

# THE STROKE SHEET

Brought to you by the Primary Stroke Center at SoutheastHEALTH

## RISK FACTORS

While anyone can have a stroke at any age, certain risk factors may increase the chances:

- High blood pressure
- High cholesterol
- Tobacco use and smoking
- Diabetes
- Alcohol use
- Inactivity
- Obesity
- Circulation problems
- Atrial fibrillation
- Atherosclerosis
- Previous stroke
- Previous Transient Ischemic Attack (TIA)
- Patent Foramen Ovale (PFO)

## THE SYMPTOMS

### F.A.S.T.

#### Face

- Ask the person to smile.
- Does one side of the face droop?

#### Arms

- Ask the person to raise both arms.
- Does one arm drift downward?

#### Speech

- Ask the person to repeat a simple sentence.
- Are the words slurred?

#### Time

- If the person shows any of these symptoms, **TIME IS IMPORTANT.**

## WHAT TO DO

Inside the hospital:

**CALL THE RAPID  
RESPONSE TEAM  
278-8628**

Outside the hospital:

**CALL 911  
IMMEDIATELY**

 **Southeast** | Neuroscience

**READ** this sheet

**SHARE** it with family and friends

**KEEP** it close by for reference

[SEhealth.org/stroke](http://SEhealth.org/stroke)

The *Difference* is How You're Treated