

## **Adopted Clinical and Preventative Guidelines**

Santa Clara Family Health Plan uses clinical practice guidelines to help providers make decisions about appropriate care for specific clinical circumstances. These clinical practice guidelines are also used in related programs such as disease and population management.

Practice guidelines are developed from scientific evidence or a consensus of health care professionals in the particular field.

Practice guidelines are reviewed and updated at least every two years and more frequently when updates are released by the issuing entity. Santa Clara Family Health Plan monitors compliance and member outcomes related these clinical guidelines for quality improvement initiatives.

These clinical practice guidelines are intended to assist providers in clinical decision-making, and attempt to define clinical practices that apply to most patients in most circumstances.

The guidelines are not intended to replace clinical judgment but are provided to assist our practitioners with making decisions about a range of clinical conditions. The treating practitioner should make the ultimate decision in determining the appropriate treatment for each patient.

### **Preventative Guidelines**

#### ***Clinical Practice Guidelines***

##### *Anemia*

[American Academy of Family Physicians \(AAFP\)](#)

##### *Antithrombotic Guidelines*

[American College of Chest Physicians](#)

##### *Asthma Clinical Guidelines*

[National Institute of Health Guideline on Asthma](#)

##### *Chronic Kidney Disease*

[National Kidney Foundation](#)

##### *Diabetes Clinical Guidelines*

[American Diabetes Association Guideline](#)

##### *Glaucoma*

[U.S. Preventative Services Task Force](#)

##### *Hyperlipidemia Guidelines*

[Guidelines from UpToDate](#)

##### *Hypertension Clinical Guidelines*

[American College of Cardiology](#)

[American College of Cardiology Guidelines](#)

*Osteoporosis*

[American Association of Clinical Endocrinologists/ American College of Endocrinology Screening Guidelines from UpToDate](#)

*Rheumatoid Arthritis Osteoarthritis*

[American College of Rheumatology](#)

*Acquired Hypothyroidism*

[American Thyroid Association \(ATA\)](#)

**Behavioral Health Guidelines**

*Adult Depression Clinical Guidelines*

[American Psychological Association \(APA\) Guidelines](#)

*Children and Adolescents with ADHD Guidelines*

[American Academy of Pediatrics Guideline](#)  
[Centers of Disease Control and Prevention](#)

*Children and Adolescents with Depressive Disorder Clinical Guidelines*

[American Academy of Pediatrics](#)

*Adverse Childhood Experiences (ACES) Screening*

[ACES Aware](#)

*Mental Health and Substance Abuse Guidelines*

[Substance Abuse and Mental Health Services Administration](#)

**Lead Screening**

[Childhood Lead Poisoning Prevention Branch – Guidance for Health Care Providers](#)  
[California Department of Health Care Services Blood Lead Test and Anticipatory Guidance](#)

**Preventative Care Guidelines**

*Adult (22-64 year) Preventative Guidelines*

[American Association of Family Physicians](#)  
[U.S. Preventive Health Services Task Force](#)  
[CDC Advisory Committee Immunization Practices](#)

*Child and Adolescent (0 month to 21 years) Preventative Guidelines*

[American Academy of Pediatrics](#)  
[American Academy of Pediatrics Periodicity Schedule](#)  
[CDC Advisory Committee of Immunization Practices](#)  
[U.S. Preventive Health Services Task Force](#)

**Prenatal Preventative Guidelines**

[ACOG Guidelines](#)

**Seniors (65+ years) Preventive Guidelines**

[CDC Advisory Committee of Immunization Practices](#)  
[U.S. Preventive Health Services Task Force](#)

**Treating Tobacco Use and Dependence Guidelines**

[US Preventive Services Task Force A and B Recommendations](#)  
[U.S. Department of Health and Human Services](#)