

St. Claire Regional NEWSBRIEF

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St. Claire Foundation Benefit Golf Outing **Raises More Than \$80K** for Charity Care Fund

Thanks to all of our generous sponsors, more than \$80,000 was raised Thursday, Sept. 8, during the 22nd Annual St. Claire Foundation Benefit Golf Outing! Money raised from the outing each year supports the St. Claire Charity Care Fund, which helps us provide quality healthcare to low-income families in our region. Last year, St. Claire Regional (SCR) provided \$3.4 million in charity and uncompensated care, at cost.

More than 60 companies participated in this year's outing, including several new sponsors. "We are very pleased with the level of support shown," Joni Mraz, St. Claire Foundation Coordinator of Development, says. "A big thank you goes out to our sponsors and to the SCR Staff and volunteers who helped to make this day a success. We were blessed with great people, a beautiful day and lots of fun!"

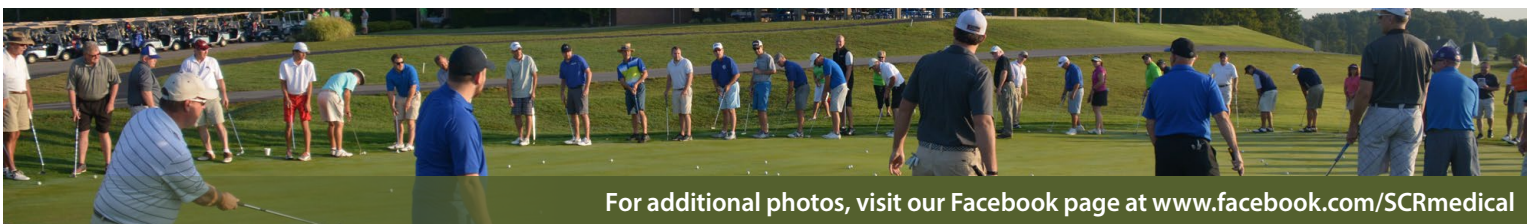
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Kentucky House Majority Floor Leader, Rocky Adkins, taking his shot at using a child-sized driver during the 22nd Annual St. Claire Foundation Benefit Golf Outing.

"A big thank you goes out to our sponsors and to the SCR Staff and volunteers who helped to make this day a success. We were blessed with great people, a beautiful day and lots of fun!"

-Joni Mraz, St. Claire Foundation Coordinator of Development



For additional photos, visit our Facebook page at www.facebook.com/SCRmedical

Kentucky Bank (formerly Peoples Bank) has been one of the event's most dedicated sponsors, having participated in each of our 22 outings. "For us, supporting St. Claire Regional is one of the many ways we are investing to improve the community we live in," says B. Proctor "Proc" Caudill, Kentucky Bank Board of Directors member and former Kentucky Bank president and CEO. "Whether we support the hospital through the annual golf outing or by other means, we do it because they add so much to the economic health and quality of life we enjoy here in Morehead and in the surrounding communities. Healthcare close to home is something we all need to be thankful for!"

Another longtime sponsor that has been with us since the outing began 22 years ago is The Citizens Bank. Ryan Neff, The Citizens Bank vice president, says the annual outing ranks at the top of his list. "This is probably my favorite golf outing of the year," he says. "You get to meet people who are friends and supporters of St. Claire Regional and our entire region. And on top of that, they do a wonderful job as far as hospitality goes, with great people, food, door prizes and just an overall good time!"

Winners of the morning flight were the SCR Healthcare Claims Management team, third place; SCR Data Strategy team, second place; and Wehr Constructors, first place. Winners from the afternoon flight included Aramark, third place; Passport Health Plan, second place; and Larry Fannin Chevrolet-Buick-GMC, first place. Scott Poage with American Business Systems was the winner of the Fleming-Mason Energy Golf Ball Drop, but he generously donated his winnings back to the foundation. Congratulations to all of the winners!

For additional photos from the day's events, visit our Facebook page at www.facebook.com/SCRmedical. We can't wait to see you next year at the 23rd Annual St. Claire Foundation Benefit Golf Outing!



The Citizens Bank is a longtime sponsor of St. Claire Regional and has been a participant in the golf outing since its inception 22 years ago. Ryan Neff, The Citizens Bank vice president, is pictured.



Kentucky Bank (formerly Peoples Bank) has been one of the event's most dedicated sponsors, having participated in every outing to-date. Pictured are B. Proctor "Proc" Caudill, Kentucky Bank Board of Directors member and former Kentucky Bank president and CEO, and his son, Benjamin Caudill, Kentucky Bank vice president commercial lender.



Wehr Constructors shows off their stuff in hula gear. Wehr Constructors came in first place during the morning flight based on both handicap and lowest gross score! Pictured are Shawn Woosley, Brandon Berry, D.J. Berry and Dale Berry.



Larry Fannin Chevrolet-Buick-GMC's team finished in first place in the afternoon flight based on both handicap and lowest gross score! Pictured are Doug Hopson, Tanner Hopson, Scott Collins and Steve Robertson.

St. Claire Regional Family Medical Supply
EARLY DETECTION Leads to Survival

GO PINK EVENT

Join us Thursday • October 20

from 9:00 a.m. - Noon

FREE HEALTH SCREENINGS

- Ankle Brachial Index
- Blood Pressure
- Bone Density
- Cholesterol
- Dermascan
- Glucose
- Oxygen Saturation
- Pulse Rate

No Appointment Necessary & No Fasting Required

EDUCATION & RESOURCES

- Breast Cancer Prevention Education by SCR Healthcare Providers
- St. Claire Regional Oncology Services
- American Cancer Society
Look Good Feel Better program
- UK HealthCare Markey Cancer Center

Plus, Don't Forget...

**REGISTER FOR DOOR
PRIZES & ENJOY
REFRESHMENTS!**



The first 100
women will
receive a

FREE
"GO PINK"
T-shirt



 St. Claire Regional
FAMILY MEDICAL SUPPLY

Like us on 

606.784.2414 or 877.784.2414

Monday - Friday, 8 a.m. - 6 p.m. • Saturday, 10 a.m. - 2 p.m.

St. Claire Regional recognizes Midwives, Physician Assistants and Emergency Nurses during October

 **National
Midwifery Week**
Oct. 2-8 **2016**

Midwifery Week is a chance for midwives and the women they serve to reflect on their experiences and midwifery's contributions to women's healthcare, including attending births and providing well-woman care.

At SCR we are proud to have a Nurse Midwife on our provider staff who serves female patients throughout our region in our family medicine clinics.

**PHYSICIAN
ASSISTANTS** WEEK
Oct. 6-12

During this year's National PA Week Oct. 6-12, we recognize the important contributions physician assistants (PA) make as valued members of our patient care team. PAs are a vital part of the high-quality care we provide.

The PA profession has grown 36 percent between 2009 and 2014. Studies have shown that when PAs are incorporated into healthcare teams, the result is lower readmission rates for everything from postoperative care to cancer treatments.

We at St. Claire Regional are committed to maximizing the roles PAs play on our healthcare teams, because we know we are stronger when we all work together—and the result is world-class care for our patients.

E.N.W.
Emergency Nurse Week
Oct. 9-15

St. Claire Regional recognizes Emergency Nurses Week Oct. 9-15 and Emergency Nurses Day® on Wednesday, Oct. 12. Emergency nurses are recognized for compassionately connecting with and caring for their community of patients and coworkers during a year when the Zika virus, opioid and heroin and the mental health crisis made national headlines.

Since 1989, the Emergency Nurses Association (ENA) has recognized the second Wednesday in October as Emergency Nurses Day, a day honoring emergency nurses for their commitment to patient care. In 2001, ENA expanded the celebration to devote an entire week to honoring emergency nurses, because one day is simply not enough to recognize all contributions made by emergency nurses.

Here at SCR, we currently employ 35 emergency nurses. On average, our emergency nurses see 90 patients a day, treating minor injuries (breaks and sprains) to life-threatening problems.

**"Proclaiming God's goodness through a healing ministry
to the people of Eastern Kentucky."**

The Mission of St. Claire Regional

Hospice volunteer program *hosts food drive*

The St. Claire Regional (SCR) Hospice volunteer program is hosting a non-perishable food drive from now until the end of November. Due to poor weather conditions, accessibility and affordability, many of our patients and their families experience hardship for weeks at a time. As the colder weather approaches, we want to make sure they have enough food to last them throughout the winter season. Donations can be dropped off at the SCR Hospice office (201 Lyons Ave.), the front entrance of the Medical Center, and at Walmart and Kroger in Morehead.

Donating to the food drive isn't the only way you can help! SCR Hospice volunteers are needed to offer patients friendly visits and assistance with reading and writing, personal care, running errands and grocery shopping. "One day I walked into Hospice and offered to volunteer for their program and it has been life altering," Erika Gordon, SCR Hospice volunteer said. "It doesn't take much to sit with a patient and be a friend to let them know we care about them."

SCR Hospice is focused on compassionately helping people cope with what many fear most about dying.



Our team of professionals and trained volunteers provide medical care, pain management and emotional and spiritual support, while keeping the patient and their family's wishes the top priority.

For more information, contact Amber Stamper, SCR Hospice Volunteer Coordinator, at 606.783.6887. Volunteer applications are available online at www.st-claire.org/volunteer.

St. Claire Regional Welcomes NEW STAFF

Michael Lynn Anderson
Nursing Administration

Rhonda Annette Hale
Financial Services

Gregory Ryan McCarty
Family Medical Supply

Natalie K Thompson
Nursing Administration

Jeremiah Clayton Blevins
Family Medicine

Jennifer Lynn Hardin
Palliative Care

Diana Lynn McIntosh
Environmental Services

Lisa Carol Wall
Behavioral Health Unit

Pamela A Boggs
Environmental Services

Dianne Kristina Harris
Food Services

Taelor Lealan Puckett
Food Services

Melissa Wagner DeAtley
3rd Floor Central

William Ethan Kamer
Physical Therapy

Raymond R Stanislawski
Environmental Services

Jill Price Grier
Nursing Administration

Charles Ray Layne
Pharmacy

John William Thompson
Environmental Services

UK Rural Physician Leadership Program



Front row, left to right: Eric Weber, Erin Waddell, Rachel Kelsey, Claire Fletcher and Megan Riley; Back row, left to right: Cody Rigsbee, Casey Clark, Casey Fitzpatrick, J.T. Midden and Alex Saurer

Submitted by: Bodie Stevens, Administrative Staff Officer

Each new school year brings in a fresh class of medical students, and this year was no different. Ten University of Kentucky Rural Physician Leadership Program (UK RPLP) students began their third year of medical school at St. Claire Regional (SCR) on July 1. UK and SCR have been educational partners for over 50 years. The UK RPLP program is the most recent endeavor in this relationship, which began in 2010.

These students were more interested in an alternative mode of training than a traditional medical training program. Traditional medical training is performed at tertiary care centers and emphasizes treatment of critically ill patients with advanced diseases. The UK RPLP mode of medical training emphasizes commonly seen diseases, outpatient and continuity care, rural and community health issues, and cooperative arrangements with other hospitals.

Who are we?

The UK RPLP program is an educational program designed to identify and train physicians who desire to serve as clinicians and leaders in rural settings. The UK RPLP is unique to UK and

is designed to train physicians in all specialties who can provide healthcare leadership. The program provides an excellent preparation for surgery, medical specialties, psychiatry, family medicine or any other specialty of medicine practiced in a rural area.

What makes us different than regular UK medical students?

In this four-year medical school program, UK RPLP students complete their first two years of medical training in Lexington, following the same curriculum required for all UK medical students. During the third and fourth years of medical school, UK RPLP students complete the majority of their clinical training at SCR and other healthcare providers in Northeastern Kentucky. Community physicians hold academic appointments at the UK College of Medicine and serve as teachers, preceptors and mentors.

UK RPLP students also have the opportunity to complete a Certificate in Health Systems Leadership at Morehead State University. This program focuses on health systems, business practices and health policy.

What is our mission?

UK RPLP's mission is to increase the number of physicians who are trained to provide high quality healthcare and leadership, who are knowledgeable about community health, and who have an interest in practicing in rural areas of the Commonwealth or beyond.

Are there scholarships or loans specific to the UK RPLP?

Students in the UK RPLP qualify for various scholarships offered by UK College of Medicine. Student service staff in Lexington and Morehead assist students in exploring their financing options. While there are scholarships and loan repayment programs available for students who practice in medically underserved areas, there are no specific scholarship funds available for UK RPLP students.

Students enrolled in the UK RPLP pay the same tuition and fees as students enrolled in the regular MD program in Lexington.

Are UK RPLP students required to stay in Morehead after Medical School?

No. Many rural medical school training programs require students to return to complete an obligatory amount of time for

being trained locally. The UK RPLP does not require students to return or stay in Morehead after completing their training. We always hope that each will want to come back, but there are no requirements.

How does someone apply to UK RPLP?

If you know of someone interested in medical school and enjoy rural areas and one-on-one education, we hope they consider the UK RPLP. If interested, applicants will apply to the UK College of Medicine through the AMCAS (medical school application program) and select "Other Special Programs." Preference is given to in-state rural applicants, but anyone with a rural health interest is welcome to apply. The UK RPLP is currently taking up to 10 students each year with hopes of expanding that number over the next few years.

For additional information about the UK RPLP, check out the website at rplp.uky.edu or call 606.783.8997.



GIVE WHILE YOU SHOP —



AND HELP US HELP OTHERS!

1. Go to smile.amazon.com
2. Sign in or create an account
3. Follow the on-screen directions or go to "Your Account" and select "Change Your Charity"
4. Search for your organization (St. Claire Regional) and hit select.

*SCR's donations will only be given to us if purchases are made through **smile.amazon.com**, so make sure to bookmark the page for future purchases!*

(Purchases through amazon.com do not qualify for donation.)

People to People – Building bridges for improved healthcare



Enawgaw Mehari, MD, and his organization People to People recently hosted the 8th Global Ethiopian Diaspora Conference on Health Care and Medical Education. In addition to his two most recent awards, Mehari previously received the Patient Advocate of the Year award from the American Academy of Neurology Foundation in 2010, and was recognized for his efforts in fighting HIV/AIDS in 2008 from the Society of Ethiopians Established in Diaspora.

St. Claire Regional (SCR) neurologist Enawgaw Mehari, MD, was presented with a Certificate of Special Congressional Recognition during the 8th Global Ethiopian Diaspora Conference on Health Care and Medical Education Sept. 17. Mehari, a native of Ethiopia, was recognized for his leadership in founding People to People (P2P), a non-profit organization that works to improve healthcare and reduce the spread of diseases in Ethiopia and around the world. He was also recognized Oct. 1 at the 3rd Annual African Awards, where he was given the Community Activist Award. P2P is an Ethiopian Diaspora association with a worldwide membership of over 55,000 that includes doctors, educators

and other professionals. With the help of several United States universities, Mehari, P2P president, founded the organization in Kentucky in 1999 to foster what he calls a triangular partnership, with a focus on giving back to the country he grew up in. He says P2P's mission is to improve the health, education and success of the world's citizens, with a primary focus in Ethiopia, a country that has been ranked the second poorest in the world. After years of public service, the organization has grown to be so successful that it has been granted a special consultative status with the United Nations, and now has chapters in the United States, Ethiopia, Canada, Sweden, Finland Germany and Switzerland.

Since its humble beginnings, P2P has worked diligently to build health and community-based programs that improve the lives of Ethiopians. Whether it be through formal training or simply making information more widely available, Mehari says education is a major key to success. P2P has run the gamut when it comes to fostering education in Ethiopia, from creating a youth center with a research library and internet access, to establishing its own neurology degree program. Thanks to P2P and its partner, Mayo Clinic, Ethiopia is now home to 27 of its own neurologists — 20 of which graduated from the program.

Mehari says that a person's potential is often greater than the opportunities life affords them. "It's important that we build a bridge, and reach out to give these people the same opportunities many of us have been given," he says. "In a world that is constantly transforming before our eyes, it is imperative that we do not allow others to get left behind."

While it doesn't limit itself to one particular cause, P2P has a vested interest in preventing the spread of HIV/AIDS in Africa. Due to the combined effects of poverty and the AIDS virus, more than 5 million children have been orphaned, leaving many to fend for themselves in what are often called "child-headed households." In 2004, P2P opened the Amanuel

Boarding Care Center, a boarding school in Amanuel, Ethiopia, for orphaned girls who have lost their parents to HIV/AIDS. Mehari says programs like these give children who were born into unfortunate situations individual paths to success, which in turn

"The community has embraced me and People to People. That's why our headquarters is right here in Morehead. Morehead is like my town, you know?"

-Enawgaw Mehari, MD

benefits Ethiopia as a whole. Currently, four girls who attended the boarding school are in medical school and another seven are in college for engineering. “For me, that’s the highlight; it makes it all worth it.” Mehari says. “Because if it wasn’t for that school, these girls would be homeless or maybe even worse. But look at them now.”

While many of the projects P2P is involved with largely focus on improving life in Ethiopia, that’s not always the case. For a little over a decade, a local extension of their efforts known as People’s Clinic of Morehead has touched the lives of thousands of people right here in Northeastern Kentucky. The People’s Clinic, operated by local physicians, nurses, medical technicians and other community volunteers, provides free healthcare to individuals and families who could otherwise not afford it. “Being involved with an organization like this, you become the voice of the poor,” Mehari says. “You become an advocate, and that is what warms my heart. I don’t need or want any money, personally. The greatest payment comes from helping others.”

While he may have been born in Ethiopia, since moving to Morehead to practice medicine more than 15 years ago, Mehari says he realizes he’s now at home. “I love it here,” he says. “The community has embraced me and People to People. That’s why our headquarters is right here in Morehead. Morehead is like my town, you know?”

Mehari says his St. Claire Regional family has been instrumental to the success of both P2P and himself. In addition to serving as a training location for Ethiopian physicians, SCR has also sponsored a variety of P2P’s efforts. “Everyone here has been outstanding in supporting my initiatives,” he says. “A special thanks to Mark J. Neff and Greg Bausch for all they have done, and to the medical community at large.”

And while P2P may not be a faith-based organization, the core of its mission remains close to the philosophy of Dr. Claire Louise Caudill when she founded St. Claire Regional more than 50 years ago. “I believe medicine should not be commercialized, but compassionate,” Mehari says. “We are one world, one people.”



Mehari is pictured with the president of Ethiopia in his office along with Greg Bausch, SCR Vice President and St. Claire Regional Medical Group COO, and other P2P delegates.



P2P organizes and hosts a variety of conferences to generate ideas to improve education and healthcare across the world. Pictured are attendees at the PanAfrica Health Care and Medical Education Conference held at the Africa Union Hall in Addis Ababa, Ethiopia.



To learn more about P2P and find out how you can get involved, visit www.p2pbridge.org.

Highlighting our champions



The following comments are from SCR patients who completed our Press Ganey patient satisfaction surveys in August.

AMBULATORY SURGERY

Thadis Cox, MD, and **Kristi Lynch, CRNA**, are awesome!

Mindy Huston, RN, is exceptional!

Charlotte Crouch, LPN, was wonderful!

Mansha Kahloon, MD, is a wonderful doctor.

EMERGENCY DEPARTMENT

Jeffery Wicker, MD, has a good sense of humor.

HOME HEALTH

Melissa Lillard, RN, is wonderful. Don't know what I'd do without her. She really listens and cares about me and my husband!

Teresa Gevedon, RN, was wonderful!

Jenny Everman, RN, was very professional, smart and pleasant. She was most helpful for me. Excellent job!

Very good. Enjoyed having **Jenny Everman, RN**, to help me get on my own. Thanks!

Kim McCloud, OT, was very professional in her job and excellent at explaining the reasons for the exercise.

Annette Sparks, RN, always tops in all areas of my care.

My nurse, **Kara Given, RN**, is a very caring and concerned person. Always is kind and understanding.

My nurse, **Erica Lewis, RN**, is sweet as sugar. I love her like a daughter! She is a blessing!

Erica Lewis, RN, reported my health to my daughter every visit! She cares so much!

Amanda Rudd, RN, is a very caring nurse and I am very pleased to have her caring for me.

Melinda McGlone, RN, is the best nurse. She takes good care of me. She makes me take better care of myself.

INPATIENT

Corey Forester, MD, was great!

Shelby Bond, RN, was amazing! She really saved the day and possibly me and my baby.

Amanda Ramey, DO, is the kindest doctor I've ever went to. She always makes you feel special.

Megan Davis, RN; **Tina Fraley, RN**; and **Sienna Ison, PCA**, were five star.

I can't say enough good about **Charles Crouse, MD**.

MEDICAL PRACTICE

Love **Saber Stevens, RN**.

Love **Franny Merrit, CNM**.

Very friendly and thorough assistant - **Gerry Lykins, LPN**.

Amanda Ramey, DO, is awesome!

Have always been very impressed with **Craig Burrows, MD**. Very good doctor.

Have and would recommend **Amanda Ramey, DO**, to anyone. She is very professional, thorough, understandable, etc. She takes the time to talk to you about what's going on with you and explains in a way that you can understand. Very nice.

I never feel rushed because **Amanda Ramey, DO**, takes her time with my visit and addresses all of my questions. And, I'm usually in and out within about 20 minutes. I like that a lot.

Lindsey Switzer, LPN, is awesome.

Craig Burrows, MD, has been my doctor for 18 years. I won't see anyone else.

Alex Webb (Registration Clerk) and **Megan Littleton (Registration Clerk)** did a great job. They're all very friendly!

Alicia Swim, LPN, was great

Amanda Ramey, DO, is amazing!

Every visit I have had with **Glen Standafer, APRN**, has been excellent.

I had a very good experience with **Jennifer Akers, APRN**. She was very thorough.

Carolyn Moore, MD, is an exceptional physician! I would not hesitate to recommend her to others.

Excellent! Would recommend **Caryn Grim, PA-C**, to all my family.

Parker Banks, DO, has a great bedside manner and I think that the clinic is lucky to have him.



UPCOMING C.E. Programs

October 7 | Kentucky Rural Behavioral Health Symposium (KRBHS)

8:30 AM - 4:00 PM

CHER 102D

Credit: Category 1 AMA, Nursing, Social Work (Pending)

Register by September 30th at www.neahec.org/KRBHS.

October 7 | Tumor Board

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA, Nursing

October 11 | BLS Check Off

1:00 - 4:00 PM

CHER 208

Register with KaSandra Hensley at kasandra.hensley@st-claire.org or ext. 6830.

October 12 | Morbidity & Mortality

12:00 - 1:00 PM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

October 19 | Interdisciplinary Grand Rounds

12:00 - 1:00 PM

SCR Library - Education Room

Credit: ACPE, Category 1 AMA

October 21 | Tumor Board

8:00 - 9:00 AM

SCR Teleconference Room

Credit: ACPE, Category 1 AMA, Nursing

Learning & Organizational Development Educational Offerings

Register through careLearning using the following link: <http://scrvmportal:9000/>

October 7 | Basic Life Support (BLS) Skills Check Off

8:00 AM - 12:00 PM

Café A

October 18 | Basic Life Support (BLS) Class

8:00 AM - 1:00 PM

CHER 102

October 25 | NICHE Series Part II: Teach-Back

8:30 AM - 09:30 PM

Library Education Room

Credit: 1.2 CE credits

NEWS & EVENTS

FALL FOR FASHION

Date: Thursday, October 20 | 7 am - 7 pm

Date: Friday, October 21 | 7 am - 4 pm

Location: Café D

Featuring Michael Kors, Brahmin, Kate Spade, UGG,
Under Armour, Nike, Polo, Fitbit, Fossil and many more!

**A portion of all sales benefit the
St. Claire Foundation's special programs.**

Cash • Checks • Credit Card • Payroll Deduction
For more information call, 606.783.6797.

Dillard's



222 Medical Circle • Morehead, KY 40351

FMS "GO PINK" Event

Date: Thursday, October 20

Time: 9 am - Noon

Location: St. Claire Regional Family Medical Supply
Kroger Shopping Center Across from LOWE'S

Join us for free health screenings, door prizes and
prevention education!



The first 100 women
will receive a free
GO PINK T-shirt.

For additional information, call 606.784.2414.



St. Claire Regional is
a sponsored ministry of the
Sisters of Notre Dame
Covington Province

NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed
in the SCR Newsbrief to michael.ash@st-claire.org

Visit the SCR web site at www.st-claire.org/newsbrief
to read past editions of the SCR Newsbrief

Need a Camera to Cover an SCR Event?

The Marketing/PR Dept. has several
cameras available for loan.

Contact Marketing at ext. 6927 for more information.



connect with us
SCRmedical



St. Claire Regional Memorial Service

Date: Thursday, October 20

Time: 2 pm

Location: SCR Chapel (end of the second floor)

SCR is hosting a memorial service for the families of
those who have passed away while admitted at SCR
or as a Hospice patient in the last six months.

For additional information, call Pastoral Care at 783.6735.