

St. Claire Regional

NEWSBRIEF

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Extraordinary staff *doing* Extraordinary things *Truly living our mission...*



Pictured from left to right: Mark Bailey, MD, ED physician; Mark J. Neff, President/CEO; Lerae Wilson, VP Patient Services/CNO; Linda Fultz, VP Quality and Resource Management; Margi Conn, RN; Caren Daniels, MD, Associate Chief Medical Officer; Michelle Garvin, RN; Chris McClurg, CFO; Saranda Blevins, RN; Phelan Bailey, RN, director of emergency services; and Monica Stevens, RN.

Submitted by: Mindy Morris-Sexton

SCR Leadership and management paused on Sept. 12 to honor and recognize emergency department staff: **Mark Bailey, MD, emergency physician; Saranda Blevins, RN; Monica Stevens, RN; Shellie Wilburn, RN; and Margi Conn, RN**, for their commitment to exceptional patient care.

A mother and daughter who were traveling through the area entered into the emergency department with a small concern that turned into much more. The daughter's condition became critical and she had to be transferred to higher care. In addition to treating her illness, the staff went above and beyond by making sure that the family was taken care of. They took up a collection of food, toiletries and money so that all the family needed to worry about was their daughter's health.

The following is an excerpt from a card the patient's mother sent: "We will never forget the compassion and care you've shown to us. We are still talking about it. You are phenomenal."

"We will never forget the compassion and care you've shown to us. We are still talking about it. You are phenomenal."

-Patient's Mother

St. Claire Regional Leading the Community in Growth and Development



Mark J. Neff, SCR President/CEO, addressing members of the Chamber at the meeting. Also pictured, William Melahn, MD, SCR Chief Medical Officer; Riki Watts, RN, MSN, SCR director of surgical services; Jacob Perry, MD, SCR general surgeon; and Mayor Jim Tom Trent of Morehead.

St. Claire Regional (SCR) made a big impact during the Morehead-Rowan County Chamber of Commerce Sept. 1 luncheon! During the meeting, SCR leadership and physicians served as special guest presenters, while SCR's Aramark provided a tasty lunch.

Mark J. Neff, SCR President/CEO, spoke to chamber members about recent developments, anticipated growth and our newest surgical service, surgical weight loss. He then introduced Jacob Perry, MD, SCR general surgeon, who spoke in-depth about bariatric surgery at SCR and how it can benefit our state, which is considered the fifth most obese in the nation.

William Melahn, MD, SCR Chief Medical Officer, provided education about efforts that are being taken against narcotics as a direct result of the recent influx of tainted heroin in the area. Melahn has been leading

SCR's initiative to join forces with community leaders and local law enforcement officials to prepare for and combat overdoses with the Narcan antidote. SCR is providing the antidote to first responders and local law enforcement agencies free of charge. In an effort to continue to fight the epidemic, the newly formed taskforce also held a community forum at the Morehead Conference Center on Tuesday, Sept. 13, where there were more than 200 people in attendance.

SCR is a proud member of the Morehead-Rowan County Chamber of Commerce and is very thankful for all that it does for its members and our community.



Welcome our new hospitalist: Steven C. Davis, MD

St. Claire Regional is proud to announce the addition of our new hospitalist, Steven C. Davis, MD, internal medicine physician.

Davis joined St. Claire Regional's Medical Staff in early August as a hospitalist, where his focus is on the care of our patients while they are hospitalized.

Davis received his medical degree from Marshall University Joan C. Edwards School of Medicine in Huntington, West Virginia, and completed his residency at the University of Kentucky.

We now offer bariatric surgery, *close to home!*



Surgical weight loss can change your life!

If your weight is negatively impacting your health and limiting your mobility, bariatric surgery might be right for you.

St. Claire Regional (SCR) general surgeons Jim Lynch, MD, and Jacob Perry, MD, are now performing the vertical sleeve gastrectomy, commonly referred to as gastric sleeve. The gastric sleeve is a minimally invasive surgical weight loss solution that can result in a considerable amount of weight loss over a short period of time. Not only will you look better, but you'll feel better, as you will dramatically reduce your risk of obesity-related health issues, like diabetes, heart and lung problems, stroke, sleep apnea, joint disease and many more.

Surgical weight loss can change your life! You may qualify for gastric sleeve surgery at SCR if you are over 18 years of age and have a Body Mass Index (BMI) of over 40, or your BMI is over 35 and you are experiencing obesity-related health issues.

You're invited to join us for a FREE educational seminar on Tuesday, Oct. 11, at 6 p.m. at the CHER Building, where you will also get to meet our surgical weight loss team.

Call or text 606.356.4814 by Oct. 7 to RSVP. To learn more about surgical weight loss at SCR, visit us online at www.st-claire.org/surgicalweightloss or call 606.784.7551.

 **St. Claire Regional**
Surgical Weight Loss

St. Claire Regional can now perform Stereotactic Biopsies any day of the week



The first stereotactic biopsy with the new unit was performed Sept. 1 by Stephen Williams, MD, SCR Radiologist; Mammography/Radiation Technicians Becky Patrick, RT; and Louise Lamb, RT, Women's Imaging Manager; Sigrid Turner, RN, BSN, Patient Care Coordinator; and (not pictured) Ashley Hollingsworth, RN, BSN.

St. Claire Regional can now perform stereotactic biopsies any day of the week, as we recently installed a Senographe Essential Stereotaxy (add-on) for our mammography unit in Women's Imaging! Having a permanent unit allows performing physicians to schedule same or next-day stereotactic biopsy appointments. This will greatly benefit our patients' anxiety as their wait time to have a biopsy will be significantly reduced and will allow us to provide more accurate access to the breast lesion with a broader field of view as the patient can either sit upright or lie down with comfortable positioning options.

Leadership Promotions

Join us in welcoming Travis A. Bailey and Sr. Judi Lambert to their exciting new roles!



Travis A. Bailey was recently promoted to **Senior Vice President of Administration and Chief Strategy Officer**. In this role, Travis will provide leadership support across the organization. Additionally, he will assist with SCR's organizational strategy development in keeping up with the evolution of the healthcare industry.



Sr. Judi Lambert, a Sister of Notre Dame, was recently promoted to **Vice President, Mission Integration**. In this role, Sr. Judi will serve as an advisor to the Board, President/CEO and members of the administrative staff on matters relating to mission, philosophy, ethics, sponsorship and values integration within the organization. She will also continue in her role as Director, Pastoral Care.

St. Claire Regional and Morehead Law Enforcement team up to prepare for possible shooter event

St. Claire Regional (SCR), the Morehead Police Department and the Morehead Swat Team recently completed a Code Silver (active shooter) drill to ensure preparedness in the event of a real shooter situation.

SCR performs drills multiple times a year to promote the safety of staff, patients and visitors. “We want to make sure every department is prepared and there are no vulnerabilities,” said Gary Clarke, SCR disaster preparedness consultant. “My goal is to make sure everyone feels comfortable and safe coming to work, so that in the unfortunate event that something like this actually occurs, everyone would be trained and able to protect.”

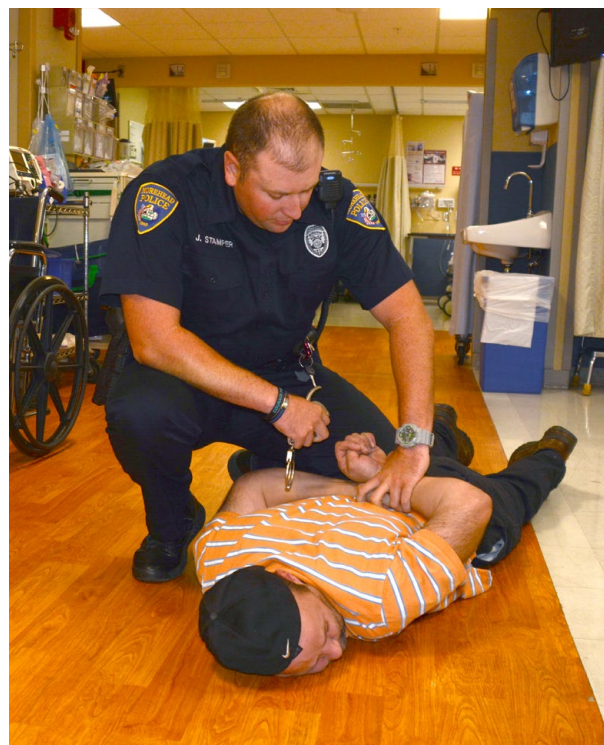
SCR’s Disaster Committee is responsible for prioritizing the likelihood of various disaster events and planning the appropriate SCR Staff response via policy, educational training and drills. “Due to the increase in active shooter occurrences in the United States and across the world, our Disaster Committee has made the Code Silver drill a top priority,” said David Race, MD, Medical Director, Disaster Preparedness, and Disaster Committee Chair. Over the past two years, SCR has performed four Code Silver drills in collaboration with the Morehead Police Department, and three with the Morehead Swat Team.

“I am impressed with how realistic this drill was,” said Clarke. “We didn’t want staff to know about the drill ahead of time so we could gauge their true reactions.” On Thursday, Aug. 25 at approximately 5:30 a.m., Jackie Campbell, playing the role of a battered female, arrived at the Emergency Department frantically screaming that she had been beaten by her ex-husband, who was armed and coming after her. SCR staff member Charlie Mers, playing the role of the shooter, arrived shortly after acting uncontrollably. Campbell was rescued by the Morehead Swat Team, and after a brief struggle, Mers was apprehended by Morehead Patrolman Jeff Stamper. “Playing the role of the shooter was exciting,” Mers said. “But more importantly, I was happy to be able to help my coworkers become more prepared.”

There were several successful reports of people hiding, staying quiet and refusing to open doors for anyone who asked. “Locking doors and hiding takes priority,” said Morehead Chief of Police Derrick Blevins. “In the case of a Code Silver, that will save more lives than anything, because what you can do before we arrive is better than what we can do by the time we’re here.”

Drills like these are not only beneficial for staff, but for first responders as well. “The opportunity to train inside the building gives first responders a better idea of hospital operation and layout,” said Stamper.

“SCR Staff were better educated and more prepared for this Code Silver drill than ever before,” Clarke added. “This drill is just another step in the right direction when it comes to disaster preparedness for both SCR and our region.”



Morehead Patrolman Jeff Stamper handcuffing SCR Utility Assistant Charlie Mers, who played the shooter during the drill.



From left, SCR Disaster Preparedness Consultant Gary Clarke; SCR Patient Care Coordinator Billy Thomas, RN; Morehead Patrolman Jeff Stamper; Morehead Chief of Police Derrick Blevins; and SCR Utility Assistant Charlie Mers.

SCR Food Services wins "Best Entree" at Morehead Arts & Eats

St. Claire Regional's Food Services won the Best Entrée award at the 6th annual Morehead Arts & Eats Fest Saturday, Sept. 17! Our winning dish was a delicious bison burger with apple chutney. This year's menu also included red skin potato salad, Italian cream soda and caramel apples and strawberries.

SCR raised nearly \$3,000 during the festival — a portion of which will benefit local charities the Gateway Children's Advocacy Center and Build-a-Bed, Downtown Morehead and the Rowan County Arts Center.

A big thank you to SCR Food Services Staff and everyone who stopped by our booth!



Randy McCleese talks about the evolution of Meaningful Use in "HealthLeaders" Magazine



Excerpt from HealthLeaders (July/August 2016)

"Based on what I'm seeing so far of MACRA, I think we're still going to be clicking a lot of boxes" in 2017, says Randy McCleese, vice president of information services and chief information officer at St. Claire Regional Medical Center, a 159-licensed-bed Morehead, Kentucky, hospital with 100 physicians, six primary care clinics, and two specialty clinics.

Like many of his executive counterparts, McCleese, a past board chairman of the College of Healthcare Information Management Executives, spent the weeks following the release of the MACRA NPRM on numerous conference calls, as the industry struggles to make sense of the proposed rule and chart a path forward. "We, as an organization, are just starting to get our hands around MACRA," he says.

To view the full article visit:

<http://www.healthleadersmedia.com/finance/macra-end-meaningful-use-and-beyond>

GOD'S PANTRY

FOOD BANK



God's Pantry Food Bank invites you:

2nd Annual Chili Wars

October 1 at the Morehead Conference Center
from 5:00 - 8:00 p.m.

\$25 per person or \$400 for a table of eight

Purchase your tickets online at: <http://bit.ly/ChiliWars>. Tickets are also available at Kentucky Bank and The Citizens Bank in Morehead.

You can enter your chili in the competition (**\$25 booth deposit**) or attend and taste some of the best chili in the region!

The funds raised from the Morehead Chili Wars benefit the Morehead Regional Distribution Center (RDC) and local area partner agencies.

Last year the Morehead RDC distributed more than 1.3 Million pounds of food to hungry children, seniors and families in Rowan and surrounding counties.

Contact Susie Basham with questions at (859) 288-5332, or by email at susie@godspantry.org.

God's Pantry Food Bank • 1685 Jaggie Fox Way • Lexington, KY 40511
(859) 255-6592 • www.godspantryfoodbank.org

5 Days of Chili

September 26 - 30

We will feature a new, exciting chili recipe in the cafeteria each day. The chili with the highest sales will be entered into the Chili Wars Competition on Saturday, Oct. 1.

Monday:

Chili Beef Chorizo

Tuesday:

Chicken Pinto Bean

Wednesday:

Chili Verde Pork

Thursday:

Chili Pork Adobo

Friday:

Bison Chili

All proceeds from our chili sales throughout the week will be donated to God's Pantry Food Bank.



St. Claire Regional is hosting a Memorial Service

for the families of those who have passed away while admitted at SCR or as a Hospice patient in the last six months.

Thursday, Oct. 20
2:00 pm
SCR Chapel
(end of the second floor)

For additional information, call Pastoral Care at 783.6735.



\$250/26 hour course

Register online:
kccrb.ky.gov/train/

For more information about becoming a Team Member, go to kccrb.ky.gov

kccrb1@gmail.com
502-607-5781



**St. Claire Regional
Medical Center**

Pastoral Crisis Intervention I & II Combo Course

Oct. 5-7, 2016

St. Claire Regional Medical Center
222 Medical Circle, Morehead, KY 40351

This 3-day course combines ALL of the content of ICISF's Pastoral Crisis Intervention I & II courses.

Class is 8am-5pm all three days. Only those attending all hours of class will be issued certificates. Please plan travel accordingly.

Pastoral Crisis Intervention-I May be thought of as the combination of faith-based resources with traditional techniques of crisis intervention. Pastoral crisis intervention represents a powerful addition to traditional community and organizational psychological support resources. The purpose of this two-day course is to assist the participants in learning how pastoral interventions and traditional psychological crisis interventions may be effectively integrated. Chaplains, pastoral counselors, mental health professionals, ministers and anyone interested in the use of faith-based resources in healing should find this course of interest.

Pastoral Crisis Intervention-II This course builds on the foundations of ICISF's "Pastoral Crisis Intervention" class. More specific advanced concepts and specific field applications where pastoral crisis intervention is applied will be covered. Prerequisite: ICISF's "Pastoral Crisis Intervention" course. Confirmation of full attendance in ICISF'S course "Pastoral Crisis Intervention" is a prerequisite to attend this class. A copy of your certificate for ICISF's "Pastoral Crisis Intervention" class indicating full attendance (13 Contact Hours) must be submitted prior to the start of class.

Courses written by International Critical Incident Stress Foundation (ICISF)



October 2016 Birthdays

10/1

Aaron P Banks FM - Sandy Hook
Stefanie Sue Markwell Home Health
Violet D Vago Home Health

10/2

Michael B Ash Marketing and PR
Randa Michelle Hall Nursing Administration
Durinda A Logan Nursing Administration
Melissa Carpenter Yates Surgery

10/3

Anna Waltz Armstrong Hospice
Judine Lambert Administration
Shelia J Logan Central Billing Office

10/4

Danaiel N Hamm Emergency Department
Pauline Maddix Environmental Services

10/5

Bonnie Louise Cooper Outpatient Center
Cheryl A McClain Medical Group Admin
Kelley J Mobley Laboratory
Emmala J Stamm Nursing Administration
Dessie Trent Rehab Unit

10/6

Edna Marie Adams Financial Services
Michael Thomas Burling Emergency Department
Brenda Gayle Pendleton Home Health
Samantha J Skaggs Home Health
Khoi Tan Nguyen Tran House Staff

10/7

Rhonda S Thomas Ultrasound

10/8

Kayla O'Neal HIM

10/9

Charles A Ratliff Informatics

10/10

Candra Nicole Bailey Home Health
Billie Jo Hanshaw Environmental Services
Rocky Lee Stacy Family Medicine
Naomi Irene Williams Quality Management

10/11

Natalie Lisa Back Family Medicine Express
Wilma Jean Markwell Food Services

10/12

Sheila Ann Brown Behavioral Health Unit
Kayce Cheyenne Fraley 3rd Floor Central
Sheila L Wooley Facilities Management

10/13

Sarah Ann Bradley ICU
Donna Yovonnie Kilgore Environmental Services

10/14

Rebecca Jo Hitchcock Quality Management
Kimberly Dawn Moore Home Health

10/15

Polly A Forbes Infusion Solutions
Stephanie A Jolly Home Health
Rebecca J Montgomery Family Medical Supply
Felicia Dawn Stacy Same Day Surgery

10/16

Matthew W Caudill Laboratory
Margaret I Conn Emergency Department
Rita Marie Sammons Rehab Unit

10/17

Natalie K Thompson Nursing Administration

10/18

Michael Lynn Anderson Nursing Administration
Donna E Conkright FM - Sandy Hook
Kyle R Evans Laboratory
Nicole R Gifford Cardiology
Whitney Faith Jamison ICU
Karen L Stone Surgery
Lanetta D Winkleman Nursing Administration

10/19

Kendall L Bloomfield Information Services
Linda Cheryl Haddix Home Health
Kayla Lynn Harrison Marketing and PR
Hannah Marie Howard 3rd Floor Central
Jessica Danyale Hunt Cave Run General Surgery

10/20

Geneva E Blankenship Environmental Services
Nancy J Henly MMS Clinical Services
Jessica R Litton Infusion Solutions
W Chris McClurg Administration
Judy M Roaden HIM
Autumn Brooke Shipley Infusion Solutions
Joshua Andrew Weikle Materials Management

10/21

Jo Frances Chapman Cardiac Rehab
Nicholas Tucker Ellis Environmental Services
Christopher A Greene Information Services
Shawnte LeRae Nichols Pharmacy
Patrick Scott Robinson Laboratory
Julia Ann Shannon FM- Owingsville

10/22

Bryan A Cardenas Physical Therapy
Brittany Lynn Francis ICU
Jo Ann Griffith Cardiac Rehab

10/23

Thadis C Cox MMS Clinical Services

Jeffrey H George Infusion Solutions
Norma Jean Ginter Medical Group Admin
Lisa Carol Wall Behavioral Health Unit

10/24

Tamara L Brandenburg Quality Management
Melinda Gayle Davies Pharmacy

10/25

Melissa Franks Haber Surgery

10/26

Jennifer Lee Adkins Float Dept - Unit Sec
Ryane Michelle Davis Emergency Department
Leashia D Duncan Food Services
Misti Ann Fannin 3rd Floor Central
Vergie Elaine Phipps TCU
Cathy Lynn Richardson Patient Access

10/27

Bonnie S Bausch OPCC
Meredith Davis Lamkin Cave Run General Surgery
Alicia Ann Martin Behavioral Health Unit
Charles L Mers Environmental Services

10/28

Afton Michelle Fairchild Marketing and PR
Wenda Denette Hawks OPCC
Brenda E Logan Cardiac Rehab
Crystal R Smith Food Services
William Thomas Toler Infusion Solutions

10/29

Carolyn S Barnes CRSS
Ray Melvin Evans Jr. Infusion Solutions
John C Gibson Information Services
Jordan Matthew Howard Laboratory
Larry Wayne Hutchinson Home Health
Whitney Elaine Joseph Emergency Department
Stephen Todd Loomis Family Medical Supply
Julie Beth McKinney ICU
Regina S Pettit OPCC

10/30

Lori Lynn Crouch FM- Owingsville
Christopher Dean Facilities Management
Scottie L Fultz Security Services
Jennifer Lynn Garner 3rd Floor Central
Jennifer Lynn Hardin Palliative Care
Meagan Breann Price Environmental Services

10/31

Shirley A Blair Human Resources
Tessa Paige Bradley Financial Services
Thomas David Murphy Infusion Solutions
Amanda Sue Rudd Home Health

BERTHA ROSS HOUGH ENDOWMENT FUND



Need financial assistance
for nursing education?

Bertha's Fund can help cover expenses to
obtain nursing degrees and/or certifications!

- ✓ Certified Nursing Assistant
- ✓ Certified Medical Technician
- ✓ Licensed Practical Nurse
- ✓ Registered Nurse
- ✓ Bachelor of Science in Nursing



UPCOMING C.E. Programs

September 24 | Immunization Conference

8:00 AM - 1:00 PM

CHER 102

Credit: ACPE P/T

October 1 | Domestic Violence Prevalence, Impact and Interventions: Social Work Practice and Ethical Considerations

9:00 AM - 4:00 PM

CHER 102 ABC

Credit: Social Work

Register with Kimberly Budig at

kimberlybugig@live.com or 937-694-1452.

October 5 | Journal Club

12:00 - 1:00 PM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

October 7 | Kentucky Rural Behavioral Health Symposium (KRBHS)

8:30 AM - 4:00 PM

CHER 102D

Credit: Category 1 AMA, Nursing, Social Work
(Pending)

Register by September 30th at

www.neahec.org/KRBHS.

October 7 | Tumor Board

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA, Nursing

St. Claire Regional

Learning and Organizational Development Educational Offerings

Register through careLearning using the following link: <http://scrvmportal:9000/>

September 29 | NICHE Series Part II:

Teach-Back

8:30 AM - 09:30 PM

Café D

Credit: 1.2 CE credits

October 4 & 18 | Basic Dysrhythmia

Interpretation Class

8:30 AM - 11:30 PM

Library Education Room

Credit: 6 CE credits

October 5 | Orthopedic Class

8:00 AM - 09:00 PM

Library Education Room

October 7 | Basic Life Support (BLS) Skills Check Off

8:00 AM - 12:00 PM

Café A

God's Pantry Food Bank Chili Wars

Date: Saturday, October 1

Time: 5 - 8 pm

Location: Morehead Conference Center

Purchase your tickets online at: <http://bit.ly/ChiliWars>.

Tickets are also available at Kentucky Bank and The Citizens Bank in Morehead.

Visit www.godspantryfoodbank.org for more information.

3rd Annual Kentucky Rural Behavioral Health Symposium

Date: Thursday, October 7

Time: 8 am - 4 pm

Location: Center for Health, Education & Research
316 West 2nd Street, Morehead, KY

Registration Deadline: Sept. 30

Topics include:

Alzheimer's dementia, suicide and depression in adolescents, community and crisis services for those with intellectual disabilities, and more.

Visit www.neahec.org/KRBHS for more information.

FALL FOR FASHION

Date: Thursday, October 20 | 7 am - 7 pm

Date: Friday, October 21 | 7 am - 4 pm

Location: Cafe D

Featuring Michael Kors, Brahmin, Kate Spade, UGG, Under Armour, Nike, Polo, Fitbit, Fossil and many more!

**A portion of all sales benefit the
St. Claire Foundation Special Programs.**

**Cash • Checks • Credit Card • Payroll Deduction
For more information call 606.783.6797.**

Dillard's



St. Claire Regional is
a sponsored ministry of the
Sisters of Notre Dame
Covington Province

NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed
in the SCR Newsbrief to michael.ash@st-claire.org

Visit the SCR web site at www.st-claire.org/newsbrief
to read past editions of the SCR Newsbrief

Need a Camera to Cover an SCR Event?

The Marketing/PR Dept. has several
cameras available for loan.

Contact Marketing at ext. 6927 for more information.



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