



MyChart Access for Pediatric Patients Ages 12 and Up

It's important for parents and teens to understand patient rights when it comes to accessing information on MyChart.

In consideration of state laws granting rights to teen patients, when a pediatric patient turns the age of 12, Providence changes MyChart settings such that the teen patient can access his or her medical records privately. This is because the child has reached the "age of majority" – meaning he or she can seek care independently for certain healthcare conditions.

OMC is required to comply with laws that protect and safeguard the privacy of a teen patient's medical records. As such, when a child turns 12, MyChart parent/guardian proxy access to their child's medical record transitions to "messaging only" and parents or guardians are only able to use MyChart to communicate with their child's care team.

MyChart will send a message to the parent or guardian three months and one month before the patient's 12th birthday alerting them of this change.

FAQs for Parents/Guardians

What is proxy access to a MyChart account?

Proxy access grants someone other than a patient access to the patient's medical records in MyChart. Parents and guardians are granted proxy access to their minor child's MyChart account until the child turns 12. In other instances, an adult (e.g., an aging senior) may grant proxy access to another adult (e.g., son or daughter) who helps care for him or her.

What type of proxy access do parents/guardians have to a teen's MyChart account?

MyChart proxy access for a child aged 12 through 17 allows parents or guardians to message their child's care teams on their behalf. It also allows a child's provider to message the child directly, without including the proxy.

After my child turns 12, what features will a proxy no longer have access to in their teen's MyChart account?

After a child turns 12, a parent/guardian will no longer be able to use MyChart for functions outside of messaging. This may include:

- Directly scheduling appointments for their child
- Viewing test results for their child
- Viewing messages sent directly to the child from their provider
- Viewing after-visit summaries from their child's office visit
- Viewing immunization records for their child



Why does MyChart proxy access change when my child turns 12?

This is an organizational policy in consideration of state laws giving rights to teen patients. On a patient's 12th birthday, Providence changes parent and guardian MyChart proxy access to "messaging only" to comply with state laws regarding the privacy of medical records for teen patients. If you need assistance adding the proxy message function to your account, please contact your child's provider's office.

What does "age of majority" mean?

In accordance with state laws, the "age of majority" is the age when a minor pediatric patient can seek care independently for certain healthcare conditions.

My child is OK with me continuing to have proxy access. Can I be re-added as a proxy to their MyChart account?

Your provider's office can ensure you have "messaging only" access to your child's MyChart account. However, in accordance with our organizational policy, parents/guardians may no longer have full proxy access to their child's MyChart account after their 12th birthday.

What rights do children/teens have to their health information?

All patients have a right to privacy regarding their health information. Once a child reaches the age of majority and can seek and consent to certain treatments on their own without the consent of a parent, Providence is required to protect the privacy of the child's health information, even from the parent. Though we encourage teens to discuss all issues with their parents, their privacy and rights must be safeguarded. For this reason, and in accordance with state laws, parents and

guardians have limited access to their child's health information by default once they turn 12.

My child turned 12 and I don't seem to have messaging only access to their MyChart account. How can I add this?

Please contact your provider's office if you would like access to message your child's care team through MyChart.

When a patient turns 12, what type of health information can they access in their teen MyChart account?

Teen MyChart provides patients 12-17 with the following access:

- MyChart messaging
- Online scheduling
- Questionnaires
- View letters
- View only access to allergies
- View only access to immunizations
- View only access to medications
- View only access to health issues
- Medications
- Medical History