

Covered preventive services

Individual and Commercial Group Plans

MercyCare Health Plans wants to insure you live well. One of the many ways we do this is by offering our members access to preventive services that are covered at 100%—regardless of co-payment, coinsurance or health plan deductible. Under the Affordable Care Act, all insurers are required to offer at no cost preventive services for adults and children. Some exceptions may apply. If you have any questions about these covered preventive screenings, please call our customer service department at (800) 895-2421. This list is a brief summary of preventive care coverage. Please visit healthcare.gov/coverage/preventive-care-benefits/ for the most current list of preventative services available to our members.

Covered preventive services for adults

Abdominal aortic aneurysm, one-time screening for men of specified ages who have smoked

Alcohol misuse screening and counseling

Aspirin use for men and women of certain ages

Blood pressure screening

Breast cancer medications for risk reduction of primary breast cancer in women who are at increased risk for breast cancer and low risk for adverse medication effects

Cholesterol screening for adults of certain ages or at higher risk

Colorectal cancer screening for adults over 50

Depression screening for adults

Type 2 diabetes screening for adults with high blood pressure

Diet counseling for adults at higher risk for chronic disease

Hepatitis C screening for high risk adults

- One-time screening for all adults born 1945–1965
- HIV screening for all adults at higher risk

Immunization vaccines*, including:

- Hepatitis A
- Hepatitis B
- Herpes zoster
- Human papillomavirus (HPV)
- Influenza
- Measles, mumps, rubella (MMR)
- Meningococcal
- Pneumococcal
- Tetanus, diphtheria, pertussis (Tdap)
- Varicella

*doses, recommended ages and populations vary

Obesity screening and counseling for all adults

Preventive care visits for routine screenings and preventive services only

Sexually transmitted infection prevention counseling for adults at higher risk

Syphilis screening for all adults at higher risk

Tobacco use screening for all adults and for those who use tobacco products

Covered preventive services for women

Anemia screening routinely for pregnant women

BRCA counseling for women at higher risk

Breast mammogram every 1-2 years for women over 40

Breast cancer chemoprevention counseling for women at higher risk

Breastfeeding support, supplies and counseling

Cervical cancer screening for sexually active women

Chlamydia infection screening for younger women and other women at higher risk

Contraception Food and Drug Administration-approved contraceptive methods, sterilization procedures and patient education and counseling, as prescribed by a health care provider for women with reproductive capacity (not including abortifacient drugs)

Domestic violence screening and counseling for women

Folic acid supplements for women who may become pregnant

Gestational diabetes screening for women 24-28 weeks pregnant and those at high risk

Gonorrhea screening for all women at higher risk

Hepatitis B screening for pregnant women at first prenatal visit

HIV screening and counseling for sexually active women

HPV DNA test every 3 years for women with normal cytology results who are 30 or older

Osteoporosis screening for women over age 60 depending on risk factors

Rh incompatibility screening for all pregnant women and follow-up testing for women at higher risk

Sexually transmitted infection prevention counseling for sexually active women

Syphilis screening for all pregnant and other women at increased risk

Tobacco use screening and interventions for all women, and expanded counseling for pregnant tobacco users

Urinary tract or other urinary infection screening for pregnant women

Well-woman visits to get recommended services for women under 65

Covered preventive services (continued)

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Preventive care includes health services like screenings, check-ups, and patient counseling that are used to prevent illnesses, disease and other health problems, or to detect illness at an early stage when treatment is likely to work best. Getting recommended preventive services and making healthy lifestyle choices are key steps to good health and well-being. This list is a brief summary of preventive care coverage. Please visit www.healthcare.gov/coverage/preventive-care-benefits/ for the most current list of preventative services available to our members. Some exceptions may apply. If you have any questions about these covered preventive screenings, please call our customer service department at (800) 895-2421

Covered preventive services for children

[Alcohol and drug use assessments](#) for adolescents
[Autism screening](#) for children at 18 and 24 months
[Behavioral assessments](#) for children of all ages
[Blood pressure screening](#) for children
[Cervical dysplasia screening](#) for sexually active females
[Congenital hypothyroidism screening](#) for newborns
[Depression screening](#) for adolescents
[Developmental screening](#) for children under age three and surveillance throughout childhood
[Dyslipidemia screening](#) for children at higher risk of lipid disorders
[Fluoride chemoprevention supplements](#) for children without fluoride in their water source
[Gonorrhea preventive medication](#) for the eyes of all newborns
[Hearing screening](#) for all newborns
[Height, weight, and body mass index \(BMI\)](#) measurements for children
[Sickle cell screening](#) for newborns
[HIV screening](#) for adolescents at higher risk
[Immunization vaccines*](#) for children from birth through age 17

- Diphtheria, tetanus, pertussis (Dtap)
- Haemophilus influenzae type b
- Hepatitis A
- Hepatitis B
- Human papillomavirus (HPV)
- Inactivated poliovirus
- Influenza
- Measles, mumps, rubella (MMR)
- Meningococcal
- Pneumococcal
- Rotavirus
- Varicella

*doses, recommended ages and populations vary

[Iron supplements](#) for children ages six to 12 months at risk for anemia
[Lead screening](#) for children at risk of exposure
[Medical history](#) for all children throughout development
[Obesity screening and counseling](#)
[Oral health risk assessment](#) for young children
[Phenylketonuria \(PKU\) screening](#) for this genetic disorder in newborns
[Sexually transmitted infection \(STI\) prevention counseling and screening](#) for adolescents at higher risk
[Tuberculin testing](#) for children at higher risk of tuberculosis
[Vision screening](#) for all children**

**This service is only covered as preventive when it's done as part of a well baby checkup. Any additional screenings or eye exams would have a diagnostic code and, therefore, are not considered preventive.