

MARCH



Santa Clara Family Health Plan™

Blanca Alvarado Community Resource Center

We Speak English

Hablamos Español

Chúng tôi nói Tiếng Việt

408 N. Capitol Ave. San José (Capitol & McKee) | 408.874.1750 | crc.scfhp.com | crc@scfhp.com

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------------|---------------------|---|---|---|---|--|
| Women's History Month | | National Nutrition Month | 1 👓 10am - 4pm Mobile Vision 👤 10am: Zumba | 2 👤 6pm: Zumba (Indoors 😊) | 3 👤 10am: Zumba 🩹 2pm - 6pm: COVID-19 Vaccination Clinic | 4 Closed |
| 5 Closed | 6 Closed | 7 🌸 10am: DualConnect (Es) 👤 11am: Seminar (Es) | 8 👓 10am - 4pm Mobile Vision 👤 10am: Zumba | 9 🌸 10am: DualConnect (Vi) 👤 11am: Seminar (Vi) 👤 6pm: Zumba (Indoors 😊) | 10 👤 10am: Zumba 🌸 10am: DualConnect (Zh) 👤 11am: Seminar (Zh) 🩹 2pm - 6pm: COVID-19 Vaccination Clinic | 11 Closed |
| 12 Closed | 13 👤 10am: Zumba | 14 🗣️ 2pm: Medi-Cal (En) | 15 👓 10am - 4pm Mobile Vision 👤 10am: Zumba 🌸 10am: DualConnect (En) 👤 11am: Seminar (En) 🗣️ 2pm: DualConnect (En) | 16 🗣️ 2pm: DualConnect (Vi) 👤 6pm: Zumba (Indoors 😊) | 17 👤 10am: Zumba 🗣️ 2pm: DualConnect (Es) | 18 Closed |
| 19 Closed | 20 Closed | 21 🌸 10am: Medi-Cal (En) 🗣️ 2pm: Medi-Cal (Es) | 22 👓 10am - 4pm Mobile Vision 👤 10am: Zumba 🌸 10am: Medi-Cal (Vi) | 23 🌸 10am: Medi-Cal (Es) 👤 6pm: Zumba (Indoors 😊) | 24 👤 10am: Zumba 🩹 2pm - 6pm: COVID-19 Vaccination Clinic | 25 👤 10am: Zumba 🏠 10am - 5pm: OPEN HOUSE |
| 26 Closed | 27 Closed | 28 🗣️ 2pm: Medi-Cal (Vi) | 29 👓 10am - 4pm Mobile Vision 👤 10am: Zumba | 30 👤 6pm: Zumba (Indoors 😊) | 31 Cesar Chavez Day: Closed | THE CRC IS OPEN WEEKDAYS 10AM - 5PM <i>(*unless otherwise noted)</i> |

For more information, see the related icons on the back of this calendar.

COVID-19 Vaccination Clinics



Friday, March 3rd, 10th & 24th
2pm - 6pm

Visit the **CRC** for COVID-19 vaccination, information, and resource navigation. COVID-19 vaccination clinics are offered by Bay Area Community Health.



Call 408-874-1750 for more information

Community Open House



Saturday, March 25th
10am - 2pm

Come to learn more about the SCFHP Blanca Alvarado Community Resource Center (CRC)! During the Community Open House, you will learn about the programs and services we offer, meet with staff and get a personal tour.

No pre-registration required

Physical Activity - ZUMBA



Mondays at 10am (Outdoors)
Wednesdays at 10am (Outdoors)
Thursdays at 6pm (Indoors)
Fridays at 10am (Outdoors)

Zumba is a high-energy cardio workout perfect for all fitness levels. A certified Zumba instructor with many years of experience serving East San José neighborhoods leads this class. Classes are offered outside at the **CRC** (except Thursdays).

Call 408-874-1750 to register

Mobile Vision Screening



Every Wednesday in March
10am - 4pm

This FREE vision screening is the first step to proper eye care for you and your family. During your vision screening, BACH will check your vision and decide if you need a full eye exam. If you need it, BACH will do a comprehensive eye exam and eye disease screenings. Medi-Cal and most private health insurances cover comprehensive eye exams and eye disease screenings.

Call 510-770-8040 to learn more or make an appointment - walk-ins also welcome

Cooking with Heart (Vi/Es)



VIETNAMESE: Tuesdays
10:30am - 12pm

SPANISH: Wednesdays
6pm - 7:30pm

Join us for a 5-week healthy cooking program, Cooking with Heart! This interactive program with a professional chef and nutritionist will teach you to build a healthy eating style at home. Learning which foods to buy, and how to cook nutritious meals at home will empower you to live a healthier life. For ages 18 and up.

Call 408-874-1750 to register

Stay Connected!

Follow us on social media:

@scfhp.crc | fb.com/scfhp.crc

COMMUNITY RESOURCES & ASSISTANCE

Application Assistance for Covered California or Medi-Cal



Certified enrollment counselors are available to provide in-person assistance with applying for Covered California or Medi-Cal. Counselors can also guide you through your Medi-Cal renewal packet so you don't lose health coverage.

Community Resource Assistance

Community Health Workers are available to provide support and coordination for resources and services including – food, housing, healthcare access and more.

Application Assistance for CalFresh



CalFresh is a nutrition program that helps low-income families buy healthy food at grocery stores, farmers' markets, and some restaurants. Certified bilingual enrollment counselors are available to provide assistance applying for CalFresh.



Call 408-874-1750 to make an appointment or visit us at the CRC weekdays from 10am - 5pm for further assistance



SCFHP DualConnect Seminars

Santa Clara Family Health Plan DualConnect (HMO D-SNP) (SCFHP DualConnect) coordinates your Medi-Cal and Medicare benefits into one plan. Enjoy more benefits than original Medicare! Seminars are led by licensed Medicare Outreach Agents.

Register at:

www.surveymonkey.com/r/BKFZ932

For more information or for accommodation of persons with special needs at sales meetings, call 1-888-202-3353 (TTY: 711), Monday through Friday, 8am to 5pm

Santa Clara Family Health Plan DualConnect is an HMO D-SNP with a Medicare and Medi-Cal contract. Enrollment in DualConnect depends on contract renewal.

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SCFHP MEMBER ORIENTATIONS

At orientation you will learn:

- About member benefits and services and how to use them
- Where and how to get care
- How to access important member materials including your Member Handbook, and more!

Register at: www.scfhp.com/welcome



SCFHP DUALCONNECT Orientation

Contact SCFHP DualConnect Customer Service at 1-877-723-4795 (TTY: 711)



MEDI-CAL Orientation

Contact Medi-Cal Customer Service at 1-800-260-2055 (TTY: 711)



Virtual orientations are available via ZOOM

Orientations are offered in:

English: (En) | Español: (Es) | Tiếng Việt: (Vi) | 中文: (Zh)



Parents Helping Parents (PHP)

Resources for Special Needs and Developmental Disabilities

PHP is available to assist families with children of any age with any disability or special needs diagnosis. For more information:

- Visit Online: www.php.com
- Call: 408-727-5775 Monday-Friday (9am - 5pm)
- In-Person: Thursdays at the CRC
- Email: info@php.com