Frequently she will offer a prayer if the patient asks. The next day, the patient's daughter stopped Nina to thank her. The daughter stated, "I don't know what you said to my mother, but her whole attitude toward her health and life is so much better. It's because of you." Nina claims she has no idea what she may have said but commented, "Whatever I said, I was glad I could help. Maybe God intervened." Nina carries a prayer card in the pocket of her volunteer smock. It is a prayer for being a good listener. Whenever she enters a patient room, she hopes that is a gift she is able to offer.

Enjoying the responses, Nina frequently asks patients, "What's the most important thing in life?"

"To smile," a 94-year old patient exclaimed, one day. The gentleman assured Nina that this simple gesture can brighten a person's day. Since then, Nina has taken that advice to heart. No matter the situation, you will always see her wearing a beautiful smile as she goes about her work at the hospital.



During her years of service, Nina has seen a lot of changes throughout Mary Rutan Hospital. She credits many positive strategies to Mr. Ewing Crawfis, past president/CEO of Mary Rutan Hospital. "At the time, he turned the organization around." Another worthy praise was for Jim Schwind, director of the Care Coordination Department, who Nina honors with being a great mentor and someone who is always encouraging.

Nina summarized her motivation to volunteer with, "The work is very rewarding and interesting. The people of Logan County are such great people and often remark how friendly the hospital is. I really enjoy working here or I wouldn't have done it for 55 years!"

Today, the Guild roster has 95 members who provide daily assistance in nine different service areas throughout three different buildings. In 2018, these members provided 9,200 hours of volunteer time to the organization. Of these hours, 608 were from 20 new volunteers.

In addition to services, the Guild's purpose is to make charitable contributions to Mary Rutan Hospital as needs arise. To date, the Guild has donated over \$1,080,000. Its most recent gift was a \$75,000 commitment to the Mary Rutan Health Center capital campaign.

HOURS OF SERVICE

7000 Hours
Judy Verbsky, 7074
4000 Hours
Susan Corwin, 4265
Elsie Lucas, 4163
3000 Hours
Barbara Kerrigan, 3202
Barbara Lee, 3006
2500 Hours
Sherrie Engle, 2815
2000 Hours
Nancy Wilkinson, 2048
1500 Hours
Robert Notestine, 1517
Mike Peak, 1545
Connie Regula, 1566
Jan VanHoose, 1533
1000 Hours
Marlene Ashbaugh, 1198
Susan Holycross, 1036
Mary Yoder, 1096
800 Hours
Beverly Shroyer, 856
700 Hours
Sandy Aler, 729
Karen Swisher, 700
Maureen Yoder, 713
600 Hours
Marjorie Bixler, 665
Wilma Ferguson, 679
400 Hours
Sharon Brown, 426
Betty Hennessy, 423
Linda Hicks, 450
300 Hours
Susan Berry, 310
Peggy King, 338
Karen Kitt, 350
Ellen Stevenson, 342
200 Hours
Kim Arthur, 254
Marie Downing, 204
Lana Fulkerson, 224
Krista Harman, 255
Nikki Smith, 276
100 Hours
Lynda Arehart, 113
Joan Downing, 110
Clara Hughes, 107
Thomas Mangette, 195
Nadine Tussing, 139

MRH Opens Disease Management Clinic

People with chronic health conditions such as diabetes, COPD (chronic obstructive pulmonary disease), heart disease and obesity typically require more health care services than the general population. This includes physician office visits, hospital care and prescription drugs. We know the costs can add up.

Because the number of people battling chronic conditions in our community is increasing, and health care costs continue to rise, Mary Rutan Hospital recently opened the Mary Rutan Hospital Disease Management Clinic, located on the first floor of the hospital.

The clinic helps people manage chronic conditions, improve their health and quality of life, and reduce their use of health care services and the associated expenses.

The new clinic uses a multidisciplinary team of providers – physicians, nurses, pharmacists, dietitians and respiratory therapists. They help patients manage their conditions and adopt healthy lifestyle practices. Our mission is to encourage healthy behaviors.

“We know that living with a chronic disease can be difficult and that making healthy

lifestyle changes may be even more so,” said Christina Myers, PharmD, BCPS, Mary Rutan Hospital pharmacy director. “But we’re here to provide personal encouragement and professional support.”

Mary Rutan Hospital Disease Management currently consists of six service areas designed to help patients live with specific chronic conditions and reduce the risk of avoidable complications, emergency room visits and hospitalization.

These six service areas include COPD Management, Lipid Management, Coumadin Clinic, Diabetes Management, Weight Management and Nutrition Therapy. Mary Rutan Hospital Disease Management targets each patient’s most critical chronic disease and coordinates care for their condition.



Mary Rutan Hospital DISEASE MANAGEMENT

If you know someone you believe could benefit from these services, please have them talk with their primary care provider or contact **Mary Rutan Hospital Disease Management** directly at **(937) 651-6518**.

Newest Regional Clinic Opens at Indian Lake

Our newest regional clinic opened April 3, 2019. The Mary Rutan Hospital Indian Lake Clinic offers specialty health care services that include pediatrics, obstetrics and gynecology, general surgery, and laboratory services. The newly remodeled clinic space is located on the second floor of the Aries Wellness Center, 8200 St. Rt. 366, Russells Point.

“The Indian Lake Clinic marks an exciting time of growth for health care in the region and our commitment to providing great care across the communities we serve,” says Chad Ross, Mary Rutan Hospital Vice President of Operations.

“The clinic represents a convenient access point for patients and their families who are seeking specialty health care services. The current service areas were determined based on community needs. Additional specialty care providers will be considered for the future.”

Dr. Janet Zurovchak (Gynecology), Dr. Michael Cray (General Surgery) and Dr. Janet Dunn (Pediatrics) were handpicked to staff the clinic, because of their clinical expertise and passion for delivering high quality, compassionate health care to the community.



Mary Rutan Hospital Indian Lake Clinic is open Monday-Friday, 7:30 a.m. to 4:30 p.m. For an appointment, call **(937) 292-5063**.



Mary Rutan Hospital INDIAN LAKE CLINIC

COMMUNITY BENEFITS REPORT

A story of community...

The story of Mary Rutan Hospital is one of community. Engrained in Logan County for 100 years, its leadership, physicians, staff and board of directors are committed to the health, safety and well-being of all who reside in Logan County and surrounding communities.



What began in 1919 as a two-story building, accommodating 22 patients, has grown into a health system now encompassing 15 locations, over 1,000 employees, physicians and volunteers, providing primary, specialty, urgent and emergent services tailored to the areas of risk and need identified in the community. Mary Rutan Hospital's growth is intentional, focused and driven by the voice and needs of the community, obtained and monitored through collaborative efforts with area partners and the facilitation of the Community Needs Assessment and Health Improvement Plan for Logan County.

During 2018, the community's third Needs Assessment was administered. Information was obtained through a survey mailed to 50% of households in Logan County and through focus groups, key informant interviews and secondary data obtained to support and validate findings. The survey was led and funded by Mary Rutan Hospital, Mary Rutan Foundation, United Way of Logan County, Community Health and Wellness Partners, Mental Health Drug and Alcohol Services Board of Logan and Champaign Counties and the Logan County Health District. In July, a diverse group of 80 individuals, representing health and human service agencies, law enforcement, industry, churches, schools and concerned Logan County residents, participated in a Community Call to Action. This group reviewed the findings of the assessment, selected priority areas, began to plan strategies to address the identified priorities and assigned the priorities to one of the area coalitions for ongoing action and monitoring.

The priority areas identified include:

- Obesity and Overweight
- Substance Abuse
- Mental Health
- Maltreatment of Children
- Awareness/Access to Resources
- Housing and Homelessness
- Workforce Development/Readiness

Overweight and obesity levels of Logan County residents are above state and national levels. To address these alarming statistics, Mary Rutan Hospital and Mary Rutan Foundation have implemented numerous programs and services to create a healthier Logan County. A robust chronic disease management clinic and a medically monitored weight management program were implemented. In addition, targeted community outreach programs and services were developed and administered for free or a minimal fee.

Creating A Healthy Me is one of the targeted

I continue to benefit from what I learned in the Creating A Healthy Me session. Each week I took away at least one piece of information that helped me as I began my journey to a healthier lifestyle, which eventually included a 55-pound weight loss. The information was basic, interesting and easily applicable to daily living. The speakers were professional, prepared and willingly addressed the concerns of participants during class. The program helped me be more mindful of what I was eating and how it could be easier to put effort into positive food and lifestyle choices that result in improved and continued wellness, than to live with the consequences that eventually accompany negative ones. I knew my excess weight and sedentary lifestyle were two huge strikes against me, especially as a breast cancer survivor, and the classes helped me with the goal I have of remaining in the game for years to come.

– Miriam Baier





I was diagnosed with a neurological condition two years ago and needed help to get out of bed. My therapists, Jess and Erica, are very helpful and sincere and want to help me get better. I was only working two hours a day. Now I can work six to seven hours and not get tired. The class is fun and affordable.

– Carl Good

The team challenges us to do better with mobility and have a good time. When I was diagnosed, I was almost in a wheelchair and couldn't play my guitar. Now I can keep my balance, and my dexterity has improved so I can still play my guitar.

– Jason LeVan

programs. This 8-week program is a journey to a healthier lifestyle, guided by registered dietitians, an exercise physiologist and licensed social workers. The program includes complimentary health screenings, weekly education, resources and tools to equip participants for success. Numerous community members have participated and seen success.

Another community program, **Delay the Disease™**, began in 2018. Led by members of the MRH Therapy Team, the program assists individuals with Parkinson's disease and other degenerative neurological conditions. This evidenced-based fitness program is designed to empower those living with these conditions by optimizing their daily physical function and helping to delay the progression of symptoms.

This program is designed to retrain the mind and body. After the 12-week session, participants reported improvement in quality of life, regaining ability to successfully manage aspects of their disease, and extending their independence.

Mary Rutan Foundation awarded nine area agencies and schools grants totaling nearly \$50,000 in 2018. This year marks the fifth year that Mary Rutan Foundation has administered its **Community Health & Wellness Grant Program**.

Since its inception, nearly \$234,000 has been invested in community health and wellness initiatives through grants awarded to 48 recipients. Several of these programs continue to thrive in our community, sustained through new partnerships and funding sources.

During the 2018 grant cycle, Benjamin Logan School District was awarded \$10,000 for the Growing Gardens, Growing Minds – Towards a Healthy Future Project.

Although food education is not mandatory in schools nationwide, through this funding, **Benjamin Logan School District** is leading the way

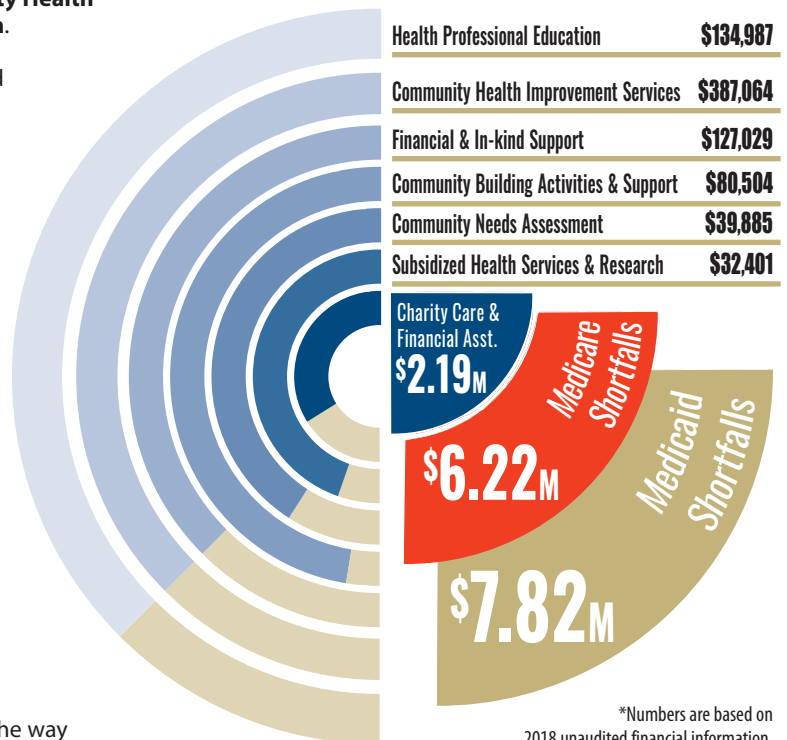
through a pilot program in Logan County to implement many food-related education activities in grades K-12, including nutrition lessons and projects where students of all ages grow, touch, cook, taste and sell food.

Outcomes and objectives will be monitored over a multi-year period through a survey administered during third, sixth, ninth and twelfth grade, focused on eating habits, knowledge of nutrition and attitudes toward a healthy diet.

These are just a few of the stories of Mary Rutan Hospital's contributions to the community. In 2018, Mary Rutan Hospital and Mary Rutan Foundation invested more than \$17 million toward improving the health of our community through health education, prevention programs, screenings and financial assistance for area residents with limited resources for health care.

MARY RUTAN HOSPITAL'S 2018 INVESTMENT IN COMMUNITY BENEFITS*

\$17+ MILLION



*Numbers are based on 2018 unaudited financial information.



Visit the Mary Rutan Hospital website, maryrutan.org, or call the Community Relations Department at (937) 599-7003 for copies of the Logan County Community Needs Assessment, Community & MRH Health Improvement Plan or contact one of our financial counselors at (937) 651-6446 for MRH financial assistance policies and applications.

COMMUNITY EVENTS 2019



CLASSES

SOLID GROUND CLASSES – FREE

4-week fall prevention program. Classes can be scheduled for private groups at your location or ours. Call (937) 599-7005 to schedule.

CREATING A HEALTHY ME

Trying to stick to a special diet or fitness regime can be tough. Consider learning how to make healthier lifestyle choices to accomplish your goals by participating in the Creating A Healthy Me class, instructed by licensed professionals.

8-week program

Mondays beginning September 9.

Classes held at 1 p.m. or 5:30 p.m.

Mary Rutan Health Center
1134 N. Main Street, Bellefontaine

\$25 program fee includes health screening, weekly give-a-ways, class instruction and chance to win a FitBit.

Call (937) 599-7005 to register.

DELAY THE DISEASE™

Mary Rutan Hospital Therapy & Sports Medicine offers a specialized group exercise program for people with degenerative neurological conditions, such as Parkinson's disease. This national wellness program is led by physical and occupational therapists.

12-week program

Wednesdays 11 a.m. to Noon.

Mary Rutan Hospital Health Center
1134 N. Main Street, Bellefontaine

\$75 program fee includes a pre-screening and post-screening.

Call (937) 593-0822 to register.

FRIENDS AND FAMILY CPR – FREE

Learn the basic skills of CPR for adults, children and infants in your private setting. Topics include CPR, choking, and making the emergency call. This class is for anyone who wants to learn the skills of CPR but is not required to have a course completion card.

Call (937) 599-7005 to schedule your small group session.

BASIC LIFE SUPPORT PROVIDER CLASS

This class includes instruction, AHA student workbook and course completion card.

Mary Rutan Hospital Business Center
21 Hunter Place, Bellefontaine

\$40 program fee

Call (937) 599-7013 for course dates and to register.

EVERY DAY IS A GOOD DAY – FREE

The Logan County Cancer Society offers a program designed for women dealing

with hair loss and skin changes from chemotherapy and radiation. Participants will learn specific techniques to help make the most of their appearance while undergoing treatment. They will also take home a makeup package valued at \$200.

Mary Rutan Hospital
Crawfis Imaging Center
120 Dowell Avenue, Bellefontaine
Call (937) 935-1153 to schedule an appointment.

CHILDBIRTH EDUCATION – FREE

Support for new mothers.

Monthly classes

Mary Rutan Hospital Family Birth Center
205 E. Palmer Rd., Bellefontaine

Call (937) 592-9943 for specific class dates and times.

WEIGHT MANAGEMENT PROGRAM – FREE INFORMATIONAL SESSION

The burdens of being overweight are tremendous. Like other diseases, treating weight-related problems needs to be safe, effective and on-going – a true lifestyle change. The clinical team provides the tools needed to replace old habits with new, healthier ones.

1st Thursday, each month

Mary Rutan Hospital Café
Conference Room
205 E. Palmer Rd., Bellefontaine

Call (937) 599-7044 to learn more.

Registration not required.

EVENTS

WEEKLY FARMERS' MARKET

June through September, locally grown produce is available under the canopy.

Wednesdays from Noon to 3 p.m.

Mary Rutan Hospital
205 E. Palmer Rd., Bellefontaine

DIABETES SELF MANAGEMENT WELLNESS EVENT – FREE

Thursday, September 3 from 6 to 8 p.m.

Mary Rutan Hospital Crossroads
Business Center

21 Hunter Place, Bellefontaine
Call (937) 593-1236 for more information.

MEDICATION TAKE BACK

Keep our community safe and free of unused medication. Always dispose of unused or expired medications at a permanent drop box location or attend a Take Back event held annually in the spring and fall at Mary Rutan Hospital under the canopy.

Call (937) 599-7005 for event dates.

PERMANENT MEDICATION DROP BOXES IN LOGAN AND CHAMPAIGN COUNTY:

- **Mary Rutan Hospital**
Located in the hallway near the Emergency Department
24/7/365
- **Logan County Sheriff's Office**
284 Co. Rd. 32 S., Bellefontaine
24/7/365
- **Russells Point Police Department**
433 Orchard Island Rd.
9 a.m. to 4:30 p.m., Monday, Tuesday, Thursday & Friday
- **Champaign County Sheriff's Office**
300 Miami Street, Urbana
8 a.m. to 4 p.m.
- **Saint Paris Police Department**
357 W. Main Street, St. Paris
8 a.m. to 4 p.m.
- **Mechanicsburg Police Department**
18 N. Main Street, Mechanicsburg
8 a.m. to 4 p.m.

SUPPORT GROUPS

ALZHEIMER'S SUPPORT GROUP

Coming later in 2019.
Fostering a special need in our community, this group will accommodate interactive participation and support with caregivers on-site or through a web portal in the comfort of participant's homes.

CELIAC DISEASE SUPPORT GROUP

2nd Monday each month at 6:30 p.m.
Mary Rutan Hospital Crossroads Business Center
21 Hunter Place, Bellefontaine
Call (937) 651-6428 for more information.

DIABETES SELF-MANAGEMENT SUPPORT GROUP

1st Thursday each month, September through May at 7 p.m.
Mary Rutan Hospital Crossroads Business Center
21 Hunter Place, Bellefontaine
Call (937) 651-6355 for more information.

LOGAN COUNTY BRAIN INJURY SUPPORT GROUP

4th Monday each month at 6:30 p.m.
Mary Rutan Hospital Café Conference Room
205 E. Palmer Rd., Bellefontaine
Call (937) 593-1236 for more information

MENDED HEARTS SUPPORT GROUP

2nd Thursday each month, September through May at 6 p.m.
Mary Rutan Hospital Café Conference Room
205 E. Palmer Rd., Bellefontaine
Call (937) 935-1747 for more information.

COMMUNITY ASSISTANCE PROGRAMS

MEDICATION ASSISTANCE

One-time emergency assistance, as well as complimentary services coordinated through the MRH pharmacy team to link patients and community members to drug companies' medication assistance programs.

Call Mary Rutan Hospital Care Coordination at (937) 599-7022 (for one-time assistance).
Call Mary Rutan Hospital Retail Pharmacy at (937) 651-6796

PEDIATRIC BEHAVIORAL MEDICATION ASSISTANCE

To assist pediatric patients with the expense of needed behavioral medications. In some cases for transportation cost to required behavioral health pediatric visits outside of Logan County.

Call Mary Rutan Hospital Care Coordination at (937) 599-7022

JON WEEKS MEDICAL ASSISTANCE FUND

To assist individuals or families experiencing a major medical condition that involves treatment by a specialist not available in Logan County, and requires travel and/or extended stays at specific medical centers or institutions. Assistance is available for lodging, travel, meals and parking.

Call Mary Rutan Hospital Care Coordination at (937) 599-7022

MEDICAL / EMS / STNA SCHOLARSHIPS & LOANS

Since 1992, Mary Rutan Foundation has awarded over \$1.7 million in scholarships and loans to residents of Logan County pursuing a degree in the medical field.

Call Mary Rutan Foundation at (937) 599-7003

LOGAN COUNTY CANCER SOCIETY

The LCCS assists Logan County residents with a cancer diagnosis or cancer-related illness with related expenses:

- Medications up to \$300/month
- Supplies up to \$200/month
- Purchase of wigs up to \$300 maximum
- Travel expenses up to \$750/month
- Emergency funds to help with food, utilities, cleaning and special clothing needs for persons meeting certain criteria.

In some situations, assistance is available for screenings. However, physician expenses are not included.

Call Mary Rutan Hospital Care Coordination at (937) 599-7022



MARY RUTAN FOUNDATION DONORS & SUPPORTERS

WITH SINCERE APPRECIATION

Mary Rutan Foundation gratefully acknowledges the following individuals and organizations that made generous gifts in 2018. The generosity of our donors allows us to ensure that our families, friends and neighbors have access to high quality health care services close to home.

CARDIOVASCULAR SERVICES

In Memory of Dick Detrick
Sheryl Morris

In Memory of Phyllis Kauffman
Sheryl Morris

In Memory of Michael Reck
Sheryl Morris

COMMUNITY HEALTH FUND

Thomas & Laura Miller

In Memory of Nancy Harmon
Scott Abraham
Tom & Tammy Allison
Anonymous
Wayne & Susan Chapman
Sue Crawfis

Brent & Denise Crumley
Mike & Vickie Crumley
Larry Crumley
Tarry & Polly Crumley
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Tom & Vicki Rapp
Charlotte & James Reed
Patricia Robb
Cindy & Jesse Smedley
Grant & Cheryl Varian
Jim & Theresa Vermillion
Brad & Sherry Wilkins

In Memory of Jean Kerns
Sue Crawfis

In Memory of Virginia Varian
Sue Crawfis

CANCER SERVICES

In Memory of Ed Wallace
Catherine Wallace

CELEBRATE WOMEN/ GIRLS NIGHT OUT

Community Health & Wellness Partners of Logan County
Global Organic Alliance
Heartland of Bellefontaine
Hilliker YMCA
Homestead at Logan Acres
Liberty National Bank
The Ohio State University Medical Center
Richwood Bank
Universal Home Health

FAMILY BIRTH CENTER

Kings Daughters Chapter – *In-kind gift*

DR. HARRY GRABER MEDICAL CAREER EMPLOYMENT FUND

Tom & Tammy Allison
Dr. Harry & Kathleen Graber
Brad Kunze

DWIGHT SPENCER MEMORIAL SCHOLARSHIP FUND

Tom & Tammy Allison
Stephanie Mosbarger
Dr. Winfred Stoltzfus
Kelli Zimmerly

EMPLOYEE ASSISTANCE FUND

Tom & Tammy Allison
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Rob & Mandy Goble
Tammy & David Gump
Barri Manning
Thomas & Laura Miller
Vicki Rapp
Angela Rutan
Anita Salyer
Dr. Winfred Stoltzfus
Kelli Zimmerly

EWING H. CRAWFIS MEMORIAL EMPLOYEE SCHOLARSHIP FUND

Tom & Tammy Allison
Rob & Mandy Goble
Tammy & David Gump
Dr. Winfred Stoltzfus

GENERAL SCHOLARSHIP FUND

Tammy & David Gump
Northwest Therapy Service, Inc.

In Memory of Dr. Phillip Edwards
Mike & Vickie Crumley
Rob & Mandy Goble
Tammy & David Gump
Barbara Weaver

LONGFELLOW SCHOLARSHIP FUND

Martha Snyder Trust

JON WEEKS MEMORIAL MEDICAL ASSISTANCE FUND

1125 North Main Car Wash, LLC
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Shawn & Amy Bechtel
Belletech Corporation
Bow Wow Meow Pet Sitting, LLC
Brown's Lawn & Tree Service
Citizens Federal Savings & Loan Association
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Daniel Dailey – State Farm Insurance
DeGraff Plumbing & Heating
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Steven Fansler
Gregory Finnerty
Donald Hensley Jr. & Diane Oliver
James Hilliker
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Richard & Barbara Horn
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Michael & Christine Julian
Lattimer Landscaping
Liberty Golf, Inc.
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Mary Rutan Hospital
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North Side Animal Clinic
Ohio Ready Mix
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Tammy & David Gump
Thomas & Laura Miller
Angela Rutan
Cindy Smedley
Dr. Winfred Stoltzfus
United Way of Logan County
Kelli Zimmerman

RITA RIEDMILLER MEMORIAL SCHOLARSHIP FUND

Carole "Renee" Kavanagh

In Memory of Rita Riedmiller
Beatrice Riedmiller
Richard Jay Roberts

GENERAL UNRESTRICTED FUND

Joe & Bonnie Brotzge
Sharon Hess
Todd & Dana Heydinger
Kelly Johnson
Dr. Eric Schaub
Ed & Karen Swisher

In Honor of Tom Simon
Brad Kunze

In Memory of Shirley King
Patricia Ortl

In Memory of John Kinney
Roger & Robin Goff
John & Nancy Hempstead
Joe & Kathy Shiveley

In Memory of Karen Smith
Vicci Elder

In Memory of Dr. Richard Traul
John & Ginger Traul
Nancy Traul



To obtain additional information about the work and mission of Mary Rutan Foundation and the Logan County Cancer Society or to invest in the health, safety and well-being of our community, contact the

Mary Rutan Foundation at (937) 599-7003 or tammy.allison@maryrutan.org.

ABUNDANT GENEROSITY

Your gifts in support of the Logan County Cancer Society contributed to a year of abundant generosity, enabling us to provide assistance to community members touched by cancer.

This Annual Report is a celebration and recognition of your philanthropy and the ways in which you've helped to improve the lives of those we are privileged to serve.

In 2018, through your generous support, over 230 individuals received assistance totaling over \$136,500.

Please accept our sincere gratitude for your abundant generosity.

2018 LOGAN COUNTY CANCER DONORS & SUPPORTERS

Tom & Tammy Allison
Bell Insurance & Financial Services, Inc.
Bellefontaine City Schools
Bellefontaine Elementary
Bellefontaine Intermediate School
Bellefontaine High School
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Melody Couchman
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Thomas & Laura Miller
Stephanie Mosbarger
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Richwood Bank
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Jane Riggs
Cindy Smedley
Steve Austin's Auto Group, Inc.
Stolly Insurance Group
Dr. Winfred Stoltzfus
United Way of Logan County
West Liberty Salem Local Schools
Judy Wirick
Women of the Moose Indian Lake Chapter 452

In Honor of Wayne Fahnestock
Eric & Heidi Hamm

In Honor of Phil Forsythe
Bellefontaine Education Association

In Memory of Louise Bailey
Kimberly Leugers
Loma Leugers

In Memory of Phyllis Baughman King
H. K. Risner Family

In Memory of Jeff Blaker
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Fran Salyers
Robert Snyder
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Thomas & Cathy Daley

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Kathy Johnson
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Cindy Leiss
Vickie Leiss
Buck & Dixie Reames
Keith & Kim Strayer
The Clarks
The Rowley Family

In Memory of Charles "Ox" Carson
Gary & Gloria Carson

In Memory of Bill Corkwell
Andy & Sherril Applefeller
Steve & Darlene Bates
Jean Bushong

Continued on next page

A Century of Caring for the Community

Ron & Nancy Carpenter
Margaret Daum
Chuck & Choyce Earick
Joe & Rae Elliot
Robert & Nancy Farrington
David & Darla O'Connor
Margaret & John Pence
Robert & Joy Pool
John Potts & Janice Mohler
Amanda & Reid Prinkey
Thomas & Marilyn Pugh
Raymond United Methodist Church
Jerry & Barbara Rea
Gary & Wanda Reeder
Nick, Constance & Seth Reynolds
Pearl & Barbara Schertzer

In Memory of Margel Day

Philip Adornetto
June Baker
Linda & Charles Benedict
Adam & Anna Cronkleton
Ron & Christal Davis
James Day
David & Peggy Dishop
Mike & Kathy Freese
Harry & Kathleen Graber
Paul & Elizabeth Hanrahan
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Dean & Susan King
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Leota Nihart
Art & Mary Newcomer
Richard & Jane Weeks
Barrett & Audrey Wells
Jill Young
Joyce Ann Zilles

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Rita Maier
Keith & Kim Strayer

In Memory of Judy Edgcomb

Josh & Elizabeth Bowsher
Jerry & Barb Culp
Rob & Mandy Goble
Ron & Cindy Irick
William & Karen Montgomery

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In Memory of Bonnie Fumarola

John, Lloyd & Hattie Elliott Family
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In Memory of Patti Hensley

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Charles & Ruth Ann Lamb

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Vernon Hunt

In Memory of Deanna Hurley

Wilma Ferguson

In Memory of John Kerr

Susie Bodenmiller

Betsa Marsh
Michael & Maura Schleper
Richard Strayer
Deann Ward
Randall & Jacqueline Weller

In Memory of Richard Lyman

Dale & Marilyn Amweg

In Memory of Edith Monroe

Jerry & Dianne Belt
Molly Garver

In Memory of Roberta Mullins

Dean & Mary Jean Horn

In Memory of Francis Oakley

Huntershaven Hunting & Fishing Club, LLC
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In Memory of Pam Quay

Pearl & Barb Schertzer

In Memory of Harry Ricks

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Beverly King
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The George Morris Family
The Lawrence Oliver Family – Boyd, Lloyd & Dean
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Sparling & Marilyn Wilson

In Memory of Keith Ross

Nadine, Noel, Vic & Grace Dodds
Tim & Brenda Easton
Earl & Nancy LeVan
Nelson & Evelyn Miles
Mickie Murray
Ohio Harness Horsemen's Association

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Dean & Debbie Brown
Casey & Doug Decker
Sharon Dodds
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Ron & Judy Helmlinger
Ron & Cindy Irick
Bob Kauffman
Pemberton Baptist Church
Lori Rice

In Memory of Karen Smith

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Anonymous
Michael & Connie Bank
William & Carole Barrett
Karen Beasley
Charlotte Belser
John & Susan Butler
Nicholas & Danean Caifa
Ron & Candy Carmin
Melody Couchman
Jack Creviston
Jim & Janet Donnelly
Chuck & Choyce Earick
Allan & Patricia Fenelon
Philip & Sheryl Godwin
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Rick & Diane Jordan
Linda & David Karibo
Logan County Chamber of Commerce



Mary Rutan Hospital HIM Dept.
Randy & Ginny Myers
Wayne & Ellen Stevenson
Teri Thomas & Family
Margaret Wirick
Nathan & Becky Weber

In Memory of Pauline Smith

Gary & Leigh Barnes

In Memory of K. Edward Wagner

Rod & Tara Bair

In Memory of Karen Wampler

William & Bonita Fraim
Michael & Rebecca Nessler

In Memory of Stanford Waugh

Pearl & Barbara Schertzer

COMMUNITY SUPPORT

Each year individuals, groups and businesses support special events held throughout the community in support of the Logan County Cancer Society. We are thankful for this support and the increased awareness that it brings to this service. These special gifts have allowed us to expand our services and available assistance to Logan County residents with a cancer diagnosis or cancer-related illness in their time of need. What a tremendous gift to give.

DOORS OF ENCOURAGEMENT

In Honor of Kathy Pruhl

Leukemia & Lymphoma Society – Wisconsin Chapter

In Memory of Darlene Arthur

Global Precision Parts

In Memory of Nan, Brian, Boyd

Marie Carpenter

In Memory of Brian Prall

Global Precision Parts

Adecco
Alan Galvez Insurance, Ltd.
Melvin & Evelyn Allison
Taylor Allison
Ashley Home Store
Rod & Tara Bair
Gary Baker
Melony Baker
Bangs, LLC
Gary & Becky Barger
Marie Baughman
Denyse Bayliss
Janet Beelman
Belle Adventures Unlimited, Ltd.
Bellefontaine Dental Mark
Bellefontaine Storage
Andrew Brunson
Buckeye Spirit
Bud's Marine, Ltd
Juanita Buffkin
Sherry & Todd Bumgardner
William & Vanessa Bumgardner
Jean Burton
Teresa Butler
Deborah Calabro
Calvary Christian School Class of 2018
Garon & Martha Carmean
Bethany Carter
Choice Properties Real Estate, Inc.

Citizens Federal Savings & Loan
Community Health & Wellness
Partners of Logan County
Herb & Kaye Couchman
Melody Couchman
Creative Landscape – David & Patricia Price
Barbara Culp
Dairy Queen
Beth Davis
Thomas Davis
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Meghan Hanna
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Hurley Farms
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Indian Lake Schools
Indian Lake Middle School
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David & Nancy Knight
Keith LeVan
LeVan's Service Center
Liberty National Bank
Logan County Cancer Arresters
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Sandra Mastilak
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William & Anita Ward
Scott & Kara Wenger
Jessica Wilcox
Penny & Randy Wilkins
Wren's Florist & Greenhouse

PINK OUT FOR LOGAN COUNTY CANCER

Bellefontaine High School
Indian Lake High School
Quest Federal Credit Union
Riverside High School
West Liberty-Salem High School
Quest Federal Credit Union

WALK FOR WIGS

Bellefontaine Intermediate School

LIGHTS OF LOVE

In honor or memory of a loved one...

Scott & Julie Abraham
Peggy Ackerman
Betty Alberding
All Around Awards
Melvin & Evelyn Allison
Tom & Tammy Allison
Rod & Tara Bair
Beasley Architecture & Design, Ltd.
Janet Beelman
James & Kimberlee Berton
Bow Wow Meow Pet Sitting, LLC - Shelly Bontjes
Deb Boyle
Michael & Tracy Brady
Thomas & Melanie Bremer
Mary Virginia Brill
Tami Brown
Steve & Kristi Buck
Sherry & Todd Bumgardner

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A Century of Caring for the Community

Tony & Apryl Burtchin
 Fred & Susan Burton
 Norma Caldwell
 Sue Campbell
 Garon & Martha Carmean
 Marie Carpenter
 Amy Cartwright
 Janice Chivington
 Citizens Federal Savings & Loan
 Gerald & Mary Clampet
 Cynthia & Richard Clark
 Althea Clayton
 Lena Coleman
 Rebecca Collins
 Kathy Comer
 Ron & Connie Comer
 Community Health & Wellness
 Partners of Logan County
 David & Cheryl Comstock
 Matthew & Aidan Comstock
 Mary Contner
 Jack & Shirley Core
 Valerie Cost
 Herb & Kaye Couchman
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 Cindee Cox
 Norma Coyer
 Ralph & Keely Coyer
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 Karol & Robert Cummings
 De Graff Plumbing & Heating
 Gregg & Jennifer Dement
 Frank & Victoria Dinovo
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 DDS
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 Charles & Choyce Earick
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 Eichholtz, Daring & Sanford Funeral
 Homes
 Bud & Mona Eichholtz
 Carmel & John Elliott
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 Yvonne Elliott
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 Jennifer Fitzgerald
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 Cindy Gildow
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 Harold Kerr American Legion Post
 No. 173
 Phyllis Hartzler
 Cassandra Hassel
 Marvin & Lois Helfenstine
 Dana Henry
 Todd & Dana Heydinger
 Hi Point Auxiliary #2166 FOE
 Jane Hiett
 High Point Home Health, Ltd.
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 Coleen Hogue
 Margaret Hogue
 Sherry Horn
 Judith Householder
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 Don & Angela Hubbard Jr.
 Andrew & Deborah Hughes
 Humble Construction Co.
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 Interim Healthcare
 Myron Jacobs
 Jeff Horney Insurance Agency, LLC
 Kenneth & Mary Jenkins
 Jeanne Jensen
 Garry Johns
 Karen Jordan
 Barbara & Stephen Judy
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 Roger & Rachel Kauffman
 Barry & Allison Kellar
 Joan Kelly
 Donald Kenoyer
 James & Shirley King
 Julia Kinney
 Scarlett Kinney
 Todd & Amy Kinninger
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 David & Nancy Knight
 Shirley Kress
 Keith & Emily Kreiger
 Brad Kunze
 Tim & Kim LeVan
 LeVan's Tax Service

Liberty National Bank
 Pamela Lindsey
 Jean Lininger
 Logan View LLC
 Todd & Courtney Lones
 Patricia Lyons
 Gordon MacDonald
 Vickie Maier
 Debra Makemson
 Michael & Lynn Manley
 Dianne Marmon
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 Sandra Wolfe
 David & Dara Wren
 Greg & Maureen Yoder
 Mary Yoder
 Keith & Angela Zack
 Ron & Kelli Zimmerly
 Zimmerman Realty, Ltd.
 Janet Zurovchak



If you or someone you know needs financial support because of cancer or cancer-related illness, please call the Logan County Cancer Society at (973) 599-7022.

Mary Rutan Hospital Among the First in the Region to Offer 4K Ultra-High-Definition Imaging System for Minimally Invasive Surgery

Every day, avid sports fans cheer on their favorite teams while watching games on big screen Ultra-High-Definition (UHD) televisions in their living rooms. These 4K UHD TVs enable immersion in the excitement: the highs and lows, the replays and the white-knuckle, last-second moments of crucial matches.

When you go in for minimally invasive surgery, a crucial match is also in play. That's why Mary Rutan Hospital has invested in new 4K UHD surgical technology.

The VISERA 4K UHD System is now available for patients undergoing a range of minimally invasive surgeries. This new system offers four times the resolution, better light, and twice the color as High-Definition (HD), enabling our surgeons to see images with greater clarity in more resolution than ever possible. This is achieved through an optimized 4K imaging chain that works seamlessly to improve visibility and provide an immersive experience that brings the entire surgical team into the operation.



Mary Rutan Hospital
GENERAL SURGERY



THE VISERA 4K UHD SYSTEM

allows our team to:

- View ultra-high-resolution images to help identify fine patterns and anatomical structures
- Have additional light to illuminate bleeding in surgical fields, visualize deep surgical cavities, and enhance the endoscopic viewing experience
- See more vivid shades of red and yellow for better visualization, allowing our surgeons to observe fine patterns and structures with high precision, higher contrast levels and more detail to support greater accuracy

Mary Rutan Hospital Enters 2019 with an 'A' Hospital Safety Grade

Mary Rutan Hospital is again one of a select few hospitals in the region to earn an "A" grade for keeping patients safe and meeting the highest health care safety standards in the U.S. This recognition comes from the Leapfrog Group, a national nonprofit health care organization that promotes quality, safety and transparency in the U.S. health care system.

The Leapfrog Group grades hospitals nationwide for their performance in preventing errors, infections and accidents that can harm patients.

"We are proud to receive an 'A' grade from the Leapfrog Group for the second straight time," said Mandy Goble, president and CEO of Mary Rutan Hospital. "These hard-earned grades are evidence of the outstanding efforts made by our clinical and quality teams to improve patient safety and clinical quality throughout our organization."

"It takes consistent, unwavering dedication to patients to achieve the highest standards of patient safety," said Leah Binder, president and CEO of The Leapfrog Group. "An 'A' Safety Grade recognizes hospitals for this accomplishment. We congratulate the clinicians, board, management and staff at Mary Rutan Hospital for showing the country what it means to put patients first."

In assigning A, B, C, D and F grades to more than 2,600 U.S. hospitals, the Leapfrog Hospital Safety

Grade program uses 27 publicly available, peer-reviewed hospital safety measures chosen and analyzed by a panel of top patient safety experts.

"Our primary focus is to achieve the highest level of safety and quality care for our patients. We continue to set the bar higher each time," said Dr. Grant Varian, medical director of Mary Rutan Hospital. "This year we focused on several initiatives to improve quality, safety and patient experience. This score is an excellent and welcome affirmation of the care patients expect and receive from Mary Rutan Hospital."

The honors from Leapfrog are the most recent in a long list of achievements for Mary Rutan Hospital. These include being recognized as one of the Top 100 Rural and Community Hospitals in the United States and achieving one of the highest value-based purchasing scores in Ohio, earning incentive payments for the quality of care Mary Rutan Hospital provides Medicare patients.

NATIONALLY RECOGNIZED

A

**LEAPFROG
HOSPITAL
SAFETY
GRADE**

For more information please visit hospitalsafetygrade.org for Mary Rutan Hospital's full Leapfrog grade and tips for staying safe in the hospital.

