



With MercyCare's Stay Healthy Benefit,  
it pays to be a member!

## Stay Healthy Benefit

**MercyCare reimburses members who participate in fitness and wellness programs**

Recognizing the fact that taking better care of yourself now ensures fewer problems in the years to come, MercyCare offers the Stay Healthy Benefit program to members 18 and older. This program gives you the opportunity to be reimbursed for qualified fitness and/or wellness expenses. Examples of qualified expenses include adult physical fitness classes, health club memberships, and wellness and lifestyle programs, such as smoking cessation or weight loss.

This form must be completed and submitted to MercyCare, along with a receipt of payment, cancelled check or bank draft, showing the amounts charged and the amount(s) paid. If bank drafts are used, submit the number of drafts necessary to equal the reimbursement level total.

Program applications, contracts or brochures are not acceptable proof payment for this benefit. Please ensure this form is completed in its entirety to ensure prompt processing and reimbursement of your claim.

Call (800) 895-2421 if you have questions about this form or the Stay Healthy program.

[mercycarehealthplans.com](http://mercycarehealthplans.com)

Stay Healthy reimbursement form

Member name:  
\_\_\_\_\_

Home phone:  
\_\_\_\_\_

Group ID#:  
\_\_\_\_\_

Member ID#:  
\_\_\_\_\_

Program name/title:  
\_\_\_\_\_

Program/class participation dates:  
\_\_\_\_\_

Please return completed form:

Mail: MercyCare Health Plans  
PO Box 550  
Janesville, WI 53547-0550

Fax: (608) 741-5238

Email: [mcare@mhemail.org](mailto:mcare@mhemail.org)

 **MercyCare Health Plans**<sup>™</sup>