



# CENTER FOR SURGICAL SERVICES

**UPDATES AS OF 8.25.21**

## STEP 1: PREPARING FOR SURGERY

After your doctor's office schedules your procedure, you will be contacted to give you more information on what to expect.

### Pre-Admission Testing

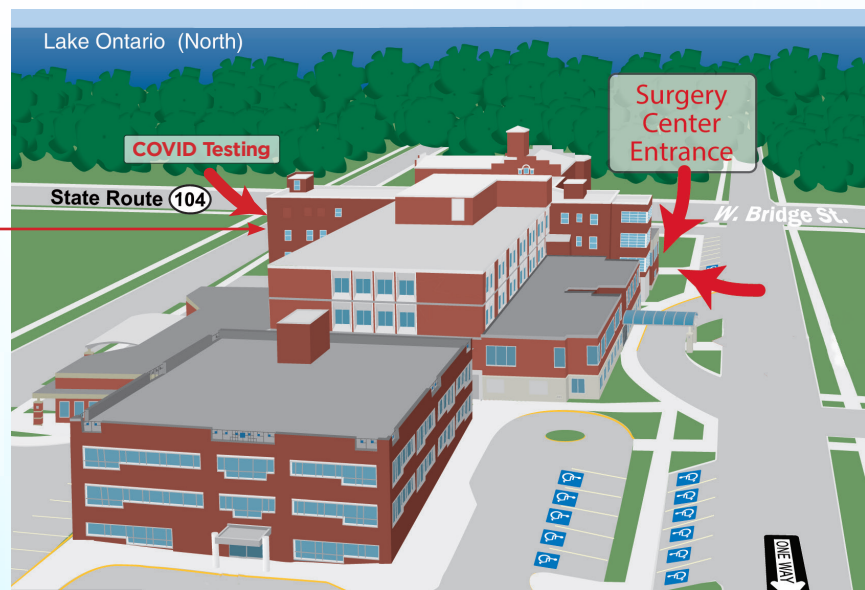
- 5-6 days before your surgery, an Oswego Health nurse will call you to discuss your surgery. You may also have an in-person, phone or video visit as needed.
- 2-3 days before your surgery, you will be required to have a test for COVID-19, **regardless of vaccination status**. Your COVID-19 test must be negative to have your surgery. If you do not have your test done or you test positive for COVID-19, you will be contacted as your surgery will be canceled.
- Patients will be tested between the hours of 7:30 a.m. - 9:30 a.m. Monday through Friday
- Following your COVID-19 testing you must self-isolate until the day of your surgical procedure to prevent any possible exposures.

#### *"Self-isolation" means:*

- Wear your mask and practice proper social distancing.
- Stay at home as much as possible.
- Avoid social activities and public places.
- Remind anyone that lives with you to protect themselves as well.
- Remember to check yourself for any signs or symptoms of infection, (coughing, fever, chills or muscle aches) and please check your temperature at least twice a day. Report any symptoms immediately to your doctor.

For COVID testing, patients should enter the parking lot off of West 7th St. and Bridge St. Proceed forward and follow signage.

*(continued on reverse side)*



## STEP 2: DAY OF PROCEDURE

You will be assigned a surgical navigator to help check you in and guide you throughout the day. To provide a safe environment, all scheduled surgery patients should arrive through the W. 6th Street Surgery Center entrance.

### Upon Arrival to the Surgery Center:

- Call the surgical navigator at 315-236-6327
- They will meet you outside.
- They will give you a face mask if you do not already have one. You will need to wear this at all times.
- They will ask you some screening questions before entering the building. This includes checking you for:
  - Shortness of breath
  - Fever
  - Possible exposure to COVID-19
  - Asking you if you have remained in self-isolation since your test
- Your navigator will then escort you inside and directly into your assigned room.
- You will be asked to give your support person's name and phone number to prevent any possible miscommunications.

## STEP 3: PATIENT VISITATION AND DISCHARGE

For the safety of our patients and staff, Oswego Hospital has paused visitation in the Surgery Center and throughout the facility. We understand you may feel alone or scared without your support person.

That is why communication with your support person is so important throughout the day.

Your surgical navigator will keep your support person updated throughout your procedure.

Your support person can expect that we will communicate via phone call or text throughout the day:

- When you go into the operating room
- When you are out of surgery and in the recovery room
- When you are ready for pickup and further discharge instructions

*Thank you for choosing Oswego Health for your surgical needs.*



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*To reach the registration desk of the Surgery Center call 315-349-5947*

*If ill the day of the surgery call 315-349-5597 to cancel*

*For more information visit us at [oswegohealth.org](http://oswegohealth.org)*