

Regular Meeting of the

Santa Clara County Health Authority Cal MediConnect Consumer Advisory Board (CAB)

Thursday, March 7, 2019, 11:30 AM-1:00 PM Santa Clara Family Health Plan, Redwood 6201 San Ignacio Ave, San Jose, CA 95119

AGENDA

1.	Introduction	Dr. Nakahira	11:35 5 min
2.	Public Comment Members of the public may speak to any item not on the agenda two minutes per speaker. The Consumer Advisory Board reserve right to limit the duration of public comment period to 30 minutes.	es the	11:40 5 min
3.	Health Plan Update Discuss status of current topics and initiatives.	Dr. Nakahira	11:45 5 min
4.	Discussion Items a. Welcome Packet Discuss information about the new format of Cal MediConnect CAB.	Dr. Liu	11:50 10 min
	 b. Cal MediConnect Consumer Advisory Board Charter Review updates to Cal MediConnect Consumer Advisor Board Charter. 		12:00 5 min
	 New Benefits in 2019 Overview of new benefits in 2019. 	Mr. Ly	12:05 10 min
	d. Future Agenda Items Discuss topic ideas for future meetings.	Dr. Nakahira	12:15 10 min
5.	Standing Items a. Member Communications Review of SCFHP member communications.	Ms. Byom	12:25 10 min
	 b. Health Education and Cultural & Linguistics Review of health education program and cultural & linguistics program initiatives. 	Ms. Shah	12:35 10 min



c. **Ombudsman** Ms. Huyenh-Cho 12:45 10 min

Cal MediConnect ombudsman program updates.

6. Adjournment Dr. Nakahira 12:55 5 min

Notice to the Public—Meeting Procedures

- Persons wishing to address the Committee on any item on the agenda are requested to advise the Recorder so that the Chairperson can call on them when the item comes up for discussion.
- The Committee may take other actions relating to the issues as may be determined following consideration of the matter and discussion of the possible action.
- In compliance with the Americans with Disabilities Act, those requiring accommodations in this meeting should notify Nancy Aguirre 48 hours prior to the meeting at 408-874-1835.
- To obtain a copy of any supporting document that is available, contact Nancy Aguirre at 408-874-1835.
 Agenda materials distributed less than 72 hours before a meeting can be inspected at the Santa Clara Family Health Plan offices at 6201 San Ignacio Ave, San Jose, CA 95119.
- This agenda and meeting documents are available at www.scfhp.com



March 7, 2019		
Dear,		

Starting in 2019, Santa Clara Family Health Plan (SCFHP) will host an advisory board created for SCFHP Cal MediConnect Plan (Medicare-Medicaid Plan) members. This new SCFHP Cal MediConnect Consumer Advisory Board (CAB) will focus on SCFHP operations and will help improve the care given to SCFHP members. The CAB meetings will no longer be held jointly with Anthem Blue Cross.

SCFHP is grateful for your support as a member of the current advisory board. We look forward to your input in the New Year. We have created an information package to welcome you to SCFHP's new CAB. In the package you will find:

- SCFHP Cal MediConnect Consumer Advisory Board Charter, which reviews the changes to the CAB
- The 2019 meeting schedule
- A Member Information Form Please fill out and return to Nancy Aguirre

First 2019 SCFHP CAB Meeting

When: March 7, 2019 11:30 am – 1:00 pm

Where: 6201 San Ignacio Avenue San Jose CA 95119

Lunch will be served. Call 408-874-1835 if you need transportation to the meeting.

Please contact us if you have any questions. Again, thank you for being a CAB member.

Sincerely,

Laurie Nakahira D.O.



Cal MediConnect Consumer Advisory Board Member Information

Name:
Mailing Address:
Telephone (Home) #: Telephone (Cell) #:
Email Address:
Preferred way to be contacted: Phone Email Text Message
How will you be joining the Cal MediConnect Consumer Advisory Board? As an SCFHP Cal MediConnect Member As a family member of an SCFHP Cal MediConnect Member As a caregiver of an SCFHP Cal MediConnect Member As a representative of a community based organization
SCFHP Member Name: Member ID #:
Santa Clara Family Health Plan (SCFHP) wants to ensure that its Cal MediConnect Consumer Advisory Board (CAB) is reflective of the SCFHP Cal MediConnect membership. SCFHP works to include representatives from diverse populations.
The questions below are not required. These optional questions help SCFHP track our effectiveness in recruiting a diverse CAB that accurately represents the SCFHP Cal MediConnect membership.
Gender: Male Female Non-Binary/Third Gender Prefer to Self-Describe: Please select your age: 18-24 25-34 35-44 45-54 55-64 65 or older Languages Spoken (Other than English):
Race/Ethnicity:
□ Native American or Alaska Native □ Asian □ African American □ Hispanic
☐ Native Hawaiian or Pacific Islander ☐ Caucasian ☐ Other:
Disability (if applicable):

Are there any specific issues you are concerned about?	
Are there any topics you would like to learn more about?	
The SCFHP Consumer Advisory Board meets once a quarter 6201 San Ignacio Avenue, San Jose, 95119. The meeting is served. Transportation can be arranged if a member is unable also receive a small stipend of \$75.00 per meeting to compestipend you must complete a W-9 form along with this Member a stipend for the meeting if you are not present or attend as a	s from 11:30 AM – 1:00 PM and a light lunch is le to provide their own. Member representatives nsate them for their time. In order to receive the er Information form. Note that you will not receive
Are you able/willing to attend these meetings regularly?	☐ Yes ☐ No
Please briefly explain why you would like to become a member Advisory Board.	per of the SCFHP Cal MediConnect Consumer
Signature	Date
* * * *	
Return the completed a	application to:
Santa Clara Family F	lealth Plan
Attn: Cal MediConnect Consu	mer Advisory Board
6201 San Ignacio	Avenue
San Jose, CA S	95119
If you have any questions, or require assistance with this app 408-874-1874, or the Customer Service TTY: 1-800-735-292	
For additional comments, use the space below:	
Thank you for your interest in serving on the SCFHP (Cal MediConnect Consumer Advisory Board!
SCFHP USE C	DNLY
CEO Signature	Date



Santa Clara Family Health Plan Cal MediConnect Plan (Medicare-Medicaid Plan) Consumer Advisory Board Charter

Purpose

The California Coordinated Care Initiative (CCI) is designed to improve the care of seniors and people with disabilities who are eligible for both Medi-Cal and Medicare. As part of our contract with the Centers for Medicare and Medicaid Services (CMS) and the Department of Health Care Services (DHCS), Santa Clara Family Health Plan (SCFHP) is required to form a Cal MediConnect Consumer Advisory Board (CAB). The CAB shall engage consumers and caregivers in Santa Clara County in the implementation and evaluation of operations and policies of the SCFHP Cal MediConnect Plan. The CAB shall serve as a subcommittee of the Quality Improvement Committee (QIC).

Responsibilities

Members of the CAB work with SCFHP staff to address issues regarding the Cal MediConnect program and advocate on behalf of consumers and the community. In order to fulfill the responsibilities of the CAB, members shall become informed and remain current on the SCFHP mission and services pertaining to the SCFHP Cal MediConnect Plan. SCFHP shall regularly update CAB members on key changes to SCFHP Cal MediConnect operations or mission. The CAB's responsibilities include but are not limited to:

- Providing feedback on services, benefits, providers, issues and ways to improve program management
- Providing feedback on events, activities, communication and member materials
- Participating in quality management programs
- Helping SCFHP find gaps in the health care of members, including members using Long-Term Services and Supports (LTSS) and members with other special needs

Responsibilities may be added or changed as needed.

Members

The CAB shall be made up of SCFHP staff members, active SCFHP Cal MediConnect members, their family members, and/or other caregivers, and representatives of community based organizations working with beneficiaries with Medicare and Medi-Cal. The CAB membership and representation shall reflect the diversity of SCFHP members and shall include representatives ranging in age, ethnicity, language and geographic location. SCFHP shall make a good faith effort to include hard-to-reach populations such as members with disabilities or members receiving long-term services and supports (LTSS). CAB membership shall be modified by SCFHP as the beneficiary population changes.

The rules for membership are:

- The SCFHP Chief Executive Officer (CEO) shall approve applications for CAB membership.
- Members serve a two-year term, which may be renewed.
- If a member is not able to finish his or her term, SCFHP shall make an effort to fill the spot.
- If a member does not attend three meetings in a row, SCFHP shall call the member to discuss their interest and ability to serve on the CAB. If the member is unable to be reached by phone and/or calls are not returned, the member's spot will be considered vacant.
- Members serve as volunteers. Participation in the CAB will not change a member's health coverage or any benefits he or she gets from SCFHP Cal MediConnect.

The CAB is chaired by a member of the SCFHP Quality Improvement Department. CAB members may invite other individuals to attend meetings at the discretion of the chairperson.

A stipend of \$75 will be paid to all members of the CAB, excluding SCFHP staff.

Meetings

Meetings are held quarterly. Special meetings or meeting cancellations may occur as circumstances dictate. The meetings will be held at the Santa Clara Family Health Plan office in San Jose. Members are required to attend in person to receive the stipend. Food is served and transportation can be arranged.

SCFHP is responsible for notifying members of dates and times of meetings, and for preparing a record of CAB meetings. Minutes are recorded during the meetings and CAB recommendations and reports shall be regularly and timely reported to the Quality Improvement Committee.

Meetings shall be open and public pursuant to the Ralph M. Brown Act (Gov. Code § 54950 *et seq.*)

Santa Clara Family Health Plan Cal MediConnect Plan (Medicare-Medicaid Plan) is a health plan that contracts with both Medicare and Medi-Cal to provide benefits of both programs to enrollees.



Discrimination is Against the Law

Santa Clara Family Health Plan (SCFHP) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. SCFHP does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

SCFHP:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact Customer Service at 1-877-723-4795, Monday through Friday, 8 a.m. to 8 p.m. TTY/TDD users call 1-800-735-2929 or 711.

If you believe that SCFHP has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Attn: Appeals and Grievances Department Santa Clara Family Health Plan 6201 San Ignacio Ave San Jose, CA 95119 Phone: 1-877-723-4795

TTY/TDD: 1-800-735-2929 or 711

Fax: 1-408-874-1962

Email: <u>CalMediConnectGrievances@scfhp.com</u>

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, a Customer Service representative is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services 200 Independence Avenue SW Room 509F, HHH Building Washington, DC 20201 Phone: 1-800-368-1019

TDD: 1-800-537-7697

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.



Language Assistance Services

English: ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. Call Customer Service at 1-877-723-4795, Monday through Friday, 8 a.m. to 8 p.m. TTY/TDD users should call 1-800-735-2929 or 711. The call is free.

Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame a Servicio al Cliente al 1-877-723-4795, de lunes a viernes, de 8 a.m. a 8 p.m. Los usuarios de TTY/TDD deben llamar al 1-800-735-2929 o al 711. La llamada es gratuita.

Tiếng Việt (Vietnamese): CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Hãy gọi Dịch Vụ Khách Hàng theo số 1-877-723-4795, từ thứ Hai đến thứ Sáu, 8 giờ sáng đến 8 giờ tối. Những người sử dụng TTY/TDD gọi đến số 1-800-735-2929 hoặc 711. Cuộc gọi được miễn phí.

中文 (Chinese): 注意:如果您说中文,将为您提供免费的语言服务。请致电 1-877-723-4795 联系客户服务部,工作时间是周一至周五早上 8:00 至晚上 8:00。TTY/TDD 用户请致电 1-800-735-2929 或711。这是免费电话。

Tagalog – Filipino (Tagalog): PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa Serbisyo para sa Customer sa 1-877-723-4795, Lunes hanggang Biyernes, mula 8 a.m. hanggang 8 p.m. Dapat tumawag ang mga TTY/TDD user sa 1-800-735-2929 o 711. Libre ang tawag.

한국어 (Korean): 주의:한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 월요일부터 금요일까지 오전 8 시부터 오후 8 시사이에 1-877-723-4795 번으로 고객 서비스 부서에 전화해 주십시오. TTY/TDD 사용자는 1-800-735-2929 번 또는 711 번으로 전화해 주시면 됩니다.통화료는 무료입니다.

Հայերեն (Armenian)։ ՈՒՇԱԴՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա լեզվական օգնության ծառայությունները Ձեզ կտրամադրվեն անվձար։ Զանգահարեք Հաձախորդների սպասարկման կենտրոն 1-877-723-4795 հեռախոսահամարով՝ երկուշաբթիից ուրբաթ՝ 8 a.m.-ից 8 p.m.-ը։ TTY/TDD օգտվողները պետք է զանգահարեն 1-800-735-2929 կամ 711։ Զանգն անվձար է։

Русский (Russian): ВНИМАНИЕ: Если Вы говорите по-русски, Вы можете бесплатно воспользоваться услугами переводчика. Звоните в службу поддержки клиентов по номеру 1-877-723-4795 с понедельника по пятницу с 8:00 до 20:00. Лица, пользующиеся телетайпом / телекоммуникационными устройствами для глухих (TTY/TDD), могут связаться по номерам 1-800-735-2929 или 711. Звонки бесплатные.

(Persian, Farsi): فارسى

توجه: اگر به زبان فارسی صحبت می کنید، سرویس های دستیار زبان به صورت رایگان در دسترستان هستند. از طریق شماره -773-873-723 دور های دوشنبه تا جمعه از ساعت 8 صبح تا 8 عصر با سرویس مشتری تماس بگیرید. کاربران TTY/TDD می توانند از طریق شماره 1-800-735-2929 یا 711 تماس بگیرند. این تماس رایگان است.

日本語 (Japanese): 注意事項:日本語を話される場合、無料の言語サービスをご利用いただけます。月曜日から金曜日、午前8時~午後8時に対応のカスタマーサービス(1-877-723-4795)までご連絡ください。 TTY/TDDご利用の方は、1-800-735-2929または711に電話してください。 通話料金は無料です。

Hmoob (Hmong): LUS CEEV:Yog koj hais lus Hmoob, peb muaj kev pab txhais lus pub dawb rau koj. Hu Rau Lub Chaw Pab Cuam Neeg Qhua rau ntawm 1-877-723-4795, hnub Monday txog Friday, 8 teev sawv ntxov txog 8 teev tsaus ntuj. Tus xov tooj rau cov neeg TTY/TDD hu rau 1-800-735-2929 lossis 711. Yog tus xov tooj hu dawb.

ਪੰਜਾਬੀ (**Punjabi):** ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫ਼ਤ ਉਪਲਬਧ ਹੈ। ਗਾਹਕ ਸੇਵਾ ਨੂੰ ਸੋਮਵਾਰ ਤੋਂ ਸ਼ੁੱਕਰਵਾਰ, ਸਵੇਰੇ 8 ਤੋਂ ਰਾਤ 8 ਵਜੇ ਤੱਕ ਤੇ, 1-877-723-4795 'ਤੇ ਕਾਲ ਕਰੋ। TTY/TDD ਵਰਤਣ ਵਾਲਿਆਂ ਨੂੰ 1-800-735-2929 ਜਾਂ 711 'ਤੇ ਕਾਲ ਕਰਨੀ ਚਾਹੀਦੀ ਹੈ। ਇਹ ਕਾਲ ਮੁਫ਼ਤ ਹੁੰਦੀ ਹੈ।

:(Arabic)العربية

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية متاحة لك مجانًا . اتصل بخدمة العملاء على الرقم 1-877-723-729، من الإثنين إلى الجمعة، 8 ص إلى 8 م. مستخدمي الهاتف النصبي/جهاز الاتصال لضعاف السمع يمكنهم الاتصال على الرقم 1-800-735-2929 أو 711. الرقم 1-800-135-2929 أو 711.

हिंदी (Hindi): ध्यान दें: अगर आप हिंदी बोलते हैं, तो आपके लिए भाषा सहायता सेवाएँ निःशुल्क उपलब्ध हैं। आप सोमवार से शुक्रवार, सुबह 8 बजे से रात के 8 बजे तक ग्राहक सेवा को 1-877-723-4795 पर कॉल कर सकते हैं। TTY/TDD उपयोगकर्ताओं को 1-800-735-2929 या 711 पर कॉल करना चाहिए। कॉल निःशुल्क है।

ภาษาไทย (Thai): เรียน: หากท่านพูดภาษาไทย เรามีบริการความช่วยเหลือทางด้านภาษาโดยไม่มีค่าใช้จ่าย โทรติดต่อฝ่ายบริการลูกค้าที่ 1-877-723-4795 ได้ตั้งแต่วันจันทร์ถึงวันศุกร์ เวลา 08.00 น. ถึง 20.00 น. ผู้ใช้ TTY/TDD สามารถโทรติดต่อได้ที่ 1-800-735-2929 หรือ 711โดยไม่มีค่าใช้จ่าย

ខ្មែរ (Mon-Khmer, Cambodian): ប្រមយកចិត្តទុកដាក់៖ ប្រសិនបើលោកអ្នកនិយាយភាសាខ្មែរ សេវាជំនួយផ្នែក ភាសាមានផ្តល់ជូនលោកអ្នកដោយឥតគិតថ្លៃ។ សេវាផ្នែកទំនាក់ទំនងអតិថិជនតាមលេខ 1 877 723 4795 អាចរកបាន ពីថ្ងៃច័ន្ទ ដល់សុក្រ ម៉ោង 8 ព្រឹក ដល់ 8ល្ងាច។ អ្នកប្រើ TTY/TDD គួរតែទូរស័ព្ទមក លេខ 1 800 735 2929 ឬ 711 ។ ការហៅទូរស័ព្ទគឺឥតគិតថ្លៃ។

ພາສາລາວ (Lao): ເຊີນຊາບ: ຖ້າທ່ານເວົ້າພາສາລາວ, ມີບໍລິການຊ່ວຍເຫຼືອດ້ານພາສາບໍ່ເສຍຄ່າໃຫ້ແກ່ທ່ານ. ໃຫ້ໂທຫາ ຝ່າຍບໍລິການລູກຄ້າທີ່ເບີ 1-877-723-4795, ເຊິ່ງເປີດໃຫ້ບໍລິການ 7 ວັນຕໍ່ອາທິດ, ຕັ້ງແຕ່ 8 ໂມງເຊົ້າຫາ 8 ໂມງ ແລງ. ຜູ້ທີ່ໃຊ້ TTY/TDD ແມ່ນໃຫ້ໂທຫາເບີ 1-800-735-2929 ຫຼື 711. ການໂທແມ່ນໂທຟຣີ.



Cal MediConnect Key Benefit Changes

Covered in 2019:

- Drug Management Program: A program that can help members safely use their prescription opioid medications or other medications that are frequently abused. It puts limits on certain opioid medications. Effective 1/1/19, members in a drug management program may not be able to change plans. Cost share: \$0
- **Gym/Fitness Benefit:** Offered through Silver&Fit®. Includes a membership to a gym or up to 2 home fitness kits. Cost share: \$0.
- Supervised Exercise Therapy: For members with symptomatic peripheral artery disease (PAD) who have a referral for PAD from the physician responsible for PAD treatment. Cost share: \$0



SCFHP Cal MediConnect Plan Changes for 2019 – Part D

- Catastrophic Coverage
 Stage increases from
 \$5,000 to \$5,100
- Copays increase

Medication Type	Tier	Copay
Generic Drugs (for a 30-day supply)	1	\$0, \$1.25, \$3.40
Brand-Name Drugs (for a 30-day supply)	2	\$0, \$3.80, \$8.50
Non-Medicare Rx Drugs	3	\$0
Over-the-Counter Drugs (Non-Medicare prescription)	4	\$0



Cal MediConnect Consumer Advisory Board Meeting Schedule 2019

Meeting Date	Time and Location	Meeting Topic*
March 7	All meetings will be held from 11:30 a.m. to 1:00 p.m.	New Benefits
June 6	at	
September 5	Santa Clara Family Health Plan 6201 San Ignacio Avenue	
December 5	San Jose, CA 95119	

^{*}Meeting topics are tentative and may change upon further notice



Member Communications

Cal MediConnect Consumer Advisory Board, March 7, 2019



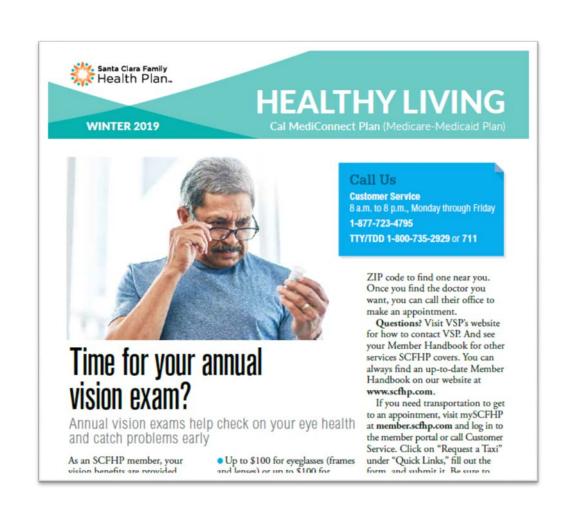
SCFHP Member Communications

Mailings

- Winter member newsletters
- CAHPS postcards

Website

- Board & Committee Meetings
 - Agendas, agenda packets, meeting minutes
- Member Materials
 - Provider Directories
 - Formulary
- New Website Update





SCFHP Member Communications

Educational Events

Events SCFHP Attended:

Senior Winter Walk & Resource Fair, Oakridge Mall – February 22, 2019

Future Events:

- o Junior League of San Jose Community Health & Resource Fair March 16, 2019
- Chinese American Coalition for Compassionate Care "Starting the Conversation" Event April 13, 2019
- South County Health Fair April 27, 2019
- o March of Dimes March for Babies April 27, 2019



Health Education Programs

Chronic Conditions

- 1. Asthma
- 2. Diabetes
- 3. Chronic Pain
- 4. Better Choices, Better Health

Tobacco Cessation

- 1. Ash Kicker's Workshop
- 2. Telephone Counseling
- 3. Combination of in-person and telephone counseling

Other Programs

- 1. Anger Management
- 2. Stress Management
- 3. Weight Management (Weight Watchers)
- 4. Fitness (Silver & Fit)
- 5. Infant and Child CPR
- 6. Infant Care
- 7. Car Seat Safety