

Faces From the Front Line



**Mary Rutan
HEALTH**



The MRH Tradition Goes on: Expanding Quality, Local Healthcare



Chad A. Ross, President and CEO

Letter From the President

For the second year in a row, the team at Mary Rutan Health navigated the challenges of the COVID-19 pandemic with resourcefulness, resilience, and focus. Through it all, we put the safety and well-being of our patients and community first – and further expanded the range and depth of our quality healthcare services.

I am immensely proud of our team for supporting each other, providing safe, compassionate care for our patients, and innovating to raise the level of service we deliver.

I'm not surprised by their performance, though. It's consistent with Mary Rutan Health's more than 100-year commitment to meeting the needs of our region, regardless of obstacles. It's who we are. Throughout our history, we have provided an indispensable network of healthcare services for our community and beyond.

A true leader who has played a key role in expanding our services over the past 30-plus years, Mandy Goble, retired at the end of August 2021 as our President and CEO. Her strong, compassionate, insightful leadership has made a tremendous difference in the lives of countless community members. We would not be where we are today without her vision and dedication.

I am humbled to continue in her example, to further shape the future of healthcare in our region. I grew up and attended high school in Logan County. It's a great honor to be serving the community that nurtured me and I hold so dear.

Accolades and Accomplishments

In 2021, Mary Rutan Health gained further confirmation of the quality of the care we provide. We were among the 13 percent of US hospitals to earn a Five-Star overall hospital quality rating from the Centers for Medicare & Medicaid Services.

And for the fifth consecutive reporting period, we were honored with an "A" hospital safety grade from the Leapfrog Group. Receiving that highest grade placed us among the safest hospitals in the country.

Here's a summary of Mary Rutan's 2021 achievements:

- We began the year with the opening of the new Mary Rutan Wound Care Center. This advanced treatment center features a state-of-the-art hyperbaric oxygen chamber and specialized outpatient treatment for patients with hard-to-heal wounds.

- Our strategic physician recruitment program brought new providers to the region in primary care, general surgery, endocrinology and OBGYN, to continue growing these vital service lines in our network.
- We completed a full year of operating our new Level II Heart Catheterization Lab. For our community, this means 24/7 local access to emergency interventional heart care, provided by a highly trained and specialized cardiologist.
- Mary Rutan Health finalized the development of the Goble Center for Women & Children (named in recognition of Mandy Goble). This set the wheels in motion to bring our Pediatric and OBGYN services under one roof in the current Logan View building (across from the Mary Rutan Health Center). The entire building will undergo renovation before OBGYN moves in to join Pediatrics.
- We finalized development plans for Orthopedics & Sports Medicine, to provide a dedicated and purpose-built space on the third floor of the Mary Rutan Health Center. This will further support our five orthopedic surgeons and provide one location for all of our orthopedic services.
- We expanded the spectrum of care and scheduling options for Champaign County residents with the opening of the Mary Rutan Specialty Care Center. This represents our fourth expansion of services and location in less than five years for our Champaign County community.
- To enhance the health of our community, Mary Rutan Health contributed just over \$23 million of community benefit services, including subsidized health services, community health improvement and education, charity care and Medicare and Medicaid shortfalls.

On behalf of the Mary Rutan board, leadership team, employees, medical staff and volunteers, I thank you – our patients and community – for your continued loyal support and confidence. You and your well-being are our inspiration.


Chad A. Ross
President and CEO

Five-Star Hospital Quality Rating



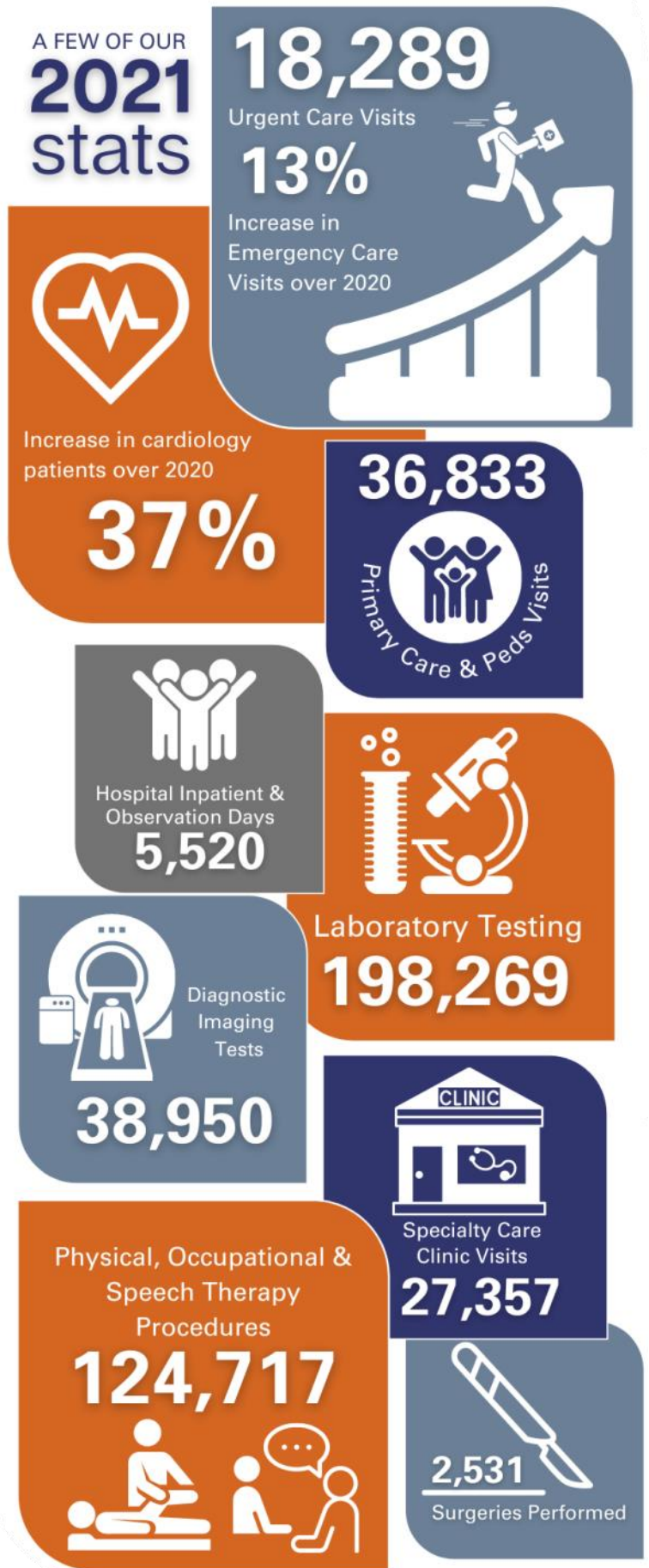
Mary Rutan Hospital received a Five-Star overall hospital quality rating from the Centers for Medicare & Medicaid Services (CMS), the highest rating a hospital can achieve. Just 13 percent of the 3,355 hospitals in the country have a Five-Star overall rating on the Care Compare website.

"2021 was the first time Mary Rutan Hospital received a Five-Star overall quality rating from CMS, so this is a tremendous celebration," said Chad Ross, President and CEO of Mary Rutan Health. "Since the CMS overall star rating began five years ago, it has been our goal to achieve a Five-Star rating. And here we are, thanks to our incredible team's commitment to patient experience and our many quality initiatives, including reducing hospital-acquired conditions and readmissions."

For 2021, the overall rating was based on 48 quality measurements in five categories and shows how well each hospital performs compared to other hospitals. Mary Rutan Hospital met or exceeded the national benchmark in all five categories: patient experience, timely and effective care, readmission, safety of care, and mortality.

According to CMS, the purpose of the Overall Hospital Quality Star Rating is to summarize quality measure information reported on the Care Compare website in a way that is accessible and easy to understand for patients and consumers. Each hospital has a star rating that ranges from one to five stars, with five stars signifying the highest quality.

"We are very proud to be part of one of the nation's elite five-star hospitals," said Ross. Nationwide, 455 hospitals received a five-star rating from CMS, 988 received four stars, 1,018 received three stars, 690 received two stars, and 204 received one star.





Mary Rutan

ORTHOPEDICS & SPORTS MEDICINE



Orthopedics & Sports Medicine Center Opening December '22

The new Mary Rutan Orthopedics & Sports Medicine Center will occupy nearly the entire third floor of the Mary Rutan Health Center. The 18,000-square-foot space will include 21 private exam and procedure rooms, onsite imaging, a large lounge with comfortable waiting space and a soothing environment that promotes healing and enhances the patient experience.

As construction begins on the new space, Mary Rutan will further solidify its partnership with the Orthopedics Institute of Ohio (OIO), positioning itself and the new location as a leading destination for comprehensive treatment of orthopedic and sports medicine injuries.

"Through this partnership and our new facility space, we can provide patients more convenient access to the precise care they require," said Chad Ross, President and CEO of Mary Rutan Health. "Our providers will work together to establish best-in-class treatment protocols to ensure patients are receiving the highest care possible."

A highly-trained, specialized network of five orthopedic surgeons will serve as the foundation of the new Center. These include specialists in hand, spine, trauma, joint replacement and general orthopedics.

"The joining of forces to form a comprehensive orthopedic and sports medicine team, providing high-quality, expansive multidisciplinary care within a destination-type center is exciting for the healthcare community at large," said Dr. Nicholas Peters, Mary Rutan Orthopedic Surgeon. "The patient-centered design, along with the expertise of our skilled surgeons and the outstanding clinical care of our dedicated staff, will ensure an exceptional patient experience."

Mary Rutan Health continues its mission of *Providing Progressive Quality Healthcare with a Personal Touch* while expanding services that allow patients to stay close to home for quality healthcare.

We are committed to being the orthopedic provider of choice for our community by providing high-quality, personalized care to our patients through our experienced and dedicated team of experts in orthopedic care. Our investment to enhance our Orthopedics & Sports Medicine offerings is one more example of our dedication to the community we serve.



Meet our Team - *Faces From Orthopedics*



Robert Anderson, MD



Nicholas Peters, MD



Jason Anane-Sefah, MD



Steven Haman, MD



Frank Fumich, MD

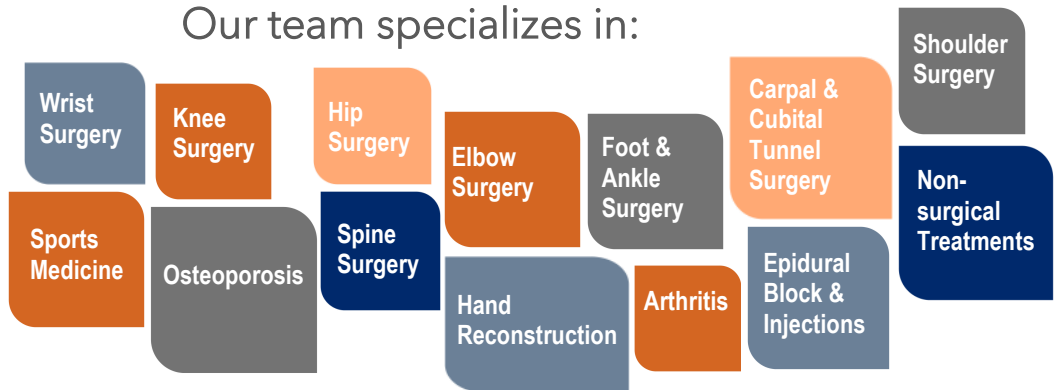


Joseph Fawcett, PA



Steven Klein, MS ATC, CES

Our team specializes in:





Goble Center for Women & Children Opening November '22

The new Goble Center will provide the women and children of our community with a dedicated place to receive the care they need to live long and healthy lives, impacting the well-being of our community for generations.

The Center will be much more than a renovated 19,000-square-foot-facility. It will be where expectant parents discover the gender of their children, where mothers experience the joy of seeing their newborns reach new milestones at checkups, and where busy women stop to take time to focus on themselves and their health.

The completion of the Goble Center for Women & Children marks yet another phase of achievement for Mary Rutan Health's master facility plan and will change the way women and children in our community access healthcare. Currently, pediatrics and OBGYN services are provided in separate locations. Once complete, the Center will provide women and children with preventative and routine well-care under one roof.

Mary Rutan Obstetrics & Gynecology will join Mary Rutan Pediatrics at the 118 Dowell Avenue location. The facility will be transformed, offering design elements from the hospitality industry. It features ample light, comfortable furnishings, contemporary fixtures and a warm color palette to create a calming and relaxing patient environment.

The Center is named in honor of Mandy Goble, former president and CEO of Mary Rutan Health. In August of 2021, Mrs. Goble retired after 32 years of service. During her tenure, Mrs. Goble brought increased healthcare services to our community through expanded and new service lines, building projects and outreach.

Mary Rutan Obstetrics & Gynecology will move to their new home with an experienced group of providers devoted to providing a full range of gynecological and obstetric services to assist every woman through all stages of life.



"Our experience with Mary Rutan Hospital was everything we hoped for and more as we prepared for the arrival of our first child, Morrison. Throughout the pregnancy, all our concerns as first-time parents were answered by our CNM, Kelley Dyer. Even when we had a mild hiccup when traveling out of state, Kelley was available to offer insight and support. Kelley provided a comfortable, easy experience when Morrison decided it was "go-time" two weeks before his due date.

When we arrived at the hospital the front desk staff were courteous and helpful getting us the care we needed in rapid fashion. An RN quickly joined us and ushered us to a room to collect vitals and prep for delivery. Comforting assurances were provided throughout the process, and we never felt discouraged, scared, or alone as we prepared for delivery.

When it was time for delivery the helpful RN prepared us and Kelley joined us. Addy was given the encouragement necessary for pain management with a mixture of humor and direct coaching. Kelley



Meet our Team *Faces From Ob/Gyn*



Janet Zurovchak, DO



Alene Yeater, MD



Nicholas Morton, MD



Norman Greene, MD



Kristina Caine, MD



Kelley Dyer, Nurse Midwife

Pay tribute

We invite you to join us as we pay tribute and reflect on the health care legacy left on our community and Mary Rutan Health by Mandy Goble, former president and CEO by contributing to Mary Rutan Foundation and the Goble Center for Women & Children.



knew exactly how to motivate Addy through the labor and delivery process. At times, I struggle to find the appropriate words to adequately describe the amount of love and gratitude I feel towards Kelley for the support and encouragement she provided.

The proceeding days were filled with visitations and care as the nursing staff and lactation consultant guided us into the world of swaddling, breastfeeding, changing diapers, and all that accompanies caring for a newborn. Little did we know that we would even make an appearance at both PT and feeding therapy in the coming months! Mary Rutan had every service we needed. We couldn't be more grateful for the experience we had and highly recommend the care of Mary Rutan staff for all stages of pregnancy, delivery, and development."



~ Quincy Coleman &
Addy Passaro

MRH Receives top Ratings in National Survey for Patient Safety

Mary Rutan Hospital received a fifth consecutive "A" grade in the Leapfrog Group's 2021 Hospital Safety Grade report. The Leapfrog Group, an independent national nonprofit that compares hospitals' safety performance, assesses more than 2,700 hospitals nationwide on patient safety practices. Earning an "A" grade recognizes MRH as one of the safest hospitals in the United States.

Assigned twice per year, the Leapfrog Hospital Safety Grades provide a complete picture of patient safety in the U.S. Up to 27 performance measures developed and calculated by top patient safety experts are used to assign grades to acute-care hospitals using publicly available data. An "A" grade shows MRH exhibits excellence in the national database of patient safety measures and outcomes.

"The Leapfrog Hospital Safety Grade reflects our commitment to providing safe and quality healthcare to our community," MRH President and CEO Chad Ross said. "These hard-earned grades are evidence of the outstanding efforts made by our entire team to improve patient safety and clinical quality throughout the organization."

The Leapfrog Hospital Safety grades are peer-reviewed, fully transparent and free to the public. The Leapfrog Hospital Safety Grade focuses on a hospital's ability to protect patients from preventable errors, accidents, injuries and infections. Ratings are based on performance in patient safety practices such as infection prevention and responsiveness of the staff.



Stay Informed About Your Health 24/7 MyCare Patient Portal

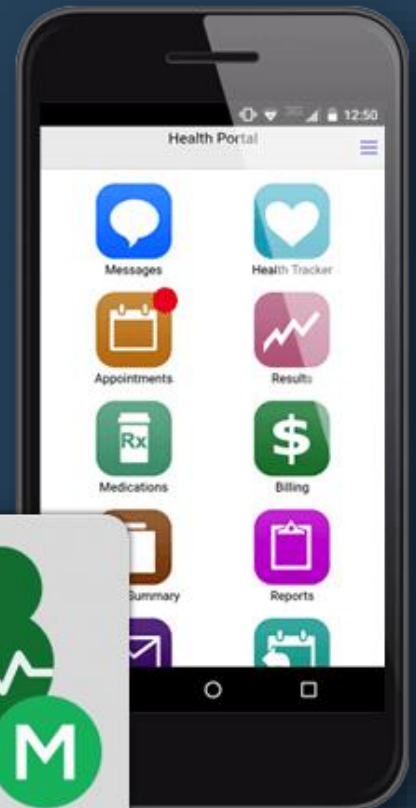
Benefits of MyCare patient portal

- Access to your medical record 24/7.
- Authorize access to your health information.
- Make appointments.
- Pre-register for appointments.
- Request prescription refills.
- Pay your bills online.
- Access is available via desktop at MyCare.maryrutan.org and by searching the MEDITECH MHEALTH mobile app in your App Store.



It's easy to enroll

1. Ensure Mary Rutan has your email on file.
2. Scan this QR code with your phone.
3. With your finger, tap the blue box labeled "MyCare account self-enrollment."
4. Complete the 5-question enrollment form.
5. After you submit the form, you will be emailed a one-time user name and password.
6. Tap on the link within the email and you'll be directed to the MyCare Patient Portal where you can set your own personalized user name and password.



New Faces & Talented Members of our Team

We pushed forward with renewed commitment to improve our community's access to high-quality, locally based healthcare even during a national pandemic.

We've enhanced existing services, created new programs, renovated

and expanded facilities, and recruited several new providers.

We are proud to introduce you to the newest members of our team, each one helping us advance existing and new services.



Ashlinn Naseman, CNP
Endocrinology

Ashlinn graduated from The Ohio State University in Columbus with a Master of Science in the Nurse Practitioner program. She holds a current RN license and a CNP certification through the American Association of Nurse Practitioners.

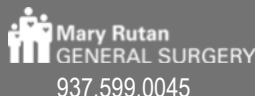
Ashlinn completed an endocrinology fellowship at the Ohio State Wexner Medical Center, where she received training on insulin pumps, medication management and endocrine diagnostic procedures. She offers treatment and management of various endocrine disorders for patients 12 years and older, with an emphasis on diabetes and thyroid disorders.



Vineetta Gahlawat, MD
General Surgery

Covering broad-based general surgery, Dr. Gahlawat has experience in laparoscopic abdominal surgery for gall bladder, hernias, colon cancer, stomach and small intestine, and anorectal disease, upper and lower endoscopy, thyroid surgery, chemotherapy port and peritoneal dialysis catheter placements, skin cancer and soft tissue infections. She is double board-certified in general surgery and surgical critical care.

Dr. Gahlawat earned her medical degree at GSVM Medical College (India) and completed a residency at University Hospitals/Case Western Reserve in Cleveland. She completed a fellowship in surgical critical care at SUNY Stony Brook Medicine in New York. She spent the past four years practicing in Northern Ohio before joining the team at Mary Rutan Health.



Matthew Shilling, MD
Family Medicine

Raised in the small town of Goffstown, New Hampshire, Dr. Shilling knew he wanted to be a doctor at a young age. He excelled in biological sciences in high school, which propelled him to an undergraduate degree in biology. He went on to receive his medical degree from Lake Erie College of Osteopathic Medicine. He completed his residency in family medicine at Our Lady of Lourdes Hospital in New York, where he served as chief resident.

Dr. Shilling is board-certified by the American Osteopathic Board of Family Medicine and sees patients of all ages at our Internal Medicine and Pediatrics practice locations. He continues to accept new patients.



Kristina Caine, MD
Obstetrics & Gynecology

Dr. Caine is committed to providing personalized care to women of all ages. She brings her passion for women's health to every patient she cares for and is deeply committed to helping her patients achieve their best state of health. Dr. Caine completed her undergraduate degree in microbiology and molecular biology. She attended medical school at the University of Florida and completed her residency in obstetrics and gynecology at the Ohio State University Wexner Medical Center. She has special interests in breastfeeding medicine, labor management and preventive healthcare.

She and her family have dreamed of living in the country and having a small farm, so she found her way back to Central Ohio after a brief time in Japan. She is married to her high school sweetheart and has two young children.



Wound Care Center with Hyperbaric Oxygen Chamber

Mary Rutan Health celebrates the addition of a specialized, comprehensive wound care and hyperbaric medicine treatment center located on the hospital campus at 205 East Palmer Road, Bellefontaine. The new Wound Care Center provides state-of-the-art outpatient wound care close to home.

"In the U.S., it's reported that chronic wounds affect approximately 6.5 million patients annually," explains Dr. Vineetta Gahlawat, wound care center medical director.

Every year, millions of Americans with diabetes or circulatory problems develop non-healing wounds that limit their activity or even threaten their lower extremities. These problems usually respond to the use of the latest advances in wound care therapy.

The Wound Care Center offers advanced treatment options for chronic skin wounds and ulcers, decubitus ulcers (bedsores), vascular wounds, non-healing surgical wounds, diabetic foot ulcers, compromised skin grafts, chronic osteomyelitis, soft tissue radionecrosis, crush injuries, pressure ulcers, venous stasis ulcers or arterial ulcers.

"Patients with chronic wounds may experience chronic pain, loss of function and mobility, increased social stress and isolation,

depression and anxiety, prolonged hospitalization, increased financial burden, and increased morbidity and mortality," Dr. Vineetta Gahlawat, wound care center medical director, said. "In the United States, it is reported that chronic wounds affect approximately 6.5 million patients annually."

The Mary Rutan Wound Care Center provides a comprehensive approach to treating patients with non-healing wounds. The highly skilled team features physicians, nurses and technicians with advanced training in wound care and hyperbaric oxygen therapy (HBO). HBO promotes healing by increasing the level of oxygen in the tissue and improving the white blood cells' healing efficiency. Therapy is administered in a hyperbaric chamber that delivers 100 percent oxygen with increased atmospheric pressure, stimulating the entire body's natural healing responses. Patients undergoing treatment have complete privacy in an individual chamber, equipped with a television for patient comfort and entertainment.

HBO is especially beneficial for diabetic patients with non-healing ulcers and those with arterial ulcers and other types of wounds that fail to respond to conservative therapy. It also treats conditions without open wounds, such as osteomyelitis, radionecrosis and osteoradionecrosis.



Mary Rutan Wound Care Center is open Monday through Friday, 8 a.m. to 4:30 p.m. For more information about wound care or to schedule an appointment, call 937-592-4039 or visit www.maryrutan.org/woundcare.

Investing in State-of-the-Art Imaging

New CT and Nuclear Camera



Recognizing the need for continued high-quality rapid testing for patients, Mary Rutan Health has invested in a new low-dose CT (computerized tomography) scanner system, an upgrade that will replace the current unit in summer 2022.

“This state-of-the-art technology is imperative in being able to diagnose patients rapidly,” said Clifton Hood, Medical Director at Mary Rutan Health. “For example, patients presenting with stroke symptoms can be taken directly for CT testing, so within minutes of arrival, a physician can make a diagnosis and begin immediate treatment. The new CT scanner is another way the hospital continues to work to provide the best care possible for our community.”

The new scanner enables Mary Rutan Health’s highly trained and qualified technologists to remain with patients during scan preparation. This patient-centered approach maximizes the patient experience and is beneficial when imaging the elderly or young children, who may need support during the CT exam.

“We want to make sure that our patients are being diagnosed quickly but also safely. This low-dose

system allows us to do that,” Dr. Hood said. In addition to the new CT scanner, MRH recently installed a new nuclear medicine camera. The new nuclear medicine camera is used for imaging procedures that help diagnose and treat a number of diseases, including heart disease, various cancers, and gastrointestinal, endocrine and neurological disorders.

Our new CT and nuclear camera are the latest additions to Mary Rutan Health’s radiology department, staffed by specialists in CT, MRI (magnetic resonance imaging), ultrasound, nuclear medicine, bone density, mammography and diagnostic radiology. The department offers various services to assist physicians in making prompt and accurate diagnoses and conducts nearly 40,000 exams and procedures annually.



Level II Cath Lab and Heart & Vascular Clinic Celebrate Full Year of Service

The Mary Rutan Level II Cardiac Catheterization (cath) Laboratory provides interventional and diagnostic cardiac catheterization, peripheral vascular angiograms and intervention, pacemaker and defibrillator procedures, and loop recorder procedures.

"We recognized a need for quicker access to these services in our community," noted Chad Ross, President and CEO

time for intervention. Time is muscle, so the faster patients can be treated, the greater the potential to save lives."

emergency department, cardiac catheterization lab and critical care services to provide efficient and effective responses to local cardiac emergencies.

For our community, this means access to emergency interventional heart care, with an interventional cardiologist available 24 hours a day, seven days a week. In addition to emergency services, scheduled procedures are available locally in the Heart & Vascular Clinic, minimizing the need for patients to travel far from home.

"We recognized a need for quicker access to these services in our community," noted Chad Ross, President and CEO at Mary Rutan Health. "With the high volume of heart attack patients in our emergency department, we knew we needed a level II Cath Lab at Mary Rutan Hospital. The Cath Lab enables our interventional cardiologists to place stents and perform other cardiac interventions without having to transport patients during the most critical

"When experiencing a heart attack, a delay in restoring blood flow to the heart muscle can result in greater damage and a higher likelihood of death," explains Mary Rutan Health's interventional cardiologist Dr. Ramesh Brahmabhatt. "With the opening of the Level II Cath Lab, we can diagnose and treat acute blockages in the coronary artery on-site, which gives the community increased access to potentially life-saving care. We now have the team and the technology to get this done quickly and without having to transfer the patient to another facility."

Board Certified Interventional Cardiologist Dr. Brahmabhatt leads the cardiovascular team of trained interventional nurses and technologists at Mary Rutan Hospital. The new team approach integrates EMS,

"Achieving a Level II Cath Lab certification is a major step forward in the growth of our cardiovascular care," said Michael Hoehn, Cardiopulmonary Director at Mary Rutan Health. "With interventional cardiologists available 24/7, we can respond quickly to patient needs for cardiac studies and interventional procedures, and our advanced technology will provide our cardiologists the in-lab imaging and diagnostic capabilities needed for today's complex treatments."

Symptoms of a heart attack include chest pain, shortness of breath, pain or discomfort in the upper body, nausea, lightheadedness, and cold sweats. Individuals experiencing these symptoms should seek emergency medical care as quickly as possible. Patients who seek heart attack treatment at Mary Rutan Hospital will now be cared for by a 24/7 heart and vascular team specially-trained to perform cardiac interventions.





Community Assistance Programs

Expanded Specialty Care Services in Urbana

New clinic space expands the spectrum of care for Champaign County residents.

The Mary Rutan Specialty Care Center represents Mary Rutan Health's fourth expansion into Champaign County in less than five years. At 209 Lippincott Lane, the new space is home to services that include pediatrics, obstetrics and gynecology, ENT, general surgery, behavioral health and nutritional counseling.

The new 3,400-square-foot facility is located next to the Mary Rutan Therapy & Sports Medicine location and a short distance from the Mary Rutan Urbana Clinic.

The expansion of services to the Mary Rutan Specialty Care Center allows more room at the current 1880 E. US Hwy 36 location for the increased demand for primary care and orthopedics. These services remain at the Mary Rutan Urbana Clinic location, along with laboratory and x-ray services.

"We're excited to expand with our multispecialty clinic approach in the Urbana community. The new Specialty Care Center allows us space to place more of our specialty care providers and increase their scheduling availability," said Tom Denbow, Vice President of Ambulatory Clinics.

"Mary Rutan Health is committed to providing accessible care, closer to home for all Champaign County residents. The addition of this third location demonstrates our commitment to the community as we challenge ourselves to make the healthcare experience better and more convenient for our patients," said Chad Ross, President and CEO of Mary Rutan Health. "We are grateful to the Champaign County community for their support and the opportunity to further invest in expanding excellent local healthcare."

Medication Assistance

One-time emergency assistance, as well as complimentary services coordinated through the MRH pharmacy team to link patients and community members to drug companies' medication assistance programs. Call Mary Rutan Care Coordination or Mary Rutan Retail Pharmacy at 937.651.6796 for pharmaceutical company programs.

Pediatric Behavioral Medication Assistance

To assist pediatric patients with the expense of needed behavioral medications and in some cases for transportation cost to required pediatric behavioral health visits outside of Logan County.

Jon Weeks Medical Assistance Fund

To assist individuals or families experiencing a medical condition that involves treatment by a specialist not available in Logan County, and requires travel and/or extended stays at specific medical centers. Assistance is available for lodging, travel, meals and parking.

The Logan County Cancer Society

The LCCS assists Logan County resident with a cancer diagnosis or cancer-related illness with related expenses:

- Medications up to \$300 a month
- Supplies up to \$200 a month
- Purchase of wigs up to \$300 maximum
- Travel expenses up to \$750 a month
- Emergency funds to help with food, utilities, cleaning and special clothing needs for persons meeting certain criteria.

For more information on any of these assistance programs call Mary Rutan Care Coordination at 937.599.7022.

Financial Counseling

Sometimes insurance, copays and deductibles can be confusing and overwhelming. You may reach out to one of our financial counselors for assistance by calling 937.651.6446.

Information about Mary Rutan Health's financial assistance policies and applications may be found on our website at: maryrutan.org/patients-financial-assistance.

Other Resources

Call 2-1-1 anytime to be connected with a live, local operator who can assist you with other Logan County resources. Or visit the searchable online directory at: logancounty211.org.

A Snapshot of our Commitment to Community Health

At Mary Rutan Health, we recognize that where we live and how we live has a significant impact on our health and well-being.

Our work is driven by our mission: to provide progressive, quality health care services and to improve the health of our patients and the communities we serve. It's also driven by our legacy of prevention and health promotion and by our belief that good health is a fundamental right for all.

We are committed to improving the health of our communities. We do that by ensuring health access, improving community conditions for health and equity, and advancing the future of community health through innovation. We also share our financial resources, staff, and clinical and leadership knowledge through various grantmaking, educational, volunteer and investment efforts.

MRH team members volunteer through the United Way Community Care Day 2021



Pictured are the 2021 grant recipients

Communities we serve

Good health extends beyond the doctor's office and the hospital. It begins with healthy environments: fresh fruits and vegetables in farmers markets and neighborhood stores, successful schools, clean air, accessible parks, and safe playgrounds. Each of the communities we serve has unique needs, stories, and opportunities to advance health and health equity.

Focusing on mental health, the Mary Rutan Foundation awarded nearly \$45,000 in grant dollars for programs addressing this ever-growing concern in our community.

These well deserving initiatives were awarded:

- \$8,550—Bellefontaine Elementary School, Learning Self-regulation Using Sensory Tools
- \$5,000—Benjamin Logan High School, Time4You
- \$5,000—Discovery Rider, Inc., Equine Assisted Services for Logan County residents
- \$5,000—GRACE – Greater Riverside Area Community Encouragement, Pirate Power Pack Program
- \$5,000—LoCo Art, Stress Less!
- \$4,250 Logan County Faith Coalition, Heritage Court Play Space and Programming
- \$1,104—Logan County Sheriff's Office, Jail Rehabilitation Curriculum

- \$10,000—Mac-A-Cheek Learning Center, Trauma Sensitive Yoga and Activities
- \$600—West Liberty-Salem Local Schools, Ruling Our Experiences Group (ROX)

We believe that we can be most impactful in our efforts when our community comes together to work towards a common goal.

Charitable contributions

Mary Rutan Foundation and Mary Rutan Hospital have invested in community health through a variety of means. Among those investments are the charitable contributions we make to nonprofit, community-based organizations to meet the objectives that we share around community health access and equity.

- Athletic training services to all area schools
- AutoPulse unit to Middleburg area EMS
- Hats and gloves to at-risk youth
- Bike path water station in the Village of West Liberty
- County EMS supplies
- Bellefontaine Police Department
- Ohio Cancer Research
- Logan County Farmers Markets
- Logan County Jr. Fair Exhibitors

Our Greatest Areas of Risk & Need in Logan County

Substance Abuse • Mental Health • Housing & Homelessness
Maltreatment of Children • Chronic Disease & Obesity

Community Health Needs Assessment (CHNA)

Our Community Needs Assessments guide our investments and growth. They are critical tools that help us identify and measure community needs and assets, which let us better tailor our investments in and engage with the communities we serve.

The areas of greatest risk and need for our community include: substance abuse, maltreatment of children, obesity and chronic disease, mental health, housing and homelessness.

Planning, measurement and evaluation

Our vision at Mary Rutan Health is for our communities to be healthy. We are committed to pursuing a deep understanding of the impact of our community health efforts. We monitor the health status of our communities and track the impact of our many initiatives through the health improvement plan, on an ongoing basis. And we use our measurement and evaluation data and information gathered through our Community Health Needs Assessments to improve the effectiveness of our work and to demonstrate our impact.

Mary Rutan health initiatives, which align with Logan County efforts and work of the State of Ohio, specifically focus on:

- Childhood abuse and neglect
- Youth tobacco and nicotine use
- Pregnant women who smoke
- Physical activity
- Unmet need for mental health care
- Deaths by suicide
- Unintentional drug overdose deaths
- Chronic disease/obesity
- Maternal and infant health
- Breast cancer
- Skin cancer

To access the Logan County Health Needs Assessment, Logan County Community Health Improvement Plan and the Mary Rutan Health Improvement Plan along with regular updates, scan the QR code.



The *Health & Wellness* of
Every Community Member is our Priority

90,000

Touchpoints were made in 2021
as a result of community initiatives



\$23.3 million

Total invested in community benefits during 2021

\$539,155

Community Health
Improvement



\$173,139

In-kind &
Financial
Donations



\$150,788

Health Professional
Education



\$ 61,362

Community
Building Activities



\$ 39,195

Community
Benefit
Operations



\$22,214,918

Charity Care, Medicare and
Medicaid Shortfalls



*All data is based on 2021 unaudited financials

A Legacy of Caring and Education



For over 50 years, Dr. Harry Graber and Dr. Evan Dixon provided medical care and services to Logan and surrounding counties, impacting the lives of their patients, colleagues, hospital staff, medical students and the community. We honor their many contributions and pay tribute to their legacy of caring and education.

Dr. Graber came to Logan County in 1965 as a part of Oak Hill Medical Associates, working in both family medicine and the emergency department of Mary Rutan Hospital. A short time later, Dr. Graber continued his medical education, completing his residency in internal medicine and his cardiovascular fellowship.

Through Dr. Graber's leadership and the generous support of two donors, cardiovascular services began at Mary Rutan Hospital, and continue to grow and thrive today.

Dr. Graber's commitment to Logan County and the medical profession continues through his wishes to establish the Dr. Harry L. Graber Medical Career Employment Fund through Mary Rutan Foundation. The fund supports summer employment opportunities for local students who want to pursue a degree in the medical field, to continue his legacy of caring and education.

Dr. Dixon came to Bellefontaine in 1982, entering the private practice of Cardiology Associates, now known as OSU Cardiology of Bellefontaine. Dr. Dixon joined Dr. Graber, sharing a vision for top-notch cardiology care in a small community. He brought fresh ideas and started many noteworthy services during the 1980s. Dr. Dixon performed electrophysiology studies, partnered with Dr. Graber in implanting permanent pacing devices, and originated the nuclear cardiology imaging/stress program and on-site vascular ultrasound services at Mary Rutan Hospital.

To honor Dr. Dixon and his many contributions of service and education, the Dr. Evan Dixon Medical Education Fund was recently established through a private donation to Mary Rutan Foundation. The focus of the fund is fostering clinical education, as demonstrated during Dr. Dixon's medical career.

To join us in honoring Dr. Graber and Dr. Dixon's many contributions to health care and our community, please contact Mary Rutan Foundation at 937-599-7003 or visit our website at www.maryrutan.org/foundation #forevergrateful

Acts of Philanthropy

Philanthropy has been a cornerstone of the Hospital's success since the very beginning. Community support enhances our power to heal and makes a difference in the lives of our patients and community. We are exceedingly grateful to our 2021 donors who partner with us to create a healthy and vibrant Mary Rutan Health.

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Easton Family Establishes Grant to Assist Others in Obtaining Nursing Degree

Flo Ann Sours Easton was born and grew up in Bellefontaine, and she graduated from Bellefontaine High School. To help her fulfill her dream of becoming a nurse and obtaining her associates degree in nursing, Flo Ann worked part-time at Mary Rutan Hospital.

The Grant is awarded to Mary Rutan Health employees who wish to pursue the dream of becoming a registered nurse and who need special assistance for meeting their total expenses.

Morgan Watkins and Taylor Carnes (pictured left to right) are the first recipients of the Flo Ann Sours Registered Nurse Associates Degree Grant.

Ms. Carnes states, "After receiving notice that I had been chosen as one of the recipients I realized what a difference this will make in my life. My worry and stress about funding my education was no longer there. I know I will be able to devote my time to studying and working hard in school. I am beyond appreciative for the Easton family's generous support and kindness, and hope to share the same nursing passion and desire that Flo Ann had during her time at Mary Rutan Hospital and throughout her nursing career."

Through the generosity of Flo Ann's husband, John Easton, and their children, the Flo Ann Sours Registered Nurse Associates Degree Grant was established in Flo Ann's memory.

We are Forever Grateful



You are part of a community that cares and supports each other and for that we thank you. All gifts, regardless of size, are significant and we are deeply grateful for your ongoing support.

Because of you, our generous donors, the Logan County Cancer Society aided 281 Logan County residents diagnosed with cancer or a cancer-related illness.

Your gifts allowed us to help with the cost of medications and supplies, to aid with the high cost of fuel for those frequently traveling to treatment, to provide a wig when treatment results in hair loss, and to provide emergency assistance for patients in their greatest time of need. In total, nearly \$123,000 in assistance was provided in 2021.

It is with the utmost gratitude that Logan County Cancer Society acknowledges the following individuals, foundations, organizations and corporations that have contributed to assist others in their greatest time of need.

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If you want to make a difference in your community and leave a legacy through giving opportunities to the Mary Rutan Foundation or Logan County Cancer Society, we would be pleased to work with you and your advisors to structure a gift that best fulfills your charitable legacy goals. Please contact Tammy Allison at 937-599-7003 or tammy.allison@maryrutan.org.



At any time, if you want to make a contribution in tribute of someone or see an area of interest that you'd like to support, use your smartphone to scan the QR code here.



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