

# **Pre-Appointment Checklist for Department of Transportation Physicals**

**Take the following with you to the examination:**

- Driver's license/or other federally issued ID

**Please bring relevant medical records to your examination, including:**

- Diabetes – recent Hemoglobin A1c blood test result (within the past three months)
- Sleep Apnea – evidence of control including statement from treating physician
- Vision – if you own eyeglasses or contact lenses, you must bring them with you
- Hearing – if you use hearing aids, you must bring them with you
- Seizures – evidence documenting that you have been seizure free for the past ten years and take no seizure medication
- Major surgery, orthopedic injury, heart condition or other illness **within the past six months** – copies of any relevant medical records such **as release for return-to-work**
- Medications – list of all prescription medications taken within the past six weeks, including reason