

St. Claire Regional  
**NEWSBRIEF**

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*We're Proud of our*  
**Certified Registered Nurse Anesthetists**



Front, left to right: Nicole Butler, CRNA; Carrie Hicks, CRNA; Joy Ray, CRNA; and Irene Rooney, CRNA  
 Back, left to right: Lauren Harwood, CRNA; Emily Mason, CRNA; and Cindy Blankenship, CRNA (Not pictured Kristi Lynch, CRNA)



Submitted by: Riki Watts, Director, Surgical Services

From Jan. 22 to 28, the American Association of Nurse Anesthetists (AANA) sponsored National Certified Registered Nurse Anesthetists (CRNAs) Week to honor nurse anesthetists. CRNAs are master's prepared advanced practice nurses who provide anesthetics to patients in every practice setting, and for every type of surgery or procedure.

A big shout out to our CRNAs, **Nicole Butler, Carri Hicks, Joy Ray, Irene Rooney, Lauren Harwood, Emily Mason, Cindy Blankenship and Kristi Lynch**. Thank you for helping us provide quality care to our patients! We couldn't do it without you.



# Kiss

those fine lines and wrinkles

# goodbye

Now - February 28



**the #1 medically dispensed, prescription-strength skin care system that can actually transform your skin**



### HA<sup>5</sup> \$125

HA<sup>5</sup> provides immediate smoothing in the appearance of fine lines and wrinkles, and supports the skin's natural ability to replenish its own hyaluronic acid for overall skin health.



### Introducing Lytera<sup>®</sup> 2.0 \$129

Lytera<sup>®</sup> 2.0 is an advanced Pigment Correcting Serum, formulated to brighten dull skin and minimize the appearance of skin discoloration and dark spots in as little as 8 weeks.

**10% OFF all SkinMedica<sup>®</sup> Products**  
(Cannot be combined with other specials or sales)

## Chemical Peels All Peels ONLY \$99

Smooth the appearance of fine lines and wrinkles. See noticeable improvement after just one peel and compelling results after three to six peels.



**Purchase 35 units** and receive an **INSTANT \$50 rebate**. Plus, receive a 2<sup>nd</sup> offer to **SAVE \$50** on your next treatment! (\$140 in savings available with 100 points)



### Juvéderm, Juvéderm Ultra or Voluma

**\$50 OFF** when you purchase one syringe, or **\$150 OFF** when you purchase two syringes



### kybella<sup>®</sup> (deoxycholic acid) injection 10 mg/mL

### \$100 OFF Your First Treatment

KYBELLA<sup>®</sup> is the first and only FDA-approved injectable treatment that contours and improves the appearance of moderate to severe fat below the chin, sometimes referred to as "double chin."

## Love your lips & eyes again!



### VOLBELLA<sup>®</sup> XC ONLY \$299

VOLBELLA<sup>®</sup> rejuvenates the lips by enhancing the natural shape, improving the appearance of lines around the mouth. Natural results that last up to 1 year!



### SkinMedica<sup>®</sup> TNS Lip Plump System<sup>®</sup> \$45

TNS Lip Plump System<sup>®</sup> restores lip fullness and volume within minutes and offers long-lasting anti-aging benefits. The Lip Renewal has fast action lip smoothing and softening effects and improves lip texture and volume.

### Eye Rejuvenation Package Latisse<sup>®</sup> & TNS Eye Repair<sup>®</sup> for ONLY \$199



### Latisse<sup>®</sup>

(bimatoprost ophthalmic solution) 0.03% is a prescription treatment for inadequate or not enough lashes to grow longer, fuller and darker lashes.



### SkinMedica<sup>®</sup>

**TNS Eye Repair<sup>®</sup>** reduces the appearance of fine lines, wrinkles and dark circles.

Like us on SCRaesthetics

606.783.6760

Gift Certificates Available!

No additional discounts, promotions or offers apply with sale pricing.

## WOMEN'S IMAGING & AESTHETICS



# In Memory of Margaret "Susie" Hargett, RN

Submitted by: St. Claire Regional Home Health



St. Claire Regional (SCR) is deeply saddened by the passing of our dear friend and staff member, Margaret "Susie" Hargett, RN, who passed away Monday, Jan. 30, after sudden complications from a respiratory illness. Susie joined SCR in April of 2006 in nursing administration and later went on to work in the outpatient care center, surgery department and most recently at home health.

Susie was a friend, mentor, caregiver, teacher, counselor and "fixer" to her patients, co-workers, friends and family. In a recent email she had sent to Karen Bledsoe, Director, St. Claire Regional Home Health, about a patient that was having multiple health complications, Susie said "I have been there every day. A pure

train wreck, but I'll fix her!"

"This is how Susie approached her patient care. 'I will fix her.' And she did," Bledsoe said. "She went more than the extra mile to 'fix' her patients and their living conditions. There's been many times Susie would come in and talk me into getting meds, clothing, paint, canning jars and anything else she could think to help her patients. She truly lived the mission of St. Claire Regional. She was a true angel."

Susie was an incredible nurse that could best be described as extremely compassionate and giving. She will be terribly missed by all of her patients and her St. Claire Regional family.

## Remembering Susie: Reflections from Co-workers

*"I was honored to have gotten to know Susie. She was so kind and helpful to me. She will be missed dearly. God needed another Angel."*

*"I told her that she would have many gems in her crown, but she of course said, 'that's not why I'm doing it.'"*

*"She was always smiling, sharing kind encouraging words for us all. We are all truly blessed to have known her."*

*"She loved her job and the people; I will be one of the many that will miss her so much."*

*"While reading all the testimonies about Susie today, I am reminded of a special Bible verse, Proverbs 31:31. 'Honor her for all that her hands have done, and let her works bring her praise at the city gate.' Susie epitomized that verse in her daily life. I can only hope one day to be described the same way. Rest well, gentle servant."*

*"I'm crushed. She was the best. She did so much for her patients without notice. I personally have caught her paying for patient's medications who could not afford them, buying them food, decorating their homes for the holidays and caring for their family members who needed help. All on her own time."*

*"She would always look at me and cross her arms. I would say, 'what?' And she would start in about a patient and how he couldn't afford his medication, and before I knew what was happening, I had paid for his next prescription."*



# CLEARANCE

# SALE

SCRUBS • SOCKS • SHOES

BUY ONE  
Clearance item at

## 60% off

GET ONE  
of equal or lesser value for

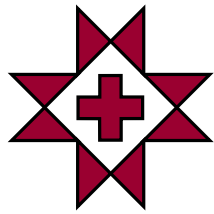
## \$5

While  
Supplies  
Last

St. Claire Regional  
**FAMILY MEDICAL SUPPLY**

Connect With Us  
SCRfamilymedicalsupply

Monday - Friday | 8 am - 6 pm    Saturday | 10 am - 2 pm  
**606.784.2414 or 1.877.784.2414**



# St. Claire Regional



## Kentucky Health Collaborative

St. Claire Regional (SCR) joined nine other healthcare systems across the Commonwealth of Kentucky and announced the formation of the Kentucky Health Collaborative. The collaborative's

primary objectives include raising the standards of healthcare across the state, addressing the Commonwealth's poor health statistics and reducing the cost of care through greater operational efficiencies.

## Chief Medical Officer (CMO) Paradigm

SCR implemented a new CMO Paradigm. CMOs include William Melahn, MD, CMO for Specialty Care; Caren Daniels, MD, Assistant CMO for Hospital-Based Practices; and Cheryl McClain, MD, Assistant CMO for Primary Care.

## Acute Care Surgery Model

SCR implemented the acute care surgery model to improve the delivery of inpatient and general surgical care. The new model went into effect May 16, 2016, and replaced the traditional model, in which patients had to wait for a busy on-call surgeon who was often with other patients conducting scheduled consults and surgeries.

## Surgical Weight Loss Service

SCR began offering the vertical sleeve gastrectomy procedure, commonly referred to as gastric sleeve, a minimally invasive surgical weight loss solution.



## Medical Pavilion Groundbreaking

SCR celebrated the start of a new chapter Monday, May 2, 2016, with an official groundbreaking ceremony for the new \$28 million Medical Pavilion. Federal, state and local government officials and other guests were on hand to help us mark this exciting new endeavor.



## On-site Retail Pharmacy

SCR began construction on on-site retail pharmacy, which will also feature a Meds-to-Beds program! The pharmacy is scheduled to open in February.

## SCR Welcomed Eight New Physicians During 2016



Cheryl McClain, MD  
Assistant CMO for Primary Care



Ahmad Isbitan, MD  
Cardiologist



Cletus Carvalho, MD  
Medical Director  
Behavioral Health Unit

# 2016 Year in Review

## New Pediatrics Location

SCR pediatric services moved to a larger, more convenient location! The new location was completely renovated with our patients in mind, featuring separate waiting areas for well and sick children, fun room themes and all new furnishings.

716 W. Main St., Morehead, KY, formerly Wheatley Orthodontics



## Online Bill Pay Introduced

Now patients can pay their bills online.

## St. Claire Regional Medical Center

*Celebrated 53 YEARS*  
1963-2016

<p><b>45 YEARS</b></p> <p>St. Claire Regional Home Health</p>	<p><b>40 YEARS</b></p> <p>St. Claire Regional Family Medicine OWINGSVILLE</p>
<p><b>25 YEARS</b></p> <p>St. Claire Regional Family Medicine SANDY HOOK</p>	<p><b>20 YEARS</b></p> <p>St. Claire Regional Medical Center Sleep Center</p>

## Exterior Staining Facelift

SCR took on a major brick staining effort in order for the Medical Center, Morehead Medical Specialists and the Cancer Treatment Center to match the CHER Building and the soon coming Medical Pavilion to make its campus look more cohesive.



Aaron Parker Banks, DO  
Family Medicine Physician



Brad Baker, MD  
Family Medicine Physician



Anna Johnson, DO  
Internal Medicine Physician



Branden Quinlan, DO  
Internal Medicine Physician



Steven C. Davis, MD  
Hospitalist

All You Need is  
**Love**  
*and the perfect gift!*

**Find Your Perfect Gift at  
St. Claire Regional's Gift Shop**

Candy • Flowers • Jewelry  
Music Boxes • Candles • Vera Bradley  
And Much More!

Ale-8 Gift Baskets starting at \$8

**We will be taking orders on the following dates:**

Thursday, Feb 9

7am - 7pm

Friday, Feb 10

8am - 4pm

**Café D**

**Free Delivery to Local Schools and Businesses on Valentine's Day!**



**St. Claire Regional  
Medical Center**

*Gift Shop*

# St. Claire Regional Welcomes NEW STAFF

**Felicia D Bowling**  
*3rd Floor Central*

**April N Knight**  
*4th Floor Nursing*

**Kimberly A Bozarth**  
*Emergency Department*

**Alexandria J McClain**  
*ICU*

**Jarad S Cline**  
*Information Services*

**Theresa J McCoy**  
*Speech Therapy*

**Valerie K Cotten**  
*3rd Floor North*

**April D McDavid**  
*FM - Olive Hill*

**Lindsay N Cox**  
*3rd Floor Central*

**Katelyn M McWain**  
*Emergency Department*

**Maggie R Cropper**  
*Same Day Surgery*

**Sara A Nichols**  
*Nursing Administration*

**Sabrina M Eden**  
*Environmental Services*

**Shaunda N Novak**  
*MMS Clinical Services*

**Sydney M Evans**  
*MMS Clinical Services*

**Emmily D Phillips**  
*Emergency Department*

**Gaybrianna K Hall**  
*3rd Floor North*

**Rhonda J Puckett**  
*Environmental Services*

**Pamela L Harris**  
*Family Medical Supply*

**Abbey E Smith**  
*Nursing Administration*

**Sarah A Hinton**  
*Surgery*

**Erin M Smith**  
*MMS Clinical Services*

**Anna L Holbrook**  
*3rd Floor North*

**Jessica R Smith**  
*3rd Floor Central*

**Brandy L Jackson**  
*PACU*



## UPCOMING C.E. Programs

### February 3 | Tumor Board

8:00 - 9:00 AM  
SCR Teleconference Room  
Credit: ACPE, Category 1 AMA, Nursing

### February 8 | Morbidity & Mortality

12:00 - 1:00 PM  
SCR Library - Education Room  
Credit: ACPE, Category 1 AMA

### February 15 | Interdisciplinary Grand Rounds

12:00 - 1:00 PM  
SCR Library - Education Room  
Credit: ACPE, Category 1 AMA

### February 17 | Tumor Board

8:00 - 9:00 AM  
SCR Teleconference Room  
Credit: ACPE, Category 1 AMA, Nursing

## Learning & Organizational Development Educational Offerings

Register through careLearning using the following link:  
<http://scrvmportal:9000/>

### February 8 | Chamberlain College of Nursing Luncheon

12:00 PM - 1:00 PM  
Café D

### February 9 & 10 | PALS Provider Course

8:30 AM - 4:30 PM  
CHER 102  
Credit: Nursing CE

### February 13 | Pediatric Nursing Competency

**Session II Make-up**  
8:30 AM - 10:30 AM  
Library Education Room

### February 17 | BLS Skills

8:00 AM - 12:00 PM  
Café A

## Grief Support Group

**Date:** Tuesdays (January 24 - April 18)

**Time:** 6:00 - 7:30 pm

**Location:** Morehead United Methodist Church

**Help and encouragement after the death of a loved one.** GriefShare is a special weekly seminar and support group designed to help you rebuild your life.

For more information, contact Jesse Perry at [jesse.perry@st-claire.org](mailto:jesse.perry@st-claire.org) or visit [Moreheadumc.org](http://Moreheadumc.org).

## St. Claire Regional **Family Medicine**

MOREHEAD

### Breastfeeding Support Group

Thursday, Feb. 9, from 6-7 p.m.

### Newborn Care Class

Thursday, Feb. 23, from 6-8 p.m.

For more information about these or any other classes, call our family medicine location in Morehead at 606.784.3771.

Classes are held on the 1st floor of the Center for Health, Education and Research (CHER) across from St. Claire Regional.

*SCR is Proud to Sponsor the:*  
**Harlem Ambassadors VS  
The Gateway Child Avengers**  
*Basketball Game & Show*

**Date:** Tuesday, March 14

**Time:** 7:00 pm

**Location:** Morehead State University, Wetherby Gym

**Tickets are \$10 and can be purchased at The Gateway Children's Advocacy Center (310 East Main Street, Morehead). For more information, call 606.780.7848.**

Harlem-style comedy basketball featuring high-flying slam dunks, games with kids and hilarious comedy! Children 5 and under are FREE!

**All proceeds go to The Gateway Children's Advocacy Center.**



222 Medical Circle • Morehead, KY 40351



St. Claire Regional is a sponsored ministry of the **Sisters of Notre Dame** Covington Province

## NEWSBRIEF

### Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed in the SCR Newsbrief to [michael.ash@st-claire.org](mailto:michael.ash@st-claire.org)

Visit the SCR web site at [www.st-claire.org/newsbrief](http://www.st-claire.org/newsbrief) to read past editions of the SCR Newsbrief

### Need a Camera to Cover an SCR Event?

The Marketing/PR Dept. has several cameras available for loan.

Contact Marketing at ext. 6927 for more information.



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**SCRmedical**

