Prosser Digestive Health Center

Prosser Memorial Health 820 Memorial Street, Suite 3 Prosser, WA 99350 (509) 786-5599

MODIFIED COLONOSCOPY 2-DAY PREP

2 Days before colonoscopy:

- Clear liquids only. (NO SOLID FOOD)
- Drink 1 bottle of Magnesium Citrate (10 oz. Clear) <u>or if not available</u>, use Milk of Magnesia (MOM) 4 tablespoons (60 cc).
- 1 hour after the Magnesium Citrate (or MOM), take 4 Dulcolax (Bisacodyl) 5 mg laxative tablets.

<u>Make sure these are the Dulcolax laxative pills (Bisacodyl), not the stool</u> softeners.

Starting the day before your procedure:

• Follow the separate prep instructions for Suprep, Sutab, Golytely, Clenpiq, or Miralax.