

**VAN MATRE ENCOMPASS HEALTH REHABILITATION INSTITUTE  
COMMUNITY BENEFIT PLAN  
FY 2021 IMPLEMENTATION PLAN**

**Strategic Objective:** Based on the Community Health Assessment Improvement Collaborative’s 2020 Healthy Community Study, Van Matre Encompass Health Rehabilitation Institute will develop and implement a multifaceted community benefit plan to improve the overall health and well-being of residents in the primary service area.

<b>STRATEGIES</b>	<b>TACTICS</b>	<b>MEASURE/STATUS</b>
<b>Improve the general health of individuals living in the primary service area</b>	<ul style="list-style-type: none"> <li>• Invest in and modernize campus in order to serve the needs of Rockford residents</li> <li>• Continue to advance services around the early identification and treatment/intervention of strokes</li> <li>• Provide education to community to improve public awareness around early detection</li> <li>• Offer a wide array of community educational health programs related to rehabilitation</li> </ul>	<ul style="list-style-type: none"> <li>• Optimizing current space with pool remodel to better meet patient needs</li> <li>• Joint Commission Certified with Gold Seal of Approval for Disease-Specific Care Certification in Stroke, Brain Injury, and Spinal Cord</li> <li>• Number of educational community events (expos, fairs, presentations at senior living centers, church groups, etc.) attended/offered</li> </ul>
<b>Improve the health of patients with specific needs, including brain and spinal cord injuries, stroke recovery, and other complex neurological and orthopedic conditions</b>	<ul style="list-style-type: none"> <li>• Offer family training so patients can be assisted by their support system of friends and family throughout recovery</li> </ul>	<ul style="list-style-type: none"> <li>• Number of family training sessions completed</li> </ul>
<b>Enhance quality of care by focusing on care coordination between hospital, primary care, and inpatient rehab facility</b>	<ul style="list-style-type: none"> <li>• Use clinical collaboration and advanced technologies to provide personalized care plans designed to meet patients’ unique needs and help them achieve goals</li> </ul>	<ul style="list-style-type: none"> <li>• Percent of patients with care plan completed</li> </ul>
<b>Reduce likelihood of opioid addiction beginning and/or continuing</b>	<ul style="list-style-type: none"> <li>• Monitor opioid prescribing among physicians</li> <li>• Offer provider education</li> <li>• Offer addiction counseling</li> </ul>	<ul style="list-style-type: none"> <li>• Review regular reports to look for outlier prescribers</li> <li>• Number of educational courses offered</li> </ul>
<b>Increase accuracy of disposition to ensure care is delivered in the right setting</b>	<ul style="list-style-type: none"> <li>• Ensure staff are trained and up-to-date on the various disposition options available, which patients qualify, etc.</li> </ul>	<ul style="list-style-type: none"> <li>• Number of employee training sessions offered</li> </ul>
<b>Reduce length of stay and readmissions to keep patients in their home environments</b>	<ul style="list-style-type: none"> <li>• Interdisciplinary rehabilitation teams meet weekly to re-evaluate patient progress and modify goals based upon changing needs to focus on better care for maximized recovery</li> <li>• Include family training as part of process</li> </ul>	<ul style="list-style-type: none"> <li>• Number of family training sessions completed</li> </ul>
<b>Respond to COVID-19 to effectively care for the needs of our community and to ensure up-to-date education and preparedness during a pandemic (the pandemic began after the CHNA research was completed, and was determined by VMEH to be a community priority)</b>	<ul style="list-style-type: none"> <li>• Post COVID-related and infection prevention content on VMEH website, update regularly</li> </ul>	<ul style="list-style-type: none"> <li>• Modify quarterly or as-needed with updated CDC guidelines</li> </ul>