

# Member Benefit Guide



# MercyCare Health Plans Live well. We'll insure you do.

## Why choose MercyCare?

MercyCare Health Plans has been providing dependable, quality, affordable health care coverage since 1994. MercyCare Health Plans and Mercyhealth together offer a complete continuum of health care services readily available to its members close to home.

MercyCare gives you access to Mercyhealth's seven hospitals, and 85+ primary and specialty care facilities throughout 50 northern Illinois and southern Wisconsin communities. Mercyhealth also offers home health care, home health equipment, hospice, full-service pharmacies and more.

As a nationally recognized, vertically integrated health system, Mercyhealth's 700+ primary and specialty care physicians and 7,000 employee partners do whatever it takes to keep you well.

## **Accredited Centers of Excellence, Hospital and Clinics**

Mercyhealth offers accredited specialty services such as a regional perinatal center, a neonatal intensive care unit, emergency/trauma centers, cancer centers, and chest pain and stroke centers. In addition, Mercyhealth provides orthopedic services, cardiovascular and pulmonary services, neurosurgery and neuroscience services, inpatient rehabilitation and much more.

### **Our doctors**

Our doctors are leaders in their fields, always searching for the most effective diagnosis and treatment options. Quality care is something MercyCare members can expect from Mercyhealth.

### **Case Management**

MercyCare's Case Managers are experienced Registered Nurses who help patients manage chronic diseases such as asthma, diabetes, and other chronic health problems. MercyCare meets National Committee for Quality Assurance (NCQA) Standards for case management services and has been recognized for its diabetes case management program, receiving national recognition for working to improve health outcomes.

# **About Mercyhealth**

### **About Mercyhealth**

Choosing a health care provider is a very important decision. You want someone you can trust, who provides excellent communication and support, in addition to exceptional expertise.

At Mercyhealth, our doctors, nurses and staff are committed to making lives better for our patients and their families. They bring knowledge and innovation to ensure our patients receive world-class health care. From the hospital to home, our integrated health system offers high-quality care at every step of the health journey.

#### Benefits of choosing an integrated health system

As an integrated health system, we provide exceptional, coordinated health care for almost every need. Integration improves access to services, technology and treatments, and leads to better outcomes.

To best serve our patients, our integration centers around four core service areas.

#### **Hospital-based services**

When you or a loved one are sick or injured, you want expert doctors, state-of-the-art technology, compassionate medical team and comfortable surroundings. Mercyhealth provides this and much more.

Mercyhealth has hospitals in Rockford and Harvard, Illinois, and Janesville and Lake Geneva, Wisconsin. In early 2023, we will open a new hospital in Crystal Lake, Illinois.

### **Clinic-based services**

We offer you convenient care close to where you live, work in play. With four dozen clinics located hundreds of primary and specialty care doctors throughout northern Illinois and southern Wisconsin, care is always close by.

#### Post-acute care and retail services

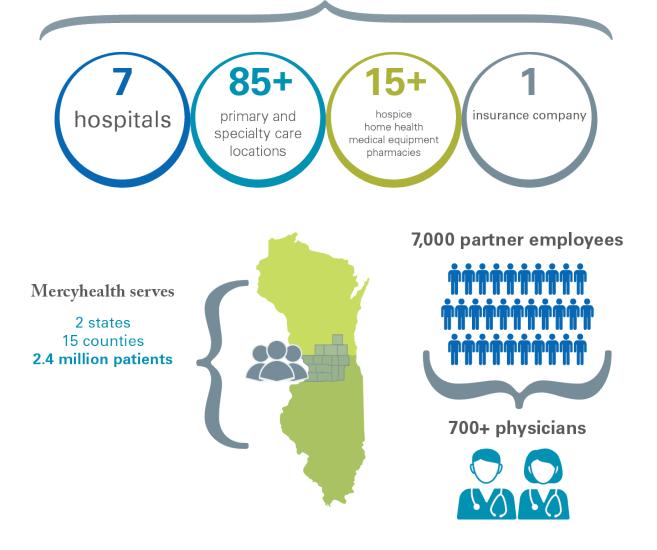
From home health and hospice services, to pharmacies, to medical equipment and supplies, we've got you covered.

#### **Health insurance**

MercyCare Health Plans offers a variety of plans to meet your needs. MercyCare has been providing dependable, affordable health care coverage since 1994.

# About Mercyhealth

# Four core service areas



# Mercyhealth MyChart Your 24/7 health record, at your convenience.

#### MercyCare members can do the following through MyChart:

- Look up insurance coverage details
- Learn more about your benefits
- View your claims status and payment information
- Request a new MercyCare ID card
- Change your primary care physician
- Email your health plan representative
- Update your information, such as change of address
- Manage health information online
- Review health history and test results
- Schedule and cancel appointments
- Request prescription refills
- Send a message to your health care provider
- Pay your bills

#### How to get started with Mercyhealth MyChart:

Sign up at any Mercyhealth clinic or visit mychart.mercyhealthsystem.org. You can access MyChart securely online at home, or on your smartphone with the Mercyhealth MyChart app.

# Did you know that MercyCare ...

- Has been helping people like you stay healthy for over 30 years
- Manages over 50,000 members
- Has an open access network, meaning no referrals are needed for in-plan services
- Contracts with more than 750 medical professionals
- Has local customer service to assist members

# MercyCare Plans and Providers Live well. We'll insure you do.

As a member of MercyCare Health Plans, you will receive care from some of the most qualified physicians in southern Wisconsin and northern Illinois. To learn more about MercyCare Health Plans and access your plan documents and provider directory, visit **mercycarehealthplans.com**.

#### **Plan documents**

To access your current benefit plan documents, visit **mercycarehealthplans.com** and select My Plan Documents in the Interactive Center. You will be asked to enter your group number, which you can find on your Member ID card. This is a safe, simple and secure way to access your insurance information online.

Plan documents include:

- Certificate of Coverage
- Schedule of Benefits/Drug Rider
- SBC (Schedule of Benefits and Coverage)

If you would like paper copies of your plan documents, please call the MercyCare Customer Service Department, Monday-Friday, 8 am-5 pm.

Wisconsin: (800) 895-2421 Illinois: (877) 908-6027

### **Provider directory**

If you are looking for a provider, MercyCare Health Plans offers a complete, up-to-date listing of our doctors and clinics at **mercycarehealthplans.com**.

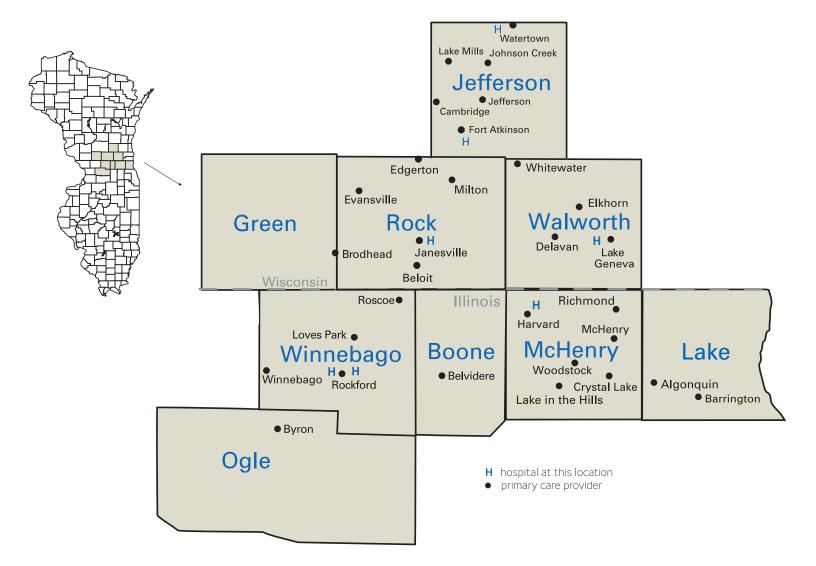
To locate a participating provider, follow these simple steps:

1. Visit mercycarehealthplans.com.

- 2. Click on the "Find a Doctor/Facility" box on the home page.
- 3. Select your plan network.
- 4. Search by location, specialty or name.

A printed copy of our provider directory is also available upon request. Please call MercyCare at (877) 908-6027 to request a copy.

# MercyCare HMO Provider Area Wisconsin and Illinois



# MercyCare HMO network

## WISCONSIN

GREEN COUNTY	
Mercyhealth Brodhead	

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## **ROCK COUNTY**

ROCK COUNTY		
Mercyhealth Beloit	(608)	363-5500
Mercyhealth East	(608)	756-7100
Mercyhealth Edgerton		884-9431
Mercyhealth Evansville		882-5613
	(008)	002-0010
Mercyhealth Hospital and		750 0000
Trauma Center–Janesville*		756-6000
Mercyhealth Mall Clinic		741-2430
Mercyhealth Milton	(608)	868-5800
Mercyhealth North	(608)	314-3600
Mercyhealth South	(608)	755-7960
Mercyhealth Sports Medicine		
and Rehabilitation–East	(608)	756-7107
Mercyhealth Sports Medicine	(000)	/00/10/
	(600)	754 6000
and Rehabilitation–Janesville		754-6000
Mercyhealth West	(608)	756-6800
Mercyhealth Women's		
Center–Janesville	(608)	756-6890
JEFFERSON COUNTY**		
Fort HealthCare Donald Bates, MD	(920)	563-8280
Fort HealthCare Fort	(020)	000 0200
Memorial Hospital*	(920)	568-5000
Fort HealthCare Internal	(320)	500-5000
Medicine and Pediatrics		563-7711
Fort HealthCare Jefferson	(920)	674-6000
UW Health Fort Atkinson		
Fort HealthCare Rockwood	(920)	674-4141
Fort HealthCare Johnson Creek	(920)	699-4000
UWHP WRMC Johnson Creek Clinic	(920)	699-6200
Fort HealthCare Lake Mills Clinic		648-8393
UWHP WRMC Lake Mills Clinic		648-4518
Meade Medical Clinic		261-6500
Philip M. Marden, MD, SC		261-3898
Turke Family Medicine, SC	(920)	261-2020
UW Health Partners–Watertown		
Regional Medical Center*	(920)	261-4210
UWHP WRMC Doctors Ct. Clinic	(920)	261-4111
UWHP WRMC Internal		
Medicine Clinic	(920)	262-9833
Watertown Family Practice		261-8500
	(020)	201-0000
WALWORTH COUNTY	(000)	700 4004
Mercyhealth Delavan		728-4301
Mercyhealth Elkhorn	(262)	741-1400

WALWORTH COUNTY (continued Mercyhealth Lake Geneva	) (262) 249-0221
Mercyhealth Sports Medicine and Rehabilitation Center–Walworth	(262) 249-0221
Mercyhealth Sports Medicine and Rehabilitation Center–Whitewater	(262) 473-0410
Mercyhealth Hospital and Medical Center–Walworth*	(262) 245-0535
Mercyhealth Whitewater	(262) 473-0400
BOONE COUNTY Mercyhealth Belvidere	(815) 971-3030
LAKE COUNTY Mercyhealth Barrington	(847) 381-3000
MCHENRY COUNTY	
Mercyhealth Algonquin Mercyhealth Crystal Lake East Mercyhealth Crystal Lake South	(847) 458-5440 (815) 455-0850 (815) 356-7494
Mercyhealth Hospital and Medical Center–Harvard*	(815) 943-5431
Mercyhealth Harvard South Mercyhealth McHenry	(815) 943-1122 (815) 344-4499
Mercyhealth Northwest Women's Group	(847) 458-4100
Mercyhealth Richmond	(815) 678-2121

## **OGLE COUNTY**

(608) 897-8664

Mercyhealth Byron	(815) 971-3000

(888) 983-7100

# WINNEBAGO COUNTY

Mercyhealth Woodstock

Mercyhealth Alpine Mercyhealth Cherry Valley	(815) 971-2000 (815) 971-3110
Mercyhealth Glenwood	(815) 971-4060
Mercyhealth Mulford	(815) 971-2000
Mercyhealth Perryville	(815) 971-2000
Mercyhealth Physician	
Clinic-Riverside	(815) 971-2000
Mercyhealth Physician	
Clinic–Rockton	(815) 971-2000
Javon Bea Hospital–Riverside*	(815) 971-7000
Javon Bea Hospital–Rockton*	(815) 971-5000
Mercyhealth Roscoe	(815) 971-2000
Mercyhealth Winnebago	(815) 971-3200
Mercyhealth Women's	
Center-Rockford	(815) 971-2299

\*Indicates plan hospital

\*\*Where applicable, see your directory forplan providers; Jefferson county providersnot included in EPO Network

# Hospitals, Emergency and Urgent Care

#### Hospitals

#### Javon Bea Hospital–Riverside 8201 E. Riverside Blvd. Rockford, IL (815) 971-7000

Javon Bea Hospital–Rockton 2400 N. Rockton Ave. Rockford, IL (815) 971-5000

## Mercyhealth Hospital and

Medical Center–Harvard 901 Grant St. Harvard, IL (815) 943-5431

### Mercyhealth Hospital and

Medical Center–Walworth N2950 State Rd. 67 Lake Geneva, WI (262) 245-2230

#### Mercyhealth Hospital

and Trauma Center–Janesville 1000 Mineral Point Ave. Janesville, WI (608) 756-6000

#### Fort Memorial Hospital

611 Sherman Ave. East Fort Atkinson, WI (920) 568-5000

#### Watertown Memorial Hospital

125 Hospital Dr. Watertown, WI (920) 261-4210

## **Emergency Care**

Javon Bea Hospital–Riverside 8201 E. Riverside Blvd. Rockford, IL (815) 971-7000

#### Javon Bea Hospital–Rockton 2400 N. Rockton Ave. Rockford, IL (815) 971-5000

Mercyhealth Hospital and Medical Center–Harvard 901 Grant St.

Harvard, IL (815) 943-5431

## Mercyhealth Hospital and Trauma Center

Emergency North 3400 Deerfield Dr. Janesville, WI (608) 314-3605

### Mercyhealth Hospital

and Trauma Center–Janesville 1000 Mineral Point Ave. Janesville, WI (608) 756-6000

### Mercyhealth Hospital and

Medical Center–Walworth N2950 State Rd. 67 Lake Geneva, WI (262) 245-2230

### Fort Memorial Hospital

611 Sherman Ave. East Fort Atkinson, WI (920) 568-5000

#### Watertown Memorial Hospital

125 Hospital Dr. Watertown, WI (920) 261-4210

## **Urgent Care**

Mercyhealth East 3524 E. Milwaukee St. Janesville, WI (608) 756-8484 InQuicker

#### Mercyhealth McHenry

3922 Mercy Dr. McHenry, IL (815) 578-2020 *InQuicker* 

### Mercyhealth North

3400 Deerfield Dr.. Janesville, WI (608) 314-3605

## Mercyhealth Perryville

3401 N. Perryville Rd. Rockford, IL (815) 971-8000 *InQuicker* 

Mercyhealth Roscoe 5000 Prairie Rose Dr. Roscoe, IL (815) 971-3450

## Mercyhealth Hopsital and

Medical Center–Walworth N2950 State Rd. 67 Lake Geneva, WI (262) 245-2230 *InQuicker* 

Mercyhealth Woodstock 2000 Lake Ave. Woodstock, IL (815) 337-1544

Fort HealthCare Lake Mills 200 E. Tyranena Park Rd. Lake Mills, WI (920) 648-3113

## Fort Memorial Hospital

611 Sherman Ave. East Fort Atkinson, WI (920) 568-5000

# Know Where to Go Emergency or Urgent Care

# Emergency

- ✓ Broken bone, open fracture
- Change in mental status/behavior
- Chest or abdominal pain
- ✓ Difficulty seeing
- ✓ Head injury, convulsion
- ✓ Large hives with shortness of breath
- ✓ Painful urination with fever or back pain
- ✓ Severe allergic reactions
- ✓ Severe bleeding, multiple injuries
- Severe shortness of breath, difficulty breathing
- ✓ Vomiting blood

# **Urgent Care**

- Cut needing stitching, puncture wound
- 🗸 Ear pain
- ✓ Headache, fever
- Minor allergic reactions
- ✓ Minor eye irritation
- Minor neck or back pain
- Minor or small burn
- ✓ Sinus trouble, runny nose, sore/strep throat, cough
- ✓ Skin rash, itch or sunburn
- ✓ Sprain, pulled muscle
- ✓ Suture removal, wound check

For a suspected heart attack or stroke, or if you have a life-threatening emergency, call 911.

or



• Fill out the online form

• Wait in the comfort of your home

• Arrive at your projected treatment time

# Mercyhealth Specialty Services Available to MercyCare Members

#### Α

Acupuncture WI Advance Care Planning WI/IL Advanced Sports Training WI/IL Aesthetician (skin care) Services WI ALS Multidisciplinary Clinic IL Allergy/Immunology WI/IL Alzheimer's/Dementia Care IL Anesthesiology WI/IL Anticoagulation Services WI/IL Aquatic Therapy WI/IL Athletic Training WI/IL Audiology WI/IL Autism Services WI/IL R Bariatric Center IL Behavioral Health WI/IL Birthing Centers WI/IL Brain and Spine Care WI/IL Breast Care Services WI/IL С Cancer Care WI/IL Cardiac Rehabilitation WI/IL Cardiology WI/IL Cardiothoracic Surgery WI/IL Child Development and Behavior Specialists IL Chiropractic Care WI/IL Clinical Health and Rehabilitation Psychology WI/IL Community Support Services WI/IL Complementary Medicine WI/IL Concussion Management W/ Cosmetic Surgery WI/IL Counseling Psychology WI/IL Critical Care (intensive care) WI/IL D da vinci<sup>®</sup> Robotic-Assisted Surgery WI/IL Dermatology WI/IL Detoxification Services W/ Diabetes Education WI/IL Dialysis WI/IL Dietitian Services WI/IL E Ear, Nose and Throat Care WI/IL Eclipse Sports Performance Program WI Electrophysiology WI/IL Emergency Medicine WI/IL Employee Assistance Program (EAP) W/ Endocrinology WI/IL Eye Care WI/IL Family Medicine WI/IL Family Medicine and Obstetrics WI/IL G Gastroenterology WI/IL General Surgery WI/IL Geriatrics (senior adult health care) WI/IL Glasses and Contacts WI/IL Gynecology WI/IL н Hand Care and Surgery WI/IL

Hand Care and Surgery *WI/IL* Hearing Care and Hearing Aids *WI/IL* Heart and Chest Surgery *WI/IL*  Heart and Vascular Care *WI/IL* Heart Failure Clinic *WI/IL* Heart Rhythm Disorders *WI/IL* Hematology *WI/IL* Home Health *WI/IL* Hospice *WI/IL* Hospitalist Services *WI/IL* 

Immunology *WI/IL* Industrial Rehabilitation *WI* Infectious Disease *WI* Inpatient Rehabilitation Therapy Services *WI/IL* Internal Medicine *WI/IL* L Laboratory Services *WI/IL* 

Lactation Clinics WI/IL Lasik Vision Correction Surgery WI/IL Lung Care WI/IL Lymphedema Treatment WI/IL M MassageTherapy WI/IL Maternal-Fetal Medicine (MFM) WI/IL Maternity/Birthing Care WI/IL Meals on Wheels WI/IL Medical Equipment and Supplies WI/IL Medical Genetics WI/IL Medical Oncology WI/IL Memory Care WI/IL Men's Health WI/IL Mental Health Services WI/IL Midwife Services IL Mohs Surgery (for skin cancer) WI/IL Ν Neonatology IL Nephrology WI/IL Neuro-Oncology W/ Neuroendovascular Services IL

Neurology *WI/IL* Neuropsychology *WI* Neurosurgery *WI* NICU – Neonatal Intensive Care Unit *IL* Nuclear Medicine *WI/IL* Nursing Homes (short- and long-term skilled nursing care) *WI/IL* Nutrition Services *WI/IL* 

Obstetrics WI/IL Obstetric Hospitalists IL Occupational Therapy WI/IL Oncology WI/IL Ophthalmology WI/IL Optometry WI/IL Orthopedic Care and Surgery WI/IL Orthotics and Prosthetics WI/IL Othotics and Prosthetics WI/IL Osteoporosis Center IL Otolaryngology (ear, nose, throat) WI/IL Outpatient/Ambulatory Surgery WI/IL P Pain Management WI/IL Palliative Care/Inpatient WI/IL

Pathology *WI/IL* Pediatric Allergy *IL* Pediatric Anesthesiology *IL* Pediatric Cardiology *IL*  Pediatric Child Abuse IL Pediatric Developmental Therapy IL Pediatric Endocrinology IL Pediatric Gastroenterology WI/IL Pediatric Genetics IL Pediatric Hematology IL Pediatric Hospitalists IL Pediatric Occupational Therapy IL Pediatric Ophthalmology IL Pediatric Orthopedics IL Pediatric Physical Therapy IL Pediatric Pulmonology IL Pediatric Radiology IL Pediatric Speech-Language Pathology IL Pediatric Sports Medicine IL Pediatric Surgery IL Pediatric Urology IL Pediatrics WI/IL Pharmacies WI/IL Physical Medicine and Rehabilitation WI/IL Physical Therapy WI/IL Plastic Surgery, Cosmetic/Reconstructive WI/IL Podiatry WI/IL Prehospital and Emergency Services Center WI/IL Psychiatric and Detoxification Inpatient Service W/ Psychiatry/Adolescent WI/IL Psychiatry/Adult WI/IL Psychiatry/Child WI/IL Pulmonary (lung) Rehabilitation WI/IL Pulmonology WI/IL R Radiation Oncology WI/IL Radiology WI/IL Regional Perinatal Center IL Rheumatology WI/IL S Safe Connect Personal Emergency Response System WI/IL Senior Adult (55+) Support Services WI/IL Sleep Medicine WI/IL Small Baby Unit IL Speech Therapy WI/IL Spine Care WI/IL Sports Medicine and Rehabilitation WI/IL Sports Training WI/IL Stroke Care WI/IL Support Groups WI/IL т Traditional Chinese Medicine W/ Trauma Care WI/IL ш Urgent Care WI/IL Urology W//IL Vascular (blood vessel) Surgery WI/IL Vein Clinic IL W Weight Management WI/IL Women's Health Services WI/IL Wound Care WI/IL

# Covered Preventive Services Individual and Commercial Group Plans

MercyCare Health Plans wants to insure you live well. One of the many ways we do this is by offering our members access to preventive services that are covered at 100%—regardless of copayment, coinsurance or health plan deductible. Under the Affordable Care Act, all insurers are required to offer at no cost preventive services for adults and children. Some exceptions may apply. If you have any questions about these covered preventive screenings, call our Customer Service Department at (800) 895-2421 (WI) or (877) 908-6027 (IL). This list is a brief summary of preventive care coverage. Please visit healthcare.gov/coverage/preventive-care-benefits/ for the most current list of preventive services available to our members.

### **Covered preventive services for adults**

Abdominal aortic aneurysm one-time screening for men of specified ages who have ever smoked

#### Alcohol misuse screening and counseling

Aspirin use to prevent cardiovascular disease and colorectal cancer for adults 50 to 59 years with a high cardiovascular risk

#### Blood pressure screening

Cholesterol screening for adults of certain ages or at higher risk

**Colorectal cancer screening** for adults 45-49 years. The USPSTF recommends screening for colorectal cancer in all adults aged 50 to 75 years. (A recommendation) The USPSTF recommends screening for colorectal cancer in adults aged 45 to 49 years. (B recommendation) The USPSTF recommends that clinicians selectively offer screening for colorectal cancer in adults aged 76 to 85 years.

#### **Depression screening**

Diabetes (Type 2) screening for adults 35 to 70 years who are overweight or obese

**Diet counseling** for adults at higher risk for chronic disease

Falls prevention (with exercise or physical therapy and vitamin D use) for adults 65 years and over, living in a community setting

Hepatitis B screening for people at high risk, including people from countries with 2% or more Hepatitis B prevalence, and US-born people not vaccinated as infants and with at least one parent born in a region with 8% or more Hepatitis B prevalence

Hepatitis C screening for adults age 18 to 79 years

HIV screening for everyone age 15 to 65, and other ages at increased risk

#### PrEP (pre-exposure prophylaxis) HIV prevention

medication for HIV-negative adults at high risk for getting HIV through sex or injection drug use

**Immunizations** for adults — doses, recommended ages, and recommended populations vary:

- Chickenpox (Varicella)
- Diphtheria
- Flu (influenza)
- Hepatitis A
- Hepatitis B
- Human Papillomavirus (HPV)
- Measles
- Meningococcal
- Mumps
- Whooping Cough (Pertussis)
- Pneumococcal
- Rubella
- Shingles
- Tetanus

Lung cancer screening for adults 50 to 80 at high risk for lung cancer because they're heavy smokers or have quit in the past 15 years

Obesity screening and counseling

Sexually transmitted infection (STI) prevention counseling for adults at higher risk

Statin preventive medication for adults 40 to 75 at high risk

Syphilis screening for adults at higher risk

Tobacco use screening for all adults and cessation interventions for tobacco users

Tuberculosis screening for certain adults without symptoms at high risk

Unhealthy drug use screening (Grade B) for age 18 and older: asking questions about unhealthy drug use, not testing of specimens

# Covered Preventive Services Individual and Commercial Group Plans

### **Covered preventive services for women**

**Breastfeeding support and counseling** from trained providers, and access to breastfeeding supplies, for pregnant and nursing women

**Birth control:** Food and Drug Administrationapproved contraceptive methods, sterilization procedures, and patient education and counseling, as prescribed by a health care provider for women with reproductive capacity (not including abortifacient drugs). This does not apply to health plans sponsored by certain exempt "religious employers." Learn more about contraceptive coverage.

Folic acid supplements for women who may become pregnant

Gestational diabetes screening for women 24 weeks pregnant (or later) and those at high risk of developing gestational diabetes

Gonorrhea screening for all women at higher risk

Hepatitis B screening for pregnant women at their first prenatal visit

Maternal depression screening for mothers at well-baby visits (PDF, 1.5 MB)

Preeclampsia prevention and screening for pregnant women with high blood pressure

Rh incompatibility screening for all pregnant women and follow-up testing for women at higher risk

#### Syphilis screening

Expanded tobacco intervention and counseling for pregnant tobacco users

Urinary tract or other infection screening

Get more information about services for pregnant women from HealthFinder.gov.

# Other covered preventive services for women

**Bone density screening** for all women over age 65 or women age 64 and younger that have gone through menopause

Breast cancer genetic test counseling (BRCA) for women at higher risk

Breast cancer mammography screenings

- Every 2 years for women 50 and over
- As recommended by a provider for women 40 to 49 or women at higher risk for breast cancer

Breast cancer chemoprevention counseling for women at higher risk

Cervical cancer screening

Pap test (also called a Pap smear) for women age 21 to 65

Chlamydia infection screening for younger women and other women at higher risk

**Diabetes screening** for women with a history of gestational diabetes who aren't currently pregnant and who haven't been diagnosed with type 2 diabetes before

Domestic and interpersonal violence screening and counseling for all women

Gonorrhea screening for all women at higher risk

**HIV screening and counseling** for everyone age 15 to 65, and other ages at increased risk

**PrEP (pre-exposure prophylaxis) HIV prevention medication** for HIV-negative women at high risk for getting HIV through sex or injection drug use

Sexually transmitted infections counseling for sexually active women

Tobacco use screening and interventions

Urinary incontinence screening for women yearly

Well-woman visits to get recommended services for all women

# **Covered Preventive Services** *Individual and Commercial Group Plans*

Preventive care includes health services like screenings, check-ups and patient counseling that are used to prevent illnesses, disease and other health problems, or to detect illness at an early stage when treatmentis likely to work best. Getting recommended preventive services and making healthy lifestyle choices are key steps to good health and well-being. This list is a brief summary of preventive care coverage. Visit healthcare.gov/coverage/preventive- care-benefits/ for the most current list of preventive services available to our members. Some exceptions may apply. If you have any questions about these covered preventive screenings, please call our Customer Service Department at (800) 895-2421 (WI) or (877) 908-6027 (IL).

#### **Covered preventive services for children**

Alcohol, tobacco, and drug use assessments for adolescents

Autism screening for children at 18 and 24 months

Behavioral assessments for children: Age 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years

Bilirubin concentration screening for newborns

**Blood pressure screening** for children: Age 0 to 11 months, 1 to 4 years , 5 to 10 years, 11 to 14 years, 15 to 17 years

Blood screening for newborns

**Depression screening** for adolescents beginning routinely at age 12

Developmental screening for children under age 3

**Dyslipidemia screening** for all children once between 9 and 11 years and once between 17 and 21 years, and for children at higher risk of lipid disorders

Fluoride supplements for children without fluoride in their water source

Fluoride varnish for all infants and children as soon as teeth are present

Gonorrhea preventive medication for the eyes of all newborns

Hearing screening for all newborns; and regular screenings for children and adolescents as recommended by their provider

Height, weight and body mass index (BMI) measurements taken regularly for all children

Hematocrit or hemoglobin screening for all children

Hemoglobinopathies or sickle cell screening for newborns

Hepatitis B screening for adolescents at higher risk

HIV screening for adolescents at higher risk

Hypothyroidism screening for newborns

#### PrEP (pre-exposure prophylaxis) HIV prevention

medication for HIV-negative adolescents at high risk for getting HIV through sex or injection drug use

**Immunizations** for children from birth to age 18; doses, recommended ages, and recommended populations vary:

- Chickenpox (Varicella)
- Diphtheria, tetanus, and pertussis (DTaP)
- Haemophilus influenza type b
- Hepatitis A
- Hepatitis B
- Human Papillomavirus (HPV)
- Inactivated Poliovirus
- Influenza (flu)
- Measles
- Meningococcal
- Mumps
  - Pneumococcal
  - Rubella
  - Rotavirus

Lead screening for children at risk of exposure

Obesity screening and counseling

**Oral health risk assessment** for young children from 6 months to 6 years

Phenylketonuria (PKU) screening for newborns

Prevention and cessation of tobacco use in children and adolescents: primary care interventions (Grade B)

Sexually transmitted infection (STI) prevention counseling and screening for adolescents at higher risk

Tuberculin testing for children at higher risk of tuberculosis: Age 0 to 11 months, 1 to 4 years, 5 to 10 years, 11 to 14 years, 15 to 17 years

Vision screening for all children

Well-baby and well-child visits

# Specialty Pharmacy Program

#### **Prescription list**

Actemra Afinitor Aranesp Aubagio Avonex Budesonide (Entocort) EC Capecitabine (Xeloda) Cimzia Cosentyx Dificid Elmiron Enbrel Enoxaparin (Lovenox) Epogen Extavia Forteo Genotropin Gilenya Glatiramer (Copaxone) Humira Imatinib (Gleevec) Isotretinoin (Accutane) Kevzara Neulasta Orencia Otezla Praluent Procrit Pulmozyme Rebif Repatha Riluzole (Rilutek) Sensipar Simponi Tacrolimus (Prograf) Temozolomide (Temodar) TOBI Vancomycin (Vancocin) Xeljanz Xifaxan Zarxio

MercyCare uses Mercyhealth pharmacies, which are categorized as specialty pharmacies. Only these specialty pharmacies are used to dispense the select medications listed at left.

Some medications require prior authorization from MercyCare. After the request has been received and approved, MercyCare members are required to select a Mercyhealth pharmacy to obtain the prescribed medication. For more information, call our Customer Service Department at (800) 895-2421 (WI) or (877) 908-6027 (IL).

Although every attempt is made to ensure this listing is current, those drugs included or excluded are subject to change at any time. Call our Customer Service Department at (800) 895-2421 (WI) or (877) 908-6027 (IL) to confirm the medications you are taking still apply.

#### **Frequently asked questions** When should I re-order my prescription(s)?

Re-order when you have 10 to 14 days of medication remaining.

### How do I pay for my order?

You may pay by credit card or flexible spending card. Checks and money orders are accepted for in-store pick-ups only.

### Where can I learn more about my medication?

Significant information pertaining to the use of your medication, possible side effects and instructions, are enclosed in each package.

Call (608) 755-8700 or (877) 597-6627 for further assistance.

# Member Resources

## **Prescription formulary**

Pharmaceutical management procedures and our formulary are available online at mercycarehealthplans.com. You can find this information by selecting the "Current Members" tab and clicking on "Pharmacy Programs." If you would like a paper copy, call MercyCare's Customer Service Department at (800) 895-2421 (WI) or (877) 908-6027 (IL).

## Plan documents

Access your current benefit plan documents by visiting mercycarehealthplans.com and selecting My Plan Documents in the Interactive Center. You will be asked to enter your group number, which you can find on your Member ID card. This is a safe, simple and secure way to access your insurance information online. Plan documents include:

- Certificate of Coverage (COC)
- Schedule of Benefits/Drug Rider
- SBC (Schedule of Benefits and Coverage)

## Member handbook

This member handbook includes information about:

- Choosing practitioners and scheduling appointments
- Utilization management procedures
- Case management programs

If you would like a paper copy of your COC or member handbook, call our Customer Service Department at (800) 895-2421 (WI) or (877) 908-6027 (IL).

# **Pharmacy Locations**

#### Mercyhealth Pharmacy–East

(608) 754-5194 3524 E. Milwaukee St., Janesville, WI Drive-up service available

Mercyhealth Pharmacy–Mall

(608) 754-0286 1010 N. Washington St., Janesville, WI

Mercyhealth Pharmacy–Milton (608) 868-6777 725 S. Janesville St., Milton, WI

Mercyhealth Pharmacy–Riverside (815) 971-1100

8201 E. Riverside Blvd., Ste. 1022, Rockford, IL

Mercyhealth Pharmacy–Walworth (262) 245-2319 Hwys. 50 and 67, Lake Geneva, WI

Mercyhealth Pharmacy–West (608) 741-6980 1000 Mineral Point Ave., Janesville, WI

Mercyhealth Pharmacy–Woodstock (815) 337-4116 2000 Lake Ave., Woodstock, IL

Pick up your prescription on your way home with Mercyhealth Pharmacy Express:

- Visit pharmacy.mercyhealthsystem.org.
- Choose the Mercyhealth pharmacy where your prescription is located.
- Enter your prescription number.
- Pick up your prescription on your way home.

Or, call (877) 597-6627 to use our convenient Mercyhealth Mail Order Pharmacy and have your prescriptions delivered by mail.

# Notice of Privacy Practices

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

MercyCare is required by law to maintain the privacy of your health information and to provide you with notice of its legal duties and privacy practices with respect to your health information. If you have questions about any part of this notice or if you want more information about the privacy practices at MercyCare, please contact the Privacy Officer at MercyCare Health Plans, PO Box 550, Janesville, WI 53547-0550, (608) 752-3431.

#### How MercyCare may use or disclose your health information

The following categories describe the ways that MercyCare may use and disclose your health information. For each category of uses and disclosures, we will explain what we mean and present some examples. Not every use or disclosure in a category will be listed. However, all the ways we are permitted to use and disclose information will fall within one of the categories.

Payment Functions. We may use or disclose health information about you to determine eligibility for plan benefits, obtain premiums, facilitate payment for the treatment and services you receive from health care providers, determine plan responsibility for benefits, and to coordinate benefits. Health information may be shared with other government programs such as Medicare, Medicaid, or private insurance to manage your benefits and payments. For example, payment functions may include reviewing the medical necessity of health care service, determining whether a particular treatment is experimental or investigational, or determining whether a treatment is covered under your plan.

Health Care Operations. We may use and disclose health information about you to carry out necessary insurancerelated activities. For example, such activities may include underwriting, premium rating and other activities relating to plan coverage; conducting quality assessment and improvement activities; submitting claims for reinsurance and stoploss coverage; conducting or arranging for medical review, legal services, audit services and fraud and abuse detection programs; and business planning, management and general administration.

Treatment. We may use or disclose your health information to a physician or other health care provider to treat you. For example, a doctor prescribing a medication may need to know if you have diabetes or heart disease and what medications you are currently taking, as this might affect what he or she can prescribe. We may use and disclose medical information to tell you about or recommend possible treatment options or alternatives that may be of interest to you.

Required by Law. As required by law, we may use and disclose your health information. For example, we may disclose medical information when required by a court order in a litigation proceeding.

Public Health. Information may be reported to a public health authority or other appropriate government authority authorized by law to collect or receive information for purposes related to: preventing or controlling disease, injury or disability; reporting child abuse or neglect; reporting domestic violence; reporting to the Food and Drug Administration problems with products and reactions to medications; and reporting disease or infection exposure.

Health Oversight Activities. We may disclose your health information to health agencies during the course of audits, investigations, inspections, licensure and other proceedings related to oversight of the health care system.

Judicial and Administrative Proceedings. We may disclose your health information in the course of any administrative or judicial proceeding.

Law Enforcement. We may disclose your health information to a law enforcement official for purposes such as identifying or locating a suspect, fugitive, material witness or missing person, complying with a court order or subpoena and other law enforcement purposes.

Public Safety. We may disclose your health information to appropriate persons in order to prevent or lessen a serious and imminent treat to the health or safety of a particular person or the general public.

National Security. We may disclose your health information for military, prisoner, and national security.

Worker's Compensation. We may disclose your health information as necessary to comply with worker's compensation or similar laws.

Marketing. We may contact you to give you information about health-related benefits and services that may be of interest to you. If we receive compensation from a third party for providing you with information about other products or services (other than drug refill reminders or generic drug availability), we will obtain your authorization to share information with this third party.

Disclosures to Plan Sponsors. We may disclose your health information to the sponsor of your group health plan, for purposes of administering benefits under the plan. If you have a group health plan, your employer is the plan sponsor.

Fundraising. You have the right to opt out of receiving fundraising communications. MercyCare does not conduct fundraising activities. If MercyCare ever did disclose your health information for the purposes of fundraising, you would receive an opt-out notice before each such communication explaining how to opt out.

# When MercyCare may not use or disclose your health information

Written Authorization. Except as described in this Notice of Privacy Practices, we will not use or disclose your health information without written authorization from you. If you do authorize us to use or disclose your health information for another purpose, you may revoke your authorization in writing at any time. If you revoke your authorization, we will no longer be able to use or disclose health information about you for the reasons covered by your written authorization, though we will be unable to take back any disclosures we have already made with your permission.

- Your authorization is necessary for most uses and disclosures of psychotherapy notes.
- Your authorization is necessary for any disclosure of health information in which the health plan receives compensation.

# Notice of Privacy Practices continued

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#### Genetic Information and Underwriting Activities.

MercyCare is prohibited from using or disclosing genetic information for underwriting purposes, including determination of benefit eligibility. If we obtain any health information for underwriting purposes and the policy or contract of health insurance or health benefits is not written with us or not issued by us, we will not use or disclose that health information for any other purpose, except as required by law.

Applicability of More Stringent State Law. Some of the uses and disclosures described in this notice may be limited in certain cases by applicable State laws that are more stringent than Federal laws, including disclosures related to mental health and substance abuse, developmental disability, alcohol and other drug abuse (AODA), and HIV testing.

#### **Statement of Your Health Information Rights**

Right to Request Restrictions. You have the right to request restrictions on certain uses and disclosures of your health information. MercyCare is not required to agree to the restrictions that you request. If you would like to make a request for restrictions, you must submit your request in writing to MercyCare Privacy Officer, PO Box 550, Janesville, WI 53547-0550. We will let you know if we can comply with the restriction or not. Live well. We'll insure you do.™



PO Box 550 Janesville WI, 53547 WI (800) 895-2421 IL (877) 908-6027 mercycarehealthplans.com