

St. Claire Regional NEWSBRIEF

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St. Claire Regional Soon to Open **First Retail Pharmacy & Meds-to-Beds Program**

S CR is excited to announce the addition of our very own on-site retail pharmacy and Meds-to-Beds program! The pharmacy is scheduled to open in early 2017.

Our new full-service pharmacy will be open to patients, staff and the general public. It will include both inpatient and outpatient pharmacy services.

The new retail pharmacy will be located on the first floor of the Medical Center near cardiac making it easier for staff to fill prescriptions. And, as an added bonus, we will be offering a pharmacy discount to all staff and their immediate families!

Hours upon opening will be Monday through Friday, 9 a.m. to 5 p.m. Stay tuned, as more information and exciting new features will be announced in the coming weeks!



Patients will greatly benefit from the Meds-to-Beds program, a concierge bedside service that delivers discharge prescriptions to patients prior to leaving the Medical Center at no additional cost. With Meds-to-Beds, we will be able to ensure our patients get the right medications and education, all while avoiding the hassle of making an extra stop after being discharged. The new service will also help us promote better health for our patients, as studies have shown that in-house pharmacy services lead to lower readmission rates.

Retail Pharmacy

- Patients, staff and visitors will be able to fill prescriptions while at the Medical Center
- Patient care will be more integrated, as our pharmacists utilize SCR's electronic medical records system
- SCR staff and immediate family will receive a pharmacy discount

Meds-to-Beds

- Medications will be delivered to patients
- Prevents discharge patients from having to make an extra stop
- Increases patient compliance and adherence to new prescription regimen
- Increases patient convenience and safety

American Pharmacists Month

YOUR PHARMACIST
KNOW
YOUR MEDICINE

SCR's new pharmacy wouldn't be a possibility without our pharmacy staff! SCR recognizes the month of October as American Pharmacists Month. We are grateful for our pharmacists, pharmacy technicians, support staff and residents for their dedication to our patients! Soon we all be able to meet and greet our all-star pharmacy staff at our new retail location!



St. Claire Regional Medical Center

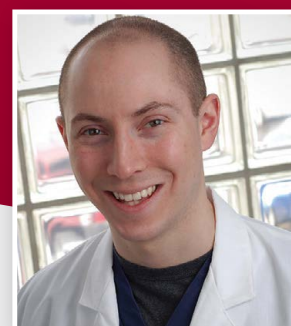
MEDICAL STAFF OFFICERS 2016-2017



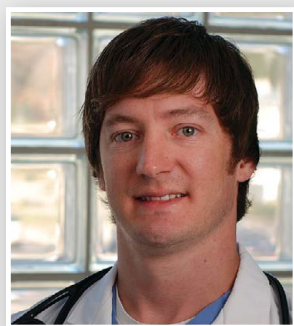
President & Chief of Staff
Mansha U. Kahloon, MD
2016-2018



Immediate Past President
William D. Lewis, MD



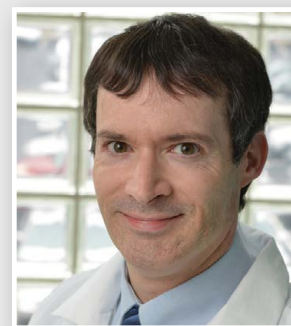
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Craig H. Burrows, MD



Department of Medicine Vice Chair
Stephen D. Damron, MD



Department of Surgery Chair
Victor J. Pilewski, MD



Department of Surgery Vice Chair
Corey B. Forester, MD

St. Claire Regional Family Medicine in Morehead Welcomes Whitney Thomas, MS, PA-C



St. Claire Regional is proud to announce the addition of Whitney Thomas, MS, PA-C, to our medical staff. Thomas is now seeing and accepting new patients at St. Claire Regional Family Medicine in Morehead.

Thomas, a nationally certified physician assistant, received her medical degree from the University of Kentucky and her bachelor's degree from Morehead State University. Thomas completed multiple clinical rotations, including one with St. Claire Regional's Emergency Services Department.

Thomas, who was born and raised in Eastern Kentucky, says she has always had a special interest in helping others.

"I am excited to join St. Claire Regional's Family Medicine team as I'm passionate about providing long-term, quality care for the people of our region," Thomas says.

Thomas enjoys spending time with her friends and family, especially her husband, Devin, and their dog, Murphy. She also enjoys reading and traveling.

St. Claire Regional Family Medicine specializes in care for your entire family. You can trust our providers to manage your general, preventive and chronic health needs. For more information or to schedule an appointment with Thomas or any of the family medicine providers in Morehead, call 606.784.3771 or visit www.st-claire.org/appointment.



BREAKFAST *with* SANTA

Date: December 3

Time: 9:00 a.m.

Location: Café A-D

Breakfast will be served to all children!

St. Claire Regional Medical Center's

EMPACT
Employee Activities/CQI Team

For more information, contact Barb Davis at bdavis@st-claire.org



THE GIFT YOU HAVE BEEN WAITING FOR A YOUNGER LOOKING YOU

WOMEN'S IMAGING & AESTHETICS
HOLIDAY SALE
NOW - DEC. 30

BOTOX[®]
—Cosmetic
onabotulinumtoxinA injection
\$9 PER UNIT

SkinMedica
An Allergan Company
**CHEMICAL
PEELS**
\$25 OFF Your
2ND & 3RD Peel

With the initial purchase
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Latisse[®]
(bimatoprost ophthalmic solution) 0.03%
Take your lashes from
now to "WOW"
5-mL kit
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Juvéderm[®]
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ULTRA[®]
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\$100 OFF
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kybella[®]
(deoxycholic acid) injection 10 mg/mL
\$100 OFF
Your First
KYBELLA[®]
Session

KYBELLA[®] is the first and only
FDA-approved injectable
treatment that contours and
improves the appearance of
moderate to severe fat below
the chin, sometimes referred
to as "double chin."

SkinMedica[®]
An Allergan Company

the #1 medically dispensed, prescription-strength
skin care system that can actually transform your skin

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Transform Your Skin in 90 Days Bundle

PLUS receive a free travel size AHA/BHA Cleanser (while supplies last)

TNS Essential Serum[®] Lytera Skin Brightening Complex[®] Retinol Complex



\$99

Basic Skincare Bundle
Cleanser, Toner & Moisturizer

\$50 OFF

TNS Recovery Complex[®] & HA⁵
When you purchase BOTH

10% OFF

all SkinMedica[®] Products
Not valid with any other
discounts or promotions.

SkinMedica[®] products are also available at St. Claire Regional Family Medical Supply.



Don't forget, with every purchase
you'll also earn **10** points that turn
into cash for future buys!
www.brilliantdistinctionsprogram.com

606.783.6760

Located on the first floor of
St. Claire Regional Medical Center

**WOMEN'S IMAGING
& AESTHETICS**



**St. Claire Regional
Medical Center**



of Christmas Sale

Thursday, Dec. 1



25% OFF
Golden Tech
Lift Chairs

Dec. 1 to 16

Friday, Dec. 2

25% OFF Pride Scooters



Dec. 2 to 16

Monday, Dec. 5

25% OFF All Shoes



Dec. 5 to 16

Friday, Dec. 9

25% OFF Initial This & Sassy
Badge, Badge Reels



Dec. 9 to 16

Monday, Dec. 12

25% OFF Diagnostics



Dec. 12 to 16

Tuesday, Dec. 13

25% OFF Compression
Hose & Socks



Dec. 13 to 16

Saturday



Stocking Stuffer Saturday
anything that will fit into
(Excludes food, supplement)

606.784.2414

Like us on

www.scrfamilymedsupply.com

No additional discounts, promotions or offers apply. 11/16



Stop by each day for huge savings, hot cider and cookies!

PLUS, Earn Double Customer Reward Dollars!

(Excludes lift chairs, scooters and SkinMedica®)

Tuesday, Dec. 6



25%
OFF
Rollators

Dec. 6 to 16

Wednesday, Dec. 7

25%
OFF Humidifiers



Dec. 7 to 16

Thursday, Dec. 8

25%
OFF

Wellness Mats &
Banded Hair Tie Bracelets



Dec. 8 to 16

Wednesday, Dec. 14

20%
OFF Dr.'s Remedy
Nail Care



Dec. 14 to 16

Thursday, Dec. 15

20%
OFF
Biofreeze



Dec. 15 to 16

Friday, Dec. 16

20%
OFF Carex Bed
Buddy Products



Dec. 16

Friday, Dec. 17

On Friday, receive 20%
OFF on a Christmas Stocking!
(Excludes lift chairs, scooters and SkinMedica®)



St. Claire Regional
FAMILY MEDICAL  **SUPPLY**

St. Claire Regional Hospice Patient Thanksgiving Food Drive Provided Many Blessings



Volunteer Brenda Cundiff, who is pictured with Amber Stamper, hospice volunteer coordinator, purchased 26 warm Kroger Thanksgiving dinners that were delivered to our patients on Thanksgiving week.

St. Claire Regional Hospice would like to thank all of the community members, businesses, staff and dedicated volunteers who donated items to our Thanksgiving food drive. Throughout the months of October and November, boxes were placed at various locations in Morehead in an effort to collect food donations. “We have received a constant flow of donations and have many items left over to begin our Christmas food drive,” says Amber Stamper, hospice volunteer coordinator.

The Thanksgiving meals were prepared by Kroger and assembled by hospice volunteers. Twenty-six full Thanksgiving meals were delivered to those hospice patients in need and their families! “We were able to provide our patients and their families with meals for the holidays thanks to everyone who participated,” Stamper says.



Two dedicated members of MSU's Men's Empowerment Network delivered donated canned goods to hospice.



Volunteer Erika Gordon assembled hot meals and assisted with delivering to hospice patients.

St. Claire Regional Welcomes **NEW STAFF**

Arley D Avery
Nursing Administration

Leslie R Becraft
FM - Menifee (Dental)

Kasey E Collins
FM - Morehead

Vernon R Crum
Environmental Services

Shaunda P Hagerman
TCU

Tiffany R Kelsey
Behavioral Health Unit

Lana K McCoy
TCU

Gloria J P'Simer
Central Billing Office

Rebecca S Shanley
Laboratory

Lesley N Smith
3rd Floor North

Whitney D Thomas
FM - Morehead

Jordan D Turner
Family Medicine

Forest P Walker
Emergency Physicians



Merry Christmas

Staff Christmas Party Hours

SCR Main Cafeteria

Night shift - Thursday

12/15 10:00 p.m. to 11:30 p.m.

Day/Evening Staff - Friday

12/16 7:30 a.m. to 9:30 a.m. &
2:30 p.m. to 4:00 p.m.

*Staff Christmas Gifts may be picked up during
Christmas party hours.*



* Don't forget Santa will be here to
spread holiday cheer!

A message from...



**St. Claire Regional
Medical Center**

Human Resources



ST. CLAIRE REGIONAL Christmas Giving Opportunities

Rowan County Christmas

St. Claire Regional is once again helping to make Christmas special for families in need in Rowan County, and we are asking for your help and support. Rowan County Christmas is a program sponsored by St. Claire Regional and other Rowan County social service agencies, churches and organizations to provide new toys for children 18 years of age and under, gifts for the elderly and food vouchers for families. If you have not already, and can afford to do so, please share in the giving season by contributing to this great need.

If you or your department would like to adopt an individual or family in need this year, simply select an "angel" from the tree located in the cafeteria and sign the adoption form. Next, choose whether you would like to purchase a \$25 gift or give a \$25 donation and let a Rowan County Christmas board member shop for you.

If you decide to purchase a \$25 gift (no clothes please) for a male, female or family, attach your name and phone number to the gift. Then, simply tape your "angel" to the unwrapped gift or monetary donation and deliver to Regina Thompson at the St. Claire Regional Foundation house.

Storybook Christmas

St. Claire Regional is again helping the MSU/Rowan County Adult Basic Education and Literacy Advisory Board collect NEW books for children under the age of 18. These books will be given to children and teens throughout Rowan County. Last year, SCR made it possible for many children to have their first new book.

Individuals or departments can participate by placing new books in the "Storybook Christmas Basket" located in the main cafeteria.

All gifts must be received before
TUESDAY, DECEMBER 6

Contact Regina Thompson at ext. 6715 if you have any questions.



UPCOMING C.E. Programs

December 2 | Tumor Board

8:00 - 9:00 AM
SCR Teleconference Room
Credit: ACPE, Category 1 AMA, Nursing

December 6 | BLS Check Off

1:00 - 4:00 PM
CHER 208
Register with KaSandra Hensley at
kasandra.hensley@st-claire.org or ext. 6830.

December 6 | Project Life Saver

5:30 - 8:30 PM
CHER 102
Credit: Category 1 AMA, KBEMS
Register online at www.neahec.org/PLS.

December 7 | Project Life Saver

8:30 - 11:30 AM
CHER 102
Credit: Category 1 AMA, KBEMS
Register online at www.neahec.org/PLS.

December 7 | Journal Club

12:00 - 1:00 PM
SCR Library - Education Room
Credit: ACPE, Category 1 AMA

December 8 | The Role of Contralateral Prophylactic Mastectomy in the Breast Cancer Patient

6:00 - 7:00 PM
SCR Library - Education Room
Credit: Pending

December 14 | Morbidity & Mortality

12:00 - 1:00 PM
SCR Library - Education Room
Credit: ACPE, Category 1 AMA

December 16 | Tumor Board

8:00 - 9:00 AM
SCR Teleconference Room
Credit: ACPE, Category 1 AMA, Nursing

Learning & Organizational Development Educational Offerings

Register through careLearning using the following link:

<http://scrvmportal:9000/>

December 1 & 2 | ACLS Provider Course

8:30 AM-4:30 PM
CHER 102
Credit: Nursing CNE

December 5 | NICHE Series Part II Teachback

8:30 AM-09:30 AM
Café D
Credit: Nursing CE

December 6 & 20 | Basic Dysrhythmia Interpretation

(2 part course)
8:30 AM-11:30 AM
Library Education Room
Credit: Nursing CNE

December 8 | BLS Class

8:00 AM-1:00 PM
CHER 102

December 9 | BLS Skills

8:00 AM-12:00 PM
Café A

December 13 | BLS Class

8:00 AM-1:00 PM
CHER 102

December 21 | ACLS Renewal Course

8:30 AM-4:30 PM
CHER 102

Breakfast with Santa

Date: Saturday, Dec. 3

Time: 9:00 am

Location: SCR Cafeteria

Breakfast will be served to children.

For more information, contact Barb Davis at bldavis@st-claire.org.

Rowan County Christmas Parade

Date: Friday, Dec. 9

Time: 6:00 pm

Location: Main Street in Morehead

Come out and support St. Claire Regional during the annual Christmas Parade.

For more information, call 606.784.2858.

St. Claire Regional Staff Christmas Parties

Date: Thursday, Dec. 15 | 10:00 - 11:30 pm

Friday, Dec. 16 | 7:30 - 9:30 am

Friday, Dec. 16 | 2:30 - 4:00 pm

Location: St. Claire Regional Main Cafeteria

Staff Christmas gifts may be picked up during Christmas party hours!

Don't forget Santa will be here to spread holiday cheer!

**“Proclaiming God’s goodness
through a healing ministry to
the people of Eastern Kentucky.”**

**The Mission of
St. Claire Regional**



222 Medical Circle • Morehead, KY 40351



St. Claire Regional is
a sponsored ministry of the
Sisters of Notre Dame
Covington Province

St. Claire Regional Medical Center NEWSBRIEF

Have an article or event to submit for the Newsbrief?

Please send articles and/or information to be placed
in the SCR Newsbrief to michael.ash@st-claire.org

Visit the SCR web site at www.st-claire.org/newsbrief
to read past editions of the SCR Newsbrief

Need a Camera to Cover an SCR Event?

The Marketing/PR Dept. has several
cameras available for loan.

Contact Marketing at ext. 6927 for more information.



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