

# NEWSBRIEF

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## *SCH Food Services Brings Christmas Cheer*

Submitted by: Kacie Bledsoe



*Christmas Treat given to all TLC Study Participants*

St. Claire Food Services out-did themselves this year by presenting strawberry Christmas trees to clinic participants of the Terminate Lung Cancer (TLC) study. The TLC study aims to “Reduce the lung cancer burden in Northeast Kentucky through an academic/community partnership: A Terminate Lung Cancer (TLC) Study”. We want to give a special thanks to the St. Claire Family Medicine clinics that have completed their implementation phase, for their efforts and continued success in increasing their rates of lung cancer screening. The predominant goal of the TLC study is to impact rates of early-stage lung cancer detection and smoking cessation through clinically-focused dissemination and implementation strategies in the St. Claire Family Medicine clinics. To learn more about the study, visit [www.terminatelungcancer.org](http://www.terminatelungcancer.org).

### *Inpatients Receive a Special Christmas Treat*

To continue the holiday cheer, St. Claire Food services also treated all St. Claire Regional Inpatients to a special Christmas Day surprise! Mike Montes, SCH's director of food services, made sure all patients received a SCH Christmas card and a unique, handcrafted Christmas tree as a sweet treat in honor of the holiday.



*Christmas Tree given to all SCH Inpatients*



We've Got What You Need to Make Your Resolutions a Reality!

**ATHLETIC SHOES**  
**25% OFF**

Aetrex • Apex • Brooks • Dr. Comfort



**COMPRESSION SOCKS**  
**BUY 2, GET 1 FREE**



Reduce fatigue, swelling and pain in your legs and feet!

Choose from a variety of styles.

**INSOLES**  
**25% OFF**

Choose from a variety of styles to find the maximum comfort for you.



**DIGITAL SCALES**  
**25% OFF**



We offer a variety of scales, including one that will calculate your BMI.

**HMR FOODS**  
**15% OFF**



These quick, easy and delicious meals can help you lose weight and improve your eating habits.

**PEDOMETERS**  
**20% OFF**



A portion of the sale of the StepMate™ is donated to the American Cancer Society.

**SPORTS BRAS**  
**ONLY \$8\***



Energy Sports Bras by Activate  
\*Limited availability.

**free CHILD DEVELOPMENT CLASSES** designed FOR PARENTS AND CAREGIVERS



Join St. Claire's Pediatric Rehabilitation Therapy Team, Beth Reynolds, MS, OTR/L, Stacy Border, PT, DPT and Sarah Beth Bryan, MS, CF-SLP, for a series of FREE child development classes. The classes will focus on children newborn to 5 years, but everyone is welcome.

All classes will be held from 6-7 p.m. on the dates listed at the Rowan County Public Library's Community Room.

Childcare will not be provided.

- JAN 16** **Hitting the Milestones!**  
Help your child reach developmental milestones
- FEB 13** **What Are Services?**  
Learn what services are available for your child
- MAR 13** **Play and Positioning**  
Help your child play and develop appropriately
- APR 10** **Making Mealtime Fun**  
Picky Eaters and Problem Feeders - Part 1
- MAY 15** **Making Mealtime Fun**  
Picky Eaters and Problem Feeders - Part 2
- JUN 12** **Getting My Child Moving!**  
Understand the importance of physical activity
- JUL 17** **Promoting Language**  
Promote language in play and home routines
- AUG 14** **Early Literacy Skills**  
Help your child develop early reading skills
- SEP 18** **Technology in Development**  
Learn the role technology plays in skill development
- OCT 16** **Do You Want To Play?**  
Develop appropriate social interaction skills
- NOV 13** **Getting Through the Day**  
Emotional, Self-Regulation and Behavior Management
- DEC 11** **Taking Care of Myself!**  
Teach daily, self-care routines including toileting



[www.st-claire.org](https://www.st-claire.org)

For more information, contact Beth at 606.783.7780.

# 2017 A Year in Review

## St. Claire HealthCare Introduces New Branding and Logo



St. Claire HealthCare and a new branding logo that incorporates all of its services and entities was introduced in September 2017. St. Claire Regional Medical Center will always be the core of St. Claire HealthCare, but we are so much more as we have become an integrated healthcare system serving a population of over 160,000 people in 11 counties.



## Opened First Retail Pharmacy

St. Claire's first retail pharmacy opened in May 2017 offering both prescription and over-the-counter medications, as well as a concierge Meds-to-Bed program to assist our patients and their families.

## Launched "ONE" Integrated Electronic Health Record System



In July 2017, SCH began the implementation of "ONE" Integrated Electronic Health Record system. ONE will create a greater focus on patient care and standardization of processes across both inpatient and outpatient care settings; thus, improving patient care and patient safety while reducing costs.



## St. Claire Family Medicine Opened Second Location in Morehead

St. Claire Family Medicine was happy to announce the addition of a second location on the northside of Morehead. The clinic, formerly known as Health Plus, opened as St. Claire Family Medicine - Morehead-North in September 2017.

## St. Claire Medical Pavilion Construction Phases



Feb. 2017



Aug. 2017



Dec. 2017

St. Claire Received Nuance Customer Impact Award



St. Claire Family Medicine Earned National Recognition for Patient-Centered Care

St. Claire Hospice won Deyta Hospice Honors Award

## St. Claire HealthCare Welcomed 11 New Physicians in 2017



Joshua "Cory" Bailey, MD  
Pain Management



Ashley Brown, MD  
Emergency Medicine



Marie Dennison, MD  
Family Medicine



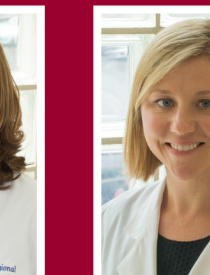
Tyler Elam, DO  
Family Medicine



Mohamed Elshayeb, MD  
Nephrology



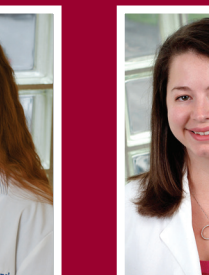
Lesley Jackson, MD  
Family Medicine



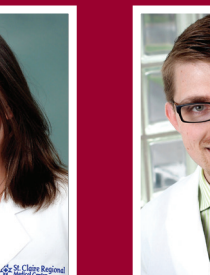
Kristen Owen Kusterer, MD  
Psychiatry



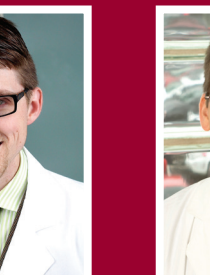
Shea Lambirth, MD  
IM/Hospitalist



Kristen Murphy, DO  
Family Medicine



Logan "William" Murphy, DO  
Family Medicine



Oliver "Thomas" Newcomb, IV, MD  
Urology

## St. Claire HealthCare Welcomes New Staff

<b>Chantae B Bryant</b> ICU	<b>Ashleigh M Gasparac</b> Nursing Professional Devlp	<b>Beverly A Manning</b> Environmental Services	<b>Jessica A Sellers</b> Social Services	<b>Alberta A Wells</b> Environmental Services
<b>Jo A Burris</b> 4th Floor Nursing	<b>Sarah Gibson</b> 3rd Floor North	<b>Jaime P Martinez</b> Home Health	<b>Kimberly J Shapaka</b> 4th Floor Nursing	<b>Chanel J Wilder</b> Behavioral Health Unit
<b>Michelle L Butler</b> Environmental Services	<b>Joseph S Greenhill</b> Nursing Administration	<b>John D McDowell</b> Respiratory Therapy	<b>Tiffany L Shrout</b> Nursing Administration	<b>Crissie M Wolfe</b> Float Dept. - Unit Sec
<b>Pamela S Campbell</b> ICU	<b>Nancy N Gulley</b> Hospice	<b>Kelly L McHugh</b> Diagnostic Imaging	<b>Andrea L Spencer</b> Environmental Services	<b>Brett A Yoder</b> THC
<b>Roger L Carpenter</b> Bio Medical Engineering	<b>Molly M Helton</b> Gastroenterology - MG	<b>Brianna Mekelburg</b> Pharmacy	<b>Kiersten N Thomas</b> ICU	
<b>Russell W Craycraft</b> Information Technology	<b>Calyssa J Howard</b> Behavioral Health Unit	<b>Cameron R Parker</b> Home Health	<b>Todd A Vance</b> Infusion Solutions	
<b>Tiffany M Followay</b> Surgery	<b>Keshia L Howell</b> Patient Access	<b>Gary W Rogers</b> Environmental Services	<b>Karen Webb</b> 4th Floor Nursing	

### JANUARY 2018

## EDUCATIONAL OPPORTUNITIES



### C.E. Programs

**Jan. 17 | Interdisciplinary Grand Rounds**

Noon - 1 PM, SCR Library - Education Room  
Credit: ACPE, Category 1 AMA

**Jan. 19 | Tumor Board**

8 - 9 AM, SCR Teleconference Room  
Credit: ACPE, Category 1 AMA

### Nursing Professional Development Educational Offerings

To register, go to CareLearning: <http://intranet:9000/>

**Jan. 11 | Secure Training Recertification**

8 AM - Noon, CHER 102 ABCD

**Jan. 16 | CATS Lecture Series**

Noon - 1 PM, Café D

**Jan. 16 & 23 | Basic Dysrhythmia Course**

8:30 - 11:30 AM  
Sim Lab (MMS - door immediately on your right through main entrance. Knock for entry.)

**Jan. 22 | BLS Skills Check-Off**

8 AM - Noon (30 min. sessions)  
Café B

**Jan. 30 | BLS Check-Off**

1 - 4 PM, CHER 208  
Register with KaSandra Hensley at [kassandra.hensley@st-claire.org](mailto:kassandra.hensley@st-claire.org) or ext. 6830

**Jan. 24 | Inpatient Pediatric Nursing Competency - Session 3**

8:30 - 11 AM, Café B

**Jan. 25 & 26 | ACLS Full Two-Day Course**

Registration: 8 AM, Class 8:30 AM - 4:30 PM  
Sim Lab (MMS - door immediately on your right through main entrance. Knock for entry.)

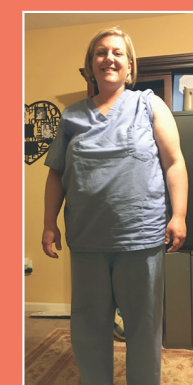
**Jan. 30 | PALS Renewal**

Registration: 8 AM, Class 8:30 AM - 4:30 PM  
Sim Lab (MMS - door immediately on your right through main entrance. Knock for entry.)



**“St. Claire Surgical Weight Loss has given me a New Life!”**

- Kristin Vinson  
Mt. Sterling, KY



**Kristin Before Surgery**

*Only six months later, she has lost 72.6 pounds.*

“I get very emotional when I reflect on what this surgery has done for my life. Due to weight related health problems, I wasn’t able to be as active as I wanted to be as a mother. My son, Kaden, means the world to me and I wanted him to have the mother he deserved. That was my ultimate decision maker to proceed with surgery.

Since my surgery, I am now free of hypertension, migraines and sleep apnea! My son and I get to enjoy playing soccer together, go hiking and just have fun!”

**St. Claire Surgical Weight Loss**

**Ready to change your life?**

Register for a **FREE SURGICAL WEIGHT LOSS SEMINAR!**  
Visit [www.st-claire.org/surgicalweightloss](http://www.st-claire.org/surgicalweightloss) or call **606.356.4814**.

DONATIONS NEEDED!

*Community Soup Kitchen*  
Canned Food Drive

JANUARY 15 - MARCH 15

As the holiday season comes to a close, there is a great need to replenish pantry shelves at the Morehead Community Soup Kitchen. The soup kitchen offers meals 5 days a week and typically feeds 200 people per meal.

Help St. Claire HealthCare win the YPA's Community Soup Kitchen food drive. Donate today!

Food Priorities: Corn, Green Beans, Fruit, Carrots, Peas and Beans

Items can be dropped off in the St. Claire Cafeteria in the clear bin.



222 Medical Circle | Morehead, KY 40351

# Emerald Ball

Saturday, February 10, 2018  
6 - 10 PM

Morehead Conference Center  
111 East First St.  
Morehead, KY 40351

Single Ticket: \$25  
Couples Ticket: \$35

Tickets are available for STAFF purchase via cash or payroll deduct from EMPACT members.



## NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles/information to be placed in the SCH Newsbrief to [SCHcommunications@st-claire.org](mailto:SCHcommunications@st-claire.org).

View current and past Newsbriefs online!  
[www.st-claire.org/Newsbrief](http://www.st-claire.org/Newsbrief)

Need a camera for a St. Claire event?

The Marketing/PR Dept. has several cameras available for loan. Call ext. 6927 to reserve one.



Connect With Us!  
SCRmedical



St. Claire HealthCare is a sponsored ministry of the Sisters of Notre Dame Covington Province