

## **Adopted Clinical and Preventative Guidelines**

Santa Clara Family Health Plan uses clinical practice guidelines to help providers make decisions about appropriate care for specific clinical circumstances. These clinical practice guidelines are also used in related programs such as disease and population management.

Practice guidelines are developed from scientific evidence or a consensus of health care professionals in the particular field.

Practice guidelines are reviewed and updated at least every two years and more frequently when updates are released by the issuing entity. Santa Clara Family Health Plan monitors compliance and member outcomes related these clinical guidelines for quality improvement initiatives.

These clinical practice guidelines are intended to assist providers in clinical decision-making, and attempt to define clinical practices that apply to most patients in most circumstances.

The guidelines are not intended to replace clinical judgment but are provided to assist our practitioners with making decisions about a range of clinical conditions. The treating practitioner should make the ultimate decision in determining the appropriate treatment for each patient.

### **Preventative Guidelines**

#### ***Clinical Practice Guidelines***

*Antithrombotic Guidelines*

[American College of Chest Physicians](#)

*Asthma Clinical Guidelines*

[National Institute of Health Guideline on Asthma](#)

*Diabetes Clinical Guidelines*

[American Diabetes Association Guideline](#)

*Hyperlipidemia Guidelines*

[American College of Cardiology/American Heart Association](#)

*Hypertension Clinical Guidelines*

[Joint National Committee Treatment of Hypertension](#)

*More...*

...Continued

**Behavioral Health Guidelines**

*Adult Depression Clinical Guidelines*

[Institute for Clinical Systems Improvement](#)

*Children and Adolescents with ADHD Guidelines*

[American Academy of Pediatrics Guideline](#)

*Children and Adolescents with Depressive Disorder Clinical Guidelines*

[American Academy of Child and Adolescent Psychiatry Guideline](#)

**Preventative Care Guidelines**

*Adult (22-64 year) Preventative Guidelines*

[American Association of Family Physicians](#)

[CDC's Advisory Committee of Immunization Practices](#)

[U.S. Preventive Health Services Task Force](#)

*Child and Adolescent (0 month to 21 years) Preventative Guidelines*

[American Academy of Pediatrics](#)

[American Academy of Pediatrics including CHDP assessments \(PL 14-004\)](#)

[American Association of Family Physicians](#)

[CDC's Advisory Committee of Immunization Practices](#)

[U.S. Preventive Health Services Task Force](#)

**Prenatal Preventative Guidelines**

[ACOG Guidelines](#)

[ACOG Guidelines and CPSP \(Comprehensive Perinatal Services program\) guidelines." \(PL 14-004\).](#)

**Seniors (65+ years) Preventive Guidelines**

[CDC's Advisory Committee of Immunization Practices](#)

[U.S. Preventive Health Services Task Force](#)

**Treating Tobacco Use and Dependence Guidelines**

[PL 14-006 which refers to the US Preventive Services Task Force A and B Recommendations](#)