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Support SCR by Shopping with a Smile at smile.amazon.com this Holiday Season

The holidays are quickly approaching! While you're shopping for gifts, decorations and more, remember to shop at smile.amazon.com. A percentage of all purchases made on AmazonSmile benefits St. Claire Regional!

Not Registered?

- 1. Simply go to smile.amazon.com
- 2. Sign in or create an account
- 3. Follow the on-screen directions or go to "Your Account" and select "Change Your Charity"
- 4. Search for your organization (St. Claire Regional) and hit select.

SCR only receives funds if purchases are made through smile.amazon.com, so make sure to bookmark the page for future purchases!

(Purchases through amazon.com do not qualify for donation.)



More than 250 Participants came out to Support Alzheimer's Awareness









A special thanks to our sponsors:

Morehead Tourism
Eastern Kentucky Correctional
Complex
St. Claire Regional
Representative Rocky Adkins

Sanders Brown Center on Aging

Dr. Craig Burrows Dr. John Sanders Georgetown Family

Chiropractic CareSource

Polycom

MSU Chemistry Club Donahue Mechanical Northcutt & Son Home for Funerals
Mark & Marlene
Blankenbuehler
Vapor Evolutions
Bank of the Mountains
David & Melody Graham
Jackie Hargett

The Cutting Edge Salon Kentucky Department of Parks Correct Care Solutions

Cracker Barrel Reno's Aramark

thank you to those who participated and volunteered, to make the event successful, especially staff at the Morehead Conference Center, the Morehead Police Department and the MSU Police Department.

Overall Male Runner: Zach Kelsey, 21, with a time of 21:13! Overall Female Runner: Janesey Lewis, 11, with a time of 22:23!

Submitted by: Mary Horsley, RN, CCRP, Clinical Trials Director

November is National Alzheimer's Disease Awareness Month, and St. Claire Regional kicked it off once again by raising awareness and support for Alzheimer's! The sixth annual "Turkey Trot for a Cure," a 5K walk/run, was held on Nov. 5 at the Morehead Conference Center and was a great success, with over 250 walkers/runners and more than \$7,000 in sponsorships and donations raised for the St. Claire Foundation's Alzheimer's and Dementia Care Fund.

More importantly, however, we need to be aware of the impact Alzheimer's disease has and continue to work together to find a cure. Nearly 5.4 million people in the U.S. have Alzheimer's disease, including 69,000 Kentuckians. The disease affects one in eight older adults in the U.S., and is the sixth leading cause of death for which there is no cure. It's estimated that 50 percent of those who suffer from Alzheimer's never receive a diagnosis. Additionally, there are as many as 15 million unpaid caregivers in the U.S. today — 270,000 in Kentucky alone!

Alzheimer's is a type of dementia that causes problems with memory, thinking and behavior. Symptoms usually develop slowly and get worse over time, becoming severe enough to interfere with daily tasks. Alzheimer's is the most common form of dementia, a general term for memory loss or other intellectual abilities. Affected individuals may

experience one or more of these signs to different degrees:

- · Memory loss that disrupts daily life
- Challenges in planning or solving problems
- · Difficulty completing familiar tasks at home, at work or at leisure
- Confusion with time or place
- Trouble understanding visual images and spatial relationships
- · New problems with words in speaking or writing
- Misplacing things and losing the ability to retrace steps
- · Decreased or poor judgment
- · Withdrawal from work or social activities

While Alzheimer's currently has no cure, treatments for symptoms are available and research continues. Although current Alzheimer's treatments cannot stop the disease from progressing, they can temporarily slow the worsening of dementia symptoms and improve quality of life for those with Alzheimer's and their caregivers. Today, there is a worldwide effort under way to find better ways to treat the disease, delay its onset and prevent it from developing.

Many people have trouble with memory loss; this does not mean they have Alzheimer's disease. There are many different causes of memory loss. If you or a loved one is experiencing symptoms, see your healthcare provider so a cause can be determined.



St. Claire Regional Family Medical Supply

BLACK FRIDAY

FIRST 25 CUSTOMERS

Get to pop a balloon for a chance to receive an additional 5%-25% off.

30% off all

- Lift Chairs
- Scooters
- Shoes
- Rollators
- Compression Hose
- Compression Socks
- Diagnostics

Friday, Nov. 25 6 a.m. - Noon

Humidifiers

20% off all remaining store items

(Excludes food, supplements and SkinMedica)



606.784.2414 Like us on

No additional discounts, promotions or offers apply. 11/16



National Medical Staff Services Awareness Week | November 6-12

Medical Services Professionals: Gatekeepers of Patient Safety

Submitted by: Abby Baker, Coordinator, Medical Staff Development/Recruitment

The National Association of Medical Staff Services continuously seeks to raise awareness and educate others on the importance of medical staff professionals as a true and valuable profession. Medical staff professionals are the gatekeepers of patient safety within the healthcare industry.

Thanks SCR Medical Staff Office:

- William Melahn, MD, VP Medical Affairs/CMO
- Abby Baker, Coordinator Medical Staff Development/Recruitment
- Sue Perry, Executive Assistant/Medical Staff Coordinator
- · Kacie Bledsoe, Medical Staff Credentialing Specialist
- Lisa Ray, Manager Performance Improvement
- Tracy Stewart, Administrative Assistant







SCR Main Cafeteria

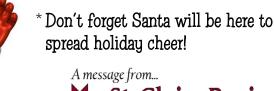
 Note: The control of the control of

Day/Evening Staff - Friday

12/16 7:30 a.m. to 9:30 a.m. & 2:30 p.m. to 4:00 p.m.

Staff Christmas Gifts may be picked up during









= 2016 STAFF RF

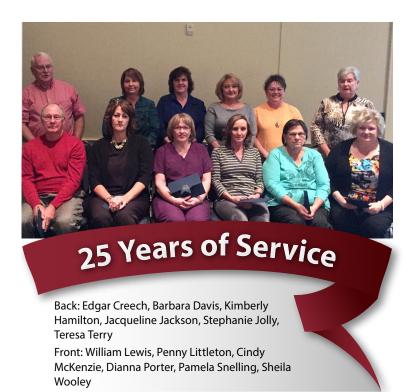
Recognizing St. Claire Regional Staff Members for their many years of service

"Proclaiming God's goodness through a healing ministry to the people of Eastern Kentucky."



Reffitt pictured with Mark J. Neff, SCR President/CEO

Not pictured: Paula Collins, Sharlet Kidd



Not pictured: Rosemary Hamilton, Sharon Oldham



Not pictured: Angelee Adkins, Dr. Craig Burrows, Isaac Craft, Tiffany Fannin, Randa Hall, Betty Kidd, Jerry McCleese, Denise Mooney, Loretta Wagoner, Lanetta Winkleman



COGNITION—



Not pictured: Mary Ferguson



15 Years of Service

Back: Travis Bailey, Brent Barnette, Virginia Conn, Shonna Crouch, Tyleshia Harris, Selena Sloan, Patrick Hughes, Brenda Stanley

Front: Angela Beamon, Cheryl Bussell, Dr. Amy Conley-Sallaz, Carolyn Middleton, Lee Ann O'Bryan

Not pictured: Dr. Anwar Muhammad, Holly Atkins, Tyannia Brown, David Burns, Valerie Campbell, Denise Conn, Kimberly Cundiff, Dr. Stephen Damron, Joseph Easter, Rebecca Easter, Gloria Enix, Jessica Henderson, Erika Jent, Rebecca Lewis, Charla Pennington, Wanda Seagraves, Raymond Steagall, William Thomas, Naomi Williams



Back: Tona Kidd, Kathy Trent, Violet Vago, Wendy

Front: Mary Jessee, Sharon Gee, Angela Fryman, Patricia Barnes

Not pictured: Rosella Littleton, Rebecca Parker



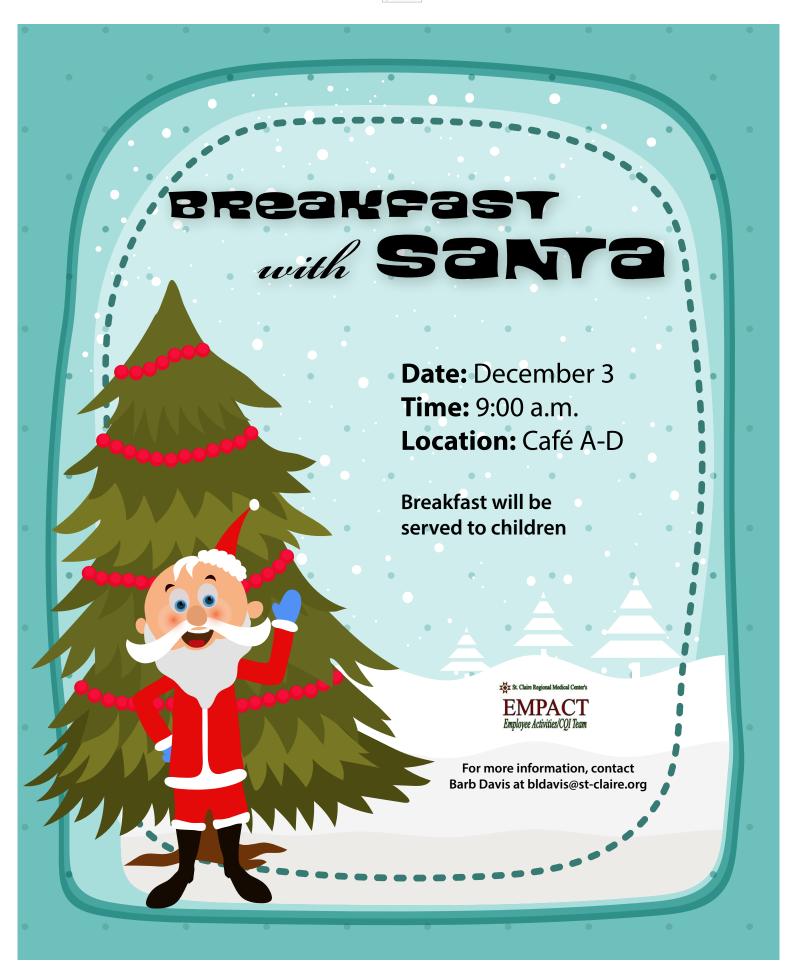
10 Years of Service

Back: Carrie McClain, Alisca Musser-Elliott, Joel Porter, Tabitha Wallace, Lerae Willson

Front: Sheila Hamilton, Risa Elam, Amanda Grubb, Danielle Hamm, Cynthia Hamon

Not pictured: Amanda Arnett, Kendall Bloomfield, Lois Callahan, Lisa Cassity, Pamela Copher, Aimee Cover, Ryane Davis, Kristen Ginn, Georgeanna Howard, Carl Jones, Kristina Kegley, Dr. Allen Lim, Casey Lovelace, Barbara Lunsford, Tara Mains, Kristy O'Bryan, Chelcee O'Cull, Misstie Pennington, Tonya Ramey, Dr. Punnaivanam Ravisankar, Lisa Ray, Jon Nicole Tate, Rhonda Thomas, Kevin Trent, Lennie Trimble, Leslie Williams, Michael Williams, Dr. Stephen Williams, Monica Zornes









December 2016 Birthdays

12/1

Donna Renay Conn Sean Clinton Kelsey

12/2 Don A Carpenter

Stephanie Danielle Dailey Behavioral Health Unit

Steve M Koenia Kathy Kay Trent 12/4

Angelee Adkins Pamela T Crawford Matthew E Donovan Sheila Ann Nobrega Teresa Ann Poe Denita Joy Ray

Callie S Wagoner Crystal D Whitt

Enawgaw B Mehari Andrea Joann Mills 12/7

Joshua Allen Ackerman Gregory Lynn Adkins Kacie D Bledsoe Kayla Whitney Bradley Vicky L Murphy

Monica Miller Hall Jennifer Marie Harty Lana Kay McCoy

Shervl Renee Withrow 12/9 Erin M Himes

Chase Nathanael Yarman Laboratory

James Paul Brandenburg Administration Joy Fields Thompson Elizabeth Courtney Wolf

Jason Junior Caudill Kristie E Hackworth

12/12 Patricia A Ison Kimberly Ann McDavid

12/13

Timmy Dale Charles

HIM

Physical Therapy

Informatics

MMS Clinical Services Materials Management

MMS Administration Nursing Administration Information Services Respiratory Therapy Cave Run General Surgery Anesthesia Professionals Home Health **CRSS**

MMS Clinical Services

Central Transport Home Health Administration Behavioral Health Unit Medical Group Admin

TCU Patient Access

Nursing Administration

Emergency Physicians

3rd Floor Central Counseling Services

Central Transport MMS Clinical Services

FM - Sandy Hook Home Health

Environmental Services

12/14

Twila G Carpenter Betty Jean Hamm Kathryn S Howard Paulette Keeton Tericia B Knipp 12/15

David Bruce Bailey Diane Nichols Beane **Emily Bausch Blevins** Barbara Ann Caudill 12/16

William Ernie Lewis Elizabeth Melydia Napier Case Management Cassandra Hope Perkins FM - Morehead Justin V Thornsberry 12/18

Samantha Rice 12/19

Pamela R Barker Denise Annette Conn Randall Monroe Stevens Sharon Kaye Williams

12/20 Martha Marie Henderson Food Services James Lee Hodges Marvin Earl Puckett

12/21 William Lewis Crawford Martha Jean Gullev

Danielle Nicole McKenzie 3rd Floor Central 12/22 Angel Dawn Jolley

Rebecca Ann Patrick Maria A Terrell Shelbi A Vanlandingham Pharmacy 12/23

Richard Wesley Clise Deborah Mae James Tiffney Rashelle Kelsey Angela G Stanfield

12/24 Kristeena M Abney Phillip Montgomery Stephanie Tasha Purvis

12/25 Teresa Kay Jones MMS Administration Home Health Home Health Respiratory Therapy

MMS Clinical Services

Diagnostic Imaging 4th Floor Nursing FM - Menifee (Dental) Same Day Surgery

Facilities Management Respiratory Therapy

Emergency Department Home Health Float Dept - Unit Sec

Same Day Surgery **Emergency Department**

Infusion Solutions Facilities Management

Emergency Physicians Family Medicine

Materials Management Mammography Hospice

Family Medical Supply **Environmental Services** Behavioral Health Unit **Emergency Department**

Emergency Physicians Facilities Management **CRSS**

Home Health Wanda Mae Pennington Environmental Services 12/26

Patty A Fugate David Elijah Gifford 12/27

Melissa F Alcorn Steven Douglas Stanley Leslie Kav Williams Jessica Leigh Young 12/28

Charles Andrew Baker Nathan D Dillon Louise Simms Lamb Emilee Paige Redwine Shelley Davis Sadler Monica D Zornes 12/29

Debra A Clark Joseph Andrew Edie Roberta O Gilbert Dena K Jefferson Deborah K Oakley Teresa Lynn Rife

12/30

Jean Harney Jones Julia Ann Neill Lacinda Rishel Kristin Marie Yarman 12/31

Brittany Lashea Brown Francessa N Emerson MaryAnn Perry Jetta Nicole Slone Mark Samuel Wigal

FM - Menifee (Dental) Cardiology

Cave Run General Surgery Cave Run General Surgery Home Health **MMS Clinical Services**

MMS Administration Hospice Mammography Ultrasound 4th Floor Nursing Pharmacy

Family Medicine Express **MMS Clinical Services** Gift Shop/Auxiliary 3rd Floor Central Home Health Infusion Solutions

Clinical Nutrition Counseling Services Cave Run General Surgery FM - Morehead

ICU Infusion Solutions Cytology 3rd Floor North Infusion Solutions



TRUNKOZIRKAT

Nearly 150 goblins, ghouls and princesses treated with us Oct. 29.

SCR EMPACT thanks
everyone who came
out to make this year's
Trunk-or-Treat another
great success!















"The Greatest Pumpkin" - Family Medicine



"Western Town" - Jacob Warren & Barb Davis



"Harry Potter" - Crystal Donathan & family





November 18 | Tumor Board

8:00 - 9:00 AM SCR Teleconference Room Credit: ACPE, Category 1 AMA, Nursing

Learning & Organizational Development Educational Offerings

Register through careLearning using the following link: http://scrvmportal:9000/

November 22nd | Basic Dysrhythmia Interpretation (2 part course)

8:30 - 11:30 AM

CHER 311

Credit: Nursing CNE

November 22 | PALS Renewal Course

8:30 - 4:30 PM CHER 102

November 23 | NICHE Series Part I: Safety

8:30 - 10:00 AM

Café D

Credit: Nursing CNE

"Proclaiming God's goodness through a healing ministry to the people of Eastern Kentucky."

> The Mission of St. Claire Regional

NEWS & EVENTS

Holiday Extravaganza

Date: Thursday, Nov. 17 | 7 am - 10:30 pm Friday, Nov. 18 | 7 am - 4 pm Saturday, Nov. 19 | 7 am - 2 pm

Location: SCR Café D

Stop by and shop our unique selection of Christmas Décor, Jewelry, Apparel, Gifts and Toys!

PLUS - Don't miss out on special sales and door prizes!

Payroll deduction, cash, credit cards and checks accepted.

For more information, call 606.783.6797 or 606.783.6514



St. Claire Regional Jamly Medical Supply Black Friday Sale

Date: Friday, Nov. 25 **Time:** 6 am - Noon

Location: St. Claire Regional Family Medical Supply Located in the Kroger Shopping Center

30% off all Lift Chairs, Scooters, Shoes, Rollators, Compression Socks and Hose, Diagnostics and Humidifiers

20% off all remaining store items (excludes food, supplements and SkinMedica)

First 25 Customers get to pop a balloon for a chance to receive an additional 5%-25% off!

St. Claire Regional's Christmas Tree Lighting Ceremony

Date: Wednesday, Nov. 30

Time: 9:45 am

Location: Hospital's Main Entrance

Join us for our annual Christmas Tree Lighting Ceremony as we bless the start of the season. The MSU Student Jazz Combo will be playing Christmas favorites and refreshments will be served in the main lobby.





Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed in the SCR Newsbrief to michael.ash@st-claire.org

Visit the SCR web site at www.st-claire.org/newsbrief to read past editions of the SCR Newsbrief

Need a Camera to Cover an SCR Event?

The Marketing/PR Dept. has several cameras available for loan.



Contact Marketing at ext. 6927 for more information.





