







# Cafeteria Menu Week 2 January 6-12

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Lunch</b> Available 10:45 am – 1:30 pm	Spaghetti with Veg Primavera or Meat Sauce/Garlic Tst Seasoned Corn  Tuscan Chicken Sandwich or Reg Oven Baked Wedges	Chicken Rice Casserole Seasoned Carrots  French Dip Sandwich Oven Baked Wedges  Chicken Enchiladas Spanish Rice	BBQ Pork/WW Bun Baked Beans  Mesquite Chix Breast with peppers, onions, lite mozzarella Baked Potato Green Beans  Minnesota Cranberry Club	Roast Turkey Mashed Pot/Gravy Sage Bread Dressing Seasoned Corn Cranberry Sauce  Reuben or Grilled Cheese Sandwich Oven Baked Wedge	Meatloaf Mashed Potatoes Peas  Oriental Chicken Salad  Personal 7" Pizza	Burger Baskets: Grilled Hamburger, Veggie or Chickenburger on Toasted Kaiser Bun (chz, lettuce, tomato, grilled onion)  Oven Baked Fries or Onion Rings Corn	Ham Scalloped Potatoes Squash  Cook's Choice  Open Grill
<b>Soup</b> Available 10:45 am – 6:30 pm	Chicken Wild Rice Chicken Noodle	Chicken Tortilla Veg Beef Barley	Ham and Potato (house) Garden Vegetable	Tomato Basil (GF) Bean with Ham	Chili (house) Cook's Choice	Cook's Choice	Cook's Choice
<b>Sensible Solution*</b> Available 10:45 am – 1:30 pm 	Spaghetti with Veg Primavera 221.7 Cal. 5.1 g. Fat 	French Dip Sandwich 300 Cal. 8 g. Fat 	Mesquite Chicken Breast with Peppers, Onions, Lite Mozzarella Garlic Mashed Potatoes Green Beans 296 Cal. 11 g. Fat 	Roast Turkey Mashed Potato Fat Free Gravy 237.37 Cal 2.73 g. Fat 	(SM) Oriental Chicken Salad w/Grilled Chicken 221.5 Cal. 11 g. Fat 		
<b>Dinner</b> Available 4:30 pm – 6:45 pm	Open Grill Call for Menu	Open Grill Call for Menu	Open Grill Call for Menu	Open Grill Call for Menu	Open Grill Call for Menu	Open Grill Call for Menu	Open Grill Call for Menu

\*Some Sensible Solution menu items are only available during lunch hours. [Click here for nutrition facts](#) on all foods served in the cafeteria.

