

St. Claire Regional Medical Center

NEWSBRIEF

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St. Claire Regional Sleep Center Approaches 20th Anniversary With Best Fiscal Year Yet

Nearing the 20th anniversary of its opening, St. Claire Regional's (SCR) Sleep Center is celebrating its most productive fiscal year to date. The Sleep Center completed 910 sleep tests during the 2016 fiscal year, an increase of 118 from the previous year. Ninety-nine of those tests came in a single month, marking the Sleep Center's best month in over eight years.

SCR's sleep medicine professionals specialize in diagnosing and treating a wide variety of sleep-related disorders like sleep apnea, restless leg syndrome, narcolepsy and insomnia, just to name a few. The Sleep Center is one of only a few sleep labs in Kentucky that also provides therapy for infants and toddlers.

“Breaking these records in our 20th year is a true testament to the work and dedication of everyone involved, and our flexibility to evolve with all of the various changes in healthcare.”

Jeff Hughes, RRT, RPSGT

Jeff Hughes, RRT, RPSGT, SCR Outpatient Pulmonary Service Line coordinator and Sleep Center manager, says the Sleep Center also receives more referrals from other providers than ever before, building the center's status in the healthcare community. “It shows that not only our Medical Staff supports and appreciates what we do for our adult and pediatric patients, but providers outside SCR do as well.”



SCR Outpatient Pulmonary Service Line Coordinator and Sleep Center manager Jeff Hughes, RRT, RPSGT, shows an example of tests performed at SCR's sleep lab.



SCR Implements No Pass Zone

Every Employee
Every Light
Every Time

Submitted by: **Tammy Brandenburg**

Response time to call lights is one of the most highly correlated factors to patient safety, fall prevention and patient's overall satisfaction. In order to enhance patient satisfaction, St. Claire Regional implemented the "No Pass Zone" earlier this month.

Patients often view call lights as their "lifeline." Call lights are one of the few things over which patients have control, and are more likely to be used when the patient is fearful or has little confidence staff will stop in on his/her own.

It is the responsibility of EVERY EMPLOYEE to assist our patients, visitors and each other! We must be vigilant about answering EVERY LIGHT within a reasonable time frame. It is not enough to do this some of the time or even most of the time – it needs to be done EVERY TIME! The only time it is acceptable to pass by a patient's activated call light is when you are with or actively caring for another patient (e.g. carrying/delivering meds, pushing patient from one room to another).

HEADS UP: What to do when you see a call light

- Heads up! Look for the light.
- Enter the room and introduce yourself.
- Attend to and inquire about the patient's needs.
- Determine what you can or cannot do.
- Safety first! Make sure we never put our patients at risk.
- Understand and provide what the patient is asking for.
- Pass it on if you cannot fill the need yourself.

Thank you from the family of James "Jim" B. Driskell, Sr.

Today, we want to take the time to thank the staff at St. Claire Regional Medical Center from the 3rd floor area. Recently our father was a patient there. His stay there became more extended than we originally anticipated. He was suffering and had a pretty rapid decline, and it was very difficult at times. Every single day of being with dad, our family was able to experience more than just great care for my dad's needs. We saw the great compassion for him as a person.

As a family, we also were moved by the way we were helped. So glad we put our trust in the amazing people who cared for our dad (doctors and nurses, you know who you are). The Hospice team also became involved early on. Knowing they talked directly to dad and asked him what he wanted and how he felt each time they came to him, meant a lot to us also. They kept his dignity intact by doing that. That means so much to us. Also, the times Jesse, the Chaplain, came and talked to us were very memorable.

So often in life, we hear negatives, but today we would like to give great praise to this awesome team. When we prayed for God to send angels to dad's side, it was an answered prayer. We will be forever grateful to God for appointing you all to be his caregivers!

Cindy Reed (James' daughter)

Schedule Your Child's School Entry Dental Exam Today!

St. Claire Regional Dental Clinics



SCR Family Medicine Dental offers:

- ✓ Complete exams, x-rays and cleanings
- ✓ Fillings (White & Silver) and extractions
- ✓ Crowns, bridges, full and partial dentures

St. Claire Regional
Family Medicine

✦ St. Claire Medical Group



David Graham, DMD

SCR Family Medicine-Morehead
316 West Second Street
606.783.7701



Emily Blevins, DMD

SCR Family Medicine-Frenchburg
732 Highway 36
606.768.6345

AHEC Educates and Advocates for Funding in Washington, DC

Submitted by: [Nicole Winkleman](#)

Five staff members represented the Northeast Kentucky Area Health Education Center (NE KY AHEC) at this year's National AHEC Organization (NAO) Conference held June 27-30 in Washington D.C. This biennial conference brings AHECs from across the nation together to collaborate and share ideas, and this year, the NE KY AHEC presented on three of its own innovative projects.

Former Health Careers Coordinator Ashley Shelton presented the workshop, "Plugging the Leaky Pipeline: Post-Secondary Internships to Promote Health Careers and Community Partnerships," discussing the Summer Health Internship Program (SHIP) along with representatives from the Southern Vermont and Manhattan-Staten Island AHECs, where they also offer similar programs.

NE KY AHEC Center Director David A. Gross discussed their cancer roundtable project funded by a grant from the George Washington Cancer Institute during the workshop, "Regional AHECs' Role in Integrating Chronic Disease and Comprehensive Cancer Control Activities." The NE KY AHEC is one of only four AHECs in the country awarded this grant to support cancer and chronic disease integration efforts.

Gross, Assistant NE KY AHEC Center Director Lainey Mattox and Student Services Coordinator Jessica Caudill presented the workshop "A Regional AHEC's Use of In-State Medical School Data to Guide its Health Careers Programming." Following a report of local students' low application and matriculation rates to in-state medical schools, the NE KY AHEC developed two

physician pipeline programs. This presentation described the programs' formation and early successes and made the case for heightened regional responsibility in the development of medical school applicants.

Since the conference was held in the nation's capital, advocacy was also a large component of this year's event, with participants spending one day on Capitol Hill advocating to increase AHEC funding from \$30 million to \$40 million annually. Gross, Caudill and NE KY AHEC Education Coordinator KaSandra Hensley joined their Kentucky AHEC colleagues in meeting with congressional aides to share information on the meaningful impact AHECs make to rural and medically-underserved communities. The Kentucky AHECs met with aides for U.S. Congressmen Andy Barr, Thomas Massie, Ed Whitfield and Hal Rogers, as well as U.S. Senators Mitch McConnell and Rand Paul.

"Whether it's sharing lessons learned from our programs or jointly advocating for increased funding, I believe it's imperative that the Northeast AHEC remain plugged in at the state and national levels," Gross says. "We also learned several new things at this event that we will put into effect within our region."



Former Health Careers Coordinator Ashley Shelton discusses the Summer Health Internship Program (SHIP) during a panel on post-secondary internships.



NE KY AHEC Center Director David Gross, along with other AHEC staff members from across the state, visited Capitol Hill in Washington DC to discuss the importance of continued funding for AHEC programs and services with the legislature.

Highlighting our champions



The following comments are from SCR patients who completed our Press Ganey patient satisfaction surveys in June.

INPATIENT

Robin Donehue, RN, helped me immediately!

Barb Wilson, RN, and all the other nurses and doctors had my interest as top priority. They all made me feel very special!

I can't remember all the names: **Mindy Huston, RN**, and **Barb Wilson, RN**, and all the other nurses were very courteous and genuinely cared. They treated me more like family than a patient- I really liked that, made me feel at ease.

Jacob Perry, MD, was great.

Robin Donehue, RN, did a wonderful job during this process. She was extremely helpful during this time.

Frank Labarbara, MD, and **Rebecca Todd, MD**, were wonderful! I'm so glad I was able to stay close to home and receive exceptional care!

Chelcee O'Cull, RN, was a wonderful nurse! She provided exceptional care throughout this difficult time for me and my family. Overall, all the girls on 4th floor were really great! Well done!

HOME HEALTH

Jenny Everman, RN, was very effective in care and treatment. She always called when she was on her way and made certain to care for all concerns.

If I am not feeling well on a scheduled visit date, **Kara Given, RN**, is always willing to change to another day and always calls to see how I feel before coming.

Kara Given, RN, is very friendly and helpful. She is always willing to accommodate and goes beyond normal help and care. She even gave me her home number and said call anytime, day or night. She makes you feel like family.

Kara Given, RN, is a valuable asset as a nurse to your home health program. **Gina Porter, PTA**, was good.

Gina Porter, PTA, is awesome and the best.

Susie Hargett, RN, was everything I could ever ask for in a home health nurse. She was great; and she became a good friend!

I'd recommend **Susie Hargett, RN**, to anyone and I give her an A+.

GOOD WORK **Susie Hargett, RN**, and MISS YOU already!

My nurse, **Shannon Moore, RN**, is the best nurse I've ever had with St. Claire Regional's Home Health.

Janet Pucket, HHA, is the best, she does a great job.

Kim Moore, RN, is the sweetest, most concerned home health nurse I've met, she takes great care for my grandmother!

Cynthia Adams, RN, is excellent. She is timely, polite, competent and respectful.

MEDICAL PRACTICE

I always see **Clarence Clayton, DPM**, in wound care and in his office. He is the best doctor or I would have lost my foot.

I'm very pleased with my care provider, **Kim Bromagen, PA**.

Clarence Clayton, DPM, is an excellent physician.

Would recommend **Aaron Banks, DO**, very highly to others.

Dreama Rucker, MD, and staff are wonderful.

Tammy Wilson and **Bonnie Cooper** of the front desk staff are so pleasant and make you feel welcome.

Penny Littleton, RN, has always been friendly and knowledgeable.

Been a patient of **Clarence Clayton, DPM**, for several years and seems to be personable as well as quite knowledgeable.

I have had excellent care from **Clarence Clayton, DPM**, and his staff, whether we are dealing with a serious concern or routine care.

Lisa Back, APRN, is good at her job.

I like **Caryn Grim, PA**, very much.

Alicia Swim, LPN, is wonderful. Makes my children feel very welcome and comfortable. She is always great with them.

Amanda Ramey, DO, is amazing. She is always so caring for our family. She goes above and beyond to make sure that my family has everything we need to be taken care of.

Jessica Hatton, CMA, was my nurse and she was extremely nice and personable.

This was the first time I had seen **Caryn Grim, PA**, and I was so pleased! She was so nice and just great overall. I felt very confident with her as my healthcare provider and I plan to continue to see her for future appointments and have already recommended her to others.

I always have an awesome experience with **Amanda Ramey, DO**, and her nurse **Alicia Swim, LPN**. They work around my schedule and will see me whenever needed. So caring.

Dreama Rucker, MD, and staff are wonderful.

Lisa Back, APRN, is good at her job

I followed **Dreama Rucker, MD**, from her location in Morehead to Frenchburg because I trust her and have faith in her abilities as a physician. She never rushes me and answers all my questions, which is a service I know she provides all her patients.



August 2016 Birthdays

8/1

Becky Lynn Crank Food Services
 Lisa Michelle Elliott MMS Administration
 Amber S Kuykendall Emergency Department
 Carolyn A Moore FM - Olive Hill
 Teresa J Swartz FM- Owingsville

8/2

Elizabeth L Matera FM - Olive Hill
 Aryn M Meritt Pastoral Care
 Brittany Nicole Riddell Diagnostic Imaging
 Krista Lynn Staton MMS Administration

8/3

Charlie Matthew Cantrell Respiratory Therapy
 Amanda B Humphreys Infusion Solutions
 Gena Marie Williams MMS Clinical Services

8/4

Susan Marie Craig Behavioral Health Unit
 Kimberly Lee Glisson Emergency Department
 Thomas E Lewis Foundation
 Cassandra Nicole Roysse 4th Floor Nursing

8/5

Cathy C Galloway Infusion Solutions
 Kenneth Sean Hensley Physical Therapy
 Jodie Ann Middleton Home Health

8/6

Matthew Tyler Greene Infusion Solutions
 Lois J. Vice ICU

8/7

Misty M Buelterman Infusion Solutions
 Allison Leigh Gregory TCU

8/8

Leatha F Backus Patient Access
 Kimberly Y Bromagen FM- Owingsville
 Suanne Stokes Bushong Radiology Physicians
 Tammy Renee Hatfield OPCC
 Carol Lynn Kelsey ICU

8/9

Kayla Dawn Brown MMS Clinical Services
 Evelyn Gale Hall Food Services
 Brandy Lynn Kidd Environmental Services

8/10

Trina O Adams Cave Run General Surgery
 Phelan D. Bailey Emergency Department
 Casey Raeann Burke Family Medicine Express
 Craig H Burrows FM - Morehead
 Jeanne Frances Cleves Nursing Administration
 Brenda Kay Evans Environmental Services
 Amber Friend Gregory Occupational Therapy
 Sarah Alane Hurlburt MMS Administration

8/11

Erma C Crouch OPCC
 Tabatha Lynn Harmon Laboratory
 Christopher S Hord Emergency Physicians

Adam Von Mullen Family Medical Supply
 Delena R Peters Nursing Administration
 Teri Lyn Roberts MMS Clinical Services

8/12

Mary Alice Carter Central Billing Office
 Paula Jean Kouns Laboratory

8/13

Nicole Renee Butler Anesthesia Professionals
 Jessica Gayle Caudill RPLP
 Patricia A Gardner Pathology
 Opal Harmon Food Services
 Malie Noelle Oney Same Day Surgery
 Tami M Sammons Central Billing Office
 Dianna Lynn Trusty Food Services

8/14

Corey Lee Campbell FM - Morehead
 Brandy Nicole Krueger MMS Administration
 Rhonda Gale Riley Float Dept - Unit Sec
 Caitlin Marie Sinclair House Staff
 Carlissa Lashelle Zornes MMS Clinical Services

8/15

David A Burns Pharmacy
 Lynzee Noel Preece Emergency Department
 Kristin Delaine Vinson Surgery

8/16

Gregory J Bausch Medical Group Admin
 Stephen A Williams Radiology Physicians

8/17

Anna Kathern Gray 3rd Floor North
 Alisca R Musser-Elliott Home Health

8/18

Rhonda Lee Craig Nursing Administration
 Jeffrey Hughes Sleep Lab
 Sheila Jean Larsen Infusion Solutions

8/19

Cassie Louise Dailey Food Services
 Tiffany Danielle Debord Sleep Lab
 Katherine N Endicott 3rd Floor Central
 Kayla R Jones Home Health
 Ricky D Lewis Security Services
 Stacy Lynn Triplett Echo
 Leann Lewis Turley Pharmacy

8/20

Lisa Crouch Laboratory
 LeeAnn Dawn Dotson 3rd Floor North
 Mansha U Kahloon MMS Clinical Services
 Sheree Dawn Walker Emergency Department

8/21

Kristina Lynne Bragg Case Management
 Donna L Cook Environmental Services
 Lee Ann O'Bryan Informatics
 Jonathan Carlos Perdue Pharmacy

8/22

Keira Dawn Clark Infusion Solutions
 Tara Lea Laudermit Central Billing Office
 Penny Pyle Littleton Wound Care/Hyperbaric
 Blair McKinney Patient Access

8/23

Joseph E Easter Environmental Services
 Ashley D Perry MRI
 Daisy Darlene Young 3rd Floor North

8/24

Jay Michael Burton Cave Run General Surgery
 Theresa L Hanshaw FM - Olive Hill
 Katrina Glen Ison SPD
 Kayla J Nichols 3rd Floor North
 Natalie Michelle Royce Environmental Services
 Stephanie J Simmons MMS Administration

8/25

Rebecca Jane Hamric Environmental Services
 Matthew G Lewis Cardiology
 Kimberly B McCloud Home Health

8/26

Sylvia Lynn Hedge Surgery
 Derrick W. Stowers Infusion Solutions
 Mary Lou Webb Surgery
 Paula Jean Williams Family Medical Supply

8/27

Donna Marie Besant Food Services
 Melissa Duff CRSS
 Carrie Emmons Home Health
 Matthew Ian Watts Medical Group Admin
 Chad D Wright Emergency Physicians

8/28

Sharon I Allen-Kinney Grants
 Marcia Lynn Lindsey Food Services
 Regina D Porter Home Health

8/29

Brittany Nicole Benton 4th Floor Nursing
 Joshua E Griffith Respiratory Therapy
 Corey Blake Pritchard Emergency Department
 Lisa Mae Westerman Float Dept - Unit Sec

8/30

Sheena Dawnae Fox Family Medical Supply
 Joshua Ratliff Information Services

8/31

Kristen Elaine Carmon Diagnostic Imaging
 Richard Hager Darnell Infusion Solutions
 David W Victor Cave Run General Surgery
 Mandy S. Webb 3rd Floor Central



St. Claire Regional Medical Center

Join SCR's Relay for Life Team
Saturday, July 23
6 pm - 10:30 pm
Laughlin Gym on MSU's Campus



UPCOMING C.E. Programs

July 26 | BLS Check Off

1:00 - 4:00 PM

CHER 208

Register with KaSandra Hensley at

kasandra.hensley@st-claire.org or ext. 6830.

July 28-29 | Advanced Life Support in Obstetrics (ALSO)

8:00 - 5:00 PM

CHER 102

Register online at www.neahec.org/ALSO; deadline June 30, 2016. For questions, contact KaSandra Hensley at

kasandra.hensley@st-claire.org or ext. 6830

August 3 | Journal Club

12:00 - 1:00 PM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

August 4 | Domestic Violence Training

5:30 - 8:30 PM

CHER 102d

Credit: Category 1 AMA, Nursing

Register online at www.neahec.org/DomesticViolence.

August 5 | Tumor Board

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA, Nursing

August 9 | BLS Check Off

1:00 - 4:00 PM

CHER 208

Register with KaSandra Hensley at

kasandra.hensley@st-claire.org or ext. 6830.

August 10 | Morbidity & Mortality

12:00 - 1:00 PM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

August 17 | Interdisciplinary Grand Rounds

12:00 - 1:00 PM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

Back to School with *Vera Bradley*

Date: Thursday, July 21 | 7 am - 4 pm

Date: Friday, July 22 | 7 am - 3 pm

Location: Cafe B

Backpacks, Lanyards, Totes, Lunch Boxes and Much More!

Register to win Vera Bradley Products &

Free gift w/ \$100 Regular Price Vera Bradley Products.

For more information call 606.783.6797.

Advanced Life Support in Obstetrics

Date: July 28 & 29

Location: CHER 102

This course is intended for physicians, nurses and other interested health care professionals.

Register online at www.neahec.org/ALSO

For more information, contact KaSandra Hensley at kasandra.hensley@st-claire.org.

“Proclaiming God’s
goodness through
a healing ministry
to the people of
Eastern Kentucky.”

The Mission of
St. Claire Regional



222 Medical Circle • Morehead, KY 40351



St. Claire Regional is
a sponsored ministry of the
Sisters of Notre Dame
Covington Province

NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed
in the SCR Newsbrief to michael.ash@st-claire.org

Visit the SCR web site at www.st-claire.org/newsbrief
to read past editions of the SCR Newsbrief

Need a Camera to Cover a SCR Event?

The Marketing/PR Dept. has several
cameras available for loan.

Contact Cody Evans at ext. 6927 for more information.



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