

DECEMBER



Santa Clara Family Health Plan

Blanca Alvarado
Community Resource Center

We Speak
English

Hablamos
Español

Chúng
tôi nói
Tiếng Việt

The CRC is open weekdays from 10am - 5pm (*unless otherwise noted)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2 style="margin: 0;">Happy Holiday Season from our CRC family to you and yours.</h2>				World AIDS Day	2 2pm: Medi-Cal Orientation (En)	3 Closed
4 Closed	5 10am: Zumba	6 10am: DC Orientation (Es) 11am: DC Seminar (Es)	7 10am - 4pm Mobile Vision 10am: Zumba 10am: Medi-Cal Orientation (En) 2pm: DC Orientation (En)	8 10am: DC Orientation (Vi) 11am: DC Seminar (Vi) 6pm: Zumba (Indoors 🧘)	9 10am: Zumba 10am: Medi-Cal Orientation (Vi) <p style="color: red; font-weight: bold;">*Closed 11am - 2pm*</p> 2pm: Medi-Cal Orientation (Vi)	10 Closed
11 Closed	12 Closed	13 10am: DC Orientation (Es) 2pm: Medi-Cal Orientation (Es)	14 10am - 4pm Mobile Vision 10am: Zumba 10am: DC Orientation (En) 11am: DC Seminar (En)	15 10am: Medi-Cal Orientation (Es) 2pm: DC Orientation (Vi) 6pm: Zumba (Indoors 🧘)	16 10am: Zumba 10am: DC Orientation (Zh) 11am: DC Seminar (Zh)	17 2pm - 5pm: OPEN HOUSE
18 	19 10am: Zumba	20 <p style="color: green; font-weight: bold;">Open 10am - 3pm</p> <p style="color: red; font-weight: bold;">*Closed at 3pm*</p>	21 10am - 4pm Mobile Vision 10am: Zumba <p style="color: red; font-weight: bold;">*Closed 11am - 2pm*</p>	22 2pm - 6pm: COVID-19 Vaccination Clinic	23 Closed	24 Closed
25 	26	27	28	29	30	31
<p style="font-size: 1.2em; font-weight: bold;">CLOSED December 26th - 30th</p>						
<p style="font-size: 1.2em; font-weight: bold;">Joyous Kwanzaa!</p>						

COVID-19 Vaccination Clinics



**Thursday, December 22nd
from 2pm - 6pm**

Visit the **CRC** for COVID-19 vaccination, information, and resource navigation. COVID-19 vaccination clinics are offered by Bay Area Community Health (BACH).



Call 408-874-1750 for more information



CRC OPEN HOUSE



**Saturday, December 17th
from 2pm - 5pm**

Come and learn more about the new SCFHP Blanca Alvarado Community Resource Center (CRC)! During the Community Open House, you will learn about the programs & services offered, meet with our staff and get a personal tour of the center. Open House events recognize and celebrate the diverse cultures and communities of East San José in a safe space.

Pre-registration not required

Physical Activity - ZUMBA



**Mondays at 10am (Outdoors)
Wednesdays at 10am (Outdoors)
Thursdays at 6pm (Indoors)
Fridays at 10am (Outdoors)**

Zumba is a high-energy cardio workout perfect for all fitness levels. A certified Zumba instructor with many years of experience serving East San José neighborhoods leads this class. Classes are offered outside at the **CRC** (except Thursdays).

Call 408-874-1750 to register

World AIDS Day

Thursday, December 1st

World AIDS Day is an opportunity for people worldwide to unite in the fight against HIV, show their support for people living with HIV, and remember those who have died from an HIV-related illness. Visit us at the CRC to pick up a red ribbon -- a universal symbol of awareness and support for people living with HIV/AIDs.

Learn more at www.worldaidsday.org

Mobile Vision Screening



**Wednesdays in December,
December 7th, 14th, and 21st
from 10am - 4pm**

This **FREE** vision screening is the first step to proper eye care for you and your family (children and adults). Bay Area Community Health (BACH) can check your vision to determine if an eye exam is needed. Also includes a comprehensive eye exam and eye disease screenings. Accepting Medi-Cal and most private health insurances.

Call 510-770-8040 to learn more or make an appointment - walk-ins also welcome

COMMUNITY RESOURCES & ASSISTANCE

Application Assistance for Covered California or Medi-Cal



Certified enrollment counselors are available to provide in-person assistance with applying for Covered California or Medi-Cal. Counselors can also guide you through your Medi-Cal renewal packet so you don't lose health coverage.

Community Resource Assistance

Community Health Workers are available to provide support and coordination for resources and services including – food, housing, healthcare access and more.

Application Assistance for CalFresh



CalFresh is a nutrition program that helps low-income families buy healthy food at grocery stores, farmers' markets, and some restaurants. Certified bilingual enrollment counselors are available to provide assistance applying for CalFresh.



Call 408-874-1750 to make an appointment or visit us at the CRC for assistance.

DualConnect Seminars (DC Seminar)

SCFHP Cal MediConnect Plan is a plan that combines your Medi-Cal and Medicare benefits all into one plan. You'll have one membership card and one phone number to call for all your health care needs. Plus, you'll enjoy more benefits than original Medicare! This seminar is run by a SCFHP Medicare Outreach Agent.

Register at:

www.surveymonkey.com/r/BKFZ932

For more info call 1-888-202-3353 (TTY: 711), Mon - Fri, 8am - 5pm.

*You must have both Medicare Part A & B and full scope Medi-Cal to enroll in our DualConnect Plan.

Santa Clara Family Health Plan Member Orientations

At this orientation you will learn:

- About member benefits and services and how to use them
- How to access member materials including your handbook
- Where and how to get care, and much more!

Register at: www.scfhp.com/welcome



Medi-Cal Member Orientations

To contact SCFHP Customer Service for Medi-Cal Call 1-800-260-2055 (TTY: 711)



DualConnect (DC) Member Orientations

To contact SCFHP Customer Service for DC Call 1-877-723-4795 (TTY: 711)

Virtual orientations are also available →



Orientations are offered in a variety of languages:
English: (En) | Español: (Es) | Tiếng Việt: (Vi) | 中文: (Zh)



Parents Helping Parents (PHP) Resources for Special Needs and Developmental Disabilities

PHP is available in-person on to assist families with children of any age with any disability or special needs diagnosis. For more information:

- Visit Online: www.php.com
- Call: 408-727-5775 Monday-Friday (9am - 5pm)
- In-Person: Thursdays at the CRC
- Email: info@php.com