

NEWSBRIEF

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Emerald Ball

Saturday, Feb. 10 • 6-10 PM

In Celebration of SCH's 55th Anniversary

St. Claire HealthCare is celebrating it's 55th anniversary with an Emerald Ball. Hosted by St. Claire EMPACT, the formal masquerade ball will take place on Saturday, February 10, from 6 to 10 p.m., at the Morehead Conference Center.

Guests will enjoy music, hors d'oeuvres and a cash bar, as well as a masquerade mask contest and complimentary professional photos. Door prizes will be given throughout the evening, and a gift basket raffle will be held to benefit the St. Claire Assistance Fund for Employees (SAFE) which is available for staff who are experiencing a crisis situation.

Thank you to all St. Claire HealthCare staff members who continue to play a significant role in SCH's successes and accomplishments.

Tickets are \$25 per person or \$35 for a couple and can be purchased from any EMPACT member.

For more information, contact Wendy Bleemel at wendy.bleemel@st-claire.org or ext. 6385.

Check Out Our New Scrub Lines for 2018!

SCRUB EVENT

20% OFF

 DIAGNOSTICS • SCRUBS • SHOES • SOCKS • ACCESSORIES
SCH Café D Feb. 6 • 7 AM - 7 PM | Feb. 7 • 7 AM - 2:30 PM

Don't forget to Register to win a \$50 gift certificate!

Shoes

Aetrex • Alegria • Apex • Asics • Brooks • C&C Sweden
Dr. Comfort • Reebok • Sanita • Softwalk



Compression Socks



- Cutiefuls
- Pro Compression
- Sockwell



No additional discounts, promotions or offers apply. 2/18.



www.st-claire.org | 606.784.2414

St. Claire Family Medicine Welcomes Lalona L. Hall, APRN, FNP-C



St. Claire HealthCare is pleased to announce the addition of Lalona L. Hall, APRN, FNP-BC. She has rejoined our medical staff and is now seeing patients at St. Claire Family Medicine Express.

Hall received her Bachelor of Science in Nursing at Morehead State University and her Master of Science in Nursing at Frontier School of Midwifery & Family Nursing in Hyden, Kentucky. She worked as an APRN for five years at King's Daughters' Olive Hill Family Care Center, and most recently she has been employed with St. Claire HealthCare as a clinical Integration and documentation specialist.

Hall enjoys spending time with her husband, Chris, and their two daughters, Harper Leigh, age 6, and Scarlett Monroe, age 4. She loves reading, listening to podcasts and traveling.

"I am so happy to come to St. Claire HealthCare as a part of the Family Medicine Express team! As a Carter County native, I have always considered it a privilege to be able to provide care for the people of my community," says Hall. "I pride myself in being an advocate for others, especially with underserved populations of patients. My goal as a provider is that I can empower others to be advocates for their health and always feel comfortable coming to see me for their care. I love being a health care provider and am so proud to be a part of the St. Claire HealthCare family, which I believe has the largest group of thoughtful and caring individuals within any health care system I've ever worked for."



SCH Proudly Recognizes our Certified Registered Nurse Anesthetists

Jan 21-27 was CRNA Week



Back: Tamara Ward, Joy Ray, Nicole Butler,
Front: Carri Hicks, Cindy Blankenship, Charslee Simpson
Not pictured: Emily Mason

National CRNA Week is the American Association of Nurse Anesthetists' annual celebration of anesthesia patient safety and the nation's 52,000+ Certified Registered Nurse Anesthetists and student registered nurse anesthetists who safely and cost-effectively provide approximately 43 million anesthetics each year. CRNAs are master's prepared or clinical doctorate prepared advanced practice nurses who provide anesthesia in every setting and for every type of surgery or procedure. We celebrate our CRNAs and thank them for their hard work and dedication to our patient population.



Patient Care Champions December 2017

The following comments are from patients who completed our Press Ganey patient satisfaction survey in December.



AMBULATORY SURGERY

- **Thadis Cox, MD**, was the best! The nurses were great.
- I had a very good experience and I was well informed throughout my hernia operation. **Mary Phillips, MD**, is great. **Randy Stephens, RN**, is great. The entire support staff is great.

EMERGENCY DEPARTMENT

- **Leslie Baker, RN**, was my first nurse and she was phenomenal. After she got off shift my other nurse was good too.
- **Brandon Pace, MD**, was wonderful! He was thorough and quick.
- **Mark Bailey, MD**, was excellent and very concerned.
- **Jennifer Blanton, RN**, and the team of nurses working with her were excellent. She is the most compassionate person I have ever met. Your hospital is lucky to have her!
- **Sarah Flynn, RN**, was very professional and great with my son!

HOME HEALTH

- Absolutely love my Home Health nurse, **Jenny Everman, RN**.
- **Johnny Napier, PT**, is awesome!
- **Karen Gambill, OT**, is great!
- The Home Health team at St. Claire cannot be beat! **Carolyn Moore, MD**, is outstanding.
- **Shannon Moore, RN**, is the best nurse ever! I had such a hard time, and she made it so much easier for me.
- **Denise Dunaway, RN**, is my nurse and she is great with updates and scheduling visits! If I have any questions she is great to help me.
- After hospitalization, **Denise Dunaway, RN**, was very good to help me change my ostomy due to wound from leakage.
- **Denise Dunaway, RN**, will answer any questions my husband or I have.
- **Denise Dunaway, RN**, took over for **Debbie Blankenship, RN**, and these two have been great nurses. They are responsive, care for my health, and calls physician when needed. I have had overwhelmingly great care from both! **Denise** has been caring for me for 2-3 years and I don't have any complaints!
- **Annette Sparks, RN**, is amazing. I am so glad she's my nurse!
- I never need to call the office. **Annette Sparks, RN**, handles everything.
- **Annette Sparks, RN**, is an excellent care giver.

- My quality of life has increased substantially due to my infusion administered through home health nurse, **Annette Sparks, RN**.
- I cannot say enough about **Missy Brooks, RN**. She is so excellent and wonderful! I don't know what I'd do without her physically and mentally.
- **Teresa Jones, Aide**, or **Teresa Hester, RN**, have ALWAYS been very concerned with me and my problems.
- **Shelby Warren, RN**, was really great!
- **Teresa Jones, Aide**, or **Teresa Hester, RN**, did an amazing job with my care!
- My nurse, **Megan Riggs, RN**, was always professional and also made me feel comfortable and answered any questions I had. Love her!
- **Amanda Rudd, RN**, **Johnny Napier, PT**, and **Karen Gambill, OT**, are the best.

INPATIENT

- St. Claire has top notch nursing staff and great doctors like **Brandon Quinlan, DO**, and **Timothy Brammell, MD**.
- **Brandon Quinlan, DO**, was so nice with all the family. In fact he was more than just nice, he was kind, considerate and honest.
- **Jacob Perry, MD**, and his entire surgery team was excellent. Very informative and prepared to answer all my questions. Very professional.
- **Michael Burton, MD**, is especially nice, not often that the doctor is more personable than staff.
- **Shey Cade, LPN**, is a very good nurse.
- **Timothy Brammell, MD**, is a very good doctor!
- All physicians were great. Thanks to all who helped me, especially **Mary Phillips, MD**, who is a wonderful doctor. Thank you to all who worked with and helped us.
- I appreciate the encouraging touch and words of **Joelle Craft, RN**, who helped when I had some discouraging lab results in the middle of the night.
- **Anita Gulley, APRN**, was great!
- **James Vansant, MD**, called me at home after discharge to see how I was doing. I thought this was above and beyond. I truly appreciated this.
- **James Lynch, MD**, and his team were great!

MEDICAL PRACTICE

- I have seen **Jennifer Akers, APRN**, many times and find her to be a great choice! I ask for her!
- **Stephen Koenig, MD**, had his nurse call me about my results from stress test. Indicated he had ALREADY made appointment with a cardiologist due to test results. I requested a personal phone call from Dr. Koenig to explain why. He called back that same evening after hours. He was extremely informative.
- I liked **Mansha Kahloon, MD**, by wanting a second opinion before doing anything.
- **Tyler Elam, DO**, is excellent!
- **Stephen Koenig, MD**, is great!
- **Clarence Clayton, DPM**, was friendly and efficient.
- I have seen **Wendy Fletcher, APRN**, for years and wouldn't consider changing. She's great!
- **Diana Rose, APRN**, is the best doctor I've ever been to. She really cares about her patients and it shows.
- **Amanda Ramey, DO**, is an excellent provider! She spent time with me while I went over my list of questions I'd made! I will not go to any other doctor as long as she is here in Morehead!
- **Sabra Stevens, RN**, always does a wonderful job
- **Franny Meritt, CNM**, takes the time to listen and makes you feel as though you're her only patient.
- I highly recommend **Franny Meritt, CNM**, to everyone! You could not ask for a better provider who truly cares and wants the best for the patient.
- **Amanda Ramey, DO**, is great. She listens and knows my concerns and helps in any way she can.
- **Franny Meritt, CNM**, is an EXCELLENT care provider who is concerned about treating her patients individually and on a very personal level! I will not be seeing anyone else for my yearly checks or for my future pre-natal visits! She is very calming and reassuring and takes the time to talk you through all options and all aspects of those options! She is also very down to earth and gives full attention to all questions asked with a genuine desire to answer them in a way that makes you, as the patient, feel confident in your decision. I will be highly recommending her to any of my friends or colleagues who need pre-natal care! Excellent experience and excellent care!
- **Amy Conley, MD**, was very good with my son. He was scared and she was very good with him. She made he and I both feel very comfortable.
- Great experience! **Stacy Bond, APRN**, is awesome!
- **Elizabeth Matera, MD**, called me next day regarding my labs and changing medication.
- **Lisa Back, APRN**, was attentive and efficient.



Sargent, Walker and Stiltner Accept New Roles

As St. Claire HealthCare continues progress with the ONE project, we have determined that in order to realize the full potential of the Meditech 6.1 platform and deliver a consolidated patient billing statement that an enterprise approach to the revenue cycle will be essential.

St. Claire HealthCare is proud to announce that Leigh Ann Stiltner and Charlotte Walker have been named Co-Directors of Enterprise Revenue Cycle with responsibilities for the leading this effort. Shawna Sargent has been named Director of Enterprise Patient Access and will report to Charlotte as we continue the standardization and optimization across all access points of St. Claire HealthCare.

Please congratulate these ladies on accepting new roles in the organization and help them continue to support the mission here at St. Claire HealthCare.





Fall in Love with Younger Looking Skin

Now thru February 28

Latisse
(bimatoprost ophthalmic solution) 0.03%

5-mL kit
\$125
Plus get 150 pts

BOTOX
Cosmetic
onabotulinumtoxinA injection

\$9 PER UNIT
Plus get 200 pts

Juvéderm

\$50 OFF
ULTRA®
ULTRA PLUS®
VOLBELLA®
VOLLURE®

\$100 OFF
VOLUMA®
Plus get 100 to 300+ pts

kybella
(deoxycholic acid) injection 10 mg/mL

\$100 OFF
Your First
KYBELLA®
Session
Plus get 300 pts

LASER HAIR REMOVAL

10% OFF
Any Package

LASER SKIN REJUVENATION

\$100 OFF
Any Package

SkinMedica
An Allergan Company

the #1 medically dispensed, prescription-strength skin care system that can actually transform your skin

\$339

Plus get 225 pts

Transform Your Skin in 90 Days Bundle
PLUS receive a free travel size AHA/BHA Cleanser (while supplies last)



\$50 OFF

Plus get 150 pts

TNS Recovery Complex® & HA⁵
When you purchase BOTH

10% OFF

all SkinMedica® Products
Not valid with any other discounts or promotions.

SkinMedica® products are also available at St. Claire Family Medical Supply.

NOW FEATURING

Restylane
AND
Restylane
LYFT™

FDA approved Restylane® fillers provide natural-looking results that smooth, lift and add volume.

Buy 1 syringe get **\$100 OFF**

Buy 2 syringes get **\$250 OFF**

PLUS get an extra \$20 off when you sign up for Aspire points.

WOMEN'S IMAGING & AESTHETICS
St. Claire HealthCare

606.783.6760

Gift Certificates Available!

No additional discounts, promotions or offers apply with sale pricing.

Like us on
SCRaesthetics

St. Claire HealthCare



TEMPORARY VISITOR RESTRICTIONS

Temporary Visitation Restrictions Due to the Flu

Effective Monday, January 22, 2018

To protect the health and safety of our patients, visitors and staff this flu season, St. Claire HealthCare is making temporary changes to hospital visitation policies. Widespread flu is being reported throughout the state and we are seeing a steady increase in the number of our patients and staff members reporting flu-like illnesses.

- No visitors under the age of 14.
- No visitors with any flu-like symptoms.
- Only two visitors in a patient's room at a time.
- Visitors may be given masks or other protective clothing for use when visiting.
- Additional rules may be in place in special care units, such as labor & delivery, ICU and oncology.
- Compassionate visitation exceptions will be made on a case-by-case basis.

Hand Hygiene is Key

Remember, hand hygiene is the single most important thing we can do to prevent the spread of infections. Wash hands frequently using alcohol-based hand sanitizer or soap and water.

Thanks for your understanding and help in fighting the flu.



JOIN US FOR A COMMUNITY
BABY
SHOWER

SATURDAY, APRIL 7 • 10 AM - 1 PM
Morehead Conference Center (111 East First Street)

Healthy, happy and safe from the start!

By participating in **FREE** educational sessions on health topics related to pregnancy and newborn care, and visiting informational booths hosted by local organizations and vendors, you will be entered to win over \$2,000 in baby shower prizes!

Featured presenters include:



Corey Forester, MD
Keynote Speaker



Brad Baker, DO



Franny Meritt, CNM



Tamara Ward, CRNA

Advance registration is recommended.

Register online at: www.st-claire.org/babyshower



FREE Maternity Classes & Mom's Support Group
2018 Schedule

Childbirth Classes *(free to St. Claire Regional Family Medicine patients ONLY)*

Get ready for what to expect and learn how to cope with labor and birth. For more information, call Betsy Meadows at 606.784.9890. Childbirth classes are offered over two nights, with a third date available for additional natural birth techniques, from 7 - 9 p.m. on the following dates:

- January 29, February 5 (February 14, optional)
- April 30, May 7 (May 14, optional)
- June 25, July 2 (July 9, optional)
- September 10, September 17 (September 24, optional)
- December 3, December 10 (December 17, optional)

Newborn Care Classes

Babies don't come with instruction manuals! Join our family medicine doctors for an overview of taking care of your newborn. Newborn Care Classes are offered quarterly from 6 - 8 p.m. on the following dates:

- February 16
- May 17
- August 16
- November 15

Breastfeeding Classes

Join other expectant families to learn the benefits of breastfeeding and how to get started. Breastfeeding Classes are offered from 6 - 8 p.m. on the following dates:

- January 11
- March 8
- May 10
- July 12
- September 13
- November 8

Mom's Support Group

Being a new mom is hard work! Get out of the house and enjoy some time with other moms for a little support in your journey! Mom's support group is offered 6 - 7 p.m. on the following dates:

- April 12
- June 14
- August 9
- October 11
- December 13

For more information about these classes, call our family medicine location in downtown Morehead at 606.784.3771.





FEBRUARY 2018 EDUCATIONAL OPPORTUNITIES

C.E. Programs

Feb. 2 | Tumor Board

8 - 9 AM, SCR Teleconference Room
Credit: ACPE, Category 1 AMA

Feb. 7 | Journal Club

Noon - 1 PM, SCR Library - Education Room
Credit: ACPE, Category 1 AMA

Feb. 14 | Morbidity & Mortality

Noon - 1 PM, SCR Library - Education Room
Credit: ACPE, Category 1 AMA

Feb. 16 | Tumor Board

8 - 9 AM, SCR Teleconference Room
Credit: ACPE, Category 1 AMA, Nursing

Feb. 20 | BLS Check-Off

1 - 4 PM, CHER 208
Register with KaSandra Hensley at
kasandra.hensley@st-claire.org or ext .6830

Feb. 21 | Interdisciplinary Grand Rounds

Noon - 1 PM, SCR Library - Education Room
Credit: ACPE, Category 1 AMA

Feb. 27 | The Power of Prescribing: Addiction Consequences of Opioid Rx

5:30 - 8:30 PM
Clark County Extension Office (Winchester, KY)
Credit: ACPE, Category 1 AMA, Nursing, HB1

Nursing Professional Development Educational Offerings

To register, go to CareLearning: <http://intranet:9000/>

Feb. 1 | Inpatient Pediatric Nursing Competency - Session 3

5 - 7:30 PM, Café D

Feb. 5 | BLS Skills Check-Off

8 AM - Noon (30 min. sessions), Café B

Feb. 8 & 9 | PALS Full Two-Day Course

Registration: 8 AM, Class 8:30 AM - 4:30 PM
Sim Lab (MMS - door immediately on your right through main entrance. Knock for entry.)

Feb. 20 | CATS Lecture Series: "Wake Up Strokes" with Dr. Bryan Eckerle

Noon - 1 PM, Café A
Credit awarded: CME, CNE

Feb. 22 & March 1 | Basic Dysrhythmia Course

1 - 4 PM
Sim Lab (MMS - door immediately on your right through main entrance. Knock for entry.)

Feb. 27 | ACLS Renewal

Registration: 8 AM, Class 8:30 AM - 4:30 PM
Sim Lab (MMS - door immediately on your right through main entrance. Knock for entry.)

Feb. 28 | BLS Skills Check-Off

8 AM - Noon (30 min. sessions)
Café B



FEBRUARY 2018

2/1

Samuel L Smith II
Alyce M Johnson
Taylor D Cook
Ryan A Elswick
Michael S Williams
Larry J Planck
Infusion Solutions
FM - Frenchburg
Patient Access
Information Technology
Information Technology
Facilities Management

2/2

Pamela S Campbell
Laura B Greene
Charslee L Simpson
ICU
Ultrasound
Anesthesia Professionals

2/3

Megan N Howard
Kimberly L Jones
Cathy L Ferguson
3rd Floor North
TCU
Physical Therapy

2/4

Chanette M Kiser
Leslie J Perkins
ICU
Facilities Management

2/5

Gwendolyn A Cantrell
ICU

2/6

Lara J Turner
Shirley D Greenhill
Oliver T Newcomb
J T Greenhill
Michael T Smedle
Emergency Department
Pharmacy
Urology - MG
Information Technology
Environmental Services

2/7

Melissa L Cox
Stacy R Carroll
Brenda J Combs
Norma E Strong
Rose Ann Sloan
Family Medicine
Pediatrics
Counseling Services
Patient Access
Environmental Services

2/8

Jordan M Montgomery
Francesca A Howard
Cathy A Jones
Central Transport
Environmental Services
Environmental Services

2/9

Melisa A Kennedy
Autumn L Pecco
Jason R Ogden
3rd Floor Central
Emergency Department
Family Medical Supply

2/10

Charles C Hutchinson
Sarah B Bryan
Dreama D Perkins
Melissa J Thompson
Emergency Department
Speech Therapy
Medical Group Admin.
Environmental Services

2/11

Angela D Meade
Dianna L Cade
Austin J Alderson
Carolyn S Vise
Jeffrey N Conn
3rd Floor North
TCU
Emergency Department
Cardiology - MG
Facilities Management

2/12

Jelana S Lewis
Caleb J Madden
Lisa K Walters
Laboratory
Physical Therapy
FM - Owingsville

2/13

Brianna C Mekelburg
Jessica Copher
Jean M Smith
Brittany R Lewis
Edwina M Burton
Stella M Glover
Pharmacy
Surgery
SPD
Home Health
Food Services
Laundry

2/14

Amanda R Stegall
David M Carr
Marsha R Shelton
Stacey K Kennard
Jennifer J Lawson
Deborah D Keaton
Pharmacy
Physical Therapy
Cardiac Rehab
Specialty Practices Admin.
Food Services
Environmental Services

2/15

Logan W Murphy
Jacqueline L Jackson
Lisa J Ray
Sabrina M Eden
FM - Frenchburg
Home Health
Quality Management
Environmental Services

2/16

Santana N Baugus
Geri E Prater
Emergency Department
Environmental Services

2/17

Tina R Webster
Stacy J Border
Alisha Perry
Abby M Baker
Leora M McKenzie
Christa L Robinson
Kassandra N Hensley
Infusion Solutions
Physical Therapy
Cardiology - MG
Administration
Patient Access
Human Resources
PCTE

2/18

Dana R Crouch
Samuel J Harrison
Cameron R Parker
Debra Schaffner
Elizabeth S Benedict
Nicholas E Hammonds
Amanda C Laws
Surgery
CT Scan
Home Health
Counseling Services
Central Billing Office
Informatics
Food Services

2/19

Riki A Watts,
Amber N Thornsberry
Irene R Rooney
Mary D McKenzie
Gretchen J Lister
Surgery
Surgery
Anesthesia Professionals
Central Billing Office
Central Billing Office

2/20

Katelyn M McWain
Kevin W Sharp
Janet S Puckett
Annie C Spegal
Emergency Department
Nuclear Medicine
Home Health
Specialty Practices Admin.

Susan A Lequire
Rhonda M Gerahart
Carolyn S Middleton

Food Services
Environmental Services
Environmental Services

2/21

Humphreys, Geri J
Schwab, Catherine L
Teresa K Terry
Stacy L Mills
Miroslawa E Sikorska
Sheri C Quinn

ICU
Outpatient Infusion Svcs.
Laboratory
Family Medicine
Pediatrics
Food Services

2/22

Scarlet R Strong
Jessi J Gully

Float Dept - Unit Sec
Hospice

2/23

Jennifer G Lewis
JoDonna L Wilson
Pamela R Compton
Pamela A Egelston

Retail Pharmacy
Home Health
Home Health
Food Services

2/24

Trisha G Miller
Cynthia M Adams
William B Pace
Jonathan D Duff
Matthew J Sparks

Speech Therapy
Home Health
Emergency Physicians
Printing
Environmental Services

2/25

Jordan Combs
Michael D Bradley
Steven D Wilson
Erica E Lewis

Emergency Department
Sleep Lab
Home Health
Home Health

2/26

Nathan A Porter
Angela M Beamon
Karen A Bledsoe
Linda R Griggs
Teresa L Stacy
Larry R Hamm

ICU
Family Medicine Express
Home Health
Informatics
Case Management
Facilities Management

2/27

Nancy P Brown

4th Floor Nursing

2/28

Carla D Holland
Rebecca J McClain
Carolyn A Farrow

Same Day Surgery
Pediatrics
FM - Menifee (Dental)

2/29

Jesse D Burton

Security Services



Staff Pharmacy Copay Discount & Payroll Deduction

St. Claire HealthCare staff enrolled with SCH's Humana Insurance Plan receive discounts on prescription copays.

Discounts are only given for staff members. Family members are not eligible.

- SCH staff with SCH's Humana Green & Blue Insurance Plans receive a 25% discount off prescription copays.
- SCH staff with SCH's Humana Red Insurance Plan receive a 25% discount off prescription copays up to a maximum of \$15.

Payroll deduction is also available as a one-pay deduction for prescription copays.

Payroll deduction can not be used for OTC (over-the-counter) products.

SCH staff must present their badge to receive copay discounts and use payroll deduction.



222 Medical Circle | Morehead, KY 40351

NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles/information to be placed in the SCH Newsbrief to SCHcommunications@st-claire.org.

View current and past Newsbriefs online!
www.st-claire.org/Newsbrief

Need a camera for a St. Claire event?

The Marketing/PR Dept. has several cameras available for loan. Call ext. 6927 to reserve one.



WINTER STORE HOURS

(Effective January - March)

Monday - Friday
8 a.m. - 5 p.m.

Saturday
10 a.m. - 2 p.m.

free CHILD DEVELOPMENT CLASSES
DESIGNED FOR PARENTS AND CAREGIVERS

What Are Services?

Learn what services are available for your child.

Tuesday, Feb. 13 • 6-7 PM
Rowan County Public Library - Community Room



Connect With Us!
SCRmedical



St. Claire HealthCare is a sponsored ministry of the **Sisters of Notre Dame** Covington Province