



While our services may look different, our commitment to high-quality, compassionate, personalized health care remains the same. We welcome you back to Oswego Health.

Your safety comes first and that is why we have implemented the following safety measures to keep you safe during your procedure.

Step 1: Preparing for Surgery

After your doctor's office schedules your procedure, you will be contacted to give you more information on what to expect.

Pre-Admission Testing

- ◆ 5-6 days before your surgery, an Oswego Health nurse will call you to discuss your surgery. You may also have an in-person, phone or video visit as needed.
- ◆ 2-3 days before your surgery, you will be required to have a test for COVID-19. A nurse will assist you with scheduling at the official mobile test site on West 7th Street in Oswego.
- ◆ Your COVID-19 test must be negative to have your surgery. If you do not have your test done or you test positive for COVID-19, you will be contacted as your surgery will be canceled.
- ◆ Following your COVID-19 testing you must self-isolate until the day of your surgical procedure to prevent any possible exposures.

"Self-isolation" means:

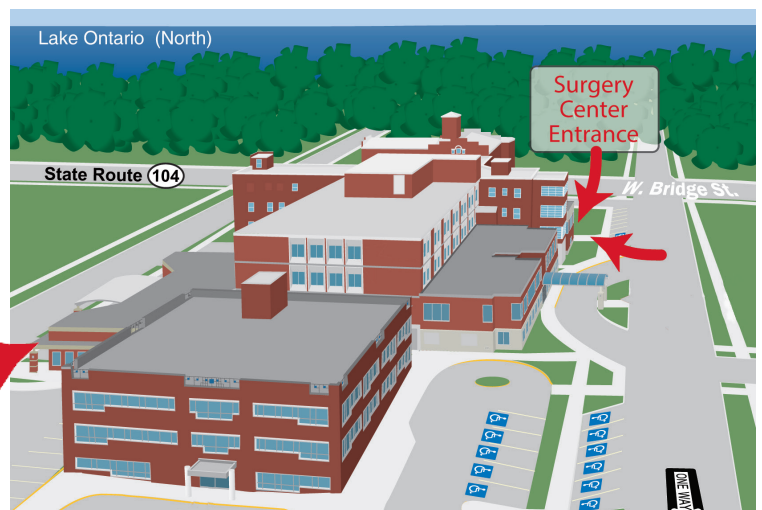
- ❖ Wear your mask and practice proper social distancing.
- ❖ Stay at home as much as possible.
- ❖ Avoid social activities and public places.
- ❖ Remind anyone that lives with you to protect themselves as well.
- ❖ Remember to check yourself for any signs or symptoms of infection, (coughing, fever, chills or muscle aches) and please check your temperature at least twice a day. Report any symptoms immediately to your doctor.

Step 2: Day of Procedure

You will be assigned a surgical navigator to help check you in and guide you throughout the day.

To provide a safe environment, all scheduled surgery patients should arrive through the W. 6th Street Surgery Center entrance.

COVID-19
Testing
Area



Upon Arrival to the Surgery Center:

- ◆ Call the surgical navigator at 315-236-6327
- ◆ They will meet you outside.
- ◆ They will give you a face mask if you do not already have one. You will need to wear this at all times.
- ◆ They will ask you some screening questions before entering the building. This includes checking you for:
 - ❖ Shortness of breath
 - ❖ Fever
 - ❖ Possible exposure to COVID-19
 - ❖ Asking you if you have remained in self-isolation since your test
- ◆ Your navigator will then escort you inside and directly into your assigned room.
- ◆ You will be asked to give your support person's name and phone number.

Step 3: Patient Visitation and Discharge

Right now, New York State law does not allow any visitors in the Surgery Center. We understand you may feel alone or scared without your support person. That is why communication with your support person is so important throughout the day.

Your surgical navigator will keep your support person updated throughout your procedure.

Your support person can expect that we will communicate via phone call or text throughout the day:

- ❖ When you go into the operating room
- ❖ When you are out of surgery and in the recovery room
- ❖ When you are ready for pickup and further discharge instructions

Thank you for choosing Oswego Health for your surgical needs.

**To reach the registration desk of the
Surgery Center call 315-349-5947**

**If ill the day of the surgery call
315-349-5597 to cancel**

**For more information visit us at
oswegohealth.org**