

St. Claire Regional NEWSBRIEF

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A Fun-filled EVENING, IN SUPPORT OF A Great Cause

The St. Claire Foundation invites you to attend our 2017 Signature Event, “Tastes, Tunes & Tales” at the Morehead Conference Center on Friday, June 16.

Indulge in signature tastes of the Bluegrass. Start your evening with appetizers and cocktails, including Kentucky wines, beers and bourbon at the Southern Wine & Spirits’ tasting bar, then settle in for a fine dining experience that’s sure to please.

Enjoy the soothing sounds of jazz. Musical entertainment will be provided by The Morehead Jazz Collective, a trio of young musicians featuring Jared Clifton (trumpet), Robert Barnes (piano) and Mason Daugherty (bass).

Sit back and relax for tales and portrayals. Acclaimed raconteur and storyteller Laura Lee Duncan, along with sons Elijah and Jon Dooley, will team up with local historian and thespian J.D. Reeder, to bring to life characters from Kentucky’s colorful bourbon past.

This year’s event will also feature silent and live auctions, providing even more opportunities to support SCR! Items up for bid include collectible Maker’s Mark bottles, a private tour of New Riff Distilling, custom engraved barrel heads, a Michael Kors handbag and more.

Proceeds from the event will go directly toward enhancing the environment and experience for our oncology patients. Your charitable donation will enable SCR’s comprehensive, nationally-accredited oncology program to take even bigger strides toward delivering personalized care at every stage of cancer treatment and recovery, providing the best in cancer care, close to home.

To reserve your tickets, or for more information, visit www.st-claire.org/signature17.



ST. CLAIRE FOUNDATION
2017 SIGNATURE EVENT
tastes · tunes · tales
AMAZING FOOD. BOURBON TASTING.
LIVE ENTERTAINMENT. SILENT & LIVE AUCTIONS.
FRIDAY, JUNE 16 | 6 PM



**Lori Crouch, RN,
Clinic Coordinator,
Family Medicine - Owingsville**

SCR is pleased to announce that Lori Crouch, RN, has accepted the FM-Owingsville clinic coordinator position. Lori has been with SCR for many years, most recently as the triage nurse at FM-Owingsville.

Congratulations, Lori!

New Password Requirements for All SCR Staff

SCR is dedicated to ensuring the security and integrity of patient data. By using different character types and not using dictionary words, it makes it extremely difficult for hackers to crack your password. To help the security and integrity of SCR systems, please check your email and change your password according to the password criteria provided by IT.

As a "Thank You," all SCR staff who changed their passwords between May 1 and May 8 were entered into a drawing for an Apple iPad; the winner was Angel Jolley, pictured above, in Materials Management.



Congratulations, Kendra!

Submitted by: Mike Montes

Kendra Oo, SCR dietary intern, was recently awarded the 2017 Student of Distinction award for the University of Kentucky School of Human Environmental Sciences. Two of Kendra's projects included making gellatin flowers for patients on Valentine's Day and organizing an Asian-themed lunch for SCR staff.



Submitted by: Regina Thompson

Mrs. Jones' 1st grade class at Rodburn Elementary recently won a GoNoodle Blazer Fresh Party for being active GoNoodle PLUS users! These GoNoodle PLUS fans were ready to party as they already knew all the words and dances! SCR and Passport Health Plan are proud to sponsor GoNoodle PLUS so all children in our region can have FREE access to this online resource.

Currently, 6,519 students in our region are active with GoNoodle PLUS and they spent a combined 279,127 minutes engaged in physical activity at school during the month of April. All kids can get active either at school or at home by signing up for a FREE account at www.gonoodle.com!



Social Skill Builder SUMMER CAMP

CENTER FOR HEALTH, EDUCATION & RESEARCH

Does your child struggle with day-to-day interactions such as initiating conversation and reading social cues?

St. Claire Regional's **FREE** Social Skill Builder Camp can help!

SCR's licensed occupational therapists Amber O'Neal and Beth Reynolds will help your child with:

- Initiating and maintaining conversations, and turn taking
- Self-awareness and self-regulation
- Body language and nonverbal communication
- Safety awareness and physical boundaries
- Listening, paying attention and following directions
- Expressing wants, needs and emotions

June 19-22

2-3 year olds | 8:30-11:30 AM

4-5 year olds | 1-4 PM

Application deadline: June 2

July 10-13

6-7 year olds | 8:30-11:30 AM

8-10 year olds | 1-4 PM

Application deadline: June 23

SNACKS WILL BE PROVIDED IN EACH SESSION.

Learning social skills can be fun and will help your child function better at home, school and in the community. Each day will be a fun new theme like The Rainforest, Under the Sea, The Zoo and Dr. Seuss.

Apply online at: www.st-claire.org/skillbuilder

Limited space available. You will be notified as soon as possible if your child is accepted.

For more information, call 606.783.7780.



www.st-claire.org/skillbuilder

For more health and wellness info connect with us SCRmedical



St. Claire Regional



The following comments are from SCR patients who completed our Press Ganey patient satisfaction survey in April.



EMERGENCY DEPARTMENT

- We saw **Bill Crawford, RN**. He is the best that I have seen in years at SCR. Very nice and he acted like he cared.
- **Garrett Foss, RN**, is the sweetest, most kind person to have in the ER dept.
- **Pam Copher, RN**, you are the best!
- **Sandra Blevins, RN**, was my triage nurse and she did a very professional job. She was concerned about my pain.
- **Phillip Overall, MD**, was very professional and took time to listen and made me comfortable.
- The nurse that took care of me was **Sam Claxon, RN**. He was very good and seemed to care.
- **Phillip Overall, MD**, was very professional and attended to my pain.

HOME HEALTH

- **Shelby Warren, RN**, was an excellent nurse.
- The therapy helper that came, **Alicia Musser-Elliott, PTA**, was excellent, as was the nurse, **Missy Brooks, RN**.
- Called after hours with clogged catheter. **Erica Lewis, RN**, came and changed it. She was very professional and gentle, not rushed at all.
- **Cynthia Adams, RN**, is an excellent nurse, friendly, professional and compassionate.
- **Emily Elam, RN**, was very good and courteous.
- **Missy Brooks, RN**, was excellent. Always showed concern. Very helpful.
- **Megan Riggs, RN**, was my nurse. She's very helpful, has excellent people skills and did a great job in recovery.
- Excellent. I would highly recommend **Megan Riggs, RN**, private nurse, for family health needs. Great job.
- Excellent healthcare service, **Megan Riggs, RN**.
- **Denise Dunaway, RN**, is an excellent nurse and SCR should be thankful to have her working here.

- **Melinda McGlone, RN**, is the most wonderful nurse I have ever had - I give her a 10.

INPATIENT

- **Charlene Randall, RN**, ICU nurse, was the greatest. She went above and beyond to care for me. She deserves high recognition!
- **Jim Lynch, MD**, is awesome!
- My nurses, **Kara Holbrook, RN**, **Diane Beane, RN**, and **Sara Copher, RN**, on 4th floor are very knowledgeable, caring and an asset to the hospital.

MEDICAL PRACTICE

- **Rebecca Downs, LPN**, and **Don Hughes, APRN**, are the best!
- **Brad Baker, DO**, was great! He listened, really seemed concerned and was very personable. He is my new primary physician and I am very pleased.
- **Amanda Ramey, DO**, is an excellent doctor!
- **Amy Conley-Sallaz, MD**, is the best. She is always helpful and gets what is best for her patients.
- **Jessica Hatton, CMA**, - fantastic
- **Caryn Grim, PA-C**, was very understanding and explained what she was going to do to help me get to feeling better with my medicine she prescribed.
- **Molly Carew, APRN**, is a very kind and caring person. She makes you feel at ease and stresses the importance of the medications you are taking and eating healthy, without making you feel bad if you don't take your medication like you should or don't eat as healthy as you should!
- I feel very confident in **Anna Johnson, DO**. She is easy to talk with. I am thankful she is here in Morehead and I can have a primary physician that keeps track of records from all the providers I see.
- I did recommend **Anna Johnson, DO**, to two other people and they are very happy going to her.

2017 Hospital Week Winners

Submitted by: Wendy Jarrett



Gas BBQ Grill—Joseph Pierce, 3N

100 ft. Garden Hose—Shirley Greenhill, Pharmacy

6-Piece Patio Set—Ashlyn Dray, ED

3-Piece Serving Set—Lenora Crace, Patient Access

LED Work Light—Crystal Liming, Home Health

Fire Pit—Tiffany Kelsey, BHU

Bag Chairs—Mitchell Kiser, ED

Ice Cream Maker—Toni Hammons, Diagnostic Imaging

Beverage Dispenser—Leashia Duncan, Food Services

Insect Zapper—Chad Jaynes, Health Information

52 qt. Cooler—Ernest Watson, Central Transport

Wet/Dry Vacuum—Brittany Benton, 4th Floor

Car Wash Kit—Tami Sammons, Central Billing Office

10 Piece Cookware Set—Alexandria McClain, ICU

Folding Disc Slam—KaSandra Hensley, AHEC

20 oz. Tumbler—Brittany Jones, EVS

20 oz. Tumbler—Shanda Cushard, FM-Morehead

SCR Umbrella—Marvin Puckett, Facilities Mgmt.

\$25 Walmart Gift Cards—Lori Crouch, FM-Owingsville; Morgan King, Occupational Therapy; Kristina Thompson, TCU; Alice Ferguson, FM-Sandy Hook

Quiz Winners:

- Samantha Rice, Emergency Dept.**
- Barbara Adams, Central Billing Office**
- Christy Richmond, Patient Financial Services**
- Deborah Oakley, Home Health**





HAPPY BIRTHDAY June 2017



6/1 Gloria Rayburn Sabra G Stevens	Laboratory FM - Morehead	6/10 Diana L McIntosh Kayla J Kelley Kenneth A Musser Rebecca M Parker	Environmental Services Infusion Services Infusion Services Emergency Department	6/21 Barbara J Lunsford Rhonda A Hale	Central Billing Office Financial Services
6/2 Christina M Garcia	3rd Floor North	6/11 Aimee L Cover Jarad S Cline Ricky L Sparks Sarah L Williams	Home Health Information Services Environmental Services Infusion Services	6/22 Clifton S Lilley Shanna N Mynhier	Medical Group Admin FM - Morehead
6/3 Amy L Stacy Chad A Wallace Jason A Frye	Diagnostic Imaging Infusion Services Infusion Services	6/12 Brenda A Burrows Brian J Napier Wanda M Seagraves		6/23 Charlotte D Kiser Cheryl L Cox Teresa M Tackett Tina Fraley-Alexander	Food Services FM - Owingsville Float Department 3rd Floor North
6/4 Kristi D Hensley Rachel J Stanley Suzanne J Hanshaw	Respiratory Therapy Behavioral Health Unit FM - Olive Hill	6/13 Dorothy M Noble Janet S Stewart Tiffany M Fannin	PACU Informatics HIM	6/24 Lennie G Trimble	Information Services
6/5 Amanda D Day Amber M Wells Cynthia T Lyon Emily Clarke Harold M Anderson Misstie D Pennington Shelia J Moore	Respiratory Therapy Environmental Services Emergency Department Bio Med Pastoral Care Patient Financial Services Information Services	6/14 Jason E Knipp Karen K Butler Karen L Gambill Laura C Brandt	Rehab Unit Family Medicine Hospice	6/25 Jamie J Everman Michelle A Dillon Stacy L Goodman	Central Billing Office Home Health Family Medical Supply
6/6 Brittany L Engle Chelsie L Hudson Emily K Dickerson Gretta V Prewitt Lisa G Cassidy	Emergency Physicians 4th Floor Nursing TCU FM - Sandy Hook Central Scheduling	6/15 Joy D Harper Thomas C Hedge	Sleep Lab Environmental Services Home Health Laboratory	6/26 Ahmad A Isbitan Ashley D Donithan Lori L Henry Mary B Waugh Megan N Littleton Whitney D Staggs	MMS Clinical Services MMS Administration FM - Owingsville ICU FM - Morehead 3rd Floor Central
6/7 Emily F Jamison Katherine L Hamilton Ralph T Fossett Sarah A Hinton Tia E Wells	Laboratory FM Express Cave Run General Surgery Surgery 3rd Floor Central	6/16 Connie A Hall Kiersten N Thomas Virginia A Conn	Laboratory Materials Management	6/27 Terisa Montgomery Theresa L Garvin Tonya R Ramey	Home Health HIM Patient Financial Services
6/8 Charlene M Randall Crystal L Reeves Kendra M Fielding Sarah N Sparks Teresa E Gevedon	ICU Home Health Infusion Services 3rd Floor Central Emergency Department	6/17 Betty J Roark	Behavioral Health Unit ICU Central Scheduling	6/28 Katlyn D Thompson Laura M Plank Loyal F Lewis Rachel M Jones	Surgery Home Health Hospice Cave Run General Surgery
6/9 Amy L Evans Ashley N Gibson Erin M Smith Jennifer Cooper	Emergency Department Grants MMS Clinical Services Laboratory	6/18 Emily N Elam McKenna L Spence	Home Health Nursing Administration	6/29 Cassie R Roe Gregory J Hall Jessica L Becraft Lea D Arrowood Ruby E Webb	Laboratory Pharmacy Float Department HIM Laboratory
		6/19 Angela M Forman Charles E Crouse Lenora A Crace Lindsey R Conley Pamela J Snelling	Diagnostic Imaging Cave Run General Surgery Patient Access CT Scan Central Billing Office	6/30 Christopher N Conley Jordan A Logan Lauren A Robinson Melissa A Brooks Seigfred P Jalalon	Bio Med Diagnostic Imaging Pharmacy Home Health FM Express
		6/20 Dianna L Caldwell Kristen N Murphy Mark Rhodes	TCU House Staff Medical Group Admin		

Chronic Disease Self-Management Classes a Success

Submitted by: Kristi Bragg, BSW



SCR Community Care Social Worker Kristi Bragg, BSW, and Sr. Margaret Mouch led a series of chronic disease self-management classes to help members of the community take control of their lives by managing their chronic disease issues. Upcoming classes are projected to begin around August. More information to follow. Here is what a few attendees (pictured above) had to say about the classes:

"I am encouraged to keep going and not give up, and be healthy!" -Lorraine

"It has refreshed my memory on things I need to do more! I learned so much!" -Dell

"I feel more confident to take care of my chronic health condition since this class." -James

Smoking Cessation Graduate

Submitted by: Ashley Gibson



After participating in SCR's FREE Cooper-Clayton smoking cessation program, Becky Clise is now officially smoke-free! Becky, a billing specialist for St. Claire Regional Family Medical Supply, had smoked for nearly 30 years. She wanted to quit, but didn't think she could.

"I could not believe how easy the program was. I honestly expected to fail. Believe me, if I can do it, anyone can!"

Congratulations, Becky, and welcome to a healthier lifestyle!

To learn more about the Cooper-Clayton smoking cessation program, email Ashley.Gibson@st-claire.org or call 606.783.7561.

UPCOMING C.E. Programs

May 22 | Precision Medicine and Lung Cancer

6:30 - 7:30 PM
SCR Library-Education Room
Credit: ACPE, Category 1 AMA, Nursing
Register online at www.neahec.org/bariatric.

May 17 | Interdisciplinary Grand Rounds

Noon - 1:00 PM
SCR Library-Education Room
Credit: ACPE, Category 1 AMA
Register with KaSandra Hensley at kasandra.hensley@st-claire.org or ext. 6830.

Learning & Organizational Development Educational Offerings

Register through careLearning using the link below:
<http://scrvmportal:9000/>

May 24 | BLS Skills Check-Off

8:00 AM - Noon (30 min. sessions)
Café A

May 30 | PALS Renewal Course

Registration 8:00 AM | Class 8:30 AM - 4:30 PM
Café A/B
Credit: CNE, CME

May 31 | Nursing Skills Fair

CHER 102

“Proclaiming God’s goodness through a healing ministry to the people of Eastern Kentucky.”

The Mission of
St. Claire Regional

St. Claire Regional will be providing

FREE SPORTS PHYSICALS

For Rowan County Students (Grades 2 through 12)

Saturday, June 3, 2017

8:30 - 11:30 AM

(Sign-ups begin at 8 AM)

Rowan County Senior High School

Any student under the age of 18 **MUST** have a parent or guardian present at the time of physical.

For more information, call Rowan County Schools Director of District Health Services, Renee Smith, at 606.784.8928.



Forms are available on-site, or to print your own, visit www.rowan.k12.ky.us, click "Forms and Links."



**St. Claire Regional
Medical Center**

222 Medical Circle • Morehead, KY 40351



St. Claire Regional is a sponsored ministry of the **Sisters of Notre Dame** Covington Province

NATIONAL CANCER SURVIVORS DAY

Join us as we
celebrate
SURVIVORSHIP

St. Claire Regional invites all
CANCER SURVIVORS
to an **ICE CREAM SOCIAL**
on **Sunday, June 4**, from **2-4 PM**.

Center for Health, Education & Research - Room 102

For more information, call 606.783.6625.

NEWSBRIEF

**Have an article or event
to submit for the Newsbrief?**

Please send articles and/or information to be placed in the SCR Newsbrief to kayla.harrison@st-claire.org.

**Need a Camera to
Cover an SCR Event?**

The Marketing/PR Dept. has several cameras available for loan.

Contact Marketing at ext. 6927 for more information.



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