** St. Claire Regional St. Claire Regional St. Claire Regional

SCR Welcomes Director of Acute Care Nursing	2
Ton Home Health Agency	4

Nuising excellence Awards	0-/
Employee Incentive Program	8-9

St. Claire Regional Recognized at 3rd Annual Morehead-Rowan County Chamber of Commerce Picnic



St. Claire Regional Business Beautification

St. Claire Regional recently received the Morehead-Rowan County Chamber 2016-2017 Business Beautification Award for our updated campus. In early 2016, as St. Claire Regional was approaching its 53rd birthday and the groundbreaking for the construction of a new Medical Pavilion, the campus underwent a "facelift," if you will, to create a cohesive looking campus. Not only was the Medical Center's brick stained to match the new Medical Pavilion and the Center for Health, Education and Research, but the Morehead Medical Specialists building and Cancer Treatment Center were also stained. Other outside campus updates include numerous new landscaping projects and front entrance concrete.



Anthony D. Weaver, MD Educator of the Year

Anthony D. Weaver, MD, Associate Professor, Internal Medicine; Assistant Dean, Morehead Regional Site, UK COM, was awarded the 2016-2017 Educator of the Year Award for his support and encouragement of education in Morehead and Rowan County.



St. Claire Regional Medical Center THURSDAY JUNE 1 2017







St. Claire Regional Welcomes New Director of Acute Care Nursing Falissa Prout, RN, MSN-Inf

With the ever-evolving nature of the healthcare industry, acute care is one of the most critical areas for nursing in hospitals. As we continue to teach our patients how to stay healthy and out of the hospital, SCR is pleased to announce that Director of Acute Care Nursing Falissa Prout, RN, MSN-Inf, joined SCR in May to oversee 3 Center and 3

"Maintaining an appropriate length of stay, achieving satisfactory patient experience scores, providing high-quality, low-cost care and preventing readmissions are all the right things to do for our patients and they contribute to the financial success of our organization," says Prout. "Highly-skilled, engaged caregivers in acute care can impact these goals like no other area of nursing and I feel very passionate about achieving the Quadruple Aim!"

Prout graduated from Morehead State University with an Associate Degree in Nursing and Bachelor of Science in Nursing, and the University of Phoenix with a Master of Science in Nursing Informatics. She previously worked at SCR as an RN before pursuing her master's degree. After praying for a career change, Prout says she felt God was leading her back to SCR. "I feel very blessed to be part of a team that displays such caring and compassion, not only for their patients, but also their employees. It truly is a 'breath of fresh air' being a part of the SCR team!"

Prout resides in Olive Hill, where she has lived her entire life. She and her husband, Tim, have four wonderful children, Shayna, 25; Trace, 16; Isabella, 15; and Ethan, 13, who keep them busy with cheerleading, soccer and softball. In her spare time, she enjoys traveling, gardening, being outside and running her LuLaRoe direct sales clothing line.



Submitted by: Cheryl McClain, MD

Many of our patients have chronic health conditions and multiple comorbidities that require multiple hospitalizations to maintain health. We have found that those at highest risk are frequently readmitted to the hospital within 30 days of being discharged. In order to provide this population of patients with close medical supervision post-discharge, we are excited to announce the development of our new home visit service, Mobile Medicine.

This service is staffed by Carolyn Moore, MD, and Stacy Mills, APRN. They are seeing some of our high-risk discharged patients in order to help keep them home and in good health after their hospitalization. In-house staff will be using the LACE* index to identify high risk patients that may benefit from this service. This includes those who are considered temporarily homebound or unsafe to travel.

Patients may also be referred to the Mobile Medicine consult service via Meditech while the patient is in the hospital. We are excited for this new service and look forward to seeing it expand in the future.

LACE Index

- L Length of stay
- A Acuity of the admission
- **C** Co-morbidities, incorporating the Charlson Co-Morbidity Index.
- **E** Emergency Department visits within last 6 months



INDULGE IN SIGNATURE TASTES OF THE BLUEGRASS.

Start your evening with appetizers and cocktails, including Kentucky wines, beers and bourbon at Southern Wine & Spirits' tasting bar, then settle in for a fine dining experience that's sure to please.



ENJOY THE SOOTHING SOUNDS OF JAZZ.

Musical entertainment will be provided by The Morehead Jazz Collective, a trio of young musicians featuring Jared Clifton (trumpet), Robert Barnes (piano) and Mason Daugherty (bass).

SIT BACK AND RELAX FOR TALES AND PORTRAYALS.

Acclaimed raconteur and storyteller Laura Lee Duncan, along with sons Elijah and Jon Dooley, team up with local historian and thespian J.D. Reeder, to bring to life characters from Kentucky's colorful bourbon past.

LIVE & SILENT AUCTIONS Items up for bid include collectible Maker's Mark bottles, dinner and a private tour of New Riff Distilling, custom engraved barrel heads, a Michael Kors handbag and more. Follow our Facebook page for details.

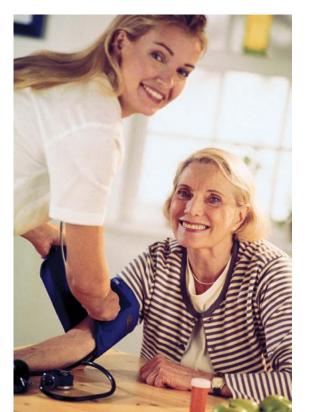
To reserve your seats, visit www.st-claire.org/signature 17 or call 606.783.6512. Seating is limited. The courtesy of a response is requested by Friday, June 2.

DRESS IS BOURBON CASUAL.

Like us on Facebook! 3 2 www.st-claire.org

St. Claire Regional Medical Center

THURSDAY, JUNE 1, 2017



St. Claire Regional Home Health

2017 Top Home Health Agency

St. Claire Regional Home Health received a 4.0 STAR rating from the Centers for Medicare and Medicaid Services! This STAR rating reflects our quality of patient care performance. SCR Home Health staff are committed to constantly improving patient outcomes and we are so proud of this achievement. Nationally, the STAR rating average is 3.0 and in Kentucky, the STAR rating average is 3.5.

Congratulations SCR Home Health for raising the bar!



Social Skill Builder

SUMER CAMP

CENTER FOR HEALTH, EDUCATION & RESEARCH

Does your child struggle with day-to-day interactions such as initiating conversation and reading social cues?

St. Claire Regional's FREE Social Skill Builder Camp can help!

SCR's licensed occupational therapists Amber O'Neal and Beth Reynolds will help your child with:

- Initiating and maintaining conversations, and turn taking
- Self-awareness and self-regulation
- Body language and nonverbal communication
- Safety awareness and physical boundaries
- Listening, paying attention and following directions
- Expressing wants, needs and emotions

July 10-13

6-7 year olds | 8:30-11:30 AM **8-10 year olds** | 1-4 PM

Application deadline: June 23

SNACKS WILL BE PROVIDED IN EACH SESSION.

Learning social skills can be fun and will help your child function better at home, school and in the community. Each day will be a fun new theme like The Rainforest, Under the Sea, The Zoo and Dr. Seuss.

Apply online at: www.st-claire.org/skillbuilder

Limited space available. You will be notified as soon as possible if your child is accepted.

For more information, call 606.783.7780.



For more health and wellness info connect with us SCRmedical

4 www.st-claire.org ______ Like us on Facebook! 5

St. Claire Regional Medical Center

THURSDAY, JUNE 1, 2017

2017 Nursing Excellence Awards

Submitted by: Mindy Morris-Sexton

The Nursing Excellence Award recognizes the countless vital contributions nurses make in support of furthering the mission of St. Claire Regional in the areas of patient care, teaching, research and public service. One winner per category was selected from acute care, critical care, post-acute care and the St. Claire Medical Group. The following departments are included in each category:

Acute Care: 3C, 3N, 4C, OR/SDS/PACU, OPCC

Critical Care: ICU, Radiology/Cath Lab, ED

Post-Acute Care: 5C, Hospice/HomeCare, St. Claire Counseling/6C/OPC (US 60)

St. Claire Medical Group: MMS/CRSS, Family Medicine Clinics

Winners from each category received a cash prize of \$1,000 each, while each area nominee received \$250. Selection is based on the following criteria:

- Demonstrated excellence in clinical nursing practice.
- Evidence of special qualities of caring and compassion.
- Commitment to teaching and education of nursing students and healthcare professionals.
- Demonstrated evidence of commitment to life-long learning and professional development.

Congratulations to all nominees and winners this year!

Acute Care:

The nominees for acute care were **Derek Bradley, RN**, 3 Central, **Marla Kearns, RN**, 4 Central, and **Catherine Schwab, RN**, OPCC.

The winners for acute care were **Heather O'Hara, RN**, 3 North, and **Lillie Melissa King, RN**, OR/SDS/PACU.



Critical Care:

The nominee for critical care was **Danielle Owens, RN**, ED. The winner for critical care was **Joelle Craft, RN**, ICU.



Post-Acute Care:

The nominees for post-acute care were **Elaine Phipps, RN**, TCU/IRU, and **Rebecca Royse, RN**, Hospice/HomeCare.

The winner for post-acute care was **Angie Gillespie**, **RN**, St. Claire Counseling/6C/OPC US 60.



St. Claire Medical Group:

The nominee for St. Claire Medical Group was **Cassie Stanley, APRN**, MMS/CRSS.

The winner for St. Claire Medical Group was **Patrick Don Hughes, APRN**, Family Medicine.



Special recognition was given to SCR nurses who recently graduated from MSU's RN to BSN program:





Graduates include: Elizabeth Napier; Heather O'Hara; Joelle Craft; Teretha Cole; Angela Craft; and not pictured: Megan Burke and Katherine Endicott



Special recognition was also given to the nurses that obtained a specialty certification within the past year:

- Riki Watts
- Certified Perioperative Nurse (CNOR); Nurse Executive, Board Certified (NE-BC)
- Phelan Bailey Nurse Executive, Board Certified (NE-BC)
- Christa Thompson Nursing Professional Development (RN-BC)
- Michelle Rayburn Nursing Professional Development (RN-BC)
- Sarah Bradley Critical Care Registered Nurse (CCRN)
- Joelle Craft Critical Care Registered Nurse (CCRN)
- Suzie Sublett Certified Emergency Nurse (CEN)

6 www.st-claire.org ______ Like us on Facebook! 7

EMPLOYEE INCENTIVE PROGRAM And Value Analysis

The Value Analysis Council has reactivated the "Employee Incentive Program" that first began in March 2014. The incentive program is designed to get everyone thinking about best value, high quality, low cost goods and services. Savings can be in the areas of a new process, new idea or new products. All approved and implemented ideas for savings will result in a one-time 2% cash award of the first twelve months net first be screened by a subcommittee to be reviewed, savings or net revenues.

For example, an approved and implemented idea with an annual savings of \$100,000 would generate a cash award of \$2,000 ($100,000 \times 2\% = 2,000$). All requests will be categorized as either "Tier One" (greater than \$20,000) or "Tier Two" (\$1,000 to \$20,000). Tier One projects are subject to a detailed review by the council, while Tier Two projects will given priority then forwarded to the council for consideration.

Value Analysis



If you have a great idea for quality improvement, cost reduction savings or both, we want to hear from you!

Submission of Request? WHO?

Who can submit a request?

• Any staff member with approval from their immediate supervisor (exclusions stated in policy)

Submission of Request? WHAT?

What do I do to submit a request?

- Obtain the policy and application from the SCR Intranet (on the right side of the main page, click on "Employee Recgonition Program"). It contains information about the process, necessary forms and other items that will be needed in order to submit your idea or request.
- After completing the application with approval from your supervisor, a cost analysis reflecting the following must be also prepared by the requestor to present to the Value Analysis Committee:

For a Product:

- Current product cost and annual volume
- FDA Clearance of a new product
- Proposed product cost and annual volume (which should be the same as current volume unless there is documentation for an increase or decrease in product use)
- · Par level- It must be taken into consideration what the change in product does to the current inventory cost
- Total annual cost = inventory change + incremental cost change

For a New Process or Idea:

- An overview of the current process
- Outline of new steps for the new process
- Is the savings or improvement in FTEs, labor productivity, patient flow or a general process?
- What is the current cost of the process?
- What is the estimated savings (dollar amount), improvement (quality measure) or satisfaction (customer/patient/staff/physician)?

Sumission of Request? WHERE?

Where do I submit a request?

• Send your complete request via in-house mail to Materials Management or Nursing Administration

Each request will then be monitored and tracked by the Value Analysis Council

- · When ideas are received, they will be dated and timed. An acknowledgment will be returned to those who submit ideas.
- Employee names will be removed from submission forms and individual projects will receive a reference number.

Like us on Facebook! 9 8 www.st-claire.org

NEWS St. Claire Regional Medical Center THURSDAY JUNE 1 2017 BRIEF



25% OFF

• Deals for Dad • ·

MAY 30 - JUNE 17

CELEBRATE DAD THIS FATHER'S DAY - SUNDAY, JUNE 18

INTRODUCING FLIPS & SLIDES FROM LYNCO!



Water friendly, so light they float

25% OFF

- **ALL SHOES** • ORTHOTIC
- EVERYDAY



AETREX • APEX • BROOKS • DR. COMFORT • REEBOK • SANITA

25% OFF **SHOE INSERTS** & SHOE HORNS

965 centex

- INSOLES
- SUPPORTS ORTHOTICS
- Moldable For Custom Fit
- Moisture Wicking Material Adjustable Arch Support
- Shock Absorbing
- Styles to Fit Sizes: Men & Women 5-13

OStep.





NOW AVAILABLE iStep FOOT SCANNING

Aetrex's amazing iStep technology is the industry's #1 foot scanning system, designed to deliver you maximum foot comfort and improved footwear in less

than 30 seconds.

25% OFF LIFT CHAIRS



SIT, RECLINE. LIFT OR STAND ... all with the touch of a button!

- · Over 20 models available (many models in stock)
 - 5 size options including XXI More than 40 fabric color
 - Heat and massage available
 - Lifetime manufacturer warranty on Golder Technologies® lift mechanism

FREE DELIVERY

25% OFF **MOBILITY**



CANES • POWER CHAIRS EZ ACCESS THRESHOLDS

25% OFF BIFOCAL **SUNGLASSES**



- Scratch Resistant Coating

• UV 400 Filter for Maximum UV Protection • Bifocal: +1.0. +1.5. +2.0 and +2.5

25% OFF BIOFREEZE **PAIN RELIEF**



- · Fast pain relief. Great for arthritis, neck and back pain, sore muscles and more
- Annly Riofreeze right where it's needed

ENTER OUR FATHER'S DAY CONTEST!

Connect with us on Facebook and tell us why you have the world's best father for your chance to win a Father's Day Gift Basket, valued at more than \$300!

Visit our Facebook page for more info!





MONDAY - FRIDAY 8 a.m. to 6 p.m.

SATURDAY 10 a.m. - 2 p.m.

www.st-claire.org | 606.784.2414 Located in the Morehead Kroger Shopping Center across from LOWE'S

Like us on Facebook!

St. Claire Regional Welcomes

Joni R Adkins

Cave Run General Surgery

Patricia E Arnett Behavioral Health Unit

Bethany P Coleman Patient Access

Taylor D Cook Patient Access

Melanie A Crawford 4th Floor Nursing

Nellie J Crouch 3rd Floor North

Theodore A Crowder 3rd Floor North

Mary A Florence Behavioral Health Unit

Kristi M Gooding FM - Morehead

Austin J Greanias Pharmacv

Georgette L Greene Family Medicine Express

Amber L Gulley Family Medicine Express

Lauren K Howard Diagnostic Imaging

Shaquese S Jones Food Services

Jessica L Kilgore Environmental Services

Bethany L Lowery Nursing Administration

> Caleb Madden Physical Therapy

Suthanya McLoney Food Services

Keisha D Owens 3rd Floor North

Victoria I Owens **Emergency Department**

Beverly J Penix Float Dept - Unit Sec

Cassandra H Perkins Infusion Solutions

> **Rose M Pettit** Food Services

Robin B Porter ICU

Falissa A Prout Nursing Administration

Brittany A Quick 3rd Floor Central

Brooke A Ratliff Emergency Department

Michael D Ratliff Pharmacy

Crystal L Reeves Home Health

Emily R Skaggs MMS Administration

Rachel J Stanley Behavioral Health Unit

Justina L Thompson MMS Clinical Services

Jordan S Watts Behavioral Health Unit

Wendill J White III Physical Therapy

> Angela L Wilder Food Services

Shae M Wright Nursing Administration



June 7 | Journal Club

Noon - 1:00 PM SCR Library-Education Room Credit: ACPE, Category 1 AMA, Nursing

June 13 | BLS Check Off

1:00 - 4:00 PM CHER 208

Register with KaSandra Hensley at kasandra.hensley@st-claire.org or ext. 6830.

June 13 | 2017 Pharmacy Law Update

6:30 - 8:30 PM

CHER 102 D Credit: ACPE

Register at www.neahec.org/lawupdate

June 14 | Morbidity & Mortality

1:00 - 4:00 PM

SCR Library-Education Room Credit: ACPE, Category 1 AMA

Learning & Organizational Development Educational Offerings

Register through careLearning using the link below: http://scrvmportal:9000/

June 8 & 9 | PALS Full Two-Day Course

Registration 8:00 AM | Class 8:30 AM - 4:30 PM CHER 102

June 16 | Emergency Pediatric Burn Care Course - Lunch/Learn

11:30 AM - 1:00 PM CHER 102

June 20 | BLS Skills Check-Off

8:00 AM - Noon (30 min. sessions) Café A

"To proclaim God's goodness through a healing ministry to the people of Eastern Kentucky." -SCR's Mission-

Like us on Facebook! 11

10 www.st-claire.org

NEWS & EVENTS









NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed in the SCR Newsbrief to kayla.harrison@st-claire.org.

Need a Camera to Cover an SCR Event?



The Marketing/PR Dept. has several cameras available for loan.

Contact Marketing at ext. 6927 for more information.

To view current and past Newsbriefs online, visit www.st-claire.org/Newsbrief





