

November 2021 Obstetrics Quiz

Name _____

Squad _____

Date _____

1. Prematurity is defined as less than how many weeks gestation?
 - a. 40 weeks
 - b. 38 weeks
 - c. 37 weeks

2. Which statement is true regarding oxygen use for newly born infants?
 - a. Use oxygen on all newborn infants
 - b. Use oxygen only on distressed or bradycardic newborns
 - c. Never use oxygen on newborn infants

3. Chest compressions should always be started on infants with a heart rate of?
 - a. 0 bpm
 - b. Less than 60 bpm
 - c. Less than 100 bpm

4. What is the preferred way to transport a stable newborn and mother in the ambulance?
 - a. Mother on cot holding baby to bare chest
 - b. Mother on cot, baby in rear facing car seat
 - c. Mother and baby in separate ambulances

5. An essential part of your *distressed* newborn assessment is?
 - a. Checking the neonate's weight
 - b. Blood glucose level
 - c. Rectal temperature

6. What is the correct compression-to-ventilation ratio for a neonate?
 - a. 15:2
 - b. 30:2
 - c. 3:1

7. Which of the following would be an indication to stay on scene and deliver the baby?
 - a. Contractions 4 minutes apart
 - b. Bag of water has broken
 - c. You see crowing

8. What is the correct rate of rescue breathing for a neonate with signs of poor ventilation and perfusion?
 - a. 12-20 bpm
 - b. 20-30 bpm
 - c. 40-60 bpm

9. You just delivered a crying pink baby with a heart rate of 140 bpm; what's your next action?
 - a. Clamp cord, cover with blanket, and encourage mom to breast feed
 - b. Cut cord immediately and check APGAR
 - c. Gently pull on cord to assist delivery of placenta

10. You are assisting mother with delivery of her baby. The head has partially delivered but you notice it keeps going back in with additional pushes. Given suspicion for possible nuchal cord and/or shoulder dystocia, you should perform which of the following?
 - a. Encourage mother not to push until you arrive at hospital.
 - b. Insert gloved hand into the vagina and unwrap nuchal cord if present, then place pt in knee to chest position and apply suprapubic pressure.
 - c. Insert gloved hand into vagina to keep head elevated, encourage mother to push.

11. Which of the following conditions may cause sudden hypotension during pregnancy?
 - a. Pre-Eclampsia
 - b. Gestational diabetes
 - c. Ectopic Pregnancy

12. Which of the following *decreases* during pregnancy as part of normal physiology?
 - a. Coagulation factors
 - b. Concentration of red blood cells (Hemoglobin)
 - c. Circulating blood volume