Regular Meeting of the

Santa Clara County Health Authority

Utilization Management Committee

Wednesday, January 18, 2023, 6:00 PM – 7:30 PM

Santa Clara Family Health Plan

6201 San Ignacio Ave., San Jose, CA 95119

Via Zoom

(669) 900-6833
Meeting ID: 850 1223 8434
Passcode: **UMCMeet23!**
https://us06web.zoom.us/j/85012238434

AGENDA

1. Introduction	Dr. Lin	6:00	5 min
2. Public Comment Members of the public may speak to any item not on the agenda; two minutes per speaker. The committee reserves the right to limit the duration of public comment to 30 minutes.	Dr. Lin	6:05	5 min
3. Meeting Minutes Review minutes of the Q4 October 19, 2022 Utilization Management Committee (UMC) meeting **Possible Action:** Approve Q4 2022 UMC Meeting Minutes	Dr. Lin	6:10	5 min
4. Chief Executive Officer Update Discuss status of current topics and initiatives	Ms. Tomcala	6:15	5 min

5. Chief Medical Officer Update
  a. General Update
  b. Annual Confidentiality Agreements
	Dr. Nakahira	6:20	5 min

6. Utilization Management (UM) Program Description – 2023 Review of UM Program Description **Possible Action:** Approve recommended revisions to the UM Program Description	Dr. Boris	6:25	5 min

7. **BHT Program Description - 2023** Annual review of BHT Program Description **Possible Action:** Approve BHT Program Description	Dr. Boris	6:30	5 min

8. **Annual Review of UM Policies**
  a. HS.01 Prior Authorization
  b. HS.02 Medical Necessity Criteria
  c. HS.03 Appropriate Use of Professionals
  d. HS.04 Denial of Services Notification
  e. HS.05 Evaluation of New Technology
  f. HS.06 Emergency Services
  g. HS.07 Long-Term Care Utilization Review
  h. HS.08 Second Opinion
  i. HS.09 Inter-Rater Reliability
  j. HS.10 Financial Incentive
  k. HS.11 Informed Consent
  l. HS.12 Preventive Health Guidelines
  m. HS.13 Transportation Services
  n. HS.14 System Controls
    Possible Action: Approve recommended revisions of UM policies
	Dr. Huynh	6:35	5 min

9. **Annual Review of Care Coordinator Guidelines** **Possible Action:** Approve recommended revisions of Care Coordinator Guidelines	Ms. Funches	6:40	10 min
10. **Reports** **a.** Membership	Dr. Boris	6:50	5 min
b. Over/Under Utilization and Medical Deep Dive			
c. UM System Control Audit Report **Possible Action:** Approve UM System Control Audit Report	Mr. Perez	6:55	5 min
d. Dashboard Metrics • Turn-Around Time – Q4 - 2022	Mr. Perez	7:00	5 min
e. Cal MediConnect and Medi-Cal Quarterly Referral Tracking – Q4 – 2022	Ms. Funches	7:05	5 min
f. Quality Monitoring of Plan Authorizations and Denial Letters (HS.04.01) – Q4 2022	Ms. Funches	7:10	5 min
g. Delegation Oversight Dashboard	Dr. Boris	7:15	5 min
h. Annual Physician Peer-to-Peer (HS.02.02) – 2022			
i. Behavioral Health UM	Ms. Chen	7:20	10 min
11. **Adjournment** Next Meeting: Wednesday, April 19, 2023 at 6:00 p.m.	Dr. Lin	7:30	

Notice to the Public—Meeting Procedures

• Persons wishing to address the Utilization Management Committee on any item on the agenda are requested to advise the Recorder so that the Chairperson can call on them when the item comes up for discussion.

• The Committee may take other actions relating to the issues as may be determined following consideration of the matter and discussion of the possible action.

- In compliance with the Americans with Disabilities Act, those requiring accommodations in this meeting should notify Amy O'Brien 48 hours prior to the meeting at (408) 874-1997.

- To obtain a copy of any supporting document that is available, contact Amy O'Brien at (408) 874-1997. Agenda materials distributed less than 72 hours before a meeting can be inspected at the Santa Clara Family Health Plan offices at 6201 San Ignacio Ave, San Jose, CA 95119.

- This agenda and meeting documents are available at www.scfhp.com.

Public Comment

Meeting Minutes

October 19, 2022

Regular Meeting of the

Santa Clara County Health Authority
Utilization Management Committee

Wednesday, October 19, 2022, 6:00 – 7:30 PM

Santa Clara Family Health Plan

6201 San Ignacio Ave, San Jose, CA 95119

Minutes - Draft

Members Present
Jimmy Lin, M.D., Internal Medicine, Chair
Ali Alkoraishi, M.D., Psychiatry
Ngon Hoang Dinh, D.O., Head and Neck Surgeon
Laurie Nakahira, D.O., Chief Medical Officer
Habib Tobbagi, MD, PCP, Nephrology
Indira Vemuri, MD, Pediatric Specialist

Staff Present
Lily Boris, MD, Medical Director
Angela Chen, Director, Case Management
    and Behavioral Health
Desiree Funches, Manager, Utilization
    Management
Luis Perez, Supervisor, Utilization
    Management
Robyn Esparza, Administrative Assistant
Amy O'Brien, Administrative Assistant

Note: Items were discussed in a different order than the agenda.

1. **Roll Call**

    Jimmy Lin, MD, Chair, called the meeting to order at 6:04 p.m. Roll call was taken and a quorum was established.

2. **Public Comment**

    There were no public comments.

3. **Meeting Minutes**

    The minutes of the July 20, 2022 Utilization Management Committee (UMC) meeting were reviewed.

    It was moved, seconded, and the minutes of the July 20, 2022 UMC meeting were **unanimously approved**.

Motion:	Dr. Tobbagi
Second:	Dr. Vemuri
Ayes:	Dr. Lin, Dr. Nakahira, Dr. Tobbagi, Dr. Vemuri
Absent:	Dr. Alkoraishi, Dr. Dinh

4. **Chief Executive Officer Update**

    This item was combined with the Chief Medical Officer update. Please see item 5.

5. **Chief Medical Officer Update**

    Dr. Laurie Nakahira, Chief Medical Officer, gave the Chief Executive Officer and Chief Medical Officer updates. Dr. Nakahira began with a brief discussion of the Department of Managed Health Care (DMHC) and Department of Health Care Services (DHCS) audits. The DMHC auditors will discuss their preliminary findings during their final session. At this time, the Plan is pending the results from the DHCS audit.

6. **Old Business/Follow-Up Items**

   a. Anti-Psychotics Use in Children Utilization Data

   Angela Chen, Director, Case Management and Behavioral Health, presented an overview of our provider network's administration of anti-psychotics from January 2022 through August 2022. Ms. Chen will provide the committee with a list of the medications included in this report.

   b. Suboxone Utilization Data

   Ms. Chen continued with an overview of our provider network's administration of Suboxone from January 2022 through August 2022.

   c. Grievances and Appeals (G&A) Discussion – Quarterly Appeals vs. Annual Appeals

   Dr. Boris requested the committee's approval for a UM representative to join the G&A committee. Going forward, this representative will bring either quarterly or annual appeals information to the UMC, with details such as the types of appeals, the percentage of overturned appeals, and any other relevant information. Dr. Lin approved, and he believes an annual update will suffice.

7. **Review of Reappointments for UMC Members**

   Dr. Boris discussed the current charter and the 2 year term limit for UMC members. All current members have served on the UMC for at least 8 years. Dr. Boris will share relevant details on the reappointment process at a future UMC meeting.

8. **UM Review of Delegation Results and Process**

   Desiree Funches, Manager, Utilization Management, explained that there is an ongoing monthly review of the delegated entities UM files. This topic will continue to be discussed in future UMC meetings. Each month, the Plan reviews approximately 10 sample files from our delegates. The UM team reviews these sample files to ensure compliance in areas such as timeliness of denial notices and decisions, appropriate application of guidelines, and the quality and accuracy of provider member notices. Delegates must also demonstrate their use of the proper denial verbiage and threshold languages, and the inclusion of the correct attachments with all denial letters.

   Ms. Funches presented the results from the July 2022 review. Delegates who did not meet one or more of the regulatory requirements were notified of our findings and may submit their responses. Those responses will be reviewed by the UM team. The results from the August and September 2022 review of delegates' files will be presented at the January 18, 2023 UMC meeting.

9. **Inter-Rater Reliability (IRR) Report – 2022**

   Ms. Funches presented the results of the annual UM IRR testing to the Committee. The testing is designed to evaluate the consistency and accuracy of review criteria applied by all physician and non-physician staff members, and to identify areas for improvement. All Medical Directors, and the majority of staff members, passed, with only a few nurses who did not pass. This was the first time that the UM management team evaluated our inpatient concurrent nurses' abilities to review outpatient authorization requests, and this yielded lower scores. UM management will continue to conduct individual coaching and remediation sessions with these staff members.

10. **Update on Medical Covered Services Prior Authorization (PA) Grid**

    Ms. Funches presented a summary of the changes to the Medical Covered Services PA Grid.

    It was moved, seconded, and the Update on Medical Covered Services PA Grid was **unanimously approved**.

Motion:	Dr. Dinh
Second:	Dr. Lin
Ayes:	Dr. Alkoraishi, Dr. Dinh, Dr. Lin, Dr. Nakahira, Dr. Tobbagi, Dr. Vemuri

11. Review Updated Care Coordinator Guidelines for Behavioral Health (BH)

Dr. Boris gave a summary of the changes made to the UM department's Care Coordinator Guidelines for BH. Dr. Boris explained that these changes were made to achieve better alignment with the APL and MCG guidelines for ABA services.

It was moved, seconded, and the Review of Updated Care Coordinator Guidelines for BH was **unanimously approved**.

Motion:	Dr. Lin
Second:	Dr. Nakahira
Ayes:	Dr. Alkoraishi, Dr. Dinh, Dr. Lin, Dr. Nakahira, Dr. Tobbagi, Dr. Vemuri

12. Reports

a. Membership Report

Dr. Boris gave a summary of the Membership Report from October 2021 through October 2022. The Plan's current Cal MediConnect (CMC) membership includes 10,469 members. The Plan's total Medi-Cal (MC) membership includes 307,490 members. As of July 2022, our total membership includes 317,959 members. This increase in MC membership continues to be largely attributable to the "pause" on MC redeterminations due to COVID. Once MC redeterminations begin again, the Plan projects a decrease in MC membership over the next year.

b. Over/Under Utilization by Procedure Type/Standard UM Metrics

Dr. Boris presented an overview of the UM goals and objectives. Dr. Boris advised that the metrics discussed cover the period from October 1, 2021 through September 30, 2022. She gave a summary of the inpatient utilization rates for the Plan's MC SPD and non-SPD lines of business. She also discussed the discharges per thousand and average lengths of stay for our MC SPD and non-SPD populations. Next, Dr. Boris gave a summary of the inpatient utilization rates for our CMC population, which comprises the Plan's higher acuity patients. Dr. Boris discussed the discharges per thousand and average lengths of stay for our CMC members. She continued with a summary of the outpatient utilization rates for the Plan's MC-SPD and non-SPD members and for our CMC members.

Dr. Boris concluded this topic with a discussion of the 2021 and 2022 inpatient readmissions rates for the Plan's MC and CMC lines of business. Lower readmissions rates are good indicators of successful discharge planning on the part of our provider networks. These rates are part of the metrics used as guidelines for UM staff improvement.

c. Dashboard Metrics

- Turn-Around Time – Q3 2022

Luis Perez, Supervisor, Utilization Management, summarized the CMC and MC Turn-Around Time metrics for Q3 2022. The CMC turn-around times in almost all categories are compliant at 98.1% or better, with many categories at 100%. In the category of Part B Drugs Standard Prior Authorizations, September fell short at 95.8%; however, Q3 was still compliant with an overall 98.4%. The MC turn-around times in almost all categories are compliant at 98.4% or better, with several categories at 100%.

d. Quarterly Referral Tracking – Q3 2022

Dr. Boris explained that it is a regulatory requirement for the Plan to track the total number of CMC and MC prior authorizations received, with services rendered within 90 days, versus the percentage of authorizations received without services rendered. Dr. Boris summarized the data for Q3 2022, and 62% of prior authorizations had matching claims paid for services rendered. She explained that on an annual basis, the UM team follows-up with members with approved authorizations, but without a paid claim, to ask them why they did not receive services. Otherwise, there are no significant changes in this data since our July 2022 meeting.

e. Quality Monitoring of Plan Authorizations and Denial Letters (HS.04.01) – Q3 2022

Ms. Funches gave a brief explanation of the purpose of Quality Assurance (QA) for the Plan's denial letters. Each quarter, at least 30 denial letters are chosen at random. The QA process includes review of elements such as proper grammar, correct spelling, clear and concise verbiage, the use of members' threshold languages, and compliant turn-around times. Ms. Funches gave a summary of the results for 3rd Quarter 2022. Going forward, UM leadership will continue to conduct quarterly QA and assessment of productivity for the Plan's denial letters.

f. BH UM

Ms. Chen began with an overview of the ADHD MC BH Metrics, which were initially compiled in response to requests from prior years to share Healthcare Effectiveness Data and Information Set (HEDIS) measures. Ms. Chen explained that the comparisons presented are a snapshot of how the BH team is doing as of September 25, 2022.

Ms. Chen continued with an overview of the BHT (Behavioral Health Treatment) program. She highlighted the developmental and trauma screenings that were completed as of October 4, 2022. These numbers are on par with previous quarters. The BH team hopes these numbers will continue to increase and surpass the baseline numbers from prior quarters. Ms. Chen discussed BH utilization for our CMC members, and she highlighted the number of comparative visits per thousand in the mild-to-moderate category for 2020, 2021, and currently for 2022. These include visits with psychologists, psychiatrists, social workers, and group therapy sessions. She highlighted the number of CMC Unique members who received BH services. Ms. Chen also presented the outpatient MC utilization rates per thousand within our delegated Provider networks, and she discussed the number of outpatient visits for our MC Unique Members.

Dr. Lin requests the UM team research the reasons why Kaiser had a much higher number of members who received BH services, versus VHP, which treated significantly more of our members. Dr. Alkoraishi would like to see the impact of COVID-19 on the number of BH visits.

Ms. Chen concluded with a summarization of the utilization data, and the number of Unique Members, who received services under the Plan's MC BHT Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) benefit for members 21 years of age and younger.

13. Adjournment

The meeting adjourned at 7:04 p.m. The next meeting of the Utilization Management Commitment is on January 18, 2023 at 6:00 p.m.

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Jimmy Lin, M.D, Chair
Utilization Management Committee

Chief Executive Officer Update

Chief Medical Officer Update

a. General Update

b. Annual Confidentiality Agreements

UM Program Description - 2023

Santa Clara Family Health Plan

Utilization Management
Program Description

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Introduction

Santa Clara Family Health Plan (SCFHP) has implemented a Utilization Management (UM) Plan consistent with Medicare regulations, the National Committee for Quality Assurance (NCQA) standards, the California Department of Health Care Services (DHCS) and Department of Managed Health Care (DMHC) requirements to measure and monitor processes to improve the effectiveness, efficiency, and value of care and services provided to the members of SCFHP. SCFHP has a well-structured UM program and makes utilization decisions affecting the health care of members in a fair, impartial and consistent manner.

The UM program description is reviewed and approved by the SCFHP Utilization Management Committee (UMC) annually. SCFHP may provide recommendations for Quality Improvement (QI) activities to improve the comprehensive UM program. The SCFHP Chief Medical Officer or a medical director is involved in all UM activities, including implementation, supervision, oversight and evaluation of the UM Program. To assess the effectiveness of the UM program and to keep UM processes current and appropriate, SCFHP annually evaluates the UM Program for:

- The program structure, scope, processes, and information sources used to determine benefit coverage and medical necessity.
- The level of involvement of the senior-level physician and designated behavioral healthcare practitioners in the program.
- Member and provider experience data

Santa Clara Family Health Plan (SCFHP) Background

Santa Clara Family Health Plan (SCFHP) is a local, public, not-for-profit health plan dedicated to improving the health and well-being of the residents of Santa Clara County. Our mission is to provide high quality, comprehensive health care coverage for those who do not have access to, or are not able to purchase, good health care at an affordable price. Working in partnership with providers, we act as a bridge between the health care system and those who need coverage. We do this by offering comprehensive, affordable medical, dental and vision coverage through our health insurance programs: Medi-Cal, a public insurance program, and ~~Cal MediConnect~~DualConnect, a program for individuals with both Medi-Cal and Medicare.

Since 1997, SCFHP has partnered with providers to deliver high-quality health care to our members. Through dedication to integrity, outstanding service, and care for our community, we work to ensure that everyone in our county can receive the care they need for themselves and for their families. We currently serve approximately ~~250~~300,000 residents of Santa Clara County including over 10~~8~~,000 of these members in the ~~Cal MediConnec~~DualConnect~~t~~ program.

Section I. Program Objectives & Principles

A. The purpose of the SCFHP Utilization Management (UM) Program is to objectively monitor and evaluate the appropriateness of utilization management services delivered to members of SCFHP. The UM Program addresses the following information about the UM structure:

1. Guide efforts to support continuity and coordination of medical services
2. Define UM staff members' assigned activities, including defining which of the UM staff has the authority to deny medical necessity coverage
3. Address process for evaluating, approving and revising the UM program and supporting policies and procedures
4. Define the UM Program's role in the QI Program, including how SCFHP collects UM information and uses it for QI related activities
5. Improve health outcomes
6. Support efforts that are taken to continuously improve the effectiveness and efficiency of healthcare services

B. The SCFHP maintains the following operating principles for the UM Program:

1. UM decisions are made on appropriateness of care and service, as well as existence of benefit coverage
2. Appropriate processes are used to review and approve provision of medically necessary covered services and are based on SCFHP policies and procedures through established criteria
3. The SCFHP does not financially reward clinicians or other individuals for issuing denials of coverage, care, or service
4. The SCFHP does not encourage UM decisions that result in under-utilization of care by members
5. Members have the right to:
   a) Participate with providers in making decisions about their individual health care
   b) Discuss candidly with providers the appropriate or medically necessary treatment options for their conditions, regardless of cost or benefit coverage
6. The UM program and the utilization review policies and procedures are available to Members and Providers
7. SCFHP policies and procedures shall cover how Contractors, Subcontractors, or any contracted entity, authorize, modify, or deny health care services via Prior Authorization, concurrent authorization, or retrospective authorization, under the benefits provided by SCFHP
8. SCFHP policies, processes, strategies, evidentiary standards, and other factors used for UM or utilization review are consistently applied to medical/surgical, mental health, and substance use disorder services and benefits.
9. SCFHP notifies contracting health care Providers, as well as Members and Potential Enrollees upon request, of all services that require Prior Authorization, concurrent authorization or retrospective authorization and ensure that all contracting health care

Providers are aware of the procedures and timeframes necessary to obtain authorization for these services.

10. SCFHP conducts all UM activities in accordance with CA Health and Safety Code 1367.01

11. SCFHP conducts their prior authorization requirements and complies with the requirements for parity in mental health and substance use disorder benefits in 42 CFR 438.910(d)

Section II. Program Structure

A. Program Authority

1. Board of Supervisors and the Board of Directors
   The Santa Clara County Board of Supervisors appoints the Board of Directors (BOD) of SCFHP, a 12-member body representing provider and community partner stakeholders. The BOD is the final decision making authority for all aspects of SCFHP programs and is responsible for approving the Quality Improvement and Utilization Management Programs. The Board of Directors delegates oversight of Quality and Utilization Management functions to the SCFHP Chief Medical Officer (CMO) and the Quality Improvement Committee (QIC) and provides the authority, direction, guidance, and resources to enable SCFHP staff to carry out the Utilization Management Program. Utilization Management oversight is the responsibility of the Utilization Management Committee (UMC). Utilization Management activities are the responsibility of the SCFHP staff under the direction of the SCFHP Chief Medical Officer.

2. Committee Structure
   The Board of Directors appoints and oversees the QIC, which, in turn, provides the authority, direction, guidance, and resources to the UMC to enable SCFHP staff to carry out the Quality Improvement and Utilization Management Programs.

   SCFHP UMC meets quarterly in accordance with the SCFHP bylaws and more frequently when needed. Committee meeting minutes are maintained to summarize committee activities and decisions, and are signed and dated. The QIC provides oversight, direction and makes recommendations, final approval of the UM Program.

B. The Utilization Management Committee (UMC)

1. Composition, roles, goals, meetings, and additional information will be found in the UM Committee Charter.

2. Responsibilities of the UM Committee
   a) Develop, maintain, and execute an effective utilization review and management plan to manage the use of hospital resources in a manner that is efficient and cost effective.
   b) The Director of Utilization Management shall review the utilization review and management plan annually and revise it as necessary.
   c) Provide oversight for review and utilization of:
      i. Ancillary services
      ii. Medical necessity of admissions
      iii. Extended length of stay and high cost cases
      iv. Cases of non-covered stays
      v. Short stay inpatient stays
      vi. Observation cases.

d) Verify that utilization management functions meet the standards and requirements of all licensing and regulatory agencies, accrediting bodies, third party payers, and external review agencies.

e) Verify that admissions and discharges are appropriate using well-defined criteria.

f) Review and analyze data from the hospital-wide best practice/pathway activities, case mix index, denials, appeals/recoveries, and other sources and make recommendations for actions based on the findings.

g) Establish and approve criteria, standards, and norms for pre-admission reviews, continued stay reviews, and assist in continuing modification of such criteria, standards, and norms.

h) Recommend changes in patient care delivery if indicated by analysis of review findings.

i) Promote the delivery of quality patient care, according to developed or adopted criteria, in an efficient and cost-effective manner.

j) Refer quality concerns identified during the review process to the Quality and Compliance departments as needed for evaluation and action.

3. Conflict of Interest

No person who holds a direct financial interest in an affiliated health care entity is eligible for appointment to the Utilization Management Committee. SCFHP does not consider employment by the Plan to constitute a direct financial interest in an affiliated entity. No committee member may participate in the review of a case in which either he or she or any of his or her professional associates have been professionally involved, except to provide additional information as requested.

C. The Quality Improvement Committee (QIC)
   1. Functional responsibilities for the UM Program
      a) Annual review, revision and approval of the UM Program Description
      b) Oversight and monitoring of the UM Program, including:
         a. Review and approval of the sources of medical necessity criteria
         b. Recommend policy decisions
         c. Monitor for over and under-utilization of health services
         d. Design and implement interventions to address over and under-utilization of health services
         e. Guide studies and improvement activities
         f. Oversight of annual program evaluation and review
         g. Review results of improvement activities, HEDIS measures, other studies and profiles and recommend necessary actions

D. Health Services Department

The Health Services Department at SCFHP is responsible for coordination of programs including the UM Program. The UM staff administer the UM Program. Non-clinical staff may receive and log utilization review requests in order to ensure adequate information is present. Some utilization requests are approved by the non-clinical staff. Appropriately qualified and trained clinical staff use evidence-based criteria or generally accepted medical compendia and professional practice guidelines to conduct utilization reviews and make UM determinations relevant to their positions and their scope. Potential denials are referred to licensed physicians and pharmacists for review. The CMO and Medical Director (MD), conduct reviews that require additional clinical interpretation or are potential denials. The medical directors apply medical necessity criteria that are reviewed and adopted on an annual basis. The CMO or qualified designee, including medical directors and pharmacists, are the only staff members that make medical necessity and coverage denial decisions.

1. Communication Services

The UM Staff shall provide the following communication services for members and practitioners:

a) UM personnel are available during normal business hours for inbound collect or toll-free calls regarding UM issues. The UM Department shall operate during normal health plan business hours.

b) Telephone lines are staffed with individuals who have access to most information/resources needed to provide a timely response. Callers have the option of leaving a voice mail message either during or after business hours

c) UM staff can receive inbound communication regarding UM issues after normal business hours. These calls are returned promptly the same or next business day.

d) UM staff are identified by name, title and organization name when initiating or returning calls regarding UM issues

e) The UM department has both local and toll-free telephone and telefax numbers and offers TDD/TTY services for deaf, hard of hearing or speech impaired members. Language assistance/interpretation is also available for members to discuss UM issues at no cost to the member

2. Roles / UM Staff Assigned Activities

a) Chief Medical Officer (CMO)

The Chief Medical Officer is a physician who holds an active, unrestricted California license and is designated with responsibility for development, oversight and implementation of the UM Program. The CMO shall serves as a voting committee member of the QIC, and makes periodic reports of committee activities, UM Program activities and the annual program evaluation to the BOD. The CMO works collaboratively with SCFHP community partners to continuously improve the services that the UM Program provides to members and providers. The CMO is the senior level physician for medical determinations and his/her role includes:

- Setting UM medical policies
- Supervising operations
- Reviewing UM cases
- Participating in UMC
- Evaluation of the UM program

b) Medical Directors (MD)

The Medical Directors are licensed physicians with authority and responsibility for providing professional judgment and decision making regarding matters of UM. Medical Director responsibilities include, but are not limited to, the following:

1. Support processes where medical decisions are rendered by, and are not influenced by fiscal or administrative management considerations. The decision to deny services based on medical necessity is made only by Medical Directors
2. Ensure that the medical care provided meets the standards of practice and care
3. Ensure that medical protocols and rules of conduct for plan medical personnel are followed
4. Develop and implement medical policy.
5. A medical director is designated to be involved with UM activities, including implementation, supervision, oversight and evaluation of the UM program
6. Any changes in the status of the CMO or Medical Directors shall be reported to the Department of Health Care Services (DHCS) within ten calendar working days of the change.
7. The SCFHP may also use external specialized physicians to assist with providing specific expertise in conducting reviews. These physicians hold current, unrestricted licenses in the state of California and are board-certified by the American Board of Medical Specialties (ABMS) or the American Osteopathic Association (AOA) in specific areas of medical expertise. The CMO is responsible for managing access and use of the panel organization of specialized physicians. An example of external specialist physicians would be psychiatry or psychology for making determinations regarding mental health care.

Vice President of Health Services and

g)c) UM Director and/or UM Manager

The Vice President of Health Services and UM Director/ and UM Manager are responsible for the day-to-day management of the UM department, the overall UM Department operations and for coordination of services between other departments. These responsibilities include:

1. Develop and maintain the UM Program in collaboration with the Medical Director and other Health Services leadership including Behavioral Health, Case Management, Long Term Support Services (LTSS), Pharmacy, and Quality.
2. Coordinate UM activities with other SCFHP units.
3. Maintain compliance with the regulatory standards and requirements.
4. Monitor utilization data for over and under utilization.
5. Coordinate interventions with Medical Director(s) and staff to address under and over utilization concerns when appropriate.
6. Monitor utilization data and activities for clinical and utilization studies.
7. Maintain professional relationships with colleagues from other Medi-Cal Managed Care Plans and community partners, sharing information about requirements and successful evaluation strategies
8. Implement the annual UM Program evaluation and Member and Provider Satisfaction Surveys

d) UM Supervisor

Responsible for the daily operational management of the UM department activities, including: authorization processing, letter creation, provider outreach and education, productivity and quality monitoring oversight, training and development, and the daily supervision of non-clinical UM Care Coordinators.

e) Pharmacy Director

The Pharmacy Director, or designee, is a unrestricted California licensed pharmacist (RPh) responsible for coordinating daily operations, and revewing and managing pharmacy utilization reports to identify trends and patterns. The Pharmacy Director provides clinical expertise relative to the Pharmacy, Quality, and Utilization Management components of SCFHP management. The scope of responsibilities of the Pharmacy Director includes:
1. Render pharmaceutical service decisions (approve, defer, modify or deny) pursuant to criteria established for the specific line of business by the CMO and the SCFHP Pharmacy and Therapeutics Committee or generally accepted medical compendia and professional practice guidelines
2. Assure that SCFHP maintains a sound pharmacy benefits program and oversee the functions that DHCS still holds SCFHP responsible in the post-transition to Medicaid Rx. Manage the medical pharmacy benefit in Medi-Cal that is not carved out to DHCS
3. Manage the SCFHP Formulary on an ongoing basis by Line of Business
4. Manage the Drug Utilization Review program
5. Monitor compliance with delegation requirements and the performance of the Pharmacy Benefits Management
6. Provide clinical expertise and advice for the on-going development of pharmacy benefits.

7. Review medication utilization reports to identify trends and patterns in medication utilization
8. Develop and manage provider and client education programs to improve medication prescribing patterns and to increase patient compliance
9. Ensure compliance with Federal and State regulatory agencies
10. Manage the contract with, and delegated activities of, the pharmacy benefits management organization

f) Utilization Review and Discharge Planning Registered Nurses

Registered Nurses, with an unrestricted California license, are responsible for the review and determinations of medical necessity coverage decisions. Nurses may provide prospective, concurrent and retrospective inpatient or outpatient medical necessity coverage determinations using established and approved medical criteria, tools and references as well as their own clinical training and education. Utilization Review Nurses also work collaboratively with case managers and assist with member discharge planning. All cases that do not satisfy medical necessity guidelines for approval are referred to a Medical Director for final determination. The CMO or Medical Director(s) are available to the nurses for consultation and to make medical necessity denials.

g) Utilization Management Review Nurse

Under the guidance and direction of the UM Manager or UM Director, Registered Nurses or Licensed Vocational Nurses are responsible for performing prospective and retrospective pre-service clinical review for inpatient and outpatient authorization requests in compliance with all applicable state and federal regulatory requirements, SCFHP policies and procedures, and applicable business requirements. Following regulatory or evidence-based guidelines, the nurses assess for medical necessity of services and/or benefit coverage which result in approved determination for services or the need to collaborate with Medical Directors for potential denial considerations.

h) Non-Clinical Staff

Non-clinical staff in multiple roles perform a variety of basic administrative and operational functions. Clinical staff provides oversight to the non-clinical staff. Roles and responsibilities include:
1. Processing selected approvals that do not require clinical interpretation as indicated in the Care Coordinator Guidelines
2. Complete intake functions with the use of established scripted guidelines.
3. Assists with mailings and data collection

i) Behavioral Health Staff Assigned Activities
1. Medical Director or CMO
   i. Reviews denials, changes in requested service.

a) If there is a change in the authorization request for a behavioral health related inpatient or partial hospitalization stay for a member, this is considered a denial. The denial will be reviewed by the SCFHP MD or CMO who shall consult with a SCFHP psychiatrist as needed.

ii. Involved in the implementation of the behavioral health care aspects of the UM Program

iii. Establishes UM policies and procedures relating to behavioral healthcare

iv. Reviews and decides UM behavioral healthcare cases

v. Participates in UM Committee meetings

2. Psychiatrist

i. SCFHP contracts with a board certified psychiatrist to provide consultation and participation in the following:

a. Implementation of the behavioral health care aspects of the UM Program

b. Establishing UM policies and procedures related to behavioral healthcare

c. Participates in UM Committee meetings

d. Development and approval of behavioral health criteria

e. Review and decides UM behavioral healthcare cases

f. Oversight of UM referrals and cases

3. Behavioral Health Director or Manager

i. The BH Director or Manager is a clinician with the responsibility to facilitate the review of all referrals to the BH department for appropriate triage and assignment. The priority for assignment will be for psychiatrically hospitalized members, frequent emergency room (medical and psychiatric ER), emergent or urgent situations of a life-threatening nature, care coordination with Specialty Mental Health members. All other referrals from internal and external sources will be prioritized as staff time is available.

ii. The BH Director or Manager is responsible to oversee Quality Improvement monitoring to continuously assess application of utilization management criteria, turn-around-times, appropriate level of care, etc. The Director or Manager drives compliance with behavioral health related HEDIS measures to support member access to preventive services and management of chronic conditions.

4. Behavioral Health Case Manager (s)

i. The BH case manager will review all psychiatric hospitalizations and partial hospitalizations for medical necessity and to provide coordination of care upon discharge. The BH case manager will contact the hospital case manager to

ensure that a plan is developed for aftercare. If the hospitalization is reviewed retrospectively, the BH case manager will contact the member or member's parents to arrange for coordination of aftercare. The BH case manager will work to ensure that members receive follow-up care by a behavioral health practitioner within 30 days following a hospital discharge.

j) Pharmacy Staff

SCFHP staff is composed of clinical pharmacist(s), pharmacy technician(s), and medical director(s). Pharmacy staff roles and responsibilities include but are not limited to:
1. Review of all prior authorization requests for non-formulary medication therapy
2. Delegation oversight of the Pharmacy Benefit Manager
3. Quality Improvement monitoring to continuously assess application of criteria, turn-around-times, step therapy, etc.
4. Provides education to the contracted network staff as necessary
5. Drives compliance with medication related HEDIS measures to support member access to preventive services and management of chronic conditions

E. UM Program Evaluation

Members of the UM Program management team (CMO, Medical Director, UM and BH Director/Manager) annually evaluate and update the UM Program and develop the annual UM program evaluation to ensure the overall effectiveness of UM Program objectives, structure, scope and processes. The evaluation includes, at a minimum:
a) Review of changes in staffing, reorganization, structure or scope of the program
b) Analysis of annual aggregated data related to UM processes and activities
c) Resources allocated to support the program
d) Review of completed and ongoing UM work plan activities
e) Assessment of performance indicators
f) Review of delegated arrangements activities
g) Recommendations for program revisions and modifications

The UM management team presents a written program description and program evaluation to the UMC which is then taken to QIC. The QIC reviews and approves the UM Program description and evaluation on an annual basis. The review and revision of the program may be conducted more frequently as deemed appropriate by the QIC, CMO, CEO, or BOD.

The QIC's recommendations for revision are incorporated into the UM Program description, as appropriate, which is reviewed and approved by the BOD and submitted to DHCS, CMS on an annual basis.

F. Quality Improvement Integration

The UM Program includes a wide variety of quality assurance activities to support positive member outcomes and continuous quality improvement. The CMO guides these activities in collaboration with

the Director of Compliance with the oversight of the QIC. Performance results are analyzed and reviewed with opportunities for improvement identified for intervention and performance management.

1. Quality Improvement UM Program activities:
    a. HEDIS measurement and reporting
    b. Under and Over Utilization monitoring as exampled by:
        1. Readmission rates
        2. Access to preventive health services
        3. Bed days
        4. Length of Stay
    c. Appeal, denial, deferral, modification and grievance monitoring
    d. Provider profile measurement
    e. Potential quality issue referrals
    f. Quality Improvement Work Plan indicators
    g. Quality improvement projects
    h. Inter-rater reliability assessments
    i. Focused ad hoc analyses
    j. Regulatory compliance
    k. Delegation oversight
    l. Member and provider satisfaction with the UM process
    m. Member and provider education
    n. Member notifications for denial reason
    o. UM turnaround times
    p. Nurse Advice Line utilization and trends
    q. Monitoring of groups with shared savings/capitation agreements
        1. SCFHP monitors groups with CAP agreements for under-utilization so that members receive optimal care regardless of risk agreement with provider group or plans.

2. UM Data Sources

Sources are used for quality monitoring and improvement activities, including those both directly administered by SCFHP and their delegates
    a. Claims and encounter data
    b. Medical records
    c. Medical utilization data
    d. Behavioral Health utilization data
    e. Pharmacy utilization data
    f. Appeal, denial, and grievance information
    g. Internally developed data and reports
    h. Audit findings
    i. Other clinical or administrative data

Actual unit cost and utilization rates by treatment type category are compared to budgeted and benchmark figures. If any significant over or underutilization trend is noted, additional, more detailed

reports are reviewed. Reports are structured so that they are available on a patient specific, provider or group specific, service specific, or diagnosis specific basis. Data can be reported in summary or at an individual claim level of detail. The utilization reporting system allows for focused problem identification and resolution.

SCFHP's Pharmacy Benefit Coordinator routinely monitors and analyzes pharmacy use in each product line to detect potential underutilization and overutilization. Pharmacy utilization is also monitored by individual physicians and across practice and provider sites. Appropriate clinical interventions and/or other strategies are implemented when required and monitored for effectiveness.

3. Utilization Management Performance Monitoring

    a. Areas to monitor

    The Director of UM monitors the consistency of the UM staff in handling approval, denial and inpatient decisions. Turnaround time of UM decisions, including verbal and written notification is also monitored. CMO and Medical Director decisions are periodically reviewed by a physician for consistency of medical appropriateness determinations. Telephone service, as related to the percentage of calls that go into the hold queue, abandonment rate and average speed of answer are tracked. Additional monitoring of the UM Program is performed through comments from the Member Satisfaction Survey, the Provider Satisfaction Survey, and the quarterly appeals reports Product-line specific, high level, summary cost and utilization data is reviewed and analyzed monthly but not limited to the following areas:

      1. Discharges/1,000
      2. Percentage of members receiving any mental health service
      3. Hospital outpatient services/1,000
      4. ED visits/1,000 (not resulting in admission)
      5. Primary Care visits/1,000
      6. Specialty Care visits/1,000
      7. Prescription Drug services
      8. Denials
      9. Deferrals
      10. Modifications
      11. Appeals

    Actual unit cost and utilization rates by treatment type category are compared to budgeted and benchmark figures. If any significant over or underutilization trend is noted, additional, more detailed reports are reviewed. Reports are structured so that they are available on a patient specific, provider or group specific, service specific, or diagnosis specific basis. Data can be reported in summary or at an individual claim level of detail. The utilization reporting system allows for focused problem identification and resolution.

    The Plan's Pharmacy Benefit Manager routinely monitors and analyzes pharmacy use in each product line to detect potential underutilization and overutilization. Appropriate clinical

interventions and/or other strategies are implemented when required and monitored for effectiveness.

b. Access to UM Staff

UM staff is available during normal business hours to answer questions regarding UM decisions, authorization of care and the UM program. The department has both local and toll-free telephone and telefax numbers and offers TDD/TTY services for deaf, hard of hearing or speech impaired members. Language assistance/interpretation is also available for members free of charge to discuss UM issues. Telephone lines are staffed with professionals who have access to most information/resources needed to provide a timely response. Callers have the option of leaving a voice mail message either during or after business hours. These calls are returned promptly the same or next business day. Staff is also a resource for other Plan Departments for UM and Case Management questions.

G. Appeal Procedures

The SCFHP maintains procedures by which a member, authorized representative and provider can appeal a UM organization determination that results in a denial, termination, or limitation of a covered service. The UM Program procedure for appeals includes provisions for timely and appropriate notification of pre-service, post-service and expedited appeals along with an option for external level review. Appeals are administered in accordance with SCFHP policies and procedures, and regulatory standards.

Detailed information about SCFHP appeal policies and procedures are housed within the appeal and grievance committee and unit.

H. Delegation of Utilization Management Activities

When SCFHP delegates Utilization Management decisions or other UM related activities, the contractual agreements between the SCFHP and this delegated group specify the responsibilities of both parties; the functions or activities that are delegated; the frequency of reporting on those functions and responsibilities to the SCFHP, how performance is evaluated; and corrective action plan expectations, if applicable. The SCFHP conducts a pre-contractual evaluation of delegated functions to assure capacity to meet standards and requirements. The SCFHP's Delegation Oversight Manager is responsible for the oversight of delegated activities. Delegate work plans, reports, and evaluations are reviewed by the SCFHP and the findings are summarized at QIC meetings, as appropriate. The Delegation Oversight Manager monitors all delegated functions of each of our delegates through reports and regular oversight audits. The QIC annually reviews and approves all delegate UM programs. Depending on the delegated functions the audit may include aspects of the following areas: utilization management, credentialing, grievance and appeals, quality improvement and claims.

As part of delegation responsibilities, delegated providers must:

- Develop, enact, and monitor a UM Program description that addresses all State, Federal, health plan and accreditation requirements.

- Provide encounter information and access to medical and behavioral health records pertaining to SCFHP members.

- Provide a representative to the QIC.

- Submit quarterly reports, annual evaluations, and work plans.

- Cooperate with annual audits and complete any corrective action judged necessary by the SCFHP.

SCFHP does not delegate the management of complaints, grievances and appeals. SCFHP conducts a pre-delegation review to measure resources of the potential delegate

Section III. Program Scope, Processes & Information Sources

The UM Program consists of comprehensive and systematic functions, services, and processes that provide care management to members, and include medical necessity determinations regarding the appropriateness of health care services in accordance with definitions contained in the member certificate of coverage. The UM Program also encompasses delegated utilization management functions, activities, and processes for behavioral health and pharmacy services.

A. Clinical Review Criteria

The UM Program is conducted under the administrative and clinical direction of the CMO and UMC. Therefore, it is SCFHP's policy that all medical appropriateness and necessity criteria are developed, and approved by the physician entities prior to implementation. Part of this review process may also include input from appropriate participating subspecialists. As part of the review of the UM Program, all criteria are reviewed and updated as needed, but no less than annually. Providers are advised annually that criteria are available upon request, by mail, fax, or email. Internally developed criteria and a general list of services that require prior authorization are also available on SCFHP's web site. MCG® criteria are available to providers upon request with the UM Department. The individual needs of the member and the resources available within the local delivery system are considered when applying medical necessity criteria.

1. Adoption of criteria

When adopting medical necessity criteria, SCFHP (with direct oversight by the CMO) will:
   a. Have written UM decision-making criteria that are objective and based on medical evidence. The criteria include medical, long term services and support (LTSS), and behavioral healthcare services requiring review.
   b. Have written policies for applying the criteria based on individual needs. SCFHP considers the clinical variables for review including:
       a. Age
       b. Comorbidities
       c. Complications
       d. Treatment progress
       e. Psychosocial factors

       f.   Home environment: when applicable

   c.   Have written policies for applying the criteria based on an assessment of the local delivery system. The medical, behavioral health, and LTSS units evaluate the local delivery systems in meeting member's needs.
   d.   Involve appropriate practitioners in developing, adopting and reviewing criteria via the practitioner involvement in UMC.
   e.   Annually review the UM criteria and the procedures for applying them, and updates the criteria when appropriate. SCFHP reviews UM criteria against current clinical and medical evidence and updates them when appropriate.

2. Hierarchy of criteria

Utilization review determinations are derived from a consistently applied, systematic evaluation of utilization management decision criteria. The criteria are selected based on nationally recognized and evidence-based standards of practice for medical services and are applied on an individual needs basis. A hierarchy of criteria for UM decision shall be outlined by UM Policies & Procedures.

Other applicable publicly available clinical guidelines from recognized medical authorities are referenced, when indicated. Also when applicable, government manuals, statutes, and laws are referenced in the medical necessity decision making process. The QIC annually reviews the Care Coordinator Guidelines and criteria and applicable government and clinical guidelines for changes and updates.

Additionally, the SCFHP has a formal mechanism to evaluate and address new developments in technology and new applications of existing technology for inclusion in benefit plans in order to keep pace with changes and to ensure that members have equitable access to safe and effective care.

B. Medical Necessity

The UM Program is conducted under the administrative and clinical direction of the CMO and the UMC. Therefore, it is the policy of SCFHP that all medical appropriateness/necessity criteria are developed, reviewed and approved by the physician entities prior to implementation.

Part of this review process may also include input from appropriate participating subspecialists. As part of the review of the UM Program, all criteria are reviewed and updated as needed, but no less than annually. Providers are advised annually that criteria are available upon request. Internally developed criteria and a general list of services that require prior authorization are also available on the web site for SCFHP.

Specific MCG criteria are available to providers by contacting the UM department or the physician reviewer. The individual needs of the member and the resources available within the local delivery system are considered when applying medical necessity criteria.

Members may request a copy of the medical necessity criteria. When the disclosure of UM criteria is made to the public, the disclosure will be accompanied by the following notice:

"The materials provided to you are guidelines used by this Plan to authorize, modify, or deny care for persons with similar illnesses or conditions. Specific care and treatment may vary depending on individual need and the benefits covered under your contract."

The Medicare Model Evidence of Coverage (EOC) defines medically necessary services or supplies as those that are: "1) Proper and needed for the diagnosis or treatment of your medical condition; 2) Used for the diagnosis, direct care, and treatment of your medical condition; 3) Not mainly for your convenience or that of your doctor; and those that 4) Meet the standards of good medical practice in the local community."

1. Medical Necessity Determinations

Medical necessity determinations are made based on information gathered from many sources. As each case is different, these sources may include some or all of the following:
a) Primary care physician
b) Specialist physician
c) Hospital Utilization Review Department
d) Patient chart
e) Home health care agency
f) Skilled nursing facility
g) Physical, occupational or speech therapist
h) Behavioral health/chemical dependency provider
i) Patient or responsible family member

The information needed will often include the following:
a) Patient name, ID#, age, gender
b) Brief medical history
c) Diagnosis, comorbidities, complications
d) Signs and symptoms
e) Progress of current treatment, including results of pertinent testing
f) Providers involved with care
g) Proposed services
h) Referring physician's expectations
i) Psychosocial factors, home environment

The Utilization Review Nurses will use this information, along with good nursing judgment, departmental policies and procedures, needs of the individual member and characteristics of the local delivery system, including the availability of the proposed services within the network service area, or case conference discussions with a SCFHP Medical Director, to make a decision.

If the decision is outside the scope of the Utilization Review Nurse's authority, the case is referred to the Medical Director for a determination. The Medical Director, pharmacists, or designated behavioral health practitioner as appropriate, are the only plan representatives with the authority to deny payment for services based on medical necessity and appropriateness. Psychiatrists, doctoral-level clinical psychologists, or certified addiction medicine specialists have the authority to deny payment for behavioral health care services based on medical necessity

and appropriateness. Alternatives for denied care or services are given to the requesting provider and member and are based on the criteria set used or individual case circumstances. In making determinations based on contract benefit exclusions or limitations, the Member Handbook and Group Services Agreement are used as references.

2. Inter-Rater Reliability

The UM Manager monitors the consistency of the UM/BH/MLTSS/Pharmacy staff in handling pre-service approval, denial and inpatient concurrent review decisions. The Inter-Rater Reliability (IRR) testing process evaluates the consistent application amongst the Health Services teams (UM, BH, MLTSS, pharmacy staff), including all staff who apply medical necessity criteria, including medical directors, registered and licensed vocational nursing staff, pharmacists, pharmacy technicians, and non-clinical staff. Please refer to IRR Policy HS.09.01.

All staff is assessed through the established IRR process at least annually. All new hires are reviewed monthly for the first 90 days and then again annually.

C. Timeliness of UM Decisions

SCFHP maintains a policy and procedure (P&P) that meets state, federal, and NCQA (National Committee for Quality Assurance) regulations and guidelines for meeting timeliness standards of UM decisions and notification. The P&P is comprehensive and includes non-behavioral and behavioral UM decision and notification timeframes, it is reviewed at least annually. The operations dashboard is updated monthly and staff is monitored and evaluated on meeting timeliness standards.

D. Clinical Information

When determining coverage based on medical necessity for non-behavioral, behavioral, and pharmacy decisions, SCFHP obtains relevant clinical information and consults with the treating practitioner where necessary. The reviewing medical director or pharmacist shall document any consults conducted and will acknowledge the clinical information considered when making a decision to deny, delay or modify a request for service or care.
Clinical information may include, but is not limited to:
- Office and hospital records.
- A history of the presenting problem.
- Physical exam results.
- Diagnostic testing results.
- Treatment plans and progress notes.
- Patient psychosocial history.
- Information on consultations with the treating practitioner.
- Evaluations from other health care practitioners and providers.
- Operative and pathological reports.
- Rehabilitation evaluations.
- A printed copy of criteria related to the request.
- Information regarding benefits for services or procedures.

- Information regarding the local delivery system.
- Patient characteristics and information.
- Information from family members.
- Behavioral Health Assessment

E. Transplants

It is SCFHP's policy that all requests for organ transplants be reviewed by the Medical Director or designee. Members are directed to the most appropriate Center of Excellence transplant facility for evaluation based on benefits. The Case Manager coordinates with the facility transplant coordinator to send the transplant recommendation to SCFHP, as appropriate, prior to approval by the Plan. Renal and corneal transplants are excluded from SCFHP review. The Plan's determination of medical necessity will be based on the Transplant Team determination, thus providing an outside, impartial, expert evaluation. Once the member has been approved, the member is enrolled in the United Network for Organ Sharing (UNOS). The patient's acceptance into UNOS serves as the Plan's medical necessity determination. All members that are approved for transplant are followed closely by Case Management as well as Paramount's interdepartmental transplant team, consisting of Medical Directors, Case Managers and Financial, Claims and Actuarial representatives. The purpose of the team is to ensure ongoing medical necessity for transplant, employer group high dollar alert (if self-insured), and reinsurance notification and to ensure appropriate claims payment.

F. New Technology Assessment

SCFHP investigates all requests for new technology or a new application of existing technology to determine whether the new technology is investigational in nature. If further information is needed, the Plan utilizes additional sources, including Medicare and Medicaid policy, Food and Drug Administration (FDA) releases and current medical literature. This includes medical and behavioral health procedures and devices. Pharmaceuticals are investigated by the Pharmacy and Therapeutics Committee. If the new technology, pharmaceutical or new application of an existing technology or pharmaceutical is addressed in the above documents, the information is taken into consideration by the Medical Director at the time of benefit determination. If the new technology, pharmaceutical or new application of an established technology/pharmaceutical is not addressed in the above documents, the Medical Director will confer with an appropriate board certified specialist consultant for additional information.. The decision will be based on safety, efficacy, cost and availability of information in published literature regarding controlled clinical trials. If a decision cannot be made, a committee of specialists (including medical, pharmacy, and behavioral health practitioners) may be convened to review the new medical technology/pharmaceutical and make a recommendation to the Medical Advisory Council.

G. Emergency Services/Post-Stabilization Care

No referrals are required for treatment of an emergency medical condition that manifests itself by such acute symptoms of sufficient severity, including severe pain that a prudent layperson with an average knowledge of health and medicine could reasonably expect the absence of immediate medical attention to result in any of the following:

    a. Placing the health of the individual or, with respect to a pregnant woman, the health of the
       woman, or her unborn child, in serious jeopardy
    b. Serious impairment to bodily functions
    c. Serious dysfunction of any bodily organ or part.

Emergency Room services are also covered if referred by an authorized Plan representative, PCP or Plan specialist. Plan notification (referral) is not required for payment of Emergency Room services for an emergency medical condition.

SCFHP properly arranges for the transfer of members after the member has been stabilized subsequent to an emergency psychiatric or medical condition but the provider believes further medically necessary health care treatment is required and the member cannot be safely discharged.

SCFHP require prior authorization for post-stabilization care

- The Plan shall fully document all requests for authorizations and responses to such requests for post stabilization medically necessary care which shall include the date and time of receipt, the name of the health care practitioner making the request and the name of the SCFHP representative responding to the request.
- The Plan shall have procedure in place if the Plan is unable to provide a determination (approval or denial) within 30 minutes of the request.
- All non-contracting hospitals are able to locate a contact number at which the hospital can obtain authorization from the Plan's web site, annual communication from the plan, and the Department of Managed Health Care's web page for 24/7 Contact of health plans requiring prior authorization for post-stabilization care.
- SCFHP has mechanisms in place to support that a patient is not transferred to a contracting facility unless the provider determines no material deterioration of the patient is likely to occur upon transfer

H. Determination Information Sources

UM personnel collect relevant clinical information from health care providers to make prospective, concurrent and retrospective utilization review for medical necessity and health plan benefit coverage

determinations. Clinical information is provided to the appropriate clinical reviewers to support the determination review process. Examples of relevant sources of patient clinical data and information used by clinical reviewers to make medical necessity and health plan benefit coverage determinations include the following:

1. History and physical examinations
2. Clinical examinations
3. Treatment plans and progress notes
4. Diagnostic and laboratory testing results
5. Consultations and evaluations from other practitioners or providers
6. Office and hospital records
7. Physical therapy notes
8. Telephonic and fax reviews from inpatient facilities
9. Information regarding benefits for services or procedures
10. Information regarding the local delivery system
11. Patient characteristics and information
12. Information from responsible family members

I. Health Services

The scope of health services and activities include utilization management, utilization review determinations, referral management, discharge planning, and complex case management.

1. Utilization Determinations

Appropriately licensed and qualified health care professionals with clinical care expertise make UM review determinations according to approved clinical review criteria. Qualified health care professionals supervise utilization review decisions of assigned UM staff and participate or lead UM staff training. These professionals also monitors all UM staff for consistent application of UM criteria for each level and type of UM decision, monitors all documentation for adequacy and is available to UM staff on site or by telephone. Under the supervision of a licensed medical professional, non-clinical staff collects administrative data or structured clinical data to administratively authorize cases that do not require clinical review.

Only a Medical Director, with a current California license to practice without restriction, makes medical necessity denial determinations. A Medical Director (medical or behavioral health) and/or an appropriately licensed pharmacist is available to discuss UM denial determinations with providers, and providers are notified about determination processes in the denial letter.

When applying medical necessity criteria, SCFHP shall
  a. Consider individual needs of members
       i. Age
      ii. Comorbidities
     iii. Complications
      iv. Progress of treatment
       v. Psychosocial situation
      vi. Home environment, as applicable

b. Assessment of the local delivery system

    i. Availability of inpatient outpatient and transitional facilities
    ii. Availability of outpatient services in lieu of inpatient services such as surgery centers vs. inpatient surgery
    iii. Availability of highly specialized services, such as transplant facilities or cancer centers
    iv. Availability of skilled nursing facilities, subacute care facilities or home care in the organization's service area to support the patient after hospital discharge
    v. Local hospitals' ability to provide all recommended services within the estimated length of stay

In accordance with the DHCS contract only qualified health care professionals supervise review decisions, including service reductions, and a qualified physician will review all denials that are made on the basis of medical necessity. Additionally, a qualified physician or pharmacist may approve, defer, modify, or deny prior authorizations for pharmaceutical services, provided that such determinations are made under the auspices of and pursuant to criteria established by the Medical Director, in collaboration with the Pharmacy and Therapeutics Committee (P&T) or generally accepted medical compendia and professional practice guidelines.

UM decisions are not based on the outcome of individual authorization decisions or the number and type of non-authorization decisions rendered. UM decision making is based only on appropriateness of care and service and existence of coverage. The organization does not specifically reward practitioners or other individuals for issuing denials of coverage. Financial incentives for UM decision makers do not encourage decisions that result in underutilization. UM staff involved in clinical and health plan benefit coverage determination process are compensated solely based on overall performance and contracted salary, and are not financially incentivized by the SCFHP based on the outcome of clinical determination.

Board certified physician advisors are available to the UM Program for consultation on clinical issues as well as consultation for potential denials. The UM Program maintains a list of board-certified physician specialists identified for consultation and documents their involvement in member authorization and appeal records when appropriate.

For each non-medical necessity denial, the UM Department documents within it's UM system the reason for and the specific benefit provision, administrative procedure or regulatory limitation used to classify the denial. The UM staff references the sources (e.g. Certificate of Coverage or Summary of Benefits) of the administrative denial. The Plan includes this information in the denial notice sent to the member or the member's authorized representative and the practitioner.

Decisions affecting care are communicated in writing to the provider and member in a timely manner in accordance with regulatory guidelines for timeliness. Notification communication includes appeal rights and procedures. Member notifications comply with appropriate contractual and regulatory guidance for each member's line of business. Member correspondence about authorization decisions includes a statement in each SCFHP threshold language instructing the member how to obtain correspondence in their preferred language.

The UM Program appeals and reconsideration policies and procedures assure members and providers that the same staff involved in the initial denial determination will not be involved in the review of the appeal or reconsideration. Additionally, there is separation of medical decisions from fiscal and

administrative management to ensure medical decisions will not be unduly influenced by fiscal and administrative management.

The UM Program includes the following utilization review processes:

a) Prospective Review

Prospective (pre-service) review is the process in which utilization review determination for medical necessity or coverage under the health plan benefit is conducted prior to the delivery of a health care service or supply to a member. A prospective review decision is based on the collection of medical information available to the health care provider prior to the time the service or supply is provided.

b) Concurrent Review

Concurrent review is the process in which utilization review determination for medical necessity or coverage under the health plan benefit is conducted during a member's ongoing stay in a facility or course of outpatient treatment. The frequency of review is based on the member's medical condition with respect to applicable care guidelines.

c) Retrospective Review

Retrospective (post-service) review is the process in which utilization review determination for medical necessity or coverage under the health plan benefit is conducted after the health care service or supply is provided to a member. A retrospective review decision is based on the medical information available to the health care provider at the time the service or supply was provided.

d) Standing Referrals

SCFHP has established and implemented a procedure by which a member may receive a standing referral to a specialist. The procedure shall provide for a standing referral to a specialist if the primary care physician determines in consultation with the specialist, if any, and the plan medical director or his or her designee, that an enrollee needs continuing care from a specialist. The referral shall be made pursuant to a treatment plan approved by the health care service plan in consultation with the primary care physician, the specialist, and the enrollee, if a treatment plan is deemed necessary to describe the course of the care. A treatment plan may be deemed to be not necessary provided that a current standing referral to a specialist is approved by the plan or its contracting provider, medical group, or independent practice association. The treatment plan may limit the number of visits to the specialist, limit the period of time that the visits are authorized, or require that the specialist provide the primary care physician with regular reports on the health care provided to the member.

e) Terminal Illness

In the circumstances where SCFHP denies coverage to member with a terminal illness, which refers to an incurable or irreversible condition that has a high probability of causing death within one year or less, for treatment, services, or supplies deemed experimental, as recommended by a participating plan provider, SCFHP shall provide to the member within five business days all of the following information:

      1.   A statement setting forth the specific medical and scientific reasons for denying coverage

2. A description of alternative treatment, services, or supplies covered by the plan, if any. Compliance with this subdivision by a plan shall not be construed to mean that the plan is engaging in the unlawful practice of medicine

3. Copies of the plan's grievance procedures or complaint form, or both. The complaint form shall provide an opportunity for the member to request a conference as part of the plan's grievance system

f) Communications

Decisions to approve, modify, or deny requests by practitioners for authorization prior to, or concurrent with, the provision of health care services to enrollees shall be communicated to the requesting practitioner verbally as appropriate and in writing. See pages 17 through 21 for notification timelines.

In the case of concurrent review, care shall not be discontinued until the member's treating practitioner has been notified of SCFHP's decision and a care plan has been agreed upon by the treating provider that is appropriate for the medical needs of that patient.

Communications regarding decisions to approve requests by practitioners prior to, retrospectively, or concurrent with the provision of health care services to enrollees shall specify the specific health care service approved. Responses regarding decisions to deny, delay, or modify health care services requested by providers prior to, retrospectively or concurrent with the provision of health care service to enrollees shall be communicated to the enrollee in writing, and to practitioners initially by telephone or facsimile, except with regard to decisions rendered retrospectively, and then in writing, and shall include a clear and concise explanation of the reasons for SCFHP's decision, a description of the criteria or guidelines used, and the clinical reasons for the decisions regarding medical necessity.

Any written communication to a physician or other health care provider of a denial, delay, or modification of a request shall include the name and telephone number of the health care professional responsible for the denial, delay, or modification. The telephone number provided shall be a direct number or an extension, to allow the physician or health care provider to contact the professional responsible for the denial, delay, or modification with ease. Responses shall also include information as to how the member may file a grievance with the Plan.

For non-behavioral, behavioral, and pharmacy communication to members for denial, delay, or modification of all or part of the requested service shall include the following:
a) Be written in a language that is easily understandable by a layperson
b) Specify the specific health care service requested
c) Provide a clear and concise explanation of the reasons for the Plan's decision to deny, delay, or modify health care services. Reason shall be written in layperson terms, easily understandable by the member
d) Specify a description of the criteria or guidelines used for the Plan's decision to deny, delay, or modify health care services
e) Specify the clinical reasons for the Plan's decision to deny, delay, or modify health care services
f) Include information as to how he/she may file a grievance to the Plan
g) Include information as to how he/she may request an independent medical review

h) Include a statement that members can obtain a copy of the actual benefit provision, guideline, protocol, or other similar criterion on which the decision was based , upon request

g) Referral Management

1. In-network
SCFHP network physicians are the primary care managers for member healthcare services. The network primary care physicians provide network specialist and facility referrals directly to members without administrative pre-authorization from the UM Program, and primary care physicians may coordinate prior authorization for utilization review on a number of services such as DME, home health, and nutritional supplements. These referrals are primarily for routine outpatient and diagnostic services and are tracked by the UM Program from claims and encounter data. All elective inpatient surgeries and non-contracted provider referrals require prior authorization. The UM Program care management system tracks all authorized, denied, deferred, and modified service requests and include timeliness records. These processes are outlined in the Provider Manual and in internal policies and procedures.

2. Emergency Services
No referrals or prior authorization requests are required for treatment of an emergency medical condition that manifests itself by such acute symptoms of sufficient severity, including severe pain, that a prudent layperson with an average knowledge of health and medicine could reasonably expect the absence of immediate medical attention to result in any of the following:

     i.   Placing the health of the individual or, with respect to a

     ii.   Pregnant woman, the health of the woman, or her unborn child,

     iii.   In serious jeopardy

     iv.   Serious impairment to bodily functions

     v.   Serious dysfunction of any bodily organ or part

Emergency Room services are also covered if referred by an authorized Plan representative, PCP or Plan specialist. Plan notification (referral) is not required for payment of Emergency Room services for an emergency medical condition.

3. Out of Network
Requests for out-of-network Referrals are reviewed individually and determinations are made based on the patient's medical needs and the availability of services within the Provider Network to meet these needs. A physician reviewer shall assess any requests for out of network referrals.

4. Specialist Referrals
The Primary Care Physician (PCP) may request a consultation from a participating specialist physician at any time. No referral is required from SCFHP prior to consultation with any participating specialists.

5. **Tertiary Care Services**

All referrals to Plan tertiary care centers are reviewed on an individual basis. The member's medical needs and the availability of the requested services within the non-tertiary care network are taken into consideration.

6. **Second Opinions**

A request for a second opinion may be initiated by a member or a treating healthcare provider of a member, and at no charge to the member. The processing of a request for a second opinion will be treated with the same criteria for turn-around-time as other UM referral requests. If a second opinion is not available within the Member's network, an out-of-network opinion will be arranged, at no cost other than normal co-payments, to the member. The member Evidence of Coverage provides all members with notice of the policy regarding the manner in which a member may receive a second medical opinion. The second opinion policy is reviewed, revised and approved annually.

7. **Predetermination of Benefits/Outpatient Certification**

Certain procedures, durable medical equipment and injectable medications are prior authorized. SCFHP uses MCG criteria for Imaging, Procedures and Molecular Diagnostics. When MCG criteria does not exist within SCFHP's purchased products, criteria are developed internally by the Utilization Management Committee, Pharmacy and Therapeutics Committee, or a workgroup as appropriate. Additionally, potentially cosmetic surgery and other procedures may be reviewed prospectively, at the request of providers and members, to issue coverage determinations.

8. **Authorization Tracking**

SCFHP tracks a defined sub-set of outpatient authorizations for completion of the authorization to claims paid cycle. This allows for monitoring of possible barriers leading to member non-compliance with prescribed care. In addition, the plan tracks authorizations while in process for timeliness and compliance with regulations and guidelines.

h) **Discharge Planning**

Discharge planning is a component of the UM process that assesses necessary services and resources available to facilitate member discharge to the appropriate level of care. UM nurses work with facility discharge planners, attending physicians and ancillary service providers to assist in making necessary arrangements for member post-discharge needs. Behavioral health case managers will work with psychiatric hospital facilities to facilitate member discharge to the most appropriate level of care and community case management. Long Term Services and Supports case managers assist members discharging from long term care.

i) UM Documents

In addition to this program description other additional documents important in communicating UM policies and procedures include:

1. The Provider Manual provides an overview of operational aspects of the relationship between the SCFHP, providers, and members. Information about the SCFHP's UM Program is included in the provider manual. In addition the Provider Manual describes how providers may obtain a copy of the clinical guidelines used to make medical determinations.

2. The Provider Manual and the web site also provide information about services/procedures requiring pre-authorization. Changes and updates are communicated to providers via faxed communications, newsletters, bulletins and the website.

3. Provider Bulletin is a monthly newsletter distributed to all contracted provider sites on topics relevant to the provider community and can include UM policies, procedures, and activities.

4. Evidence of Coverage (EOC) documents are distributed to members based on their product line. Members have the right to submit a complaint or grievance about any plan action, and the EOC document directs members to call the Customer Service phone number to initiate complaints or grievances involving UM issues and actions. Member complaints or grievances are documented in the data system and forwarded to the UM unit for follow-up response. The SCFHP Grievance and Appeal unit coordinates with the UM unit on appropriate responses to member complaints or grievances.

These documents, or summaries of the documents, are available upon request to providers, members, and community partners. In addition, the UM Program information is available on the SCFHP website.

J. Behavioral Health Management

SCFHP provides access to all standard Medicaid based fee-for-service benefits, including applicable Behavioral Health services. Behavioral Health utilization management practices are in compliance with parity requirements of Medicaid managed care rules and the Affordable Care Act.

SCFHP members receive comprehensive behavioral health and substance abuse services according to their specific benefit package. SCFHP Medi-Cal members obtain mental health and substance use disorder services primarily through the Santa Clara County Behavioral Health Department (CBHD). The Severely Mentally Ill (SMI) population will be referred through the County Call Center to County Behavioral Health Services, Federally Qualified Healthcare Clinics or Community-Based Organizations. The CBHD will be responsible for payment of services to those who are determined by the CBHD to be SMI. The non-SMI diagnoses will be considered Mild to Moderate and after triage by the County Call Center, will be referred to Network providers by the SCFHP BH department.

Cal Medi-Connect (CMC) members will be treated the same as Medi-Cal members and referred through the County Call Center. The difference in terms of payment for CMC members is that the professional

services for psychiatry, psychology and Licensed Clinical Social Work services are to be billed to SCFHP under the member's Medicare benefit. The Mild to Moderately diagnosed members will be screened by the County Call Center and referred by SCFHP BH department. SCFHP is responsible for payment. Members may contact their County Call Center, or receive physician referral within the member's medical home. SCFHP maintains procedures for primary care providers to coordinate care and services for members in need of behavioral health services including, but not limited to, all medical necessary services across the behavioral health provider network.

Santa Clara Family Health Plan does not impose Quantitative Treatment Limitations (QTL), or Non-Quantitative Treatment Limitations (NQTL) more stringently on covered mental health and substance use disorder services than are imposed on medical/surgical services in accordance with the parity in mental health and substance use disorder requirements in 42 CFR 438.900 et seq.

1. **Behavioral Health Integration**

   The SCFHP uses a variety of mechanisms that ensure behavioral health services and management processes are actively integrated into the UM Program and include
   a) A behavioral healthcare practitioner is involved in quarterly HCQC meetings to support, advise and coordinate behavioral healthcare aspects into UM Program policies, procedures and processes.
   b) A behavioral healthcare practitioner participates as a member of the UM interdisciplinary care team. The UM interdisciplinary care team consists of a Medical Director, Registered Nurse, Pharmacist and Behavioral Healthcare practitioner. The team meets routinely to perform member case reviews. The interdisciplinary care team evaluates topics such as access, availability, health management systems, practice guidelines, clinical and service quality improvement activities, member satisfaction, continuity and coordination of care, and member's rights and responsibilities.
   c) SCFHP routinely receives clinical reports from Santa Clara County Behavioral Health Services Department, which are reviewed by the Manager of Behavioral Health Department or other designee.
   d) SCFHP participates in quarterly operational meetings with the CBHD to review and coordinate administrative, clinical and operational activities.

2. **Santa Clara County Behavioral Health Care Services**
   a) Specialty behavioral health services for Medi-Cal members, excluded from the SCFHP contract with DHCS, are coordinated under a Memorandum of Understanding executed with SCFHP. This is a carve-out arrangement for behavioral health management with the State of California directly overseeing and reimbursing the behavioral health services provided to Medi-Cal members.

3. **The referral procedure for SCFHP members includes**
   a) SCFHP Primary Care Providers (PCPs) render outpatient behavioral health services within their scope of practice.
   b) PCPs refer the members to Santa Clara County Behavioral Health Services Department for evaluation and coordination of medically necessary specialty behavioral health services by the Access Team, including inpatient psychiatric care.

c) PCPs refer members to qualified Medi-Cal providers for the provision of services not covered by CBHD.

d) Members may contact the County Call Center to be screened and referred to SCFHP BH department for referrals to Network providers of Mild to Moderate services under Medi-Cal, or ~~Cal Medi~~DualConnect coverage

K. Pharmacy Management

SCFHP delegates pharmacy utilization management activities in the Dual~~Cal Medi~~Connect line of business to a pharmacy benefit management (PBM). The PBM possesses a UM program that manages pharmacy services under the delegated arrangement. Overall UM Program oversight is performed by the Chief Medical Officer or designee with supporting policies and procedures reviewed and approved by the Quality Improvement Committee. The Chief Medical Officer and the Director of Pharmacy are responsible for operational and clinical management of the pharmacy UM program. The scope of the UM Program encompasses all delegated processes performed by the PBM. These processes include: intake and triage requests, authorization guideline development, implementation of formulary tools and medication utilization review determinations. The Pharmacy and Therapeutics Committee provides oversight for evidence-based, clinically appropriate UM guideline criteria. Guidelines are developed in conjunction with review of peer-reviewed literature with consideration for such factors as safety, efficacy and cost effectiveness, and also with the input evaluation of external clinical specialists appropriate to the subject matter. In accordance with state, federal, and NCQA requirements, the pharmacy unit monitors timeliness and maintains policies and procedures on timeliness of UM decisions and notifications for pharmacy. An annual review process and ad hoc assessments support the development of guidelines that are current with the latest advancements in pharmaceutical therapy. The UM Program is evaluated annually and submitted to the Utilization Management Oversight Committee UMC for approval. This evaluation includes, but is not limited to: medication UM activities, UM structure and resources, measures to assess the quality of clinical decisions, overall effectiveness of the UM Program and opportunities for UM Program improvement.

L. Long Term Services and Supports

SCFHP has established and implemented guidelines for Long Term Services and Supports authorizations for services in this area. The LTSS Team including a Long Term Care UM RN and LTSS Case Managers coordinates with the UM department, LTSS providers, and community partners to identify care needs and facilitate access to appropriate services to achieve positive health outcomes.

M. Confidentiality

SCFHP has written policies and procedures to protect a member's personal health information (PHI). The Health Services Department collects only the information necessary to conduct case management services or certify the admission, procedure or treatment, length of stay, frequency and duration of health care services. We are required by law to protect the privacy of the member's health information. Before any PHI is disclosed, we must have a member's written authorization on file. Within the realm of utilization review and case management, access to a member's health information is restricted to those

employees that need to know that information to provide these functions. A full description of SCFHP's Notice of Privacy Practices may be found on our website at: www.scfhp.com.

N. Interdepartmental collaboration

SCFHP departments collaborate to prevent conflicting information and to align member self-management tools, member education and information provided to the member.

BHT Program Description - 2023

~~Santa Clara Family Health Plan (SCFHP)~~ Behavioral Health Treatment ~~(BHT)~~ Program - 2023

~~Welcome to~~ Santa Clara Family Health Plan covers medically necessary Behavioral Health Treatment (BHT) under the Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) benefit and in accordance with mental health parity requirements for Medi-Cal members under 21 years of age. This applies to any health condition, including children diagnosed with autism spectrum disorder (ASD) and children for whom a licensed physician, surgeon, or psychologist determines that BHT services are medically necessary. Medically necessary services, as defined by state and federal law for the EPSDT population, are necessary to correct or ameliorate defects and physical and/or mental illnesses and conditions. BHT services include applied behavioral analysis and a variety of other behavioral interventions that have been identified as evidence-based approaches to prevent or minimize the adverse effects of behaviors that interfere with learning and social interaction. The goal of BHT services is to promote the member's function.

Medical necessity decisions are individualized for each member and are reviewed on a case-by-case basis, taking into account the particular needs of the child. Per guidance from the Department of Health Care Services:

Criteria for BHT services for members under the age of 21 requires the member to:
1. Have a recommendation from a licensed physician, surgeon or psychologist that evidence-based BHT services are medically necessary;
2. Be medically stable; and
3. Not have a need for 24-hour medical/nursing monitoring or procedures provided in a hospital or intermediate care facility for persons with intellectual disabilities.

BHT services for Autism Spectrum Disorder (ASD), or where there is suspicion of ASD that is not yet diagnosed, must be:
1. Medically necessary, as defined for the EPSDT population;
2. Provided and supervised in accordance with SCFHP-approved behavioral treatment plan that is developed by a BHT service provider who meets the requirements in California's Medicaid State Plan; and,
3. Provided by a qualified autism provider who meets the requirements contained in California's Medicaid State Plan or licensed provider acting within the scope of their licensure.

BHT services for members without an ASD diagnosis must be:
1. Medically necessary, as defined for the EPSDT population;
2. Provided in accordance with an MCP-approved behavioral treatment plan; and,
3. Provided by a licensed provider acting within the scope of their licensure.

Services not covered as BHT services under the EPSDT benefit include:
1. Services rendered when continued clinical benefit is not expected, unless the services are determined to be medically necessary.
2. Provision or coordination of respite, day care, or educational services, or reimbursement of a parent, legal guardian, or legally responsible person for costs associated with participation under the behavioral treatment plan.
3. Treatment where the sole purpose is vocationally- or recreationally-based.
4. Custodial care. For purposes of BHT services, custodial care:
    a. Is provided primarily to maintain the member's or anyone else's safety; and,
    b. Could be provided by persons without professional skills or training.
5. Services, supplies, or procedures performed in a non-conventional setting, including, but not limited to, resorts, spas, and camps.
6. Services rendered by a parent, legal guardian, or legally responsible person.
7. Services that are not evidence-based behavioral intervention practices.

All BHT services require a prior authorization to be submitted and reviewed to determine medical necessity of requested services. Referrals are received from primary care providers or psychologists and must include supporting clinical documentation to be reviewed for medical necessity. If the request is approved, the member and the provider will be notified by mail and fax of the request for initial services to begin or ongoing services to continue. For initial services, care coordination staff will assist in connecting the member to a BHT provider to initiate services. Once received, the authorization request is reviewed for medical necessity. BHT authorizations are valid for six months prior to a reassessment for reauthorization should continued services be needed.

BHT services for Autism Spectrum Disorder (ASD), or where there is suspicion of ASD that is not yet diagnosed, must be:
- Medically necessary, as defined for the EPSDT population;
- Provided and supervised in accordance with MCP-approve behavioral treatment plan that is developed by a BHT service provider who meets the requirements in California's Medicaid State Plan; and,
- Provided by a qualified autism provider who meets the requirements contained in California's Medicaid State Plan or licensed provider acting within the scope of their licensure.

BHT services for members without an ASD diagnosis must be:
- Medically necessary, as defined for the EPSDT population;
- Provided in accordance with an MCP-approved behavioral treatment plan; and,
- Provided by a licensed provider acting within the scope of their licensure.

Annual Review of UM Policies

Utilization Management Policy Review

#	Policy Name	Key Summary of Changes
HS.01	Prior Authorization	• Revise to meet the Department of Health Care Services 2024 Medi-Cal contract language: o Update verbiage relating UM Program Description and written procedures and guidelines o Expanded verbiage relating to utilization management functions, disclosure communication to providers, members upon request o Added verbiage to ensure contracting providers has administrative and financial capacity to meet contractual obligations o Added verbiage to ensure procedures of performance of health care personnel, utilization, facilities, and cost • Update CMC to Medicare
HS.02	Medical Necessity Criteria	• Update CMC to Medicare
HS.03	Appropriate Use of Professionals	• Update CMC to Medicare
HS.04	Denial of Services Notification	• Update CMC to Medicare
HS.05	Evaluation of New Technology	• Update CMC to Medicare
HS.06	Emergency Services	• Update CMC to Medicare
HS.07	Long Term Care (LTC) Utilization Review	• Revise to meet the Department of Health Care Services 2024 Medi-Cal contract language: o Added verbiage regarding SNF and custodial (long-term care) benefit coverage scope under Medicare and Medi-Cal o Added verbiage relating to LTC coverage for DualConnect under the Medi-Cal Benefit o Added verbiage relating to plan's LTC prior authorization process to be in alignment with EOC and DHCS requirements. o Added verbiage that the plan shall allow for completion of services of a terminated or out-of-

		network provider in accordance with continuity of care requirements. • Update CMC to Medicare
HS.08	Second Opinion	• Update CMC to Medicare
HS.09	Inter-Rater Reliability	• Update CMC to Medicare
HS.10	Financial Incentives	• Update CMC to Medicare
HS.11	Informed Consent	• Update CMC to Medicare
HS.12	Preventive Health Guidelines	• Update CMC to Medicare

HS.13	Transportation Services	• Revise to meet the Department of Health Care Services 2024 Medi-Cal contract language:
		  o Added "Related Travel Expenses" section and in purpose statement.
		  o Added "Transportation-related travel expense section" outlining coverage not limited to meals, lodging, parking, tolls and salary of accompanying attendant if the attendance is not a family member and/or MOT donor at IRS per diem rates and pre-payment and retro reimbursement timeline and receipt/documentation requirements.
		  o Revised NEMT and NMT sections to match APL language.
		  o Updated responsibilities sections to elaborate on responsibilities of Health Services, Customer Service, and Provider Network Operations.
		• Update APL 17-010 to APL 22-008 and associated FAQ in References
		• Update CMC to Medicare

HS.14	System Controls	• Update NCQA in Reference • Update CMC to Medicare

POLICY

Policy Title:	Prior Authorization		Policy No.:	HS.01
Replaces Policy Title (if applicable):	Prior Auth for Non-Delegated SCFHP Mbrs., MLTSS Specialty Programs Prior Auth Process; Prior Authorization Process Continuity of Care Policy, Out of Network, Out of Area Referrals		Replaces Policy No. (if applicable):	UM002_07; UM002_09; UM002_08; UM031_04; UM033_04
Issuing Department:	Health Services		Policy Review Frequency:	Annually
Lines of Business (check all that apply):	☒ Medi-Cal	☒ ~~CMC~~Medicare		

I.   **Purpose**

To define Santa Clara Family Health Plan (SCFHP)'s consistent processes and guidelines for conducting prior authorization and organization determinations.

II. **Policy**

A. SCFHP has developed, maintains, continuously improves and annually reviews a Utilization Management Program. The UM Program Description and written procedures addresses required functions to support the consistent application of criteria.

1. The Utilization Management Director and the Chief Medical Officer are responsible to develop, maintain, continuously improve, review ~~and annually~~and update ~~review a~~ the Utilization Management Program Description annually.

~~1.~~2. ~~The~~ UM Program Description and written procedures and guidelines used by the plan that include utilization review or utilization management functions, to determine whether to authorize, modify, or deny health care services shall be or include information about the following:

   i   The process for prior-authorization and organization determinations

   ii   Involvement from actively practicing health care providers~~of licensed healthcare professionals including a full time Medical Director~~

   iii Involvement of a full time ~~the~~ Medical Director who holds an unrestricted license to practice medicine in California or other designated licensed professional for any denials or modification decisions based on medical necessity

   iv Involvement of the Medical Director or Pharmacist for any pharmaceutical denials / adverse determinations based on medical necessity

   v   Involvement of a Behavioral Health specialist for any behavioral health denials / adverse determination based on medical necessity

   vi Use of established criteria for approving, modifying, deferring, or denying requested health services as well as a separate policy regarding medical necessity criteria

vii   Consistent with sound clinical principles and processes

viii Be evaluated, and updated if necessary, at least annually

~~viii~~ix Involvement of providers in adoption of specific criteria

x   Allowance for second opinions

~~viii~~xi Be available top the public upon request

~~ix~~xii ~~The i~~Integration of UM activities into the Quality Improvement and Health Equity Committee (QIHEC)

B.   The plan shall disclose or provide to network providers, members, or persons designated by a member, or to any other person or organization upon request, the process that include utilization review or utilization management functions, use to authorize, modify, or deny health care services under the benefits provided by the plan, including coverage for subacute care, transitional inpatient care, or care provided in skilled nursing facilities. ~~Communications to health care practitioners about the procedures and services that require prior authorization~~

C.   The plan shall ensure each contracting provider has the administrative and financial capacity to meet its contractual obligations; the plan shall have systems in place to monitor Quality Assurance (QA) functions.

        i   The plan shall have a mechanism to detect and correct under-service by an at-risk provider (as determined by its patient mix), including possible under utilization of specialist services and preventive health care services.

D.   The plan shall design and implement reasonable procedures for continuously reviewing the performance of health care personnel, and the utilization of services and facilities, and cost.

~~C.~~E. The plan shall provide or arrange for all medically necessary Medi-Cal and/or Medicare covered services ~~(~~including Major organ Transplant (MOT) related services~~)~~ respectfully by the member's benefit, and to ensure that these services are provided in an amount no less than what is offered to members under fee-for-service.

~~D.~~F. Prior Authorization is not required for Emergency Services ~~(including~~, Emergency Behavioral Health Services~~)~~, urgent care, consent services for a member who is a minor under 18 years of age, family planning services, preventive services, basic prenatal care, sexually transmitted disease services, and HIV testing.

    1.   The Plan applies the prudent layperson or reasonable person's interpretation of what may be considered an emergent condition. A policy regarding coverage of emergency services is maintained, revised and reviewed annually and as needed.

~~E.~~G. The plan shall provide medically necessary enteral nutrition products, or formulas, and establish procedures for medical authorization requirements and list of enteral nutrition products.

~~F.~~H. The Plan has established turn-around times for each line of business which is monitored for compliance

    1.   Decisions are made in a timely manner and are not unduly delayed for medical conditions requiring time sensitive services. In addition, all decisions are clearly documented.

~~G.~~I. The plan allows for new members to continue services with out-of-network providers for a defined period of time in order to facilitate a smooth transition of care into the Plan's network as specified in Continuity of Care benefit.

~~H.~~J. The Plan maintains a procedure for Continuity of Care for both medical and behavioral health services.

I.K. Out of Area and Out of Network requests are processed in accordance to the Member's Evidence of coverage, the Plan's Continuity of Care procedure for medical and behavioral health, and are reviewed based on medical necessity.

J.L. Members and providers have access to the Utilization Management Department at least eight hours a day during normal business hours of at least 8:30 a.m. to 5:00 p.m. Pacific Time.

K.M. The Nurse Line is available after hours for timely authorization of covered services that are Medically Necessary and to coordinate transfer of stabilized members in the emergency department, if necessary.

1. The Plan gathers all relevant information in order to make a prior authorization determination. This includes considerations outside of the clinical information such as support system, other resources and location.

L.N. The Plan maintains a policy and procedure for allowing members access to a second opinion

M.O. The Pan maintains a policy on requiring use of appropriate/qualified professionals for UM functions such as

1. Licensed vs. non-licensed functions
2. Specialist requirements (BH, other)

Responsibilities

Health Services collaborates with internal and external stakeholders to ensure optimal utilization management of services for plan members. This includes working with Quality, Compliance, Information Technology, Provider Network Operations, Customer Services, outside community resources, and providers.

III. **References**

CA.gov. (2016, February 11). Retrieved February 22, 2015, from California Department of Managed HealthCare: https://www.dmhc.ca.gov/

Medicare Coverage Data Base. (2016, February 07). Retrieved February 07, 2016, from CMS.gov: https://www.cms.gov/medicare-coverage-database/

NCQA Guidelines. (2016, February 22). Washington, DC, U.S.A.

APL 21-015: Benefit Standardization and Mandatory Managed Care Enrollment Provisions of the California Advancing and Innovating Medi-Cal Initiative.

V. **Approval/Revision History**

First Level Approval	Second Level Approval
Signature Dang Huynh, PharmD	**Signature** Laurie Nakahira, DO
Name ~~Director~~Vice President, ~~Pharmacy & Utilization Management~~Health Services	**Name** Chief Medical Officer
	Title

POLICY

Title			
Version Number	**Change (Original/ Reviewed/ Revised)**	**Reviewing Committee (if applicable)**	**Committee Action/Date (Recommend or Approve)**
1	Original	Utilization Management	Approved 1/18/2017
1	Reviewed	Utilization Management	Approved 1/17/2018
1	Reviewed	Utilization Management	Approved 1/16/2019
2	Revised	Utilization Management	Approved 10/16/2019
3	Revised	Utilization Management	Approved 1/20/2021
4	Revised	Utilization Management	Approved 1/19/2022
5	Revised	Utilization Management	Pending

Santa Clara Family Health Plan™

Policy Title:	Medical Necessity Criteria	Policy No.:	HS.02
Replaces Policy Title (if applicable):	Clinical Decision Criteria and Application Policy; Utilization Management Review Standards, Criteria and Guidelines; UM Interrater Reliability Testing	Replaces Policy No. (if applicable):	CSCFHP_UM121_01; UM039_02;UM038_
Issuing Department:	Health Services	Policy Review	Annually
Lines of Business (check all that apply):	☒ Medi-Cal	☒ ~~CMC~~Medicare	

I.   **Purpose**

To define Santa Clara Family Health Plan's use of medical necessity criteria for utilization management activities of the local delivery system, which includes the mandate that they are applied appropriately and consistently to determination of medical necessity of coverage.

II.   **Policy**

The Plan maintains a Utilization Management (UM) Program description and Prior Authorization Procedure which further describe the Plan's utilization of Medical Necessity Criteria. The following factors apply:

A.   Criteria is based on current sound clinical evidence to make utilization determination

B.   Criteria is specific to the services and procedures requested

C.   Criteria is used to evaluate the medical necessity of medical, behavioral healthcare and pharmaceutical services

D.   The Plan annually defines the hierarchy of criteria application for each line of business

E.   In addition to the UM hierarchy of guidelines, the Plan is licensed to use MCG™ guidelines to guide utilization management determinations.

F.   The criteria is reviewed and adopted at least annually by the Utilization Management Committee (UMC)

1.   The UMC consists of external physicians, both primary care providers and specialists (including pediatric and behavioral health specialists), in developing, adopting, and reviewing criteria

G.   The review for medical necessity is based on an individual member's needs and circumstances, relative to appropriate clinical criteria and the Plan's policies

H.   The Plan defines the availability of criteria and states in writing how practitioners can obtain UM criteria and how the criteria is made available to the practitioners and members upon request

I.   The plan evaluates the consistency with which health care professionals involved with any level of applying UM criteria in decision making and takes appropriate corrective actions to improve areas of non-compliance at least annually

POLICY

J. Where applicable, UM criteria is developed for parity diagnoses, for the diagnosis and treatment of serious mental illnesses, autistic disorders, and other pervasive-developmental disorders and serious emotional disturbances of a child.

1. This includes criteria consistent with standards of practice for the following mental parity conditions: Schizophrenia, Schizoaffective disorder, Bipolar disorder, Major Depressive Disorders, Panic disorder, Obsessive-compulsive disorder, Pervasive developmental disorder or autism, Anorexia Nervosa, Bulimia Nervosa and Severe Emotional Disturbances of Children.

III. Responsibilities
Chief Medical Officer or designee shall review annually and submits criteria, policies and procedures to the Utilization Management Committee for approval.

IV. References
National Committee for Quality Assurance. 2020 Program Standards and Guidelines – UM 2: Clinical Criteria for UM Decisions

V. Approval/Revision History

First Level Approval		Second Level Approval	
Signature Dang Huynh, PharmD		**Signature** Laurie Nakahira, DO	
Name ~~Director~~Vice President, ~~Pharmacy & Utilization Management~~Health Services		**Name** Chief Medical Officer	
Title		**Title**	

Version Number	Change (Original/ Reviewed/ Revised)	Reviewing Committee (if applicable)	Committee Action/Date (Recommend or Approve)
1	Original	Utilization Management	Approved 4/20/2016
1	Reviewed	Utilization Management	Approved 1/18/2017
1	Reviewed	Utilization Management	Approved 1/17/2018
1	Reviewed	Utilization Management	Approved 1/16/2019
2	Revised	Utilization Management	Approved 1/15/2020
3	Revised	Utilization Management	Approved 1/20/2021
4	Revised	Utilization Management	Approved 1/19/2022
5	Revised	Utilization Management	Pending

Policy Title:	Appropriate Use of Professionals	Policy No.:	HS.03
Replaces Policy Title (if applicable):	None	Replaces Policy No. (if applicable):	None
Issuing Department:	Health Services	Policy Review Frequency:	Annually
Lines of Business (check all that apply):	☒ Medi-Cal	☒ ~~CMC~~Medicare	

I. **Purpose**

To define Santa Clara Family Health Plan (SCFHP)'s process of ensuring all Utilization Management (UM) activities are carried out by qualified personnel, not limited to but including utilization of licensed healthcare professionals for any determination requiring clinical judgment.

II. **Policy**

A. SCFHP's UM department carries out various utilization activities, which require different levels of licensure or expertise.

B. The Plan specifies the type of personnel responsible for each level of determination making which includes:
   1. Non-licensed staff may apply established and adopted UM Care Coordinator Guidelines that do not require clinical judgment.
   2. Only qualified licensed healthcare professionals can assess received clinical information used to support UM determinations.
   3. Only a physician, designated behavioral health practitioner or pharmacist may make a medical necessity modification or denial determination.

C. Licensed UM management designee and/ or medical directors supervises all medical necessity determinations and provides day to day supervision of assigned UM staff.

D. UM management designee and medical directors will provide updated training, in-services annually and as needed to non-licensed and licensed UM staff.

E. The Plan maintains written job descriptions with qualifications for practitioners who review denials based on medical necessity which addresses education, training, experience and current appropriate clinical licensure.

F. The Plan maintains a fulltime Medical Director and Chief Medical Officer. Each maintain an un-restricted physician license in the state of California.

G. The Plan requires that each UM denial file includes the reviewer's initial, unique electronic signature, identifier or a signed / initialed note by the UM staff person attributing the denial determination to the professional who reviewed and determined the case.

H. The plan maintains written procedures for using board certified consultants to assist in making medical necessity determinations, which document evidence of the use of the consultants when applicable.

III. Responsibilities

Health Services follows appropriate professionals supported by Human Resources for licensing verification and Provider Network Management monitoring of the professional licensing organizations.

IV. References

National Committee for Quality Assurance. 2020 Standards and Guidelines - UM 4: Appropriate Professionals

V. Approval/Revision History

First Level Approval		Second Level Approval	
Signature Dang Huynh, PhamD		**Signature** Laurie Nakahira, DO	
Name		**Name** Chief Medical Officer	
~~Director~~Vice President,~~ Pharmacy & Utilization Management~~Health Services		**Title**	
Title			

Version Number	Change (Original/ Reviewed/ Revised)	Reviewing Committee (if applicable)	Committee Action/Date (Recommend or Approve)
1	Original	Utilization Management	Approved 1/08/2017
1	Reviewed	Utilization Management	Approved 1/17/2018
1	Reviewed	Utilization Management	Approved 1/16/2019
2	Revised	Utilization Management	Approved 1/15/2020
3	Revised	Utilization Management	Approved 1/20/2021
4	Revised	Utilization Management	Approved 1/19/2022
5	Revised	Utilization Management	Pending

Santa Clara Family Health Plan™

Policy Title:	Denial of Services Notification	Policy No.:	HS.04
Replaces Policy Title (if applicable):	Member Notification about Adverse Medical Service Determination	Replaces Policy No. (if applicable):	UM-01-96
Issuing Department:	Health Services	Policy Review Frequency:	Annually
Lines of Business (check all that apply):	☒ Medi-Cal	☒ ~~CMC~~Medicare	

I. Purpose

To define Santa Clara Family Health Plan (SCFHP)'s process to ensure the utilization review meeting the expectation of timely, consistent, accurate and understandable notification to members and providers regarding adverse determinations.

II. Policy

A. The plan maintains strict processes on notification of denial decisions to members and providers. Notification includes verbal and written processes. A procedure is maintained that outlines timeliness guidelines and regulatory compliance.

B. A "peer to peer" review mechanism is in place to allow providers to discuss a denial with a physician reviewer prior to submitting an appeal. This is documented when such discussions occur.

C. Letters will be provided in the member's preferred language noted on the member's plan file within the 5 threshold languages requirement.

D. Letters to members for denial, delay, or modification of all or part of the requested service include:

1. A clear and concise explanation of the reason(s) for the Plan's determination to deny or modify the requested service
2. A reference to the specific benefit provision, criteria or guidelines used for the Plan's determination
3. A specific clinical reason(s) or rationale for the Plan's determination without the use of detailed medical verbiage and/or technical language that is easily understandable for a reasonable layperson
4. The specific information needed and the specific criterion used if the denial is due to not enough clinical information to support full clinical review
5. Notice that a copy of the actual benefit provision, guideline, protocol or other similar criterion on which the denial determination was based is available upon request
6. Notice that notifications are available in other languages upon request and that translation services in alternative formats can be requested for members with limited language proficiency

7. The name of the determining health care professional as well as the telephone number to allow the physician or provider to easily contact the determining health care professional on the written notification to the requesting provider for "peer to peer"
8. Instruction on how to file an appeal including:
   i. A description of appeal rights, including the right to submit written comments, documents or other information relevant to the appeal
   ii. An explanation of the appeal process, including members' rights to representation and appeal time frames
   iii. A description of the expedited appeal process for urgent pre-service or urgent concurrent denials
   iv. A description on how to appeal to the Independent Medical Review body appropriate to their line of business (i.e. State DMHC for Medi-Cal, Maximus for Medicare)

III.   Responsibilities

Health Services coordinates with both internal and external stakeholders in development, execution, maintenance and revisions to denial notifications. This includes but is not limited to collaboration with Quality, Benefits, IT, UM Committee, QIC, providers and community resources.

IV.   References

CA.gov. (2016, February 11). Retrieved February 22, 2015, from California Department of Managed HealthCare: https://www.dmhc.ca.gov/

Medicare Coverage Data Base. (2016, February 07). Retrieved February 07, 2016, from CMS.gov: https://www.cms.gov/medicare-coverage-database/

NCQA Guidelines. (2016, February 22). Washington, DC, U.S.A.

Department of Health Care Services. ALL PLAN LETTER 17-011 STANDARDS FOR DETERMINING THRESHOLD LANGUAGES AND REQUIREMENTS FOR SECTION 1557 OF THE AFFORDABLE CARE ACT. Retrieved 12/18/2018

V.   Approval/Revision History

First Level Approval		Second Level Approval	
Signature Dang Huynh, PharmD		**Signature** Laurie Nakahira, DO	
Name ~~Director~~Vice President, ~~Pharmacy & Utilization Management~~Health Services		**Name** Chief Medical Officer	
Title		**Title**	

Version Number	Change (Original/ Reviewed/ Revised)	Reviewing Committee (if applicable)	Committee Action/Date (Recommend or Approve)
1	Original	Utilization Management	Approved 1/18/2017
1	Reviewed	Utilization Management	Approved 1/17/2018
1	Reviewed	Utilization Management	Approved 1/16/2019
2	Revised	Utilization Management	Approved 1/15/2020
2	Reviewed	Utilization Management	Approved 1/20/2021

POLICY

3	Revised	Utilization Management	Approved 1/19/2022
4	Revised	Utilization Management	Pending

Policy Title:	Evaluation of New Technology	Policy No.:	HS.05
Replaces Policy Title (if applicable):	None	Replaces Policy No. (if applicable):	None
Issuing Department:	Health Services	Policy Review Frequency:	Annually
Lines of Business (check all that apply):	☒ Medi-Cal	☒ ~~CMC~~Medicare	

I.   **Purpose**
        To define Santa Clara Family Health Plan (SCFHP)'s process to ensure members have equitable access to new technology or new developments in technology that is determined to be safe and effective as aligned with benefits.

II.   **Policy**

   A. The Plan establishes and maintains a formal mechanism for selective evaluation and adoption of new or innovative technologies in utilization review.
       1. New developments in technology and new applications of existing technology is necessary for inclusion considerations in its benefits plan as allowed, to keep pace with changes in the healthcare industry and to allow for improved outcomes of medical care.

   B. The Plan maintains written processes for evaluating new technology and new applications of existing technologies for inclusion in its benefits, where allowed by payors. Processes will address assessment of new technologies for medical procedures, behavioral health procedures, pharmaceuticals, and devices.

   C. The Plan investigates all requests for new technology or a new application of existing technology by using Up to Date as a primary guideline to determine if the technology is considered investigational in nature.
       1. Up to Date is an evidence-based clinical decision support resource for healthcare practitioners. If further information is needed, the plan utilizes additional sources, include Medicare and Medicaid policy, Food and Drug Administration (FDA) releases and current medical literature for review. This includes medical and behavioral health procedures and devices.

   D. If the new technology, pharmaceutical, or new application of an established technology/pharmaceutical is not addressed in the above documents, the Medical Director's critical evaluation will proceed to conferring with an appropriate specialist consultant for additional information.

III.   **Responsibilities**
        Health Services coordinates efforts with internal stakeholders to ensure new technology is assessed for regulatory appropriateness and efficacy. Benefit changes are coordinated with IT and compliance.

IV. **References**

CA.gov. (2016, February 11). Retrieved February 22, 2015, from California Department of Managed
　　　HealthCare: https://www.dmhc.ca.gov/
Medicare Coverage Data Base. (2016, February 07). Retrieved February 07, 2016, from CMS.gov:
　　　https://www.cms.gov/medicare-coverage-database/
NCQA Guidelines. (2016, Februrary 22). Washington, DC, U.S.A.

V. **Approval/Revision History**

First Level Approval	Second Level Approval
Signature Dang Huynh, PharmD	**Signature** Laurie Nakahira, DO
Name ~~Director~~Vice President, ~~Pharmacy & Utilization Management~~Health Services	**Name** Chief Medical Officer
Title	**Title**

Version Number	Change (Original/ Reviewed/ Revised)	Reviewing Committee (if applicable)	Committee Action/Date (Recommend or Approve)
1	Original	Utilization Management	Approved 1/18/2017
1	Reviewed	Utilization Management	Approved 1/17/2018
1	Reviewed	Utilization Management	Approved 1/16/2019
2	Revised	Utilization Management	Approved 1/15/2020
2	Reviewed	Utilization Management	Approved 1/20/2021
3	Revised	Utilization Management	Approved 1/19/2022
4	Revised	Utilization Management	Pending

Policy Title:	Emergency Services		Policy No.:	HS.06
Replaces Policy Title (if applicable):	None		Replaces Policy No. (if applicable):	None
Issuing Department:	Health Services		Policy Review Frequency:	Annually
Lines of Business (check all that apply):	☒ Medi-Cal	☒ ~~CMC~~Medicare		

I.   Purpose

To define Santaclara Family Health Plan (SCFHP)'s process in ensuring the coverage of Emergency Medical Conditions and Urgent Care services.

II.   Policy

A. Emergency medical and behavioral services are available and accessible within the service area 24 hours-a-day, seven (7) days-a-week

B. The Plan maintains contracts with behavioral health practitioners and facilities to provide services to members that require urgent or emergent Behavioral Healthcare for crisis intervention and stabilization

C. SCFHP allows ambulance services for the area served to transport the member to the nearest 24-hour emergency facility with physician coverage

D. The Plan does not require prior authorization for access to emergency or urgent medical and behavioral services for contracted and non contracted providers

E. The Plan shall have processes to handle post-stabilization care requests

F. The Plan applies prudent layperson or reasonable person's interpretation of what may be considered an emergent condition and to define emergency department access. Each case will be assessed on the presenting symptoms or conditions that steered the member to the Emergency Department

G. It is the policy of SCFHP to allow 24-hour access care for members and providers to obtain timely authorization for medically necessary care where the member has received emergency services and the care has been stabilized by the treating physician feels that member may not be discharged safely

H. The Plan will not deny reimbursement of a provider for a medical screening examination in the Emergency Department

I. The Plan makes the Emergency Department utilization management processes available to all facilities, including non-contracting hospitals by posting on the Plan website for public view and providing the phone number to call on the membership card.
    i.   M. All ED practices are considered at least annually

III.   Responsibilities

Health Services collaborates internally with Provider Network Management, compliance and Information Technology to ensure that emergency services are covered.

IV.   References

CA.gov. (2016, February 11). Retrieved February 22, 2015, from California Department of Managed HealthCare: https://www.dmhc.ca.gov/

Medicare Coverage Data Base. (2016, February 07). Retrieved February 07, 2016, from CMS.gov:
    https://www.cms.gov/medicare-coverage-database/
NCQA Guidelines. (2016, Februrary 22). Washington, DC, U.S.A.

V.   Approval/Revision History

First Level Approval			Second Level Approval	
Signature Dang Huynh, PharmD			**Signature** Laurie Nakahira, DO	
Name			**Name** Chief Medical Officer	
~~Director~~Vice President, ~~Pharmacy & Utilization Management~~Health Services			**Title**	
Title				

Version Number	Change (Original/ Reviewed/ Revised)	Reviewing Committee (if applicable)	Committee Action/Date (Recommend or Approve)
1	Original	Utilization Management	Approved 1/18/2017
1	Reviewed	Utilization Management	Approved 1/17/2018
1	Reviewed	Utilization Management	Approved 1/16/2019
2	Revised	Utilization Management	Approved 1/15/2020
3	Revised	Utilization Management	Approved 1/20/2021
4	Revised	Utilization Management	Approved 1/19/2022
5	Revised	Utilization Management	Pending

Policy Title:	Long Term Care Utilization Review	Policy No.:	HS.07
Replaces Policy Title (if applicable):	Authorization and Review Process – Long Term Care (LTC)	Replaces Policy No. (if applicable):	HS.14
Issuing Department:	Health Services	Policy Review Frequency:	Annual
Lines of Business (check all that apply):	☒ Medi-Cal	☒ Medicare	

I. **Purpose**

To define Santa Clara Family Health Plan (SCFHP)'s requirements for reviewing and processing Long Term Care (LTC) authorizations for a member's admission to, continued stay in, or discharge from a Skilled Nursing Facility (SNF).

II. **Policy**

A. SNF and custodial services (long-term care) services are a covered benefit:

   a. SNF services are covered under Medi-Cal and Medicare Part A.

   b. The plan shall cover SNF services under the member's Medi-Cal benefit when Medicare benefit has exhausted as Medicare Part A covers up to 100 days of care in a skilled nursing facility (SNF) each benefit period.

   c. The plan shall cover custodial long-term care only under the Medi-Cal benefit for Medi-Cal and DualConnect members.

B. The Plan authorizes utilization of Medi-Cal long term care (LTC) services for its members when medically necessary and determine level of care and length of stay based on the member's current assessment consistent with Medi-Cal criteria.

   a. LTC (custodial) services for SCFHP DualConnect shall be a covered benefit under the Medi-Cal benefit and shall follow SCFHP Medi-Cal defined coverage rules and processes.

C. The Plan shall provide services at non-contracted LTC SNF through the Plan's prior authorization processes in alignment with the plan's Evidence of Coverage (EOC) and DHCS requirements including, but not limited to appropriate level of care, license and certified by the CDPH, and Medi-Cal Program participation.

D. Requests for admission to, continued stay in, or discharge from any LTC facility shall be reviewed and processed in accordance with the California Department of Health Services (DHCS) standard clinical criteria for LTC level of service. LTC level of care Prior Authorization Request (PAR) processing procedure will be in compliance with applicable regulatory requirements.

   a. The plan shall allow for the completion of covered services by a terminated or Out-of-Network Provider at the request of a member in accordance with the continuity of care requirements in Health and Safety Code Section 1373.96 for SNF services.

E. Decisions to deny or authorize a duration or scope that is less than requested shall be made by a qualified health care professional with appropriate clinical expertise in treating the medical or behavioral health condition and diseases.

[HS.07, v5]

F. SCFHP notifies LTC providers of required supporting documentation for Utilization review. When PAR submissions do not include required documentation, SCFHP will follow up with the nursing facility with outreach attempt(s) to request the documents and if they are not received, the PAR will be reviewed and possibly denied by a medical professional for insufficient information.

G. On-site level of care review by a Licensed Nurse for an LTC PAR may be performed at the discretion of SCFHP. This review shall include an assessment of the Member and review of the current medical orders, and care plan, therapist treatment plan, the facility's multidisciplinary team notes, or other clinical data to assist SCFHP staff in making an appropriate determination on the authorization request. On-site review may be done when indicated for patterns of over service utilizations, frequent acute hospitalizations, and/or large number of member complaints or concerns.

H. Authorizations of LTC PAR for continued stay shall be submitted by the nursing facility to SCFHP prior to the expiration of the current LTC authorization. The requests shall include a completed LTC PAR signed by a physician, the most recent Quarterly Assessment MDS, and sufficient documentation to justify the level of care and continued stay. Authorizations for LTC may be approved for up to one year.

I. The Plan may arrange and coordinate with the nursing facility for modification of care or discharge of a member from a nursing facility if it determines that one or more of the following circumstances are present:
- The SNF is no longer capable of meeting the member's health care needs;
- The member's health has improved sufficiently so that he or she no longer needs SNF services;
- The member poses a risk to the health or safety of individuals in the nursing facility; or
- The SNF does not meet SCFHP network standards because of documented quality of care concerns.

J. The Plan shall include, as a separate benefit, any leave of absence, or Bed Hold, that a nursing facility provides in accordance with the Department of Health Care Services (DHCS) requirements of up to 7 calendar days per discharge. The member's attending physician must write a physician order for a discharge or transfer at the time the member requires a discharge or transfer from an LTC facility to a General Acute Care Hospital and include an order for Bed Hold with the reason.

K. The Plan shall be responsible for the timely provision of a member's medical needs, supports and services through the LTC post-discharge and transition to community. The discharge planning may include but is not limited to:
- Documentation of pre-admission, or baseline status including: living arrangements, functional status, durable medical equipment (DME) and other services received; understanding of medical condition or functional status by the member or representative, physical and mental health status, financial resources and social supports.
- Initial set-up of services needed after the discharge including medical care, medication, DME, identification and integration of community long term services and supports, type of placement preferred and agreed to, hospital recommendations and pre-discharge counseling recommended.
- Initial coordination of care, as appropriate with the member's caregiver, other agencies and knowledgeable personnel, as well as providing care coordination contact information for the facility.
- Provision of information for making follow up appointments

References
SCFHP Utilization Management Program Description
1. Duals Plan Letter (DPL) 14-002 Requirements for Nursing Facility Services
2. Duals Plan Letter (DPL) 14-004 Continuity of Care
3. Manual of Criteria for Medi-Cal Authorization, Medi-Cal Policy Division

[HS.07, v5]

4. Title 22, California Code of Regulations (CCR) §§ 51120, 51121, 51124, 5125, 51118, and 51212
5. Welfare &Institutions Code §§ 14087.55, 14087.6, 14087.9 and 14103.06

III.   Approval/Revision History

First Level Approval	Second Level Approval
Signature	**Signature**
Dang Huynh, PharmD	Laurie Nakahira, DO
Name	**Name**
Vice President, Health Services	Chief Medical Officer
Title	**Title**

Version Number	Change (Original/ Reviewed/ Revised)	Reviewing Committee (if applicable)	Committee Action/Date (Recommend or Approve)
1	Original	Utilization Management	Approved 4/18/2018
2	Reviewed	Utilization Management	Approved 1/16/2019
3	Revised	Utilization Management	Approved 1/15/2020
3	Reviewed	Utilization Management	Approved 1/20/2021
4	Revised	Utilization Management	Approved 1/19/2022
5	Revised	Utilization Management	Pending

[HS.07, v5]

Policy Title:	Second Opinion	Policy No.:	HS.08
Replaces Policy Title (if applicable):	Second Opinion Policy and Procedure	Replaces Policy No. (if applicable):	UM-30-96; UM036_01
Issuing Department:	Health Services	Policy Review Frequency:	Annually
Lines of Business (check all that apply):	☒ Medi-Cal	☒ ~~CMC~~ Medicare	

I. Purpose

To define Santa Clara Family Health Plan (SCFHP)'s process of obtaining second opinions and member access to a second opinion by appropriate healthcare professionals.

II. Policy

A. Member, member's AOR or a treating healthcare provider of a member can initiate a request for a second opinion.
B. The SCFHP Member Handbook provides all members with notice of the policy regarding the manner in which a member may receive a second medical opinion.
C. The Plan provides or authorizes a second opinion by an appropriately qualified health care professional, if requested by a member or participating health professional.
D. The Plan authorizes the second opinion requests not to exceed the any appliciable regulatory requirements.
E. The member may choose from any provider from any independent practice association or medical group within the network of the same or equivalent specialty to provide the second opinion.
F. If the member requests a second opinion from an out-of-network specialist which is approved by the Plan, the Plan shall incur the cost for the second opinion due by the member.
G. The Plan shall notify the member and provider of any denial for a second opinion in writing within the appropriate timeframe per regulation. Information on how to file a grievance or appeal is included.

III. Responsibilities

Health Services follows the Second Opinion policy and procedure as directed and reviewed on an annual basis.

IV. References

.*CA.gov.* (2016, February 11). Retrieved February 22, 2015, from California Department of Managed HealthCare: https://www.dmhc.ca.gov/
.*Medicare Coverage Data Base*. (2016, February 07). Retrieved February 07, 2016, from CMS.gov: https://www.cms.gov/medicare-coverage-database/
.NCQA Guidelines. (2016, Februrary 22). Washington, DC, U.S.A.
.HS.01 Prior Authorization

POLICY

V.   Approval/Revision History

First Level Approval		Second Level Approval	
Signature		**Signature**	
Dang Huynh, PharmD		Laurie Nakahira, DO	
Name		**Name**	
~~Director, Pharmacy & Utilization Management~~Vice President, Health Services		Chief Medical Officer	
Title		**Title**	

Version Number	Change (Original/ Reviewed/ Revised)	Reviewing Committee (if applicable)	Committee Action/Date (Recommend or Approve)
1	Original	Utilization Management	Approved 1/18/2017
1	Reviewed	Utilization Management	Approved 1/17/2018
1	Reviewed	Utilization Management	Approved 1/16/2019
2	Revised	Utilization Management	Approved 1/15/2020
2	Reviewed	Utilization Management	Approved 1/20/2021
3	Revised	Utilization Management	Approved 1/19/2022
4	Revised	Utilization Management	Pending

Policy Title:	Inter-Rater Reliability	Policy No.:	HS.09
Replaces Policy Title (if applicable):	N/A	Replaces Policy No. (if applicable):	N/A
Issuing Department:	Health Services	Policy Review Frequency:	Annually
Lines of Business (check all that apply):	☒ Medi-Cal	☒ ~~CMC~~ Medicare	

I.   Purpose

To outline Santa Clara Family Health Plan (SCFHP)'s process for Inter-Rater Reliability (IRR) testing to ensure accurate and consistent application of medical necessity criteria and guidelines.

II.   Policy

SCFHP evaluates the consistency with which clinical and non-clinical staff involved with any level of applying Utilization Management (UM) criteria in decision making at least annually. When a staff member is found to not be proficient, corrective measures will be pursued.

A. IRR testing will include Medical and Behavioral Health
1. At least 10 hypothetical cases are presented to include a combination of:
    a. Approved and denied prior authorization requests
    b. Requiring non-clinician and/or clinician review
    c. Outpatient and inpatient services

2. Reviewers will include all temp, interim, and permanent UM staff and any Health Services staff that are involved in prior authorization decision making: care coordinators, personal care coordinators, licensed nurses, social workers, pharmacists, medical directors, and chief medical office.

B. Review
1. Identical cases are distributed to each reviewer
2. The reviewer completes the review individually on paper or computerized template as if it was a real-time review
3. All cases will be reviewed by UM Management for a consensus decision-making within 1 week following due date.
4. Each item is worth one point.
5. 80% is considered a passing score.
    a. Below Proficient (<80%)
        i. A corrective action plan will be implemented by UM Management. The plan includes the following:
            a) Training in the area identified to be deficient
            b) Re-testing after training complete to ensure compliance

POLICY

   c) Oversight of employee determinations, including coaching and observation as appropriate

   d) Repeat of process as needed

   e) Possible escalation to individualized Performance Improvement Plan (PIP) which will be part of employee's personnel file.

III.   **Records**

All results and internal Corrective Action Plans (CAPS) remain confidential and are maintained within Health Services and are reported to the UMC.

IV.   **Responsibilities**

Health Services coordinates with both internal and external stakeholders in development and administration of IRR testing at least bi-annually in an effort to ensure consistency amongst staff for UM criteria.

V.   **Reference**

National Committee for Quality Assurance. 2020 HP Standards and Guidelines - UM 2: Clinical Criteria for UM Decision, Element C.

VI.   **Approval/Revision History**

First Level Approval			Second Level Approval	
Signature Dang Huynh, PharmD			**Signature** Laurie Nakahira, DO	
Name ~~Director, Pharmacy & Utilization Management~~Vice President, Health Services			**Name** Chief Medical Officer	
Title			**Title**	

Version Numbe	Change (Original/ Reviewed/ Revised)	Reviewing Committee (if applicable)	Committee Action/Date (Recommend or Approve)
1	Original	Utilization Management	Approved 1/18/2017
1	Reviewed	Utilization Management	Approved 1/17/2018
1	Reviewed	Utilization Management	Approved 1/16/2019
2	Revised	Utilization Management	Approved 1/15/2020
3	Revised	Utilization Management	Approved 10/14/2020
3	Reviewed	Utilization Management	Approved 1/20/2021
4	Revised	Utilization Management	Approved 1/19/2022
5	Revised	Utilization Management	Pending

Policy Title:	Financial Incentives (Prohibition of)	Policy No.:	HS.10
Replaces Policy Title (if applicable):	None	Replaces Policy No. (if applicable):	None
Issuing Department:	Health Services	Policy Review Frequency:	Annually
Lines of Business (check all that apply):	☒ Medi-Cal	☒ CMC	

I. Purpose

To define Santa Clara Family Health Plan (SCFHP)'s provision of clear directives prohibiting financial incentives for Utilization Management (UM) determinations.

II. Policy

A. SCFHP does not reward determination makers or other individuals for any UM review and determinations. Providers, practitioners and members are notified of this policy through the Member Handbook and Provider Manual, which are also available on the SCFHP's website.

B. The Plan, at no time, provides financial or other incentives for UM determinations. UM staff make approval, modified and denial determinations based strictly on the appropriateness of care or service and existence of coverage for medical necessity against medical criteria, guideline, protocol, policy, procedures and SCFHP Member Handbook.

C. The Plan never specifically rewards practitioners or other individuals to deny, limit, or discontinues medically necessary covered services.

D. The Plan does not encourage determinations that result in underutilization of care or services.

E. SCFHP staff and providers are notified annually of the Plan policy of prohibition for financial or other incentives for UM determinations.

III. Responsibilities

All internal, contracted staff and vendors involved with UM activities are notified of the policy prohibiting financial incentives for UM decisions. IT and Benefits ensure the appropriate criteria/benefits are in place for appropriate decision making.

IV. References

3 Way Contract. *Contract Between United States Department of Health and Human Services; Centers for Medicare and Medicaid Services and California Department of Health Care Services*.

POLICY

V.   Approval/Revision History

First Level Approval		Second Level Approval	
Signature Dang Huynh, PharmD		**Signature** Laurie Nakahira, DO	
Name		**Name** Chief Medical officer	
~~Director, Pharmacy & Utilization Management~~Vice President, Health Services		**Title**	
Title			

Version Number	Change (Original/ Reviewed/ Revised)	Reviewing Committee (if applicable)	Committee Action/Date (Recommend or Approve)
1	Original	Utilization Management	Approved 01/18/2017
1	Reviewed	Utilization Management	Approved 01/17/2018
1	Reviewed	Utilization Management	Approved 01/16/2019
2	Revised	Utilization Management	Approved 01/15/2020
2	Reviewed	Utilization Management	Approved 01/20/2021
3	Revised	Utilization Management	Approved 1/19/2022
4	Revised	Utilization Management	Pending

Policy Title:	Informed Consent	Policy No.:	HS.11
Replaces Policy Title (if applicable):	Informed Consent Policy	Replaces Policy No. (if applicable):	PPQI-04C
Issuing Department:	Health Services	Policy Review Frequency:	Annually
Lines of Business (check all that apply):	☒ Medi-Cal	☒ ~~CMC~~Medicare	

I. Purpose

To define and standardize Santa Clara Family Health Plan's (SCFHP) provider requirements for obtaining, documenting and storing informed member's consent.

II. Policy

SCFHP recognizes that it is necessary for members to be aware of risks and benefits of treatment and options available. It is Plan's policy that members be well informed, and that their consents for certain high risk procedures/services as well as reproductive health services will be obtained, properly recorded and stored in the member's medical record.

III. Responsibilities

SCFHP's Health Services developed and maintains the policy on Informed Consent. The Utilization Management Committee adopts and reviews the policy. Provider Relations and Marketing provide information to members and providers via the web site. Quality Improvement reviews medical records for necessary documentation.

IV. References

DHCS Renewed Contract; Exhibit A, Attachment 4, Medical Records, 6)
Knox Keene**§ 1363.02.** Reproductive health services information; statement

V. Approval/Revision History

First Level Approval		Second Level Approval	
Signature Dang Huynh, PharmD		**Signature** Laurie Nakahira, DO	
Name ~~Director, Pharmacy & Utilization Management~~**Vice President, Health Services**		**Name** Chief Medical Officer	
Title		**Title**	

Version Number	Change (Original/ Reviewed/ Revised)	Reviewing Committee (if applicable)	Committee Action/Date (Recommend or Approve)

POLICY

1	Original	Utilization Management	Approved 1/18/2017
1	Reviewed	Utilization Management	Approved 1/17/2018
1	Reviewed	Utilization Management	Approved 1/16/2019
1	Reviewed	Utilization Management	Approved 1/15/2020
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2	Revised	Utilization Management	Approved 1/19/2022
3	Revised	Utilization Management	Pending

Santa Clara Family Health Plan™

Policy Title:	Preventive Health Guidelines	Policy No.:	HS.12
Replaces Policy Title (if applicable):	Pediatric Preventive Health Services Adult Preventive Health Services	Replaces Policy No. (if applicable):	QM003_02 QM004_02
Issuing Department:	Health Services	Policy Review Frequency:	Annually
Lines of Business (check all that apply):	☒ Medi-Cal	☒ ~~CMC~~Medicare	

I. Purpose
To define Santa Clara Family Health Plan's (SCFHP) process in Preventive Health Guideline adoption, promotion and management.

II. Policy
A. SCFHP's guidelines are intended to help clinicians, practitioners and members to make informed determinations of appropriate preventive health care. This includes guidelines for perinatal care, children up to 24 months, 2-19 years, adults 20-64 years, or 65 or more years old.

B. The Utilization Management Committee (UMC) reviews, and adopts preventive health guidelines that define standards of practice as they pertain to promoting preventive health services. Whenever possible, guidelines are derived from nationally recognized sources as evidenced-based practice. They are based on scientific evidence, professional standards or an expert opinion in the absence of the availability of professional standards. The preventive health guidelines are reviewed, and updated when updates are released by the issuing entity. SCFHP expects its practitioners to utilize the adopted guidelines in their practices, and recognizes the inability of the guidelines to address all individual member circumstances.

III. Responsibilities
Preventive health guidelines are reviewed periodically. Guidelines are available to providers and members on SCFHP's website.

IV. Approval/Revision History

First Level Approval	Second Level Approval
Signature Dang Huynh, PharmD	**Signature** Laurie Nakahira, DO
Name ~~ Director, Pharmacy & Utilization Management~~Vice President, Health Services	**Name** Chief Medical Officer
Title	**Title**

Version Number	Change (Original/ Reviewed/ Revised)	Reviewing Committee (if applicable)	Committee Action/Date (Recommend or Approve)
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1	Reviewed	Utilization Management	Approved 1/17/2018
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2	Revised	Utilization Management	Approved 1/15/2020
2	Reviewed	Utilization Management	Approved 1/20/2021
3	Revised	Utilization Management	Approved 1/19/2022
4	Revised	Utilization Management	Pending

Policy Title:	Transportation Services	Policy No.:	HS.13
Replaces Policy Title (if applicable):	Non-Emergency Medical and Non-Medical Transportation Services	Replaces Policy No. (if applicable):	HS.14
Issuing Department:	Health Services	Policy Review Frequency:	Annually
Lines of Business (check all that apply):	☒ Medi-Cal	☒ Medicare	

I.   Purpose

To define Santa Clara Family Health Plan's (SCFHP) coverage for Emergency, Non-Emergency Medical Transportation (NEMT), and Non-Medical Transportation services (NMT) and Related Travel Expenses.

II.   Policy

A. Emergency Transportation services
SCFHP covers ambulance services and it does not require prior authorization.

B. NEMT and NMT
SCFHP provides NEMT and NMT for members to obtain medically necessary services like primary care and specialty appointments or for Major Organ Transplant (MOT) donors. In addition, SCFHP provides transportation for services that are carved-out and delivered through the Medi-Cal fee-for-service (FFS) system. These carved-out services include, but are not limited to, CCS, specialty mental health services, substance use disorder services, dental services, and pharmacy services.
SCFHP provides members with a Member Service Guide in SCFHP Member Handbook on the procedures for obtaining NEMT or NMT services. The Member Services Guide includes a description and the conditions under which NEMT and NMT are available.
SCFHP provides the lowest cost type of NEMT or NMT services that is adequate for the members' medical needs.
SCFHP will not cover trips to a non-medical location or for appointments that are not medically necessary.

   1. Non-Emergency Medical Transportation (NEMT):
   i.   NEMT is an ambulance, little van, wheelchair van or air transport. SCFHP will provide medically appropriate NEMT services when the member's medical and physical condition is such that the transport by ordinary means of public or private conveyance is medically contraindicated, and transportation is required for obtaining medically necessary services. The plan will provide NEMT for members who cannot reasonably ambulate, or are unable to stand or walk without assistance, including those using a walker or crutches. The HP will ensure door-to-door assistance for all members receiving NEMT services.
   ii.   NEMT services are subject to prior authorization. The member must have an approved Physician Certification Statement (PCS) form authorizing by the provider. There're prior authorization exceptions that indicating on NEMT procedure.

    iii.   There are no limits to receiving NEMT as long as the member's services are medically necessary and the member has prior authorization for the NEMT.

    iv.   SCFHP ensures the members' need for NEMT meet timely access standards.

2. Non-Medical Transportation (NMT) Services:

    i.   NMT does not include transportation of the sick, injured, invalid, convalescent, infirm, or otherwise incapacitated members who need to be transported by ambulances, litter vans, or wheelchair vans.

    ii.   SCFHP will provide round-trip transportation for a member to obtain covered Medi-Cal services by passenger car, taxicab, or any other form of public or private conveyance.

    iii.   SCFHP will not deny NMT for an appointment to an out-of-network provider if the appointment is for a carved-out service and must provide the NMT service within timely access standards.

    iv.   SCFHP will authorize the use of private conveyance (passenger vehicle) when no other methods of transportation are reasonably available to the member or provided by SCFHP.

    v.   SCFHP covers costs for the member and one attendant, such as a parent, guardian, or spouse, to accompany the member in a vehicle or on public transportation, subject to prior authorization at time of the initial NMT authorization request.

C. Transportation- Related Travel Expenses

1. SCFHP requires prior authorization for related travel expense services including, but not limited to meals, lodging, parking, tolls, and salary of the accompanying attendant if the attendance is not a family member and/or MOT donor. Once the request is approved, the plan may reference the IRS per diem rates as a guide.

2. Payment can be either pre-payment or retro reimbursement. If the member or the member's family paid for travel expenses up front, the plan will reimburse the member or member's family no later than 60 calendar days following confirmation that all required receipts and documentation have been received by the plan.

B. ~~Non-Emergency Medical Transportation (NEMT) Services may require prior authorization under outlined as below circumstances:~~

    i.   ~~NEMT services are a covered Medi-Cal benefit when a member needs to obtain medically necessary covered services, and when prescribed in writing by a physician, dentist, podiatrist or mental health or substance use disorder provider.~~

    ii.   ~~SCFHP will use a DHCS approved physician certification statement (PCS) form to determine the appropriate level of service. Once the member's treating physician prescribes the form of transportation, SCFHP will not modify the authorization. PCS form must be completed before NEMT can be prescribed and provided.~~

    iii.   ~~NEMT services require prior authorization for transfer from hospital to home, home to doctor's office, clinics, and medical appointments.~~

    iv.   ~~NEMT does not require prior authorization for from an acute care hospital, immediately following an inpatient stay at the acute level of care, to a skilled nursing facility or an intermediate care facility. SCFHP will make our best effort to refer for and coordinate NEMT for carved out services.~~

    v.   ~~Medical professional's decisions regarding NEMT will be unhindered by fiscal and administrative management. SCFHP will authorize, at a minimum, the lowest cost type of NEMT transportation that is adequate for the member's medical needs. There are no limits to receiving NEMT as long as~~

the member's medical services are medically necessary and the NEMT has a prior authorization with PCS form.

vi. SCFHP will provide medically appropriate NEMT services when the member's medical and physical condition is such that the transport by ordinary means of public or private conveyance is medically contraindicated, and transportation is required for obtaining medically necessary services. The plan will provide NEMT for members who cannot reasonably ambulate, or are unable to stand or walk without assistance, including those using a walker or crutches. The plan will ensure door-to-door assistance for all members receiving NEMT services.

vii. SCFHP will provide transportation for a parent or a guardian when the member is a minor. With written consent of a parent or guardian, SCFHP will arrange NEMT for a minor who is unaccompanied by a parent or guardian. SCHFP will provide transportation services for unaccompanied minors when applicable state or federal law does not require parental consent for the minor's service.

viii. SCFHP will provide the NEMT transportation to Major Organ Transplant donors without required prior authorization.

ix. SCFHP will provide the following four available modalities of NEMT when the member's medical and physical condition is such that transport by ordinary means of public or private conveyance is medically contraindicated and transportation is required for the purpose of obtaining needed medical care:
   a. Ambulance services
   b. Litter van services
   c. Wheelchair van services
   d. Air

x. SCFHP will capture and submit data from the PCS form to DHCS.

C. Non-Medical Transportation (NMT) Services
   1. SCFHP will provide NMT for members to obtain medically necessary services like primary care and specialty appointments, mental health, substance use disorder, dental and other services covered by SCFHP. In addition, SCFHP will also provide NMT for any other benefits delivered through the Medi-Cal FFS delivery system.
   2. NMT does not include transportation of the sick, injured, invalid, convalescent, infirm, or otherwise incapacitated members who need to be transported by ambulances, litter vans, or wheelchair vans.
   3. SCFHP will provide round trip transportation for a member to obtain covered and carved out Medi-Cal services by passenger car, taxicab, or any other form of public or private conveyance.
   4. SCFHP will provide NMT transportation to Major Organ Transplant donors
   5. The NMT must be the least costly method of transportation that meets the member's needs.
   6. As a Member Services Guide, SCFHP will include information in SCFHP Member Handbook on the procedures for obtaining NMT services, a description of NMT services and the conditions under which NMT is available.
   7. NMT coverage includes transportation costs for the member and one attendant, such as a parent, guardian, or spouse, to accompany the member in a vehicle or on public transportation.
   8. SCFHP will provide transportation for a parent or a guardian when the member is a minor. With written consent of a parent or guardian, SCFHP will arrange NMT for a minor who is unaccompanied by a parent or guardian. SCHFP will provide transportation services for unaccompanied minors when applicable state or federal law does not require parental consent for the minor's service.
   9. SCFHP will provide mileage reimbursement consistent with the IRS rate for medical purposes when conveyance is in a private vehicle arranged by the member. The member must attest in

~~person, electronically, or over the phone that other transportation resources have been reasonably exhausted. In order to receive gas mileage reimbursement for use of a private vehicle, the driver must have a valid driver's license, valid vehicle registration, and valid vehicle insurance.~~
~~10. NMT does not cover trips to a non-medical location or for appointments that are not medically necessary.~~
~~D. SCFHP will meet DHCS contractually required timely access standards for NEMT and NMT.~~

III. Responsibilities

~~Health Services will review prior authorization for NEMT. Customer Services will coordinate NMT and NEMT. Provider Network Management will educate the provider network on NEMT and NMT benefits and requirements.~~

Health Services is responsible for:
- Review and make determination on NEMT prior authorization
- Ensure NEMT modalities arranged appropriately in accordance to DHCS guidelines

Customer Service is responsible for:
- Intake and arrange NEMT and NMT rides
- Communicate members needs to Utilization Management and Provider Network Operations for coordination of care and to meet timely access standards

Provider Network Operations is responsible for:
- Maintain information regarding Transportation vendor contract and enrollment status
- Provide monitoring and oversight of transportation vendors

IV. References
- APL 22-008 Non-Emergency Medical and Non-Medical Transportation Services and Related Travel Expenses
- Non-Emergency Medical and Non-Medical Transportation Services and Related Travel Expenses Frequently Asked Questions (FAQs)_May 18, 2022_Version 4
- ~~APL 17-010 Non-Emergency Medical and Non-Medical Transportation Services~~

V. Approval/Revision History

First Level Approval	Second Level Approval
Signature	Signature
Dang Huynh, PharmD	Laurie Nakahira, DO
Name	Name

POLICY

~~Director, Pharmacy & Utilization Management~~ Vice President, Health Services	Chief Medical Officer
Title	Title

Version Number	Change (Original/ Reviewed/ Revised)	Reviewing Committee (if applicable)	Committee Action/Date (Recommend or Approve)
V1	Original	Utilization Management	Approved 01/16/2019
V2	Revised	Utilization Management	Approved 01/15/2020
V2	Reviewed	Utilization Management	Approved 01/20/2021
V3	Revised	Utilization Management	Approved 01/19/2022
V4	Revised	Utilization Management	Pending

Policy Title:	System Controls	Policy No.:	HS.14
Replaces Policy Title (if applicable):	N/A	Replaces Policy No. (if applicable):	N/A
Issuing Department:	Health Services	Policy Review Frequency:	Annually
Lines of Business (check all that apply):	☒ Medi-Cal	☒ ~~CMC~~Medicare	

I. **Purpose**

To describe Santa Clara Family Health Plan's (SCFHP) system controls specific to Utilization Management (UM) denial and appeal notification and receipt dates.

II. **Policy**

A. Turnaround times (TAT) for requests are based on the date and time of receipt

1. Due date and time of reviews, depending on the type of request, is calculated from the date and time the request was received by the UM department. Refer to HS.01 Prior Authorization and HS.01.01 Prior Authorization Process.

B. Written notification of decisions will be sent to the member and provider within the appropriate turnaround timeframe of the type of request based on the receipt date and time of the faxed request

C. The UM department only uses the date and time stamp found on the bottom of the faxed document, or when the provider submitted the request by the web portal application upon received by UM as the receipt date and time. The receipt date and time is not to be modified.

1. At the time of data-entry, the UM staff will enter the receipt date and time of the request into the UM platform, QNXT, to automatically calculate the due date and time based on type of request and line of business

D. Quality Assurance reports are run monthly and as needed to cross check accuracy of data entry from the receipt date to the recorded information in the UM platform.

III. **Responsibilities**

Health Services collaborates with IT to ensure the information received on the faxed document is accurately reflected in the UM platform.

IV. **References**

National Committee for Quality Assurance. ~~2020 HP Standards and Guidelines:~~ UM 12: UM System Controls
HS.01 Prior Authorization
HS.01.01 Prior Authorization Process

POLICY

V.   Approval/Revision History

First Level Approval	Second Level Approval
Signature Dang Huynh, PharmD	**Signature** Laurie Nakahira, DO
Name ~~Director~~Vice President, Health Services~~, Pharmacy & Utilization Management~~	**Name** Chief Medical Officer
Title	**Title**

Version Number	Change (Original/ Reviewed/ Revised)	Reviewing Committee (if applicable)	Committee Action/Date (Recommend or Approve)
1	Original	Utilization Management	Approved 1/15/2020
1	Reviewed	Utilization Management	Approved 1/20/2021
2	Revised	Utilization Management	Approved 1/19/2022
3	Revised	Utilization Management	Pending

Annual Review of Care Coordinator Guidelines

Utilization Management Care Coordinator Guidelines

TABLE OF CONTENTS

Utilization Management Care Coordinator Guidelines

<u>OVERVIEW</u>

Care Coordinators may review a select number of prior authorization requests based upon criteria set forth in these guidelines and applicable to only these type of services in accordance with the Santa Clara Family Health Plan (SCFHP) Utilization Management Program.

Care Coordinators may approve prior authorization requests when criteria are met. Care Coordinators are responsible to document all pertinent information to support approval. This includes, but is not limited to, accurately and fully completing authorization entry in QNXT with the type of medical service request and criteria name. All reviews must be completed within the regulatory timeframes for making the determination.

Care Coordinators must refer requests for medical service requiring authorization that do not meet the criteria within these guidelines to a licensed nurse, licensed Behavioral Health clinician, or Medical Director.

Care Coordinator Guidelines are reviewed and approved by the SCFHP Utilization Management Committee annually.

Utilization Management Care Coordinator Guidelines

INPATIENT ACUTE HOSPITALIZATION

1. <u>Emergency or Observational Non-inpatient Admission Stay:</u>
   Medi-Cal
       In-area: No prior authorization required
       Out-of-Area: No prior authorization required

   ~~Cal MediConnect~~**DualConnect**
       In-area: No prior authorization required
       Out-of-Area: No prior authorization required

2. <u>Emergency Inpatient Admission:</u>
   Medi-Cal
       In-area:
   - SCFHP Direct: approve 1 day
   - Northeast Medical Services: redirect to NEMS
   - VHP Network: redirect to Valley Health Plan
   - Palo Alto Medical Foundation: approve 1 day
   - Kaiser: redirect to Kaiser
   - Physician Medical Group: redirect to PMG
   - Premier Care: redirect to PCNC

       Out-of-area:
   - SCFHP Direct: approve 1 day
   - Northeast Medical Services: approve 1 day
   - VHP Network: redirect to Valley Health Plan
   - Palo Alto Medical Foundation: approve 1 day
   - Kaiser: redirect to Kaiser
   - Physician Medical Group: approve 1 day
   - Premier Care: approve 1 day

   Retro Request for non-delegated members with discharge date: Send to Nurse for Review

   ~~Cal MediConnect~~**DualConnect**
       In-area: Approve 1 day
       Out-of-Area: Approve 1 day
       Retro Request w/ Discharge Date: Send to Nurse for Review

Utilization Management Care Coordinator Guidelines

3. Inpatient Elective/Scheduled Admission:

Medi-Cal
In-area:
- SCFHP Direct
  - Active PA: Create Copy Auth and Nurse Review
  - No Active PA: Nurse Review
- Northeast Medical Services
  - Approved NEMS PA: Nurse Review for LOA
  - No NEMS PA: redirect to NEMS
- VHP Network PA: redirect to Valley Health Plan
- Kaiser: redirect to Kaiser
- Palo Alto Medical Foundation
  - Active PA: Create Copy Auth and Nurse Review
  - No Active PA: Nurse Review
- Physician Medical Group:
  - Approved PMG PA: Nurse Review for LOA
  - No PMG PA: redirect to PMG
- Premier care
  - Approved PCNC PA: Nurse Review for LOA
  - No PCNC PA: redirect to PCNC

Out-of-Area:
- SCFHP Direct: Nurse Review
- Northeast Medical Services: Nurse Review
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Nurse Review
- Physician Medical Group: Nurse Review
- Premier Care: Nurse Review

Retro Request: Nurse Review

Cal MediConnectDualConnect
In-area: Nurse Review
Out-of-Area: Nurse review
Retro Request: Nurse review

Utilization Management Care Coordinator Guidelines

4. Acute ~~Rehabiliation~~Rehabilitation or Long-Term Acute Care (LTACH)

Medi-Cal
In-area:
- SCFHP Direct: Nurse Review
- Northeast Medical Services: Redirect to NEMS
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Nurse Review
- Physician Medical Group: Redirect to PMG
- Premier Care: Redirect to PCNC

Out-of-Area:
- SCFHP Direct: Nurse Review
- Northeast Medical Services: Nurse Review
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Nurse Review
- Physician Medical Group: Nurse Review
- Premier Care: Nurse Review

Retro Request (Non-Delegated): Nurse Review

~~Cal MediConnect~~DualConnect
In-Area & Out-of-Area: Nurse Review
Retro: Nurse Review

5. Maternity
Medi-Cal:
In-area:
- SCFHP Direct: Approve as below
- Northeast Medical Services: Redirect to NEMS
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Approve as below
- Physician Medical Group: Redirect to PMG
- Premier Care: Redirect to PCNC

Out-of-Area:
- SCFHP Direct: Approve as below
- Northeast Medical Services: Approve as below
- VHP Network: Redirect to Valley Health Plan

Utilization Management Care Coordinator Guidelines

- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Approve as below
- Physician Medical Group: Approve as below
- Premier Care: Approve as below

Retro Request (Non-~~Delgated~~Delegated): Approve as below

~~Cal MediConnect~~DualConnect:
In-area, Out-of-Area, Retro: Approve as below

Maternity Approval Process:
- Add Maternity Kick Attribute Group in authorization;
- Approve for: 2 days for vaginal delivery, 4 days for C-Section delivery
  - Exceeding days must be send to Nurse for review.
- Approval date starts from the date of baby's birth/date of delivery.
  - Admission date different from Baby's date of birth must be forwarded to Nurse for review.

SKILLED LEVEL OF CARE (SNF)

Medi-Cal

In-area:

- SCFHP Direct: Approve as below
- Palo Alto Medical Foundation: Approve as below
- Northeast Medical Services, VHP Network, Kaiser, Physician Medical Group, Premier Care:
    - Redirect to delegate if within month of admission and month after admission.
    - SCFHP will be financially responsible beginning 3rd month of admission. Approve as below.

- Medicare Primary A, AB, C, CD:
    - Provider sends copy of NOMNC or screen shot of the Noridian Medicare Portal showing that the member has exhausted 100 SNF days per the benefit period:
        - Approve for up to 7 days of OT, PT, ST Skilled Care
        - Send to Nurse for Review

- Medicare Primary A only:
    - Approve for up to 7 days of OT, PT, ST Skilled Care
    - Send to Nurse for Review

- Medicare Primary B only:
    - Approval for length of request
    - Assign to *Q-UM Room & Board Auths queue

Out-of-Area:

- SCFHP Direct: Send to Nurse review for LOA
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to delegate if within month of admission and month after admission. SCFHP will be financially responsible beginning 3rd month of admission
- Palo Alto Medical Foundation: Send to Nurse review for LOA
- Physician Medical Group: Send to Nurse review for LOA
- Premier Care: Send to Nurse review for LOA
- Northeast Medical Services: Send to Nurse review for LOA

Utilization Management Care Coordinator Guidelines

- Medicare Primary A only:
    - Send to Nurse review for LOA

- Medicare Primary B only:
    - Send to Nurse review for LOA

Retro request for all lines of business with discharge date exceeding 7 days send to Nurse for review with the exception of Medicare Primary Part B only

~~Cal MediConnect~~DualConnect

In-area: Approve for up to 7 days for Level I or Level II
- Level III pend to Nurse for review
- Additional days for all Levels of concurrent review pend to Nurse for review

Out-of-Area: Send to Nurse review for LOA

Skilled Level of Care Approval Process:
- Approved for up to 7 days of OT, PT, ST Skilled Care
- Additional days and concurrent review pend to Nurse for review

Definition:
***Medicare Primary SNF Covered Days:** 100 SNF Days*
***Benefit Period:** A benefit period begins the day the member is admitted as an inpatient in a hospital or SNF. The benefit period ends when the member has not received any inpatient hospital care or skilled care in a SNF for 60 days in a row. If the member goes into a hospital or a SNF after one benefit period has ended, a new benefit period begins. There is no limit to the number of benefit periods.*

Utilization Management Care Coordinator Guidelines

<u>LONG TERM CARE</u>

Medi-Cal

In-area
- SCFHP Direct: Approve as below
- VHP Network: VHP Long Term Custodial Care services become the financial responsibility of SCFHP on the 1st day of the month following admission if VHP submits the Enrollee reassignment request to SCFHP before that date.
- Kaiser: ~~Redirect to delegate if within month of admission and month after admission. SCFHP will be financially responsible beginning 3rd month of admission~~Redirect to Kaiser
- Palo Alto Medical Foundation: Approve as below
- Physician Medical Group: Redirect to delegate if within month of admission and month after admission. SCFHP will be financially responsible beginning 3rd month of admission
- Premier Care: Redirect to delegate if within month of admission and month after admission. SCFHP will be financially responsible beginning 3rd month of admission
- Northeast Medical Services: Redirect to delegate if within month of admission and month after admission. SCFHP will be financially responsible beginning 3rd month of admission

Out-of-Area:
- SCFHP Direct: Send to Nurse for review for ~~denial as~~ non- covered benefit.
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Send to Nurse for review for ~~denial as~~ non- covered benefit.
- Physician Medical Group: Send to Nurse for review for ~~denial as~~ non- covered benefit.
- Premier Care: Send to Nurse for review for ~~denial as~~ non- covered benefit.
- Northeast Medical Services: Send to Nurse for review for ~~denial as~~ non- covered benefit.

Utilization Management Care Coordinator Guidelines

~~Cal MediConnect~~DualConnect
In-area: Approve as Below
Out-of-Area: Send to Nurse for review

Retro request for all lines of business approve as below

Long Term Care Approval Process:
- Authorization must include:
    - Face Sheet
    - Care Plan (Treatment Plan, Discharge Plan, etc.)
    - Medicare Denial Letter (if applicable)
    - Physician's Current Orders, Signed and Dated
- Approve initial authorization for 6 months
- Send to Nurse for review assign "in process" status and send authorization letter
- LTC Re-Authorization:
    - For member in LTC 2 years or more
        - Approve 1 year with complete LTC authorization with required documentation
        - Send to Nurse for review under "in process" status and send authorization letter
    - For member in LTC 2 years or less
        - Send to Nurse for review

Utilization Management Care Coordinator Guidelines

BED HOLD

For members who are at a Skilled Nursing Facility for LTC/Custodial or Skilled Nursing:

Medi-Cal:
    In-area
- SCFHP Direct: Approve as below
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser (verify Custodial admission date)
- Palo Alto Medical Foundation: Approve as below
- Physician Medical Group: Redirect to PMG
- Premier Care: Redirect to PCNC
- Northeast Medical Services: Redirect to NEMS

    Out-of-area
- SCFHP Direct: Send to Nurse for review
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser (verify Custodial admission date)
- Palo Alto Medical Foundation: Send to Nurse for review
- Physician Medical Group: Send to Nurse for review
- Premier Care: Send to Nurse for review
- Northeast Medical Services: Nurse for review

~~Cal MediConnect~~**DualConnect:**
In-area: Approve as below
Out-of-Area: Send to Nurse for review

Retro request for all lines of business approve as below

Bed Hold Approval Process:
- Approve up to 7 days
- In a separate authorization exceeding days must be send to Nurse for review
  - Add discharge to current authorization
  - Requires new authorization upon return

Utilization Management Care Coordinator Guidelines

<u>HOME HEALTH</u>

Medi-Cal:
In-area
- SCFHP Direct: Approve as below
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Approve as below
- Physician Medical Group: Redirect to PMG
- Premier Care: Redirect to PCNC
- Northeast Medical Services: Redirect to NEMS

Out-of-area
- SCFHP Direct: Send to Nurse for review
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Send to Nurse for review
- Physician Medical Group: Send to Nurse for review
- Premier Care: Send to Nurse for review
- Northeast Medical Services: Send to Nurse for review

~~Cal MediConnect~~DualConnect:
In-area: Approve as below
Out-of-Area: Send to Nurse for review

Retro request for all lines of business send to Nurse for review

Home Health Approval Process:
- Approve up to 18 visits on initial/first request (combination of services: PT, OT, ST, HHA, SN, MSS)
- Clinical information must include:
    - Plan of care
    - MD order
- Initial/first request exceeding 18 visits send to Nurse for review
- Ongoing Home Health services send to Nurse for review

Utilization Management Care Coordinator Guidelines

<u>HOSPICE ROOM AND BOARD FOR NON-CONTRACTED PROVIDERS</u>

Medi-Cal:
  In-area

- SCFHP Direct: Approve as below
- VHP Network: Redirect to delegate if within month of admission and month after admission. SCFHP will be financially responsible beginning 3rd month of admission
- Kaiser: Redirect to delegate if within month of admission and month after admission. SCFHP will be financially responsible beginning 3rd month of admission
- Palo Alto Medical Foundation: Approve as below
- Physician Medical Group: Redirect to delegate if within month of admission and month after admission. SCFHP will be financially responsible beginning 3rd month of admission
- Premier Care: Redirect to delegate if within month of admission and month after admission. SCFHP will be financially responsible beginning 3rd month of admission
- Northeast Medical Services: Redirect to delegate if within month of admission and month after admission. SCFHP will be financially responsible beginning 3rd month of admission

  Out-of-area

- SCFHP Direct: Send to Nurse for review
- VHP Network: Redirect to delegate if within month of admission and month after admission. SCFHP will be financially responsible beginning 3rd month of admission
- Kaiser: Redirect to delegate if within month of admission and month after admission. SCFHP will be financially responsible beginning 3rd month of admission
- Palo Alto Medical Foundation: Send to Nurse for review
- Physician Medical Group: Send to Nurse for review
- Premier Care: Send to Nurse for review
- Northeast Medical Services: Send to Nurse for review

Utilization Management Care Coordinator Guidelines

~~Cal MediConnect~~DualConnect:
    In-area: Approve as below
    Out-of-Area: Approve as below

Retro request for all lines of business approve as below

<u>Hospice Room and Board Approval Process:</u>
- Contracted Hospice providers do not require authorization and can bill Claims directly
- Room and board authorization must be requested by Hospice agency and not by Skilled Nursing Facility
- Approve up to 90 days
- Authorization must include Hospice admission notification
- Additional days exceeding 90 days require a new hospice certification order
  - Approve up to 90 days
- Authorization are reimbursed with Medi-Cal rates
  - No letter of agreement (LOA) will be processed

Utilization Management Care Coordinator Guidelines

<u>HEARING AID</u>

Medi-Cal:
In-area
- SCFHP Direct: Approve as below
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Approve as below
- Physician Medical Group: Redirect to PMG
- Premier Care: Redirect to PCNC
- Northeast Medical Services: Redirect to NEMS

Out-of-area
- SCFHP Direct: Send to Nurse for review
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Send to Nurse for review
- Physician Medical Group: Redirect to PMG
- Premier Care: Redirect to PCNC
- Northeast Medical Services: Redirect to NEMS

Medi-Medi:
- SCFHP Direct: Approve as below
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Approve as below
- Physician Medical Group: Redirect to PMG
- Premier Care: Redirect to PCNC
- Northeast Medical Services: Redirect to NEMS

~~Cal MediConnect~~DualConnect:
In-area: Approve as below
Out-of-Area: Send to Nurse for review

Retro request for all lines of business approve as below

Hearing Aid Process:
- Approve up to 2 hearing aids and molds
- Authorization must include current audiology exam by Audiologist

Utilization Management Care Coordinator Guidelines

<u>HEARING AID REPAIR</u>

Medi-Cal:
   In-area

- SCFHP Direct: Approve as below
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Approve as below
- Physician Medical Group: Redirect to PMG
- Premier Care: Redirect to PCNC
- Northeast Medical Services: Redirect to NEMS

   Out-of-area

- SCFHP Direct: Send to Nurse for review
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Send to Nurse for review
- Physician Medical Group: Redirect to PMG
- Premier Care: Redirect to PCNC
- Northeast Medical Services: Redirect to NEMS

Medi-Medi:

- SCFHP Direct: Approve as below
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Approve as below
- Physician Medical Group: Redirect to PMG
- Premier Care: Redirect to PCNC
- Northeast Medical Services: Redirect to NEMS

~~Cal MediConnect~~**DualConnect**:
   In-area: Approve as below
   Out-of-Area: Send to Nurse for review

Retro request for all lines of business approve as below

Utilization Management Care Coordinator Guidelines

<u>Hearing Aid Repair Process:</u>
- Approve up to 2 hearing aids devices
- Authorization must include information of current hearing aids and reason for repair
  a. Purchase date
  b. Serial number

OUTPATIENT THERAPY

Medi-Cal:
In-area

- SCFHP Direct: Approve as below
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Approve as below
- Physician Medical Group: Redirect to PMG
- Premier Care: Redirect to PCNC
- Northeast Medical Services: Redirect to NEMS

Out-of-area

- SCFHP Direct: Send to Nurse for review
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Send to Nurse for review
- Physician Medical Group: Send to Nurse for review
- Premier Care: Send to Nurse for review
- Northeast Medical Services: Send to Nurse for review

Cal MediConnectDualConnect:
In-area: Approve as below
Out-of-Area: Send to Nurse for review

Retro request for all lines of business send to Nurse for review

Outpatient Therapy Process:
- Approve up to 18 visits on initial/first request (combination of services: PT, OT, ST)
- Authorization must include:
  - MD order
  - Documentation must include "MD order received"
- Initial/first request exceeding 18 visits send to Nurse for review
- Ongoing Outpatient Therapy request send to Nurse for review
  - Treatment plan and most recent progress notes required

Note: All outpatient therapies approved for members that are less than 21 years old must be forwarded to the Medical Review Nurse for CCS referral via email including member's ID, name, and auth number.

Utilization Management Care Coordinator Guidelines

<u>WHEELCHAIR REPAIR</u>

Medi-Cal:
  In-area

- - SCFHP Direct: Approve as below
- - VHP Network: Redirect to Valley Health Plan
- - Kaiser: Redirect to Kaiser
- - Palo Alto Medical Foundation: Approve as below
- - Physician Medical Group: Redirect to PMG
- - Premier Care: Redirect to PCNC
- - Northeast Medical Services: Redirect to NEMS

  Out-of-area

- - SCFHP Direct: Send to Nurse for review
- - VHP Network: Redirect to Valley Health Plan
- - Kaiser: Redirect to Kaiser
- - Palo Alto Medical Foundation: Send to Nurse for review
- - Physician Medical Group: Send to Nurse for review
- - Premier Care: Send to Nurse for review
- - Northeast Medical Services: Send to Nurse for review

~~Cal MediConnect~~DualConnect:
  In-area: Approve as below
  Out-of-Area: Send to Nurse for review

Retro request for all lines of business approve as below

<u>Wheelchair Repair Process:</u>
- Wheelchair must be 3 years old or less
- Authorization must include:
  - Wheelchair information (manual or powered)
  - List of items for repair

Utilization Management Care Coordinator Guidelines

<u>NON-EMERGENCY MEDICAL TRANSPORTATION</u>

Medi-Cal:
> In-area
>> - SCFHP Direct: Approve as below
>> - VHP Network: Approve as below
>> - Kaiser: Redirect to Kaiser (verify Custodial admission date)
>> - Palo Alto Medical Foundation: Approve as below
>> - Physician Medical Group: Approve as below
>> - Premier Care: Approve as below
>> - Northeast Medical Services: Approve as below
>
> Out-of-area
>> - SCFHP Direct: Send to Nurse for review
>> - VHP Network: Send to Nurse for review
>> - Kaiser: Redirect to Kaiser (verify Custodial admission date)
>> - Palo Alto Medical Foundation: Send to Nurse for review
>> - Physician Medical Group: Send to Nurse for review
>> - Premier Care: Send to Nurse for review
>> - Northeast Medical Services: Send to Nurse for review

Medicare Part B:
>> - Covers Facility to Facility

Cal MediConnectDualConnect:
> In-area: Approve as below
> Out-of-Area: Send to Nurse for review

Retro request for all lines of business approve as below

<u>Non-Emergency Medical Transportation Process:</u>
- Provider must send a complete Physician Certification Statement (PCS)
- Non-emergency ground transportation – approve x 2 per month for up to 1 year
- Non-emergency ground transportation for dialysis - approve x 2 per day for up to 1 year
- Non-emergency air transportation
  - Send to Nurse for review

BEHAVIORAL HEALTH TREATMENT (BHT)

Medi-Cal or Medicare FFS Primary:
 In-area
- Independent Physicians: Approve as below
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: Approve as below
- Physician Medical Group: Approve as below
- Premier Care: Approve as below
- Northeast Medical Services: Approve as below

 Out-of-area

- Independent Physicians: send to MD for review
- VHP Network: Redirect to Valley Health Plan
- Kaiser: Redirect to Kaiser
- Palo Alto Medical Foundation: send to MD for review
- Physician Medical Group: send to MD for review
- Premier Care: send to MD for review
- Northeast Medical Services: send to MD for review

~~Cal MediConnect~~DualConnect:
 In-area and Out-of-Area: Not Covered

Retro request for Medi-Cal and Medi-Medi line of business approve as below

Behavioral Health Treatment Process:

Contracted BHT Providers (Initial and On-Going Treatment)
~~Behavioral Health Treatment:~~

- **BHT Initial Assessment:**
  o Approve if meets the following:
    1. Current comprehensive diagnostic evaluation (CDE) completed by a licensed physician, surgeon or psychologist; <u>or</u>

2. CDE is more than 1 year old authorization it includes current notes from a licensed physician, surgeon or psychologist.

Approve up to 10 hours for initial assessment code H0031

- **BHT initial and on-going treatment for ages ≤ 12 years old:**
  - Approve if meets **all** the following:
    1. Meet APL 19-014 criteria; and
    2. 12 years and younger; and
    3. Request is less than or equal to 25 hours/week; and
    4. Not in a school setting

Approve up to 25 hours per week for up to 6 months.

- **BHT initial and on-going treatment for ages between ~~the ages of~~ 12 and 21 years old:**
  - Approve if meets **all** the following:
    1. Meet APL 19-014 criteria; and
    2. Greater than 12 years of age; and
    3. Less than 21 years of age; and
    4. Request is less than or equal to 15 hours/week; and
    5. Not in a school setting

Approve up to 15 hours per week for up to 6 months.

Non-Contracted BHT Providers (*Continued Treatment Only*)
- **BHT on-going treatment for ages < 12 years old:**
  - Approve if meets **all** the following:
    1. Meet APL 19-014 criteria; and
    2. 12 years and younger; and
    3. Request is less than or equal to 25 hours/week; and
    4. Not in a school setting; and
    5. Same non-contracted rendering provider continuing treatment within the last 12 months

Approve up to 25 hours per week for up to 6 months.

- **BHT on-going treatment for ages between 12 and 21 years old:**
  - Approve if meets the following:
    1. Meet APL 19-014 criteria; and
    2. Greater than 12 years of age; and

3. Less than 21 years of age; and
4. Request is less than or equal to 15 hours/week; and
5. Not in a school setting; and
6. Same non-contracted rendering provider continuing treatment within the last 12 months

Approve up to 15 hours per week for up to 6 months.

Utilization Management Care Coordinator Guidelines

Community Based Adult Services (CBAS)

Medi-Cal & ~~Cal Medi-Connect~~DualConnect

In-Network:	Review below
Out-of-Network:	Forward to Nurse Review for Non-Covered Benefit
Kaiser:	Redirect to Kaiser~~Review~~

Authorization Guidelines:

Initial Request:

- Member is at least 18 years of age
- History and Physical Examination (H&P) within the last 12 months
- Completed Individual Plan of Care (IPC) DHCS 0020 Form
- IPC includes multidisciplinary team and program Director signatures
- IPC confirms one of the following: Category 1, 2, 3, 4, or 5
- IPC planned days per week matches request
- Request does not exceed 5 days per week
- Request does not exceed 12 months

 Approval:
- 12 months
- Up to 1 unit for Multidisciplinary Evaluation (H2000)
- Up to 5 days per week (S5102)

Additional Days Request:

- Updated Individual Plan of Care (IPC) DHCS 0020 Form
- IPC includes multidisciplinary team and program Director signatures
- IPC confirms one of the following: Category 1, 2, 3, 4, or 5
- IPC planned days per week matches request
- Request does not exceed 5 days per week
- Request does not exceed 12 months

 Approval:
- 12 months
- Up to 5 days per week (S5102)

Reauthorization Request:

- Updated Individual Plan of Care (IPC) DHCS 0020 Form
- IPC includes multidisciplinary team and program Director signatures
- IPC confirms one of the following: Category 1, 2, 3, 4, or 5
- IPC planned days per week matches request

Utilization Management Care Coordinator Guidelines

- Request does not exceed 5 days per week
- Request does not exceed 12 months

Approval:
- 12 months
- Up to 1 unit for Multidisciplinary Evaluation (H2000)
- Up to 5 days per week (S5102)

Reference & Notes:
1 day a week= 52 visits
2 days a week= 104 visits
3 days a week= 156 visits
4 days a week= 208 visits
5 days a week= 260 visits

DHCS Community-Based Adult Services (CBAS) Provider Manual: https://files.medi-cal.ca.gov/pubsdoco/publications/masters-mtp/part2/community.pdf
Community-Based Adult Services (CBAS): IPC and TAR Form Completion: https://files.medi-cal.ca.gov/pubsdoco/Publications/masters-MTP/Part2/communityipc.pdf
CBAS Billing Codes & Reimbursement Rates: https://files.medi-cal.ca.gov/pubsdoco/publications/masters-mtp/part2/communitycd.pdf

Enhanced Care Management
Care Coordinator Guidelines

Screening for Enhanced Care Management (ECM)

The ECM benefit is eligible to all Medi-Cal members who meet the eligibility criteria and does not have any network restrictions. To be eligible for ECM, members must be enrolled in Medi-Cal with SCFHP, meet the eligibility criteria for one or more of the following ECM Populations of Focus (POF), and does not meet any of the program exclusions.

Populations of Focus (POF)
Populations 1, 2, and 3 available 1/1/2022

☐ **Population #1 | Individuals and Families Experiencing Homelessness**

Must meet all of the following criteria:

☐ Experiencing homelessness per U.S. Department of Housing and Urban Development (HUD) definition of Homelessness

    ☐ An individual or family who lacks adequate nighttime residence;

    ☐ An individual or family with a primary residence that is a public or private place not designed for or ordinarily used for habitation;

    ☐ An individual or family living in a shelter;

    ☐ An individual exiting an institution into homelessness;

    ☐ An individual or family who will imminently lose housing in next 30 days;

    ☐ Unaccompanied youth and homeless families and children and youth defined as homeless under other federal statutes; or

    ☐ Individuals fleeing domestic violence.

☐ AND inability to successfully self-manage at least one complex physical, behavioral or developmental health need*

☐ **Population #2 | Adult High Utilizers**

Must meet at least one of the following criteria:

☐ Visited the emergency department 5 or more times within a 6-month period that could have been avoided

☐ AND/OR have 3 or more unplanned hospital and/or short-term skilled nursing facility stays in a 6-month period

☐ **Population #3 | Adult SMI and SUD**

Must meet all of the following criteria:

☐ Meet the eligibility criteria for participation in or obtaining services through the County Specialty Mental Health (SMH) System or the Drug Medi-Cal Organization Delivery System (DMC-ODS) OR the Drug Medi-Cal (DMC) program.

☐ AND actively experiencing at least one complex social factor influencing their health

    ☐ lack of access to food

    ☐ lack of access to stable housing

    ☐ inability to work or engage in the community

    ☐ history of Adverse Childhood Experiences (ACEs)

    ☐ former foster youth

    ☐ history of recent contacts with law enforcement related to mental health and/or substance use symptoms or associated behaviors)

    ☐ Other

☐ AND meet one or more of the following criteria:

    ☐ Are at high risk for institutionalization, overdose and/or suicide*

    ☐ Use crisis services, emergency rooms, urgent care or inpatient stays as the sole source of care

    ☐ Visited the emergency department or was hospitalized 2 or more times due to SMI or SUD in the past 12 months*

    ☐ Pregnant or post-partum (12 months from delivery)

Populations 4, 5, and 6 available 1/1/2023

☐ **Population #4 | Individuals Transitioning from Incarceration**

    ☐ Are transitioning from incarceration or transitioned from incarceration within the past 12 months

    ☐ AND have at least one of the following conditions:

☐ Chronic mental illness*
☐ Substance Use Disorder (SUD)*
☐ Chronic disease*
☐ Intellectual or developmental disability*
☐ Traumatic Brain Injury (TBI)
☐ HIV
☐ Pregnancy
☐ **Population #5 | Individuals at Risk for Institutionalization and Eligible for Long-Term Care Services**
☐ Are eligible for Long-Term Care services who, in the absence of services and support, would otherwise require care for 90 consecutive days or more in an inpatient nursing facility (NF)*
<u>Please note</u>: individuals must be able to live safely in the community with wraparound supports
☐ **Population #6 | Nursing Facility Residents Who Want to Transition to the Community**
☐ Nursing facility residents who are strong candidates for successful transition back to the community and have a desire to do so
Population 7 available 7/1/2023
☐ **Population #7 | Children and Youth**
Eligibility criteria pending guidance from DHCS
Criteria with a (*) are further defined in "Population of Focus Diagnosis Codes"

ECM Exclusion and Disenrollment Criteria

A. ECM Duplicative Services

    a. Members cannot be enrolled in both ECM and another program that provides the same services as ECM. The Department of Health Care Services (DHCS) has defined approaches to ECM overlaps/duplicative services:

        i. Cannot be enrolled in both ECM and the following program:

            1. ~~Cal MediConnect (CMC)~~DualConnect (DC)

            2. Fully Integrated Dual Eligible Special Needs Plans (FIDE-SNPs)

            3. Program for All-Inclusive Care for the Elderly (PACE)

            4. Mosaic Family Services

            5. Hospice

        ii. Either ECM or the other program

            1. Members can be enrolled in ECM or in the other program but not both at the same time:

                a. Multipurpose Senior Services program (MSSP)

                b. Assisted Living Waiver (ALW)

                c. Home and Community Based Alternatives (HCBA) Waiver

                d. HIV/AIDS Waiver

                e. HCBS Waiver for Individuals with Developmental Disabilities (DD)

                f. Self-Determination Program for Individuals with I/DD

                g. Basic Case Management

                h. Complex Case Management

                i. California Community Transitions (CCT) Money Follows the Person (MFTP)

        iii. ECM as a "wrap"

            1. Members can be enrolled in both ECM and the other program. SCFHP must ensure non-duplication of services between ECM and the other program

a. California Children's Services (CCS)
b. Genetically Handicapped Person's Program (GHPP)
c. County-based Targeted Case Management (TCM)
d. Specialty Mental Health (SMHS) TCM
e. SMHS Intensive Care Coordination for children (ICC)
f. Drug Medi-Cal Organized Delivery Systems (DMC-ODS)
g. CCS Whole Child Model
h. Community-Based Adult Services (CBAS)
i. Dual Eligible Special Needs Plans (D-SNPs) [from 2023]
j. D-SNP look-alike plans
k. Other Medicare Advantage Plans
l. Medicare FFS
m. AIDS Healthcare Foundation Plans

B. Reasons to Deny or Disenroll Members
   a. Does not meet eligibility criteria
      i. Members must have certain chronic medical conditions and experiencing complex social factors influencing their health. If current notes/documentation do not show member meets ECM program eligibility, member is denied ECM services.
   b. Unsuccessful Engagement
      i. If ECM Provider is unable to contact member and/or member is not actively engaged in ECM services, ECM provider may recommend member for disenrollment. Members are considered uncooperative if they meet at least one of the following
         1. Member has missed three consecutive appointments with care team within the last 60 days
         2. Member has not completed a care plan within 90 days of enrolling in SCFHP ECM
         3. Member has not followed care plan
         4. Care team could not reach member within 90 days after calling on three different days and times and an alternative outreach method
   c. Unsafe Behavior
      i. Members are considered Unsafe if they meet one of the following:
         1. Member displayed disruptive behavior that keeps the ECM Provides from providing ECM services
         2. Member cause the environment in which they receive services to be unsafe for ECM Providers to continue services
   d. Well Managed
      i. Members are considered well managed if they meet one of the following:
         1. Member has met all care plan goals and ECM Provider has determined member has no additional goals
         2. Member has met all care plan goals and member has determined they have no additional goals
         3. Member has continued to meet their care plan goals and ECM Provider has determined member is able to self-manage their care needs
         4. Member has continued to meet their care plan goals and member has determined they are able to self-manage with care needs
   e. Transition to Lower Level of Care

i. Members who have been in tier 3 for at least 6 months may be eligible to transition to a lower level of care. To tier down member from ECM services, ECM Provider follow a tier assessment that may consist of the following elements:
1. Care adherence
2. Current health status
3. Medication adherence
4. Health literacy
5. Sexual/reproductive health promotion
6. Mental health
7. Drug and alcohol use
8. Housing
9. Living situation/support systems
10. Legal
11. Income/personal finance
12. Transportation
13. Nutrition
ii. SCFHP or the ECM Provider should work to recommend an alternative program that is better suited for the member's needs, if case management services are still needed or requested by the member
iii. Members are considered ready to transition to a lower level of care if they meet one of the following:
1. Member has met all care plan goals and ECM Provider or member has determined member has no additional goals
2. Member has continued to meet their care plan goals and ECM Provider or member has determined member is able to self-manage their care needs

f. Member Request
i. Member has notified ECM provider they have elected to disenroll and discontinue ECM services
ii. Members who request to discontinue services are not issued a Notice of Action (NOA) denying the member of the ECM benefit

g. Medi-Cal Termed
i. Member is not actively enrolled in SCFHP Medi-Cal Plan
ii. Member who termed out of Med-Cal are not issued a NOA

Membership Report

Membership Report
Source: iCat/SharePoint (01/01/2023)

Line of Business	Network Name	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23
Cal MediConnect		**10,219**	**10,251**	**10,299**	**10,333**	**10,334**	**10,332**	**10,354**	**10,414**	**10,480**	**10,469**	**10,495**	**10,507**	
	SCFHP	10,219	10,251	10,299	10,333	10,334	10,332	10,354	10,414	10,480	10,469	10,495	10,507	
Medi-Cal		**284,439**	**285,171**	**286,873**	**288,485**	**290,928**	**296,050**	**303,375**	**304,867**	**306,215**	**307,490**	**310,191**	**312,606**	**314,129**
	ADMIN-MEDI-CAL ONLY	3,833	1,933	2,273	2,830	2,857	3,438	5,734	2,344	2,327	2,345	3,101	2,555	2,642
	ADMIN-MEDICARE PRIMARY	16,502	16,492	16,565	16,542	16,679	16,766	16,856	16,938	17,006	17,041	17,164	17,347	16,752
	KAISER PERMANENTE	34,268	34,482	34,814	35,122	35,488	35,837	36,206	36,449	36,629	36,859	37,156	37,431	38,681
	NEMS	3,452	3,392	3,384	3,381	3,384	3,401	3,422	3,426	3,440	3,473	3,486	3,473	3,636
	PALO ALTO MEDICAL FOUNDATION	7,381	7,385	7,399	7,387	7,428	7,423	7,427	7,452	7,416	7,431	7,470	7,487	7,510
	PHYSICIANS MEDICAL GROUP	43,953	44,472	44,571	44,659	44,938	45,233	45,486	45,850	45,982	46,111	46,170	46,660	46,912
	PREMIER CARE	16,065	16,152	16,211	16,208	16,272	16,346	16,415	16,489	16,517	16,544	16,653	16,768	16,840
	SCFHP DIRECT	18,367	18,508	18,600	18,709	18,853	18,951	19,282	19,448	19,418	19,364	19,368	19,440	19,238
	VHP NETWORK	140,618	142,355	143,056	143,647	145,029	148,655	152,547	156,471	157,480	158,322	159,623	161,445	161,918
DualConnect														**10,658**
	SCFHP													10,658
Grand Total		**294,658**	**295,422**	**297,172**	**298,818**	**301,262**	**306,382**	**313,729**	**315,281**	**316,695**	**317,959**	**320,686**	**323,113**	**324,787**

Over/Under Utilization and Medical Deep Dive

UMC Goals and Objectives

- Compare SCFHP utilization levels against relevant industry benchmarks and monitor utilization trends among SCFHP membership over time

- Analyze key drivers and potential barriers, prioritize opportunities for improvement, and develop interventions that promote high-quality and cost-effective use of medical services

Inpatient Utilization: Medi-Cal –SPD DOS 1/1/2022 –12/31/2022

Quarter	Discharges	Discharges / 1,000 Member Months	Days	Average Length of Stay
2022-Q1	945	18.71	6,167	6.52
2022-Q2	1094	21.01	6,818	6.23
2022-Q3	1135	19.64	6,825	6.01
2022-Q4	664	11.36	3,571	5.37
Total	3838	17.54	23,381	6.01

Note: Data are less complete for more recent quarters due submission lag.

Inpatient Utilization: Medi-Cal –Non-SPD DOS 1/1/2022 –12/31/2022

Quarter	Discharges	Discharges / 1,000 Member Months	Days	Average Length of Stay
2022-Q1	3,043	4.95	13,765	4.52
2022-Q2	3,412	5.43	14,626	4.29
2022-Q3	3,596	5.47	15,646	4.35
2022-Q4	2,148	3.21	8,043	3.74
Total	12,199	4.75	52,080	4.27

Note: Data are less complete for more recent quarters due submission lag.

Inpatient Utilization: Cal MediConnect (CMC) DOS 1/1/2022 –12/31/2022

Source: CMC Enrollment & QNXT Claims Data (Run Date:1/4/2023)

Quarter	Discharges	Discharges / 1,000 Member Months	Days	Average Length of Stay
2022-Q1	678	22.24	4,550	6.71
2022-Q2	672	21.85	3,927	5.84
2022-Q3	664	21.33	4,004	6.03
2022-Q4	392	12.65	2,399	6.12
Total	2,406	19.51	14,880	6.18

Note: Data are less complete for more recent quarters due submission lag.

Medi-Cal Inpatient Utilization
DOS 1/1/2022 –12/31/2022

Measure	Medi-Cal Population		
	Non-SPD	**SPD**	**Total**
Discharges / 1,000 Member Months	4.75	17.54	5.75
ALOS	4.27	6.09	4.71

Note: Data are less complete for more recent quarters due submission lag. Therefore comparison is limited.

Outpatient Utilization: Medi-Cal – SPD DOS 1/1/2022 –12/31/2022

Quarter	Visits	Visits / 1,000 Member Months
2021-Q1	21,469	425.05
2022-Q2	22,387	429.99
2022-Q3	21,949	379.73
2022-Q4	15,000	256.65
Total	80,805	369.27

Note: Data are less complete for more recent quarters due submission lag.

Outpatient Utilization: Medi-Cal –Non-SPD DOS 1/1/2022 –12/31/2022

Quarter	Visits	Visits / 1,000 Member Months
2022-Q1	140,770	229.15
2022-Q2	146,877	232.14
2022-Q3	136,343	207.24
2022-Q4	95,561	142.63
Total	518,551	201.72

Note: Data are less complete for more recent quarters due submission lag.

Outpatient Utilization: Cal MediConnect (CMC) DOS 1/1/2022 –12/31/2022

Source: CMC Enrollment & QNXT Claims Data (Run Date:1/4/2023)

Quarter	Visits	Visits / 1,000 Member Months
2022-Q1	19,049	624.86
2022-Q2	19,495	633.98
2022-Q3	20,501	658.60
2022-Q4	16,660	537.68
Total	75,705	613.75

Note: Data are less complete for more recent quarters due submission lag.

Medi-Cal Outpatient Utilization DOS 1/1/2022 −12/31/2022

Measure	Medi-Cal Population		
	Non-SPD	SPD	Total
Visits / 1,000 Member Months	201.72	369.27	214.87

Note: Data are less complete for more recent quarters due submission lag. Therefore comparison is limited.

Inpatient Readmissions: Medi-Cal

Source: HEDIS Plan All-Cause Readmissions (PCR) data for 2021 and YTD 2022 measurement period (Run Date: 12/17/2022)

Year	LOB	Count of Index Stays (Denominator)	Count of 30-Day Readmissions (Numerator)	Actual Readmission Rate[1,2,3]	Goal
2021	MC - All	4,759	454	9.54%	10.00%
2022	MC - All	4,754	412	8.67%	10.00%

[1] A lower rate indicates better performance.
[2] Only for members aged 18-64 in Medi-Cal.
[3] Outliers are not included in the rates.

Note: Data are less complete for more recent quarters due submission lag. Therefore comparison is limited.

Inpatient Readmissions: Cal MediConnect

Source: HEDIS Plan All-Cause Readmissions (PCR) data for 2021 and YTD 2022 measurement period (Run Date: 12/17/2022)

Year	LOB	Count of Index Stays (Denominator)	Count of 30-Day Readmissions (Numerator)	Actual Readmission Rate[1,2,3]	Goal
2021	CMC - All	1,057	128	12.11%	11.60%
2022	CMC - All	1,323	125	9.45%	11.60%

[1] A lower rate indicates better performance.
[2] The PCR rate applies only to SCFHP's CMC line of business and includes members 18 years of age and older.
[3] Outliers are not included in the rates.

Note: Data are less complete for more recent quarters due submission lag. Therefore comparison is limited.

Over and Under-Utilization of Medical Services including Delegated Networks

Deep Dive FY23 Focus

1. Behavioral Health Treatment
   - Managing BHT utilization and analyzing barriers and constraints between networks.

2. Mental Health
   - Increase overall utilization and analyzing barriers and constraints between networks.

3. Emergency Room
   - Preventing preventable ER utilization

4. Inpatient
   - Transition of Care
   - Readmission Rates

Behavioral Health Treatment (1 of 2)

1. Utilization of BHT services increased 24.9% as compared to previous years (2020 to 2021).
   - Due to increase in telehealth and school closure due to COVID.

2. Kaiser has a high utilization compared to other networks.
   - How is Kaiser identifying members over the rest of the network?
   - SCFHP Research/Next Steps
     - To identify a Champion within our independent providers
     - Look into local agencies and providers on how to identify autism.
     - To investigate why providers have more units than others.

BHT Utilization per /1000	Calendar Year			2020-2021 % Diff
Network	2019	2020	2021	
SCFHP DIRECT	1,586	1,733	2,852	39.2%
VHP NETWORK	3,066	3,550	4,973	28.6%
KAISER PERMANENTE	7,002	5,759	6,397	10.0%
PALO ALTO MEDICAL FOUNDATION	3,753	3,332	4,841	31.2%
PHYSICIANS MEDICAL GROUP	2,408	2,802	3,686	24.0%
PREMIER CARE	2,778	1,986	2,591	23.4%
TOTAL	3,303	3,426	4,562	24.9%

BHT Uniqiue Member	Calendar Year			
Network	2019	2020	2021	% of Dist Pop
SCFHP DIRECT	42	51	67	0.6%
VHP NETWORK	553	753	911	1.5%
KAISER PERMANENTE	368	369	434	2.5%
PALO ALTO MEDICAL FOUNDATION	34	32	38	1.3%
PHYSICIANS MEDICAL GROUP	167	202	219	0.7%
PREMIER CARE	38	35	35	0.5%
TOTAL	1,202	1,442	1,717	1.4%

BHT Member Months are <21
COS: BEHAVIORAL HEALTH TREATMENT,
UNITS: HOURS
Run Date: 12/1/2022

Behavioral Health Treatment (2 of 2)

Can the Developmental Screenings be a proxy of BHT utilization?

Units per Unique Utilizer	Calendar Year		
Network	2019	2020	2021
SCFHP DIRECT	308	277	366
VHP NETWORK	275	242	292
KAISER PERMANENTE	258	217	230
PALO ALTO MEDICAL FOUNDATION	278	258	339
PHYSICIANS MEDICAL GROUP	360	348	433
PREMIER CARE	443	354	470
TOTAL	288	255	301

Dev Screening per 1000	Calendar Year		
Network	2019	2020	2021
SCFHP DIRECT	11	32	31
VHP NETWORK	2	93	115
KAISER PERMANENTE	0	31	70
PALO ALTO MEDICAL FOUNDATION	71	68	55
PHYSICIANS MEDICAL GROUP	127	107	137
PREMIER CARE	98	223	311
TOTAL	39	91	117

BHT Member Months are <21
COS: BEHAVIORAL HEALTH TREATMENT,
UNITS: HOURS
Run Date: 12/1/2022

4

Mental Health (1 of 2)

1. MH Utilization and findings

2. Telemedicine(Array) Option: Still extremely low. Billing issues – 5 paid and 30 denials in 2022.

3. To Expand Mental Health Option/Next Steps
   - To add telehealth solution ConferMED
   - To talk to PNO to add additional MH providers.
   - To analyze county mental data.

MH Utilization per /1000	Calendar Year			2020-2021 % Diff
Network	2019	2020	2021	
SCFHP DIRECT	114	124	101	-23.1%
VHP NETWORK	157	149	163	8.6%
KAISER PERMANENTE	436	394	480	17.9%
PALO ALTO MEDICAL FOUNDATION	170	196	180	-8.8%
PHYSICIANS MEDICAL GROUP	58	57	48	-18.1%
PREMIER CARE	23	28	32	13.3%
TOTAL	151	144	162	10.8%

Distinct Member MH Dx	Calendar Year			2021 Distinct Members
Network	2019	2020	2021	
SCFHP DIRECT	17.2%	15.6%	16.1%	21,144
VHP NETWORK	15.2%	14.0%	14.8%	155,420
KAISER PERMANENTE	20.0%	18.5%	20.7%	36,233
PALO ALTO MEDICAL FOUNDATION	22.6%	21.9%	25.2%	8,056
PHYSICIANS MEDICAL GROUP	8.4%	7.5%	8.1%	53,226
PREMIER CARE	5.6%	4.7%	5.2%	18,045

COS: MENTAL HEALTH, UNITS: VISITS
Unique CIN, Svc NPI, DOS
Run Date: 12/1/2022
All ages for MM
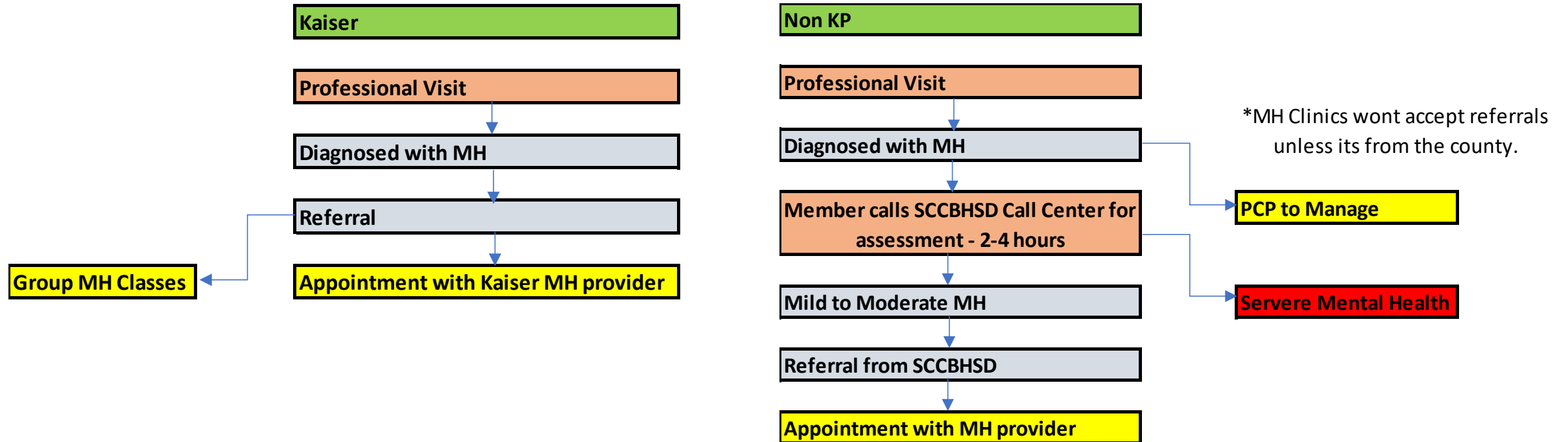
Emergency Room – Reducing Lane

1. **Emergency Room**

- Look into MDLive where members do not have to triage from the Nurse Advice Line.

- MDLive cost $39 dollars as oppose to Urgent Care (~$140) and ED (~$200+)

2. LANE and Telehealth (MD Live); and Urgent Care

2022 - MD Live Data	2022						
Network	**Feb**	**Mar**	**Apr**	**May**	**Jun**	**Jul**	**Total**
ADMIN-MEDICARE PRIMARY	5	2	2	2	2	6	21
NEMS	2	1	1			1	5
PALO ALTO MEDICAL FOUNDATION	2	2	1	1	3	2	11
PHYSICIANS MEDICAL GROUP	6	7	6	11	9	11	50
PREMIER CARE	2	1	2	3		1	9
SCFHP DIRECT	7	10	8	9	15	8	57
VHP NETWORK	50	66	53	89	112	92	462
Grand Total	**74**	**89**	**73**	**118**	**141**	**121**	**616**

Medical Deep Dive Meeting – 11/7/2022

Analytics, Ngoc, Dang, Angela, Dr. Laurie, Hao, Jane, Jon

RDT COS	FY22 Activities	Updates
All Other (DME, infusion)	**Deep Dive Reports:** • Physician Administered Drugs - Completed. Tom and Dang to go over quarterly to look at trends.	Physician Administered Drugs -- To do: -- Went over data but it needs to be more granular to help Dang. Tom to update and go over with Dang before the next meeting. --to Run and compare to last quarter -- Direct and IPAs minus VHP and Kaiser --CMC
Behavioral Health Treatment	Underutilization of users compared to VHP and KP, however FFS units/users is greater. Looking into members with over 30 hours of BHT treatment and collaborating with UM on internal updates. --Cost has gone up this last year. Looking to renegotiate contracts across the board since our rates are higher than Medicare. -Procedural Report/Provider Report	- Optimizing closed loop referrals for members with developmental delay to increase coordinator involvement and support to members/parents - Utilization of BHT services increased 40% as compared to previous years (2020 to 2021). - Possibly due to increase in telehealth, school closure due to COVID – Increased ~35% in services. - Discussion item – If increase related to increase telehealth, how to monitor utilization of telehealth and it's efficacy/appropriateness? Should telehealth be reimbursed at lower rate? Would this have to be updated in contract? – we have previously looked at members with 30 hours and more - To Do:

		- how is Kaiser identifying than the rest of the network since they have a large utilization compared to the other networks. - can we ask a sample of the pediatrician? - who is sending the most positive hits? - do we have anyone that is identifying BHT Members? Do we have a champion within the independent providers? - PNO involved to contract with additional BHT providers. Angela/Ngoc to schedule a meeting. - Angela to check with association for Autism if they have any templates or guides to identify autism.
Emergency Room	Continue LANE – Low Acuity Non-Emergent messaging to providers and members. Starting March 2021, Medical FFS ED LANE visit is back to 2019 level. Between April 2020 and Dec. 2020, ED LANE visit was half of 2019 level. Potential preventable percentage times ---	- Urgent care to redirect. – MD Live – To look at numbers. - MD Live numbers have gone up since May 2022 especially in VHP (~50% uptick). - VHP has started a process to go directly into MD Live over calling the Nurse line. - SCFHP to investigate MD Live contract to get the same solution.
Inpatient Hospital	Focus on readmission since contracting is unlikely to reduce cost/unit – TOC process below. --inpatient readmission to add.	- Transitions of care – currently reviewing all requirements set forth by DSNP, PHM, and NCQA to optimize TOC program. PHM workgroup discussion and cross-departmental collaboration for TOC/CCM to commence in November. - TCS – transitional care services. To change - Readmission Rates – Did not present – Will save for next meeting

Mental Health Outpatient – Other/Psy	Telehealth option available – Contract approved. Waiting to onboarding. Have received visits. (Array/Inpathy) – Ready on Feb. 1st. Run Data by: MH Diagnosis with visit and drug utilization. - Specific MH breakouts, Schizophrenia, Multiple Personality and many other. - Overall: when you get into specifics members seem to be getting medication or services.	- Tom presented updated utilization from Array(Telehealth) – not very many. Seem to have issue billing. - If nurse practitioner was billing then it would have to be under the psychiatrist. - Angela has the data and will work with Array to fix the issue. Mental Health - - Current analysis in process – preliminary observation is that current extensive BH contracted provider list is extensive, however, most providers are not accepting new patients at this time. Discussion item – increase telehealth BH providers. ConferMED (Telehealth) discussion in October 2022 and are interested in contracting with provider. -To Do – Angela to schedule meeting with PNO to discuss contracting with more MH providers and ConferMED

UM System Control Audit Report

Systems Controls Quality Monitoring Report

A. In accordance with Policy HS.14, Santa Clara Family Health Plan UM Management staff completed the required Quarterly Systems Quality Monitoring for the previous quarter (October 2022 to December 2022). In accordance with the NCQA, DHCS, DMHC and SCFHP policy, 30 denial letters and authorizations from the previous quarter were randomly selected to assess the integrity of member and provider notification letters.

The intent of the quality monitoring report was to assess the denial notices which included turnaround time for determination making, member notification and provider notifications. The denial letters were reviewed to ensure that the reasoning of the denial was clear and in the member's threshold language. In addition, the member's denial letters were reviewed to ensure that the required documents were attached: Independent medical Review (IMR) information or State Fair Hearing Rights; Interpretation Services availability; and the Non-discriminatory Notice. The provider notification letters were reviewed to ensure that the name and direct phone number of the appropriately license professional (Medical Director) were listed in the letters. These data points need to be valid and accurate within QNXT authorization system.

SCFHP leadership identified 4 denial letters that were non-compliant during this quarterly monitoring period:

1. One case was out of compliance as a decision was made past the case's due date. Upon review, the routine authorization was pended to a coordinator for additional information on the same day when case was due (12/5/2022). The coordinator made 3 attempts for additional information on the same, but forgot to pend this case to the MD for review after no notes received despite 3 attempted requests. SCFHP leadership was notified about this case. Ultimately, case was reviewed by the MD and member notification along with provider notification were completed the following day (12/6/2022). No data entry was modified.

2. An urgent Medi-Cal authorization showed that member was notified regarding denied decision outside the 72 hour turnaround time. No data entry was modified.

3. A Medi-Cal member notification letter that was initially sent on 12/27/2022 was not written in member's threshold language (Spanish). An updated member notification letter using the correct threshold language was sent three days after (12/30/2022). No data entry was modified.

4. The decision made for a Medi-Cal concurrent authorization was completed outside of the turnaround time due to a delay in entering the information into the system. Upon review of this case, it was identified that SCFHP received the member's facesheet on 12/12/2022. The information was entered into the QNXT system on 12/14/2022 and pended to Medical Director for review. The determination for this case was made on the same day and provider

notification along with member notification were sent out on the same day (12/14/2022). No data entry was modified.

From the QA of letters and validation of system data entry, there were no entry that required modification from UM management.

B. The plan routinely submits audit logs and case samples to auditors on an annual basis. During submission of these logs and case sample preparation, there is opportunity to review accuracy and compliance to policies and procedures for data entry and appropriateness of reopening.

In preparing DMHC Audit case in August 2022 for samples of 155, there were 2 authorizations that did not include a flag for the type of denial. Authorization #A0158982 and #A0123120 did not have the appropriate system denial reason, but the authorizations had the correct determination and other data entry points. Upon identification, the missing Other Health Insurance (OHI) flags were added. Training to be provided for the appropriate team members.

SCFHP Leadership will continue to provide further training and education to the UM staff on turnaround times for decisions, provider notification and member notifications. In addition, ongoing quality monitoring will be conducted to identify gaps in order to improve our workflows to prevent future non-compliance.

Dashboard Metrics

Turn-Around Time – Q4 - 2022

CONCURRENT ORGANIZATION DETERMINATIONS	Oct	Nov	Dec	Q4 2022
# of Concurrent Requests Received	172	75	48	295
# of Concurrent Review of Authorization Requests (part C) completed within five (5) working of request	170	74	48	292
% of Concurrent Review of Authorization Requests (part C) completed within five (5) working of request	98.8%	98.7%	100.0%	99.0%
PRE-SERVICE ORGANIZATION DETERMINATIONS				
Standard Part C				
# of Standard Pre-Service Prior Authorization Requests Received	751	672	573	1,996
# of Standard Pre-Service Prior Authorization Requests (part C) completed within fourteen (14) calendar days	751	667	567	1,985
% of Standard Pre-Service Prior Authorization Requests (part C) completed within fourteen (14) calendar days	100.0%	99.3%	99.0%	99.4%
Expedited Part C				
# of Expedited Pre-Service Prior Authorization Requests Received	300	280	303	883
# of Expedited Pre-Service Prior Authorization Requests (part C) completed within sevety-two (72) hours	295	279	301	875
% of Expedited Pre-Service Prior Authorization Requests (part C) completed within seventy-two (72) hours	98.3%	99.6%	99.3%	99.1%
POST SERVICE ORGANIZATION DETERMINATIONS				
# of Retrospective Requests Received	78	73	86	237
# of Retrospective Requests (part C) completed within thirty (30) calendar days	76	73	85	234
% of Retrospective Requests (part C) completed within thirty (30) calendar days	97.4%	100.0%	98.8%	98.7%
PART B DRUGS ORGANIZATION DETERMINATIONS				
# of Standard Prior Authorization Requests (part B drugs) Requests Received	12	17	16	45
# of Standard Prior Authorization Requests (part B drugs) completed within sevety-two (72) hours of request	12	17	13	42
% of Standard Prior Authorization Requests (part B drugs) completed within seventy-two (72) hours of request	100.0%	100.0%	81.3%	93.3%
# of Expedited Prior Authorization (part B drugs) Requests Received	8	14	12	34
# of Expedited Prior Authorization requests (part B drugs) completed within twenty-four (24) hours of request	8	14	12	34
% of Expedited Prior Authorization requests (part B drugs) completed within twenty-four (24) hours of request	100.0%	100.0%	100.0%	100.0%

MEDICAL AUTHORIZATIONS - HS COMBINED	Oct	Nov	Dec	Q4 2022
Concurrent Review				
Total # of Concurrent Requests Resolved	189	86	70	345
# of Concurrent Review of Authorization Requests completed within five (5) working days of request	186	86	70	342
% of Concurrent Review of Authorization Requests completed within five (5) working days of request	98.4%	100.0%	100.0%	99.1%
Routine Authorizations				
Total # of Routine Prior Authorization Requests Resolved	1,088	999	979	3,066
# of Routine Prior Authorization Requests completed within five (5) working days of request	1,081	995	972	3,048
% of Routine Prior Authorization Requests completed within five (5) working days of request	99.4%	99.6%	99.3%	99.4%
Expedited Authorizations				
Total # of Expedited Prior Authorization Requests Resolved	170	198	197	565
# of Expedited Prior Authorization Requests completed within seventy-two (72) hours of request	170	198	197	565
% of Expedited Prior Authorization Requests completed within seventy-two (72) hours of request	100.0%	100.0%	100.0%	100.0%
Retrospective Review				
Total # of Retrospective Requests Resolved	321	342	302	965
# of Retrospective Requests completed within thirty (30) calendar days of request	321	342	302	965
% of Retrospective Requests completed within thirty (30) calendar days of request	100.0%	100.0%	100.0%	100.0%
Member Notification of UM Decision				
Total # of UM decisions	1,588	1,542	1,486	4,616
# Member Notification of UM decision in writing within two (2) working days of the decision.	1,577	1,532	1,475	4,584
% Member Notification of UM decision in writing within two (2) working days of the decision.	99.3%	99.4%	99.3%	99.3%
Provider Notification of UM Decision				
# Provider Notification of UM decision by telephone, facsimile or electronic mail and then in writing within twenty-four (24) hours of making the decision	1,567	1,515	1,460	4,542
% Provider Notification of UM decision by telephone, facsimile or electronic mail and then in writing within twenty-four (24) hours of making the decision	98.7%	98.2%	98.3%	98.4%

Cal MediConnect and Medi-Cal Quarterly Referral Tracking

Q4 - 2022

CMC Referral Tracking Report

LOBRollupN..	Template	Disposition	Total # of Auths	# Auth Services Rendered within 90 days	# Auth Services Rendered After 90 days	# Auth Services Not Rendered	% Auths w/ No Services Rendered
Cal MediConnect	CBAS	Routine - Initial Request	1	1	0	0	0.0%
	CONT OF CARE	CMC Part B Drugs – Routine	1	1	0	0	0.0%
		Non Contracted Provider - Ro..	1	1	0	0	0.0%
	CONT OF CARE GR	Routine - Initial Request	1	0	0	1	100.0%
	CUSTODIAL	Routine - Initial Request	33	28	0	5	15.2%
	DME	Member Initiated Org Determi..	2	0	0	2	100.0%
		Member Initiated Org Determi..	4	0	0	4	100.0%
		Member Rep Initiated Org Det..	1	1	0	0	0.0%
		Non Contracted Provider - Ro..	13	9	0	4	30.8%
		Non Contracted Provider - Urg..	1	0	0	1	100.0%
		Routine - Extended Service	2	1	0	1	50.0%
		Routine - Initial Request	194	85	0	109	56.2%
		Urgent - Initial Request	6	4	0	2	33.3%
	HomeHealth	Member Initiated Org Determi..	2	0	0	2	100.0%
		Modified original request – Se..	2	2	0	0	0.0%
		Non Contracted Provider - Urg..	2	0	0	2	100.0%
		Routine - Extended Service	16	6	0	10	62.5%
		Routine - Initial Request	37	14	0	23	62.2%
		Urgent - Extended Service	115	45	0	70	60.9%
		Urgent - Initial Request	239	82	0	157	65.7%
	HOSPICE	Non Contracted Provider - Ret..	1	0	0	1	100.0%
		Non Contracted Provider - Urg..	1	1	0	0	0.0%
	Inpatient	Non Contracted Provider - Ro..	1	1	0	0	0.0%
		Routine - Initial Request	8	5	0	3	37.5%
	InpatientPsych	Routine - Initial Request	2	0	0	2	100.0%
	Inpt Elective	Routine - Initial Request	19	4	0	15	78.9%
		Urgent - Initial Request	18	11	0	7	38.9%
	OP-Behavorial	Routine - Extended Service	1	0	0	1	100.0%
	OPHospital	Care Coordinator Initiated Org..	1	0	0	1	100.0%
		CMC Part B Drugs – Routine	23	4	0	19	82.6%
		CMC Part B Drugs – Urgent	18	2	0	16	88.9%
		Member Initiated Org Determi..	8	1	0	7	87.5%
		Member Initiated Org Determi..	8	2	0	6	75.0%
		Member Rep Initiated Org Det..	2	0	0	2	100.0%
		Modified original request – Se..	2	1	0	1	50.0%
		Non Contracted Provider - Ro..	18	1	0	17	94.4%
		Non Contracted Provider - Urg..	34	9	0	25	73.5%
		Non-contracted CMC Part B D..	1	1	0	0	0.0%
		Non-contracted CMC Part B D..	2	0	0	2	100.0%
		Routine - Extended Service	7	0	0	7	100.0%
		Routine - Initial Request	500	115	0	385	77.0%
		Urgent - Initial Request	249	117	0	132	53.0%
	OPHospitalGr	CMC Part B Drugs – Routine	19	7	0	12	63.2%
		CMC Part B Drugs – Urgent	12	6	0	6	50.0%
		Member Initiated Org Determi..	12	5	0	7	58.3%
		Member Initiated Org Determi..	3	3	0	0	0.0%
		Member Rep Initiated Org Det..	1	0	0	1	100.0%
		Member Rep Initiated Org Det..	3	3	0	0	0.0%
		Modified original request – Se..	1	0	0	1	100.0%
		Non Contracted Provider - Ro..	32	8	0	24	75.0%

Referral Tracking Report

LOBRollupN..	Template	Disposition	Total # of Auths	# Auth Services Rendered within 90 days	# Auth Services Rendered After 90 days	# Auth Services Not Rendered	% Auths w/ No Services Rendered
Cal MediConnect	OPHospitalGr	Non Contracted Provider - Urg..	3	1	0	2	66.7%
		Routine - Extended Service	31	10	0	21	67.7%
		Routine - Initial Request	360	106	0	254	70.6%
		Urgent - Extended Service	4	1	0	3	75.0%
		Urgent - Initial Request	95	51	0	44	46.3%
	SkilledNursing	Routine - Initial Request	29	27	0	2	6.9%
		Urgent - Initial Request	57	53	0	4	7.0%
	Transportation	Member Initiated Org Determi..	5	0	0	5	100.0%
		Member Initiated Org Determi..	1	0	0	1	100.0%
		Member Rep Initiated Org Det..	2	0	0	2	100.0%
		Member Rep Initiated Org Det..	1	0	0	1	100.0%
		Routine - Initial Request	69	9	0	60	87.0%
Grand Total			**2,337**	**845**	**0**	**1,492**	**63.8%**

Medi-Cal Referral Tracking Report

LOBRollupN..	Template	Disposition	Total # of Auths	# Auth Services Rendered within 90 days	# Auth Services Rendered After 90 days	# Auth Services Not Rendered	% Auths w/ No Services Rendered
Medi-Cal	CBAS	Routine - Extended Service	1	1	0	0	0.0%
		Routine - Initial Request	31	27	0	4	12.9%
	CONT OF CARE	Non Contracted Provider - Ro..	1	0	0	1	100.0%
		Non Contracted Provider - Urg..	2	1	0	1	50.0%
		Routine - Initial Request	1	1	0	0	0.0%
	CONT OF CARE GR	Non Contracted Provider - Ro..	1	1	0	0	0.0%
		Non Contracted Provider - Urg..	1	0	0	1	100.0%
		Routine - Initial Request	3	0	0	3	100.0%
	CUSTODIAL	Routine - Initial Request	242	146	0	96	39.7%
	Dental	Non Contracted Provider - Urg..	1	0	0	1	100.0%
		Routine - Initial Request	58	32	0	26	44.8%
		Urgent - Initial Request	7	2	0	5	71.4%
	DME	Non Contracted Provider - Ro..	12	6	0	6	50.0%
		Non Contracted Provider - Urg..	4	1	0	3	75.0%
		Routine - Extended Service	1	1	0	0	0.0%
		Routine - Initial Request	251	118	0	133	53.0%
		Urgent - Initial Request	16	12	0	4	25.0%
	HomeHealth	Non Contracted Provider - Urg..	2	1	0	1	50.0%
		Routine - Extended Service	12	0	0	12	100.0%
		Routine - Initial Request	16	3	0	13	81.3%
		Urgent - Extended Service	6	2	0	4	66.7%
		Urgent - Initial Request	25	6	0	19	76.0%
	HOSPICE	Non Contracted Provider - Ret..	7	0	0	7	100.0%
		Non Contracted Provider - Ro..	4	1	0	3	75.0%
		Non Contracted Provider - Urg..	8	1	0	7	87.5%
	Inpatient	Non Contracted Provider - Ro..	3	1	0	2	66.7%
		Routine - Initial Request	25	7	0	18	72.0%
		Urgent - Initial Request	1	1	0	0	0.0%
	InpatientAdmin	Routine - Initial Request	1	1	0	0	0.0%
	InpatientPsych	Non Contracted Provider - Ro..	1	0	0	1	100.0%
	Inpt Elective	Routine - Initial Request	28	8	0	20	71.4%
		Urgent - Initial Request	14	4	0	10	71.4%
	OP-BehavioralGr	Non Contracted Provider - Ro..	12	10	0	2	16.7%
		Routine - Extended Service	54	30	0	24	44.4%
		Routine - Initial Request	25	10	0	15	60.0%
		Urgent - Extended Service	1	0	0	1	100.0%
	OP-Behavorial	Non Contracted Provider - Ro..	15	2	0	13	86.7%
		Non Contracted Provider - Urg..	2	2	0	0	0.0%
		Routine - Initial Request	30	2	0	28	93.3%
		Urgent - Initial Request	1	0	0	1	100.0%
	OPHospital	Non Contracted Provider - Ret..	8	0	0	8	100.0%
		Non Contracted Provider - Ro..	63	3	0	60	95.2%
		Non Contracted Provider - Urg..	28	6	0	22	78.6%
		Routine - Extended Service	25	7	0	18	72.0%
		Routine - Initial Request	487	160	0	327	67.1%
		Urgent - Extended Service	4	1	0	3	75.0%
		Urgent - Initial Request	245	118	0	127	51.8%
	OPHospitalGr	Non Contracted Provider - Ro..	20	10	0	10	50.0%
		Non Contracted Provider - Urg..	7	1	0	6	85.7%

Referral Tracking Report

LOBRollupN..	Template	Disposition	Total # of Auths	# Auth Services Rendered within 90 days	# Auth Services Rendered After 90 days	# Auth Services Not Rendered	% Auths w/ No Services Rendered
Medi-Cal	OPHospitalGr	Routine - Extended Service	47	19	0	28	59.6%
		Routine - Initial Request	378	100	0	278	73.5%
		Urgent - Extended Service	2	1	0	1	50.0%
		Urgent - Initial Request	123	56	0	67	54.5%
	SkilledNursing	Concurrent Review	1	1	0	0	0.0%
		Routine - Initial Request	15	14	0	1	6.7%
		Urgent - Initial Request	39	35	0	4	10.3%
	Transportation	Non Contracted Provider - Ro..	1	0	0	1	100.0%
		Routine - Extended Service	1	1	0	0	0.0%
		Routine - Initial Request	445	182	0	263	59.1%
Grand Total			**2,865**	**1,156**	**0**	**1,709**	**59.7%**

Quality Monitoring of Plan Authorizations and Denial Letters

Q4 - 2022

Quality Monitoring of Denial Letters for HS.04.01
4th Quarter 2022

I. **Purpose of the Quality Assurance (QA)**

In order to present the results to Utilization Management Committee (UMC), Santa Clara Family Health Plan (SCFHP) completed the quarterly review for timely, consistent, accurate and understandable notification to members and providers regarding adverse determinations.

II. **Procedure**

Santa Clara Family Health Plan reviewed in accordance to this procedure, 30 authorizations for the 1st quarter of 2023 in order to assess for the following elements.

A. Quality Monitoring
   1. The UM Manager and Medical Director are responsible for facilitating a random review of denial letters to assess the integrity of member and provider notification.
      a. At least 30 denial letters per quarter
      b. Is overseen by the Utilization Management Committee on a quarterly basis
      c. Assessment of denial notices includes the following:
         - Turn-around time for decision making
         - Turn-around time for member notification
         - Turn-around time for provider notification
         - Assessment of the reason for the denial, in clear and concise language
         - Includes criteria or Evidence of Benefit (EOB) applied to make the denial decision and instructions on how to request a copy of this from UM department.
         - Type of denial: medical or administrative
         - Addresses the clinical reasons for the denial
         - Specific to the Cal Medi-Connect membership, the denial notification includes what conditions would need to exist to have the request be approved.
         - Appeal and Grievance rights
         - Member's letter is written in member's preferred language within plan's language threshold.
         - Member's letter includes Independent Medical Review (IMR) information or State Fair Hearing rights.
         - Member's letter includes interpretation services availability
         - Member's letter includes nondiscriminatory notice.
         - Provider notification includes the name and direct phone number of the appropriately licensed professional making the denial decision

III. **Findings**

    A. For Q4 2022, the dates of service and denials were pulled in January 2023.
        1. 30 unique authorizations were pulled with a random sampling.
            a. 70% or 21/30 Medi-Cal LOB and 30% or 9/30 CMC LOB
            b. 100% or 30/30 were denials
            c. 23% or 7/30 were expedited requests
- 86% or 6/7 of the expedited authorizations are compliant with regulatory turnaround time of 72 calendar hours

            d. 77% or 23/30 were standard requests
- 87% or 20/23 of standard authorization are compliant with regulatory turnaround time (5 business days for Medi-Cal LOB and 14 calendar days for CMC LOB / or 30 calendar days for retro)

            e. 24% or 7/30 were medical denials
            f. 13% or 4/30 not a covered benefit
            g. 37% or 11/30 other health insurance primary
            h. 13% or 4/30 not medically necessary: services available in network
            i. 13% or 4/30 were administrative denials
            j. 100% were denied by a Medical Director
            k. 100% or 30/30 of all requests were provided written notifications to both member and provider
            l. 86% or 6/7 of the expedited authorizations were provided oral notifications to member. One urgent Medi-Cal authorization showed that member was notified regarding denied decision outside the 72 hour turnaround time.
            m. 97% or 29/30 of the member letters are in the member's preferred language. One authorization showed an updated member notification letter using the correct threshold language was sent three days after.
            n. 100% or 30/30 of the written notifications were readable
            o. 100% or 30/30 of the written notifications included the rationale for denial
            p. 100% or 30/30 of the letters included the criteria or EOC that the decision was based upon.
            q. 100% or 30/30 of the letters included interpreter rights and instructions on how to contact the Medical Director.

IV. **Follow-Up**
The Utilization Management leadership team and Medical Director reviewed the findings of this audit and recommendations from that finding presented to UMC are as follows:

    1. Quality and productivity will continue to be monitored on a regular basis including these quarterly audits. Findings were reviewed by the Medical Director.
    2. Issues will be addressed with the appropriate staff member.

Delegation Oversight Dashboard

UM DELEGATION OVERSIGHT UPDATES FOR UMC

2022	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
UM Delegation Oversight												
VHP	90%	90%	100%	100%	100%	100%	90%	In Review	In Review	TBD	TBD	TBD
PMG	100%	100%	70%	70%	80%	100%	90%	80%	90%	Files Requested	Files Requested	TBD
PCNC	50%	100%	70%	TBD	80%	70%	70%	In Review	In Review	TBD	TBD	TBD
NEMS	90%	50%	70%	100%	100%	90%	100%	90%	100%	Files Requested	Files Requested	TBD

2022
Delegation Oversight - Summary/Updates

VHP	Response file for the 1 outstanding issue is in review. Review of samples documentation for August and September is in process.
PMG	Delegate has 2 outstanding issues: 1.Notification to member outside of TAT for urgent auths on two samples 2. Incorrect guideline cited in denial letter for one sample Samples documentation for October and November are due 01/20/2023.
PCNC	Response file for the 4 outstanding issues is in review. Review of samples documentation for August and September is in process.
NEMS	Delegate currently has 2 outstanding issues: 1. Documentation proivded for one sample is missing the time of when member was notified of decision. 2. Outdated NDN and "your rights" attachment utilized on denials Samples documentation for October and November are due 01/20/2023.

Annual Physician Peer-to-Peer (HS.02.02) - 2022

Peer-to-Peer: Annual Review Calendar Year 2022
Year to Date January 1 to December 31, 2022

In accordance with Procedure HS.02.02, the provider dispute process also includes a Peer-to-Peer (P2P) request for any denials. It is the goal of SCFHP clinical team to ensure calls are returned to our community providers.

The data on P2P scheduled calls was reviewed for CY 2022:

Many initial requests were made, however, a subset of calls were either: 1. called for approved auths (no P2P needed), 2. SCFHP staff were unable to reach or schedule the P2P after three call attempts, 3. withdrew the request after call back, 4. offices were calling for delegated denials, or 5. the appropriate practitioner was not making the request. As such, the total P2P requests scheduled were: 69 in 2022 CY which is compared to 73 in 2021 CY.

The findings are as follows:

69 Peer to Peer scheduled requests.
1. 97% (67/69) calls were completed with the SCFHP Medical Director or Pharmacist and the community practitioner.
2. 98% (66/67 cases) had documentation of the call in our QNXT system.
3. In terms of upheld or overturning of auth after P2P:
   - 43/67 (64%) requests were overturned or partially overturned after the P2P.
   - 23/67 (34%) requests were upheld.
   - 1/67 cases had no notes in QNXT but an email was found re: call attempt (unsuccessful and HIPAA compliant message was left for the provider). Case detail: "redirection to Denti-Cal".

SCFHP recommendation to UMC:

1. The current findings show that 97% of calls were returned, and 98% of the P2Ps had documentation in the QNXT system.

2. Given excellent compliance, SCFHP staff will use a sampling methodology consistent with the National Committee for Quality Assurance (NCQA) 8/30 methodology to assess these results of P2P in subsequent years.

Behavioral Health UM

# ADHD Medi-Cal Behavioral Health Metrics

Source: HEDIS data for 2021 and YTD 2022 measurement period (Run Date: 12/17/2022)

Measure	NCQA Medicaid 50th Percentile	2021 Rate	2021 SCFHP Percentile Rank	2022 Rate	2022 SCFHP Percentile Rank
Follow-Up Care for Children Prescribed ADHD Medication					
Initiation Phase	44.91%	39.94%	25th	49.28%	75th
Continuation & Maintenance Phase	55.96%	47.22%	25th	59.38%	75th
Antidepressant Medication Management					
Acute Phase Treatment	56.66%	70.44%	90th	70.07%	75th
Continuation Phase Treatment	40.28%	54.26%	90th	55.39%	75th
Cardiovascular Monitoring for People with Cardiovascular Disease & Schizophrenia	73.43%	75.00%	50th	66.67%	< 25th

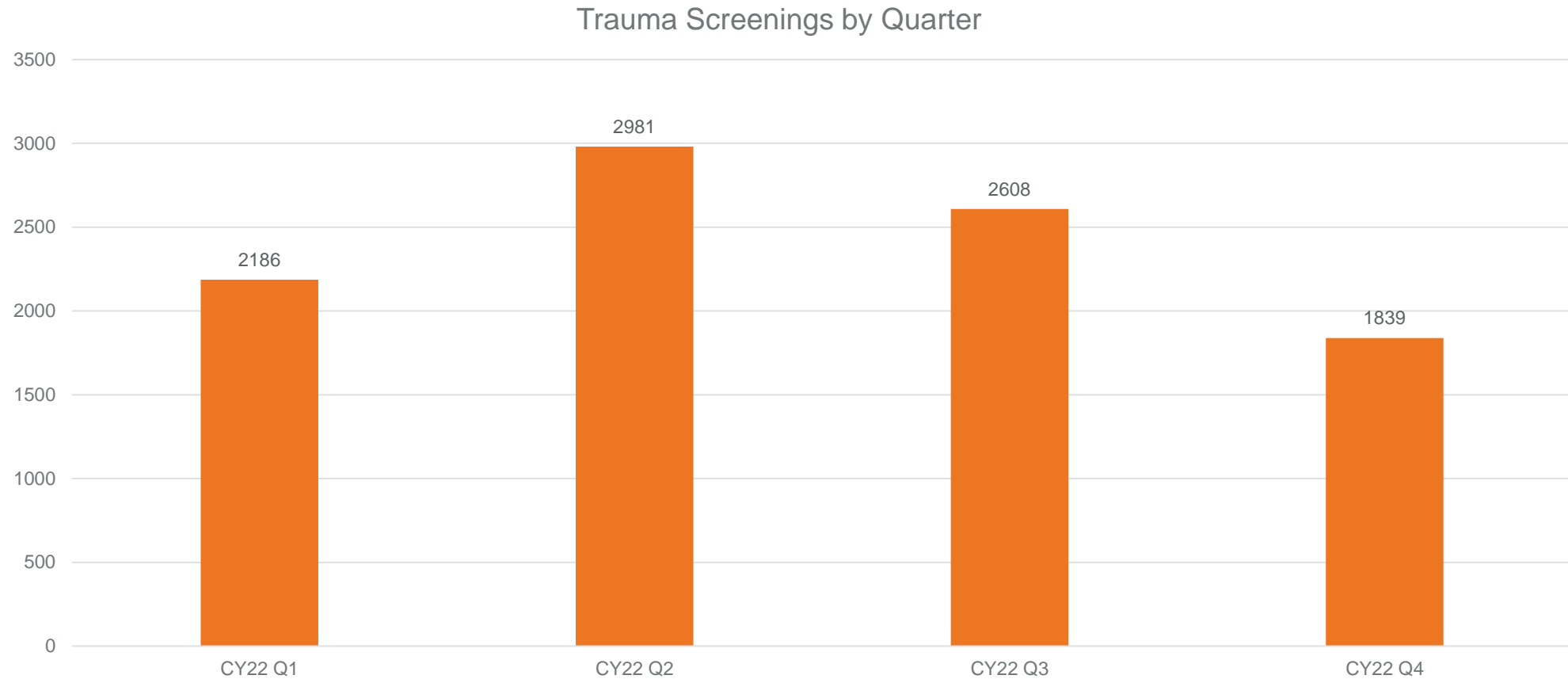Note: Data are less complete for more recent quarters due submission lag. Therefore comparison is limited.

Developmental Screenings By Quarter

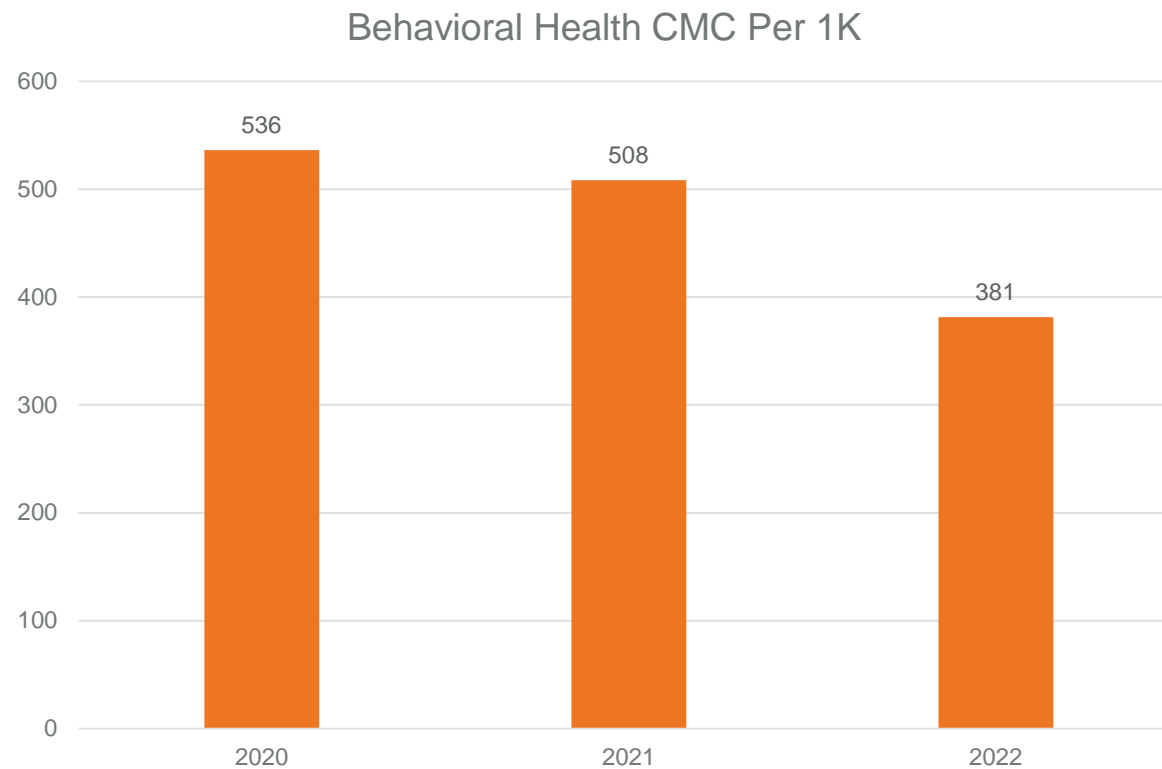## MCL Development Screening by Quarter
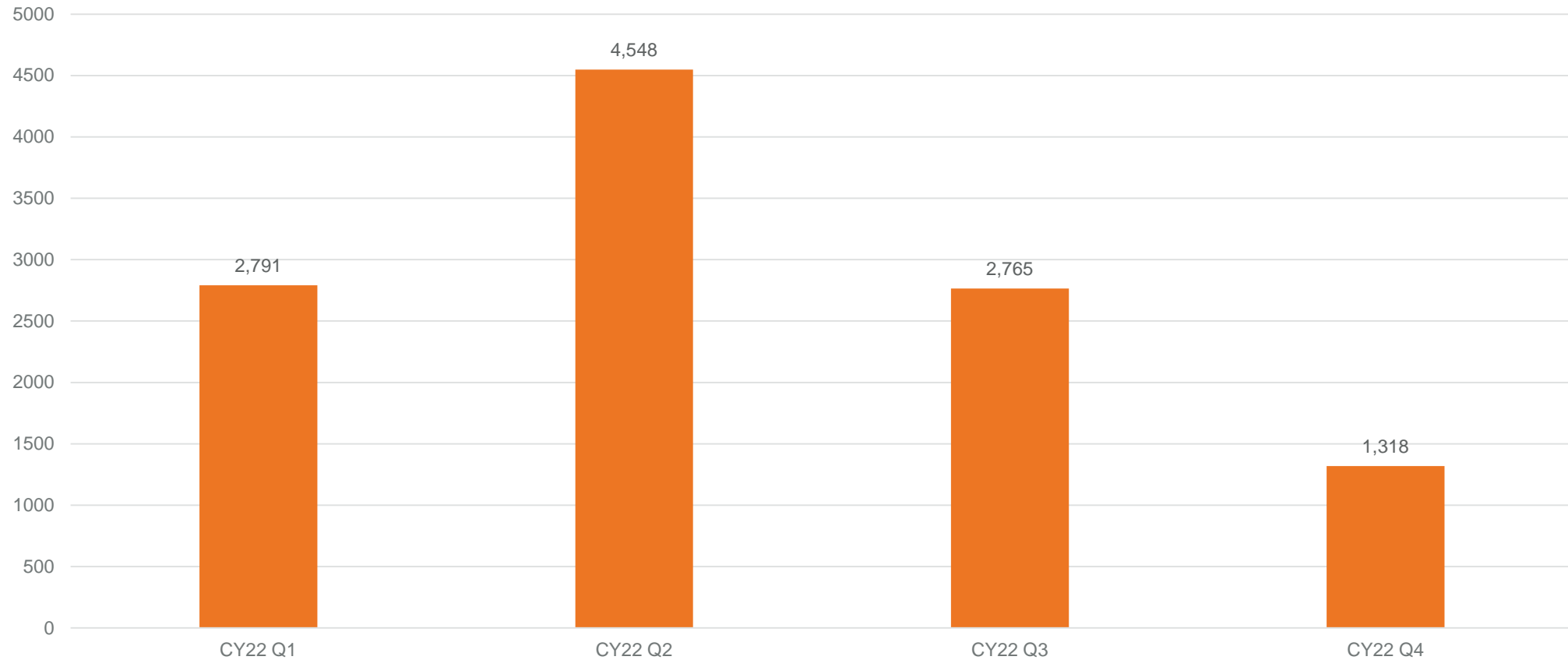
Run Date: 1/4/2023

Trauma Screenings By Quarter

Trauma Screenings by Quarter

Quarter	Screenings
CY22 Q1	2186
CY22 Q2	2981
CY22 Q3	2608
CY22 Q4	1839

Run Date: 1/4/2023

Behavioral Health

Utilization: Behavioral Health** **Cal MediConnect per 1,000**
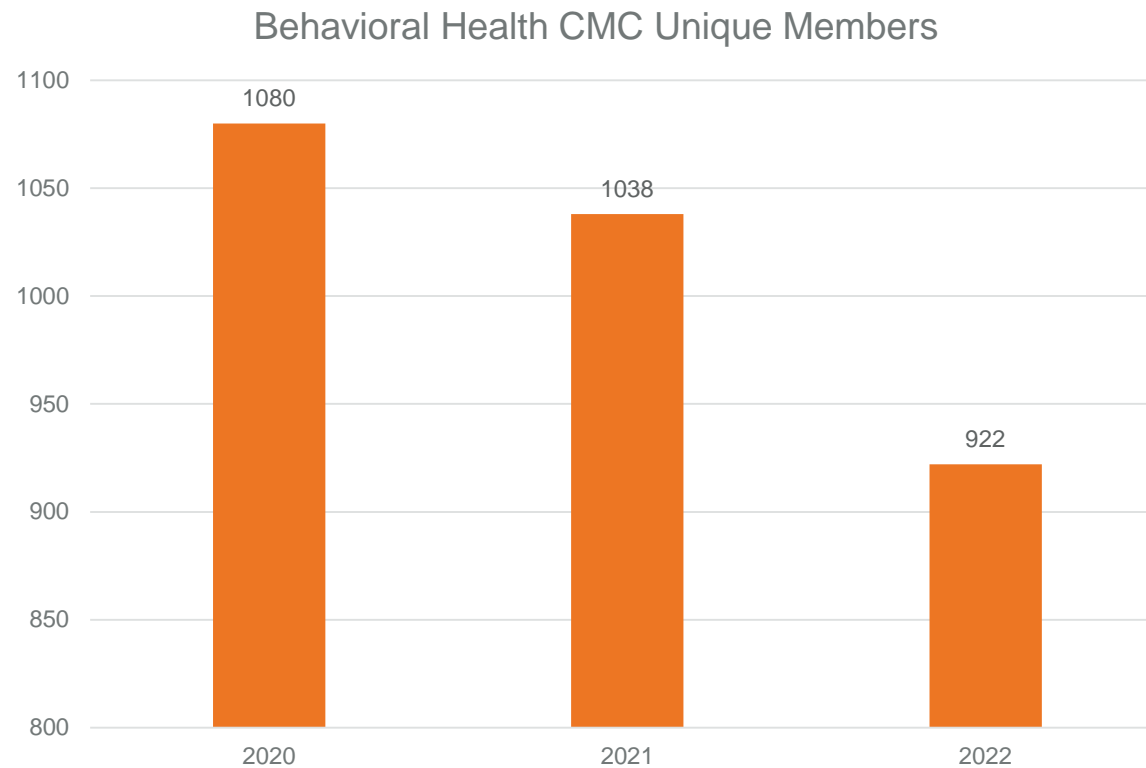
Behavioral Health CMC Per 1K

Run Date 1/4/23
** Utilization may include both specialty and mild to moderate
Category of Service: Visit, Unique member, Service NPI, Date of service

Behavioral Health

Utilization: **Cal MediConnect Unique Members**
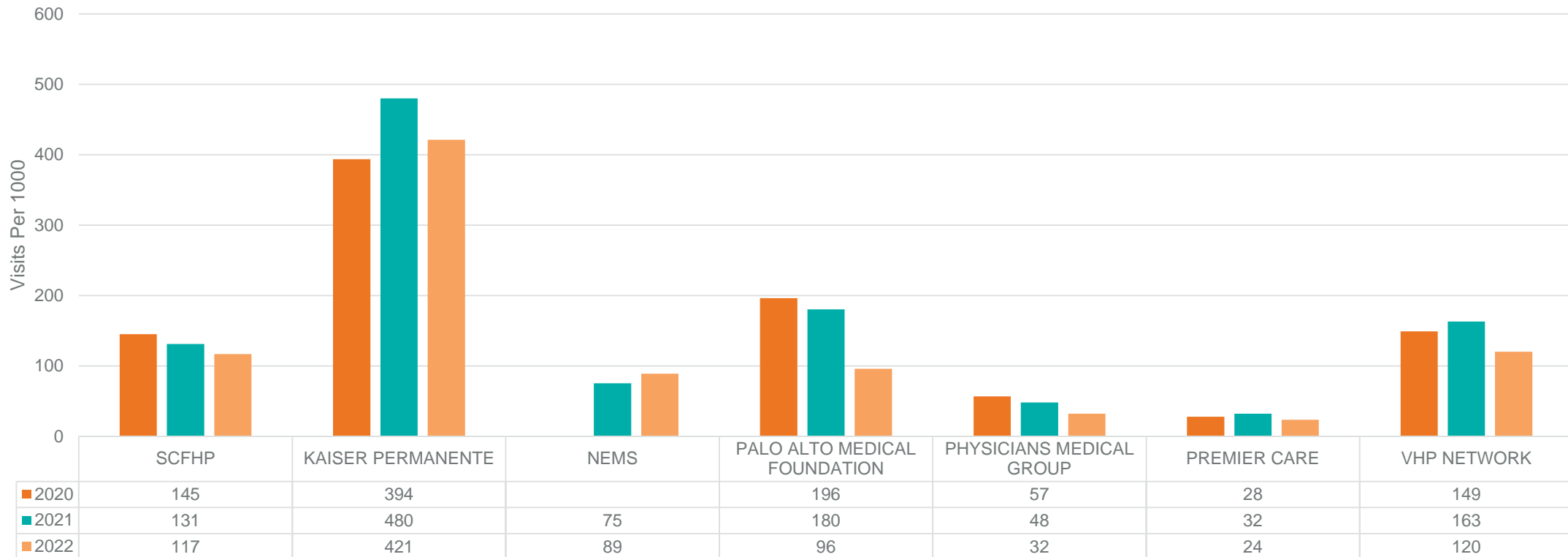
Behavioral Health CMC Unique Members

-Run Date 1/4/23
-Utilization may include both specialty and mild to moderate
-Category of Service: Visit, Unique member, Service NPI, Date of service

Behavioral Health

Medi-Cal Outpatient Mild to Moderate per 1,000

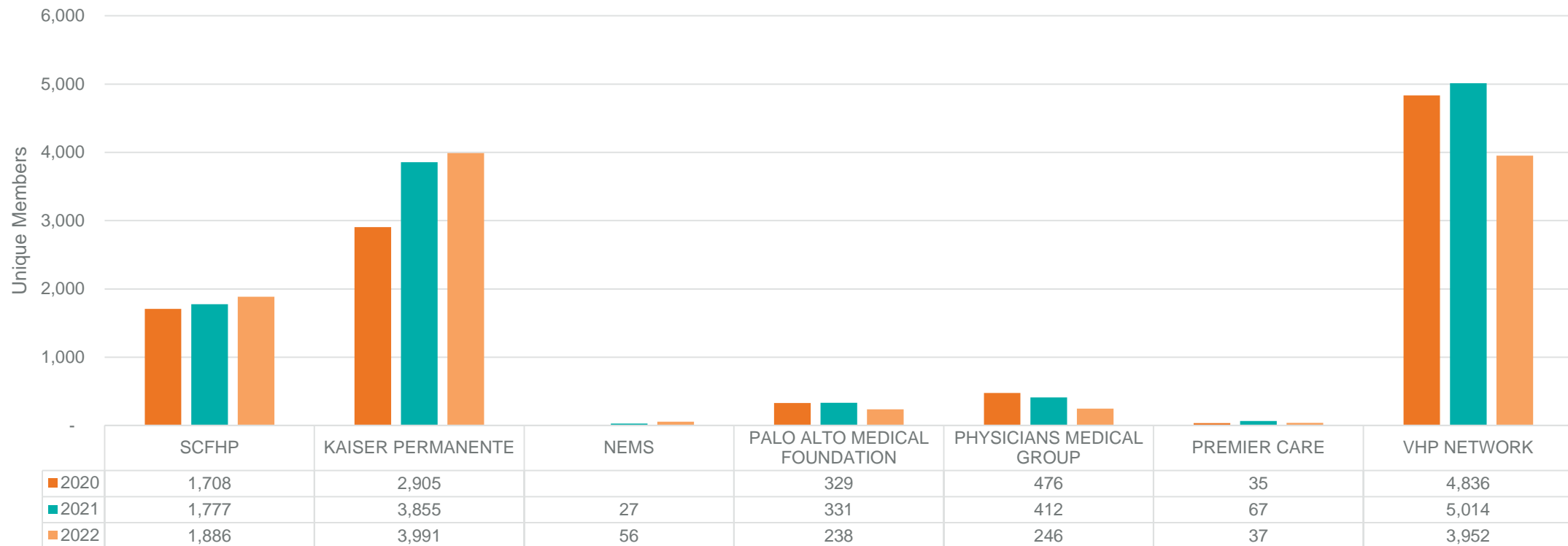|	SCFHP	KAISER PERMANENTE	NEMS	PALO ALTO MEDICAL FOUNDATION	PHYSICIANS MEDICAL GROUP	PREMIER CARE	VHP NETWORK
■ 2020	145	394		196	57	28	149
■ 2021	131	480	75	180	48	32	163
■ 2022	117	421	89	96	32	24	120

Run Date 1/4/23

-Category of Service: Visit, Unique member, Service NPI, Date of service

-Outpatient Mental Health = All ages

Behavioral Health

Medi-Cal Outpatient Mild to Moderate Unique Members

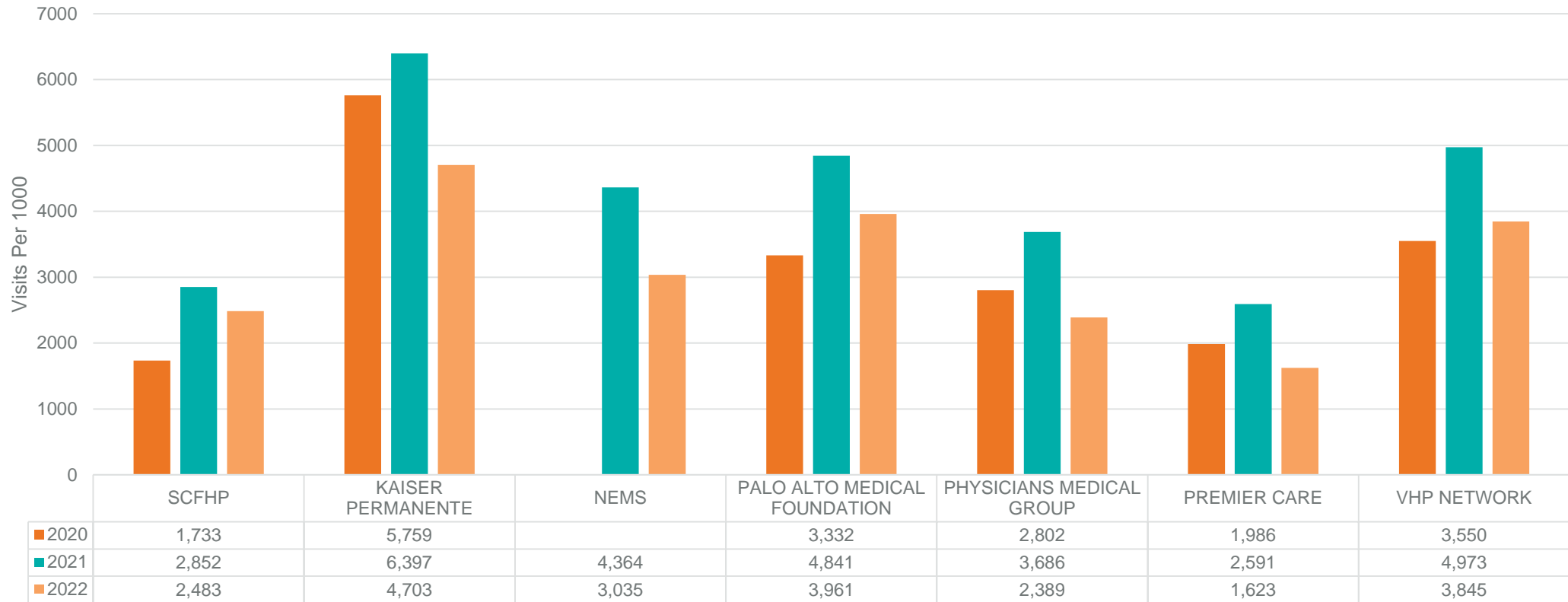|	SCFHP	KAISER PERMANENTE	NEMS	PALO ALTO MEDICAL FOUNDATION	PHYSICIANS MEDICAL GROUP	PREMIER CARE	VHP NETWORK
2020	1,708	2,905		329	476	35	4,836
2021	1,777	3,855	27	331	412	67	5,014
2022	1,886	3,991	56	238	246	37	3,952

Run Date 1/4/23

-Category of Service: Visit, Unique member, Service NPI, Date of service

-Outpatient Mental Health = All ages

Behavioral Health Treatment
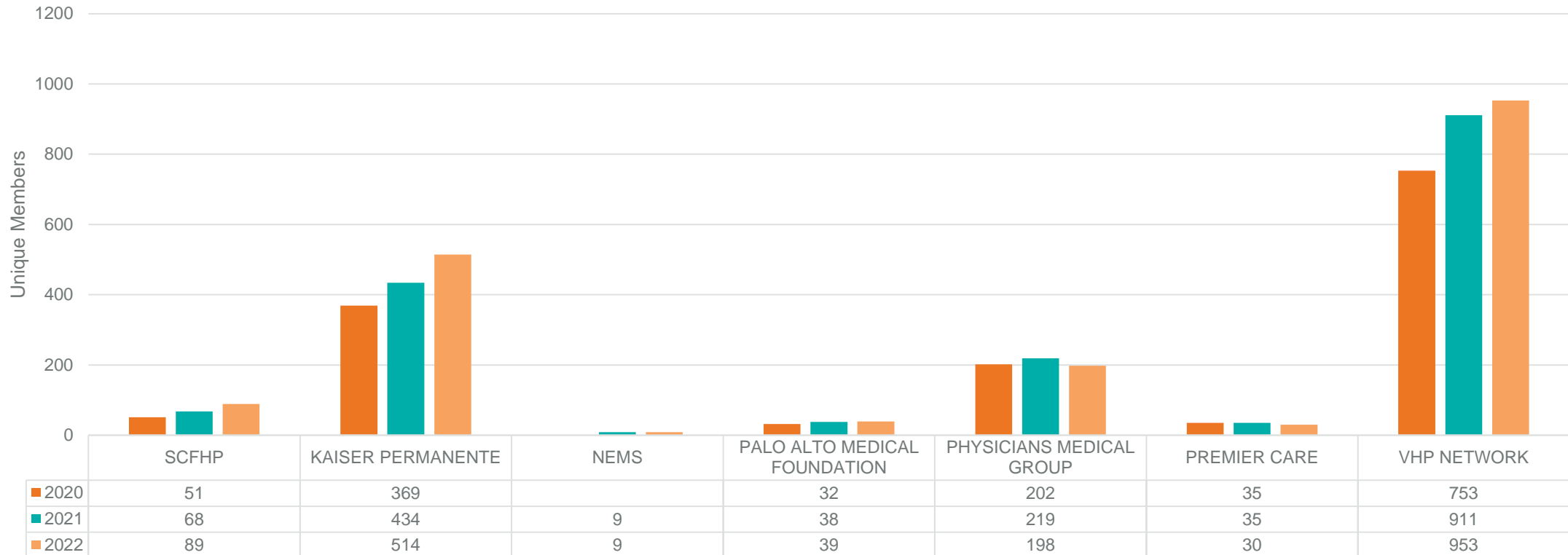
Medi-Cal BHT per 1,000

	SCFHP	KAISER PERMANENTE	NEMS	PALO ALTO MEDICAL FOUNDATION	PHYSICIANS MEDICAL GROUP	PREMIER CARE	VHP NETWORK
2020	1,733	5,759		3,332	2,802	1,986	3,550
2021	2,852	6,397	4,364	4,841	3,686	2,591	4,973
2022	2,483	4,703	3,035	3,961	2,389	1,623	3,845

Run Date 1/4/23

BHT = hours

Member = <21 years

Adjournment

Next Meeting: April 19, 2023 at 6:00 p.m.