

# Adolescent well-care visits

## Tip sheet

Use the following checklist to help the practice team easily and efficiently carry out adolescent well-care visits. Telehealth (T) components assist in preparing the medical record prior to scheduled face-to-face visit.

- Take advantage of every office visit (including sick visits & sports physicals) to provide a well-care visit, immunizations, and BMI value/percentile calculations.
- Schedule the next well-care visit at the end of each appointment.
- Note the date(s) that a health & developmental history and physical exam was performed in the patient's medical record, including what health education/anticipatory guidance was given.
- Use standardized templates in charts and in electronic medical records (EMRs) that allow checkboxes for standard counseling activities.

Ensure the minimum components of an adolescent well-care visit are included:

- ☐ Health history (T)
- ☐ Physical developmental history
- ☐ Mental developmental history: (T), PHQ2, or PHQ9
- ☐ Physical examination, including BMI
- ☐ Health education/anticipatory guidance (T)
- ☐ Staying healthy assessment (T)
- ☐ Immunizations
- ☐ Trauma screening (T)

## Adolescent well-care visits coding

Description	Age	CPT	Telehealth
Adolescent well-care visits – established patient (EP)	12-17	99394	N
Adolescent well-care visits – (EP)	18-21	99395	N
Adolescent well-care visits – new patient (NP)	12-17	99384	N
Adolescent well-care visits – (NP)	18-21	99385	N
Trauma screening – positive screen with patient score of 4 or greater	Any	G9919	Y
Trauma screening – negative screen with patient score of 0 to 3	Any	G9920	Y

## Member incentives

Santa Clara Family Health Plan (SCFHP) members ages 12-21 are offered a \$50 gift card when they complete a well-care visit. Provide proper coding when submitting claims to ensure the member receives credit for the incentive.

For more information:

[www.scfhp.com/rewards](http://www.scfhp.com/rewards)

## Scheduling the patient matters

- Close gaps in care by conducting and coding visit components.
- Improve Provider Performance Program and Healthcare Effectiveness Data and Information Set (HEDIS) quality rates by submitting the proper codes on your claims.
- Make sure teens are provided opportunities to discuss important issues with a health care professional in the absence of their parents or guardians.
- Educate teens in preventive health behaviors that will set them up for a healthy adulthood.
- Ensure teens get the preventive care they need, especially immunizations.



## Additional guidance

Well-care visits: <https://brightfutures.aap.org>

Trauma screenings: [www.acesaware.org](http://www.acesaware.org)

Provider training: [www.dhcs.ca.gov/provgovpart/Pages/TraumaCare.aspx](http://www.dhcs.ca.gov/provgovpart/Pages/TraumaCare.aspx)

Reimbursement for telehealth services: [www.scfhp.com/link/reimbursement-telehealth](http://www.scfhp.com/link/reimbursement-telehealth)