



Santa Clara
Family Health Plan
The Spirit of Care

To: Providers
From: Jennifer Clements, Director of Provider Operations
Date: March 3, 2015
Subject: **SBIRT Training Sessions**

Dear Provider:

Included in this notice you will find information about upcoming sessions on Screening, Brief Intervention, and Referral to Treatment (SBIRT) Training provided by California Department of Health Care Services (DHCS), California HealthCare Foundation (CHCF), Pacific Southwest Addiction Technology Transfer Center, UCLA Integrated Substance Abuse Programs, and Harbage Consulting.

At the conclusion of this training, participants should be able to:

- Describe the background and rationale for conducting SBIRT in a variety of health settings;
- Explain how to utilize screening procedures to identify patients engaged in at-risk alcohol use behaviors; and
- Demonstrate a three-step motivational interviewing-based brief intervention strategy to motivate patients to change their at-risk behavior and/or seek treatment.

To register for SBIRT training, visit: <https://www.surveymonkey.com/s/4HRSBIRT>

If you have any questions, please feel free to contact Provider Services at 1-408-874-1788.

Thank you.

Screening, Brief Intervention, and Referral to Treatment (SBIRT) Training

Description and Learning Objectives

Screening, brief intervention, and referral to treatment are effective in a variety of settings. SBIRT has shown to be effective in primary care settings, where it is incorporated into other routine medical assessments such as measuring blood pressure. It has also been proven effective in hospital emergency departments and trauma centers with individuals with alcohol-related injuries. This training focuses on screening procedures to identify risk; key motivational interviewing concepts and principles that are tied to effective use of the FLO (Feedback; Listen and Understand; Options Explored) brief intervention; and referral to treatment for patients with more serious alcohol use-related problems. At the conclusion of this activity, participants should be able to: (1) Describe the background and rationale for conducting SBIRT in a variety of health settings; (2) Explain how to utilize screening procedures to identify patients engaged in at-risk alcohol use behaviors; and (3) Demonstrate a three-step motivational interviewing-based brief intervention strategy to motivate patients to change their at-risk behavior and/or seek treatment.

Continuing Medical Education (CME) and Continuing Education (CE) Credit

This training meets the qualifications for the provision of 4.0 continuing education credits/contact hours (CEs/CEHs).



UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content.

UCLA ISAP is also an approved provider of continuing education for MFTs and LCSWs (CA BBS, #PCE 2001), CADCs (CCBADAC/CAADAC, #2N 00 445 1115), CATCs (ACCBC/CAADE, #CP 20 903 C 0816), CAs (BCAS/CAARR, #5033), and RAs (Breining Institute, #CEP0604111449 ULA HE). Provider approved by the California Board of Registered Nursing, Provider #15455, for 4.0 contact hours. The Morehouse School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The Morehouse School of Medicine designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credit(s)TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Targeted Audience

- Physicians
- Nurse Practitioners
- Physician Assistants
- Registered Nurses
- Psychologists
- MFTs
- LCSWs
- Medical Assistants
- Certified Substance Use Disorder Treatment Counselors
- Other Behavioral Health Specialists/Clinicians

Co-Sponsored by:

California Department of Health Care Services (DHCS), California HealthCare Foundation (CHCF), Pacific Southwest Addiction Technology Transfer Center, UCLA Integrated Substance Abuse Programs, and Harbage Consulting

This training is approved by the California Department of Health Care Services, and fulfills the 4-hour SBIRT training requirement noted in the Provider Manual and All Plan Letter dated February 10, 2014 (APL 14-004).

Training Dates and Locations

(This list will be updated as additional trainings are confirmed)

Last updated 12/19/2014

To view the most up-to-date training list, visit www.uclaisap.org/sbirt.

Training Dates and Locations

<p style="text-align: center;">January 13, 2015 9:00am-1:15pm</p> <p style="text-align: center;">The California Endowment 1000 N Alameda St Los Angeles, CA 90012</p> <p><i>Featured Presenter: James Peck, PsyD</i></p>	<p style="text-align: center;">January 27, 2015 1:00pm-5:15pm</p> <p style="text-align: center;">Inland Family Community Health Center 665 North D Street San Bernardino, CA 92401</p> <p><i>Hosted By: Inland Behavioral & Health Services, Inc.</i> <i>Featured Presenter: TBD</i></p>	<p style="text-align: center;">February 4, 2015 9:00am-1:15pm</p> <p style="text-align: center;">Houssels Forum Long Beach Memorial Medical Center 2801 Atlantic Ave. Long Beach, CA 90806</p> <p><i>Hosted by: Long Beach Memorial Medical Center</i> <i>Featured Trainer: James Peck, PsyD</i></p>
<p style="text-align: center;">February 10, 2015 8:30am-12:45pm</p> <p style="text-align: center;">Valley Specialty Center Santa Clara Valley Medical Center Basement Conference Room BQ160 751 South Bascom Avenue San Jose, CA 95128</p> <p><i>Hosted by: Santa Clara County Health and Hospital System</i> <i>Featured Trainer: James Peck, PsyD</i></p>	<p style="text-align: center;">February 11, 2015 12:45pm-5:00pm</p> <p style="text-align: center;">IBEW Hall 1875 Arnold Drive Martinez, CA 94553</p> <p><i>Hosted by: Contra Costa Health Services</i> <i>Featured Trainer: James Peck, PsyD</i></p>	<p style="text-align: center;">February 19, 2015 10:00am-2:30pm</p> <p style="text-align: center;">CalOptima 505 City Parkway West Orange, CA 92868</p> <p><i>Hosted by: CalOptima</i> <i>Featured Presenter: Joy Chudzynski, PsyD</i></p>
<p style="text-align: center;">March 17, 2015 9:00am-1:15pm</p> <p style="text-align: center;">The California Endowment 1000 N Alameda St Los Angeles, CA 90012</p> <p><i>Featured Presenter: James Peck, PsyD</i></p>	<p style="text-align: center;">March 24, 2015 12:30pm- 4:45pm</p> <p style="text-align: center;">CA Department of General Services Ziggurat Building 707 3rd Street West Sacramento, CA 95605</p> <p><i>Featured Presenter: James Peck, PsyD</i></p>	<p style="text-align: center;">March 25, 2015 9:00am-1:15pm</p> <p style="text-align: center;">Health Education and Conference Center Sutter Health Memorial Medical Center 1700 McHenry Avenue, Suite 60B Modesto, CA 95350</p> <p><i>Hosted by: Sutter Health Memorial Medical Center</i> <i>Featured Presenter: James Peck, PsyD</i></p>
<p style="text-align: center;">March 25, 2015 12:30pm-4:45pm</p> <p style="text-align: center;">San Francisco Public Library Latino/Hispanic Rooms A & B 100 Larkin St. San Francisco, CA 94102</p> <p><i>Featured Presenter: TBD</i></p>	<p style="text-align: center;">April 9, 2015 8:45am-1:00pm</p> <p style="text-align: center;">ValleyCare Olive View-UCLA Medical Center Education Center Classroom 111/112 14445 Olive View Dr. Sylmar, CA 91342</p> <p><i>Hosted by: LA Department of Health Services</i> <i>Featured Presenter: Joy Chudzynski, PsyD</i></p>	<p style="text-align: center;">April 15, 2015 12:45pm-5:00pm</p> <p style="text-align: center;">Redding Library Community Rooms (A&B) 1100 Parkview Ave. Redding, CA 96001</p> <p><i>Featured Presenter: James Peck, PsyD</i></p>
<p style="text-align: center;">April 23, 2015 12:30pm-4:45pm</p> <p style="text-align: center;">Elihu Harris Building 1515 Clay Street Oakland, CA 94612</p> <p><i>Featured Presenter: TBD</i></p>	<p style="text-align: center;">May 20, 2015 12:45pm-5:00pm</p> <p style="text-align: center;">Family Medicine Residency and Specialty Care Center 3291 Loma Vista Road, Building 340 Ventura, CA 93003</p> <p><i>Featured Presenter: TBD</i> <i>Hosted by: Gold Coast Health Plan</i></p>	

Screening, Brief Intervention, and Referral to Treatment (SBIRT) Training Registration Form

PRE-REGISTRATION IS REQUIRED, AND ONLINE REGISTRATION IS PREFERRED. To register online, please visit

<https://www.surveymonkey.com/s/4HRSBIRT>

To register by e-mail or fax, please complete the bottom portion of this page and e-mail it to jhsinks@ucla.edu or fax it to (310) 312-0538 (attention: Jessica Sinks). If you need a disability-related reasonable accommodation/alternate format for this event, please contact Charlotte Bullen at (310) 267-5408 or charlottebullen@ucla.edu.

First and Last Name:		Degree(s):	
Agency/Affiliation:			
Mailing Address:			
City:	State:	Zip Code:	
Phone Number:		Fax Number:	
E-mail Address*:			
Type of CE Credit Requested**:		License/ Certification Number***:	
Special Needs or other Accommodations:			
Please select the training you would like to attend:			
<input type="checkbox"/> January 13, 2015 (9:00am-1:15pm) Los Angeles <input type="checkbox"/> January 27, 2015 (1:00pm-5:15pm) San Bernardino <input type="checkbox"/> February 4, 2015 (9:00am-1:15pm) Long Beach <input type="checkbox"/> February 10, 2015 (8:30am-12:45pm) San Jose <input type="checkbox"/> February 11, 2015 (12:45pm-5:00pm) Martinez <input type="checkbox"/> February 19, 2015 (10:00am-2:30pm) Orange <input type="checkbox"/> March 17, 2015 (9:00am-1:15pm) Los Angeles <input type="checkbox"/> March 24, 2015 (12:30pm-4:45pm) West Sacramento		<input type="checkbox"/> March 25, 2015 (9:00am-1:15pm) Modesto <input type="checkbox"/> March 25, 2015 (12:30pm-4:45pm) San Francisco <input type="checkbox"/> April 9, 2015 (8:45am-1:00pm) Sylmar <input type="checkbox"/> April 15, 2015 (12:45pm-5:00pm) Redding <input type="checkbox"/> April 23, 2015 (12:30pm-4:45pm) Oakland <input type="checkbox"/> May 20, 2015 (12:45pm-5:00pm) Ventura	

To view the most up-to-date training list, visit www.uclaisap.org/sbirt.

**Continuing education credit choices include: CME (applies to physicians, nurse practitioners, and physician assistants), PSY, RN, MFT, LCSW, CADC, CATC, CAS, and RAS.

***License number is required for participants wishing to receive CME, PSY, and RN credits/contact hours.